Seventy-four

THOMAS O.

FORESTER '74

Published by the Beta Club

Forest Glen High School

Suffolk, Virginia

Volume 9

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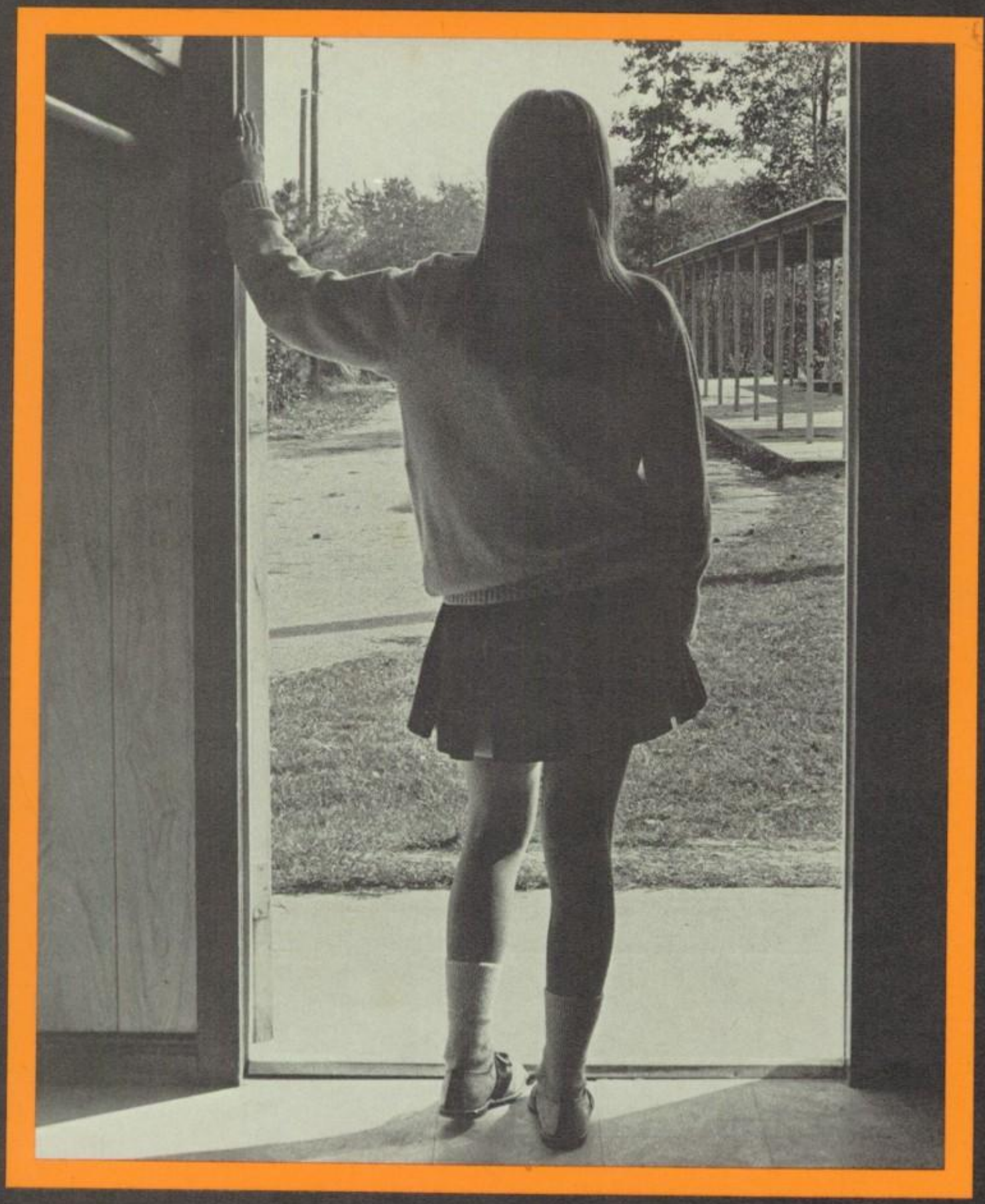
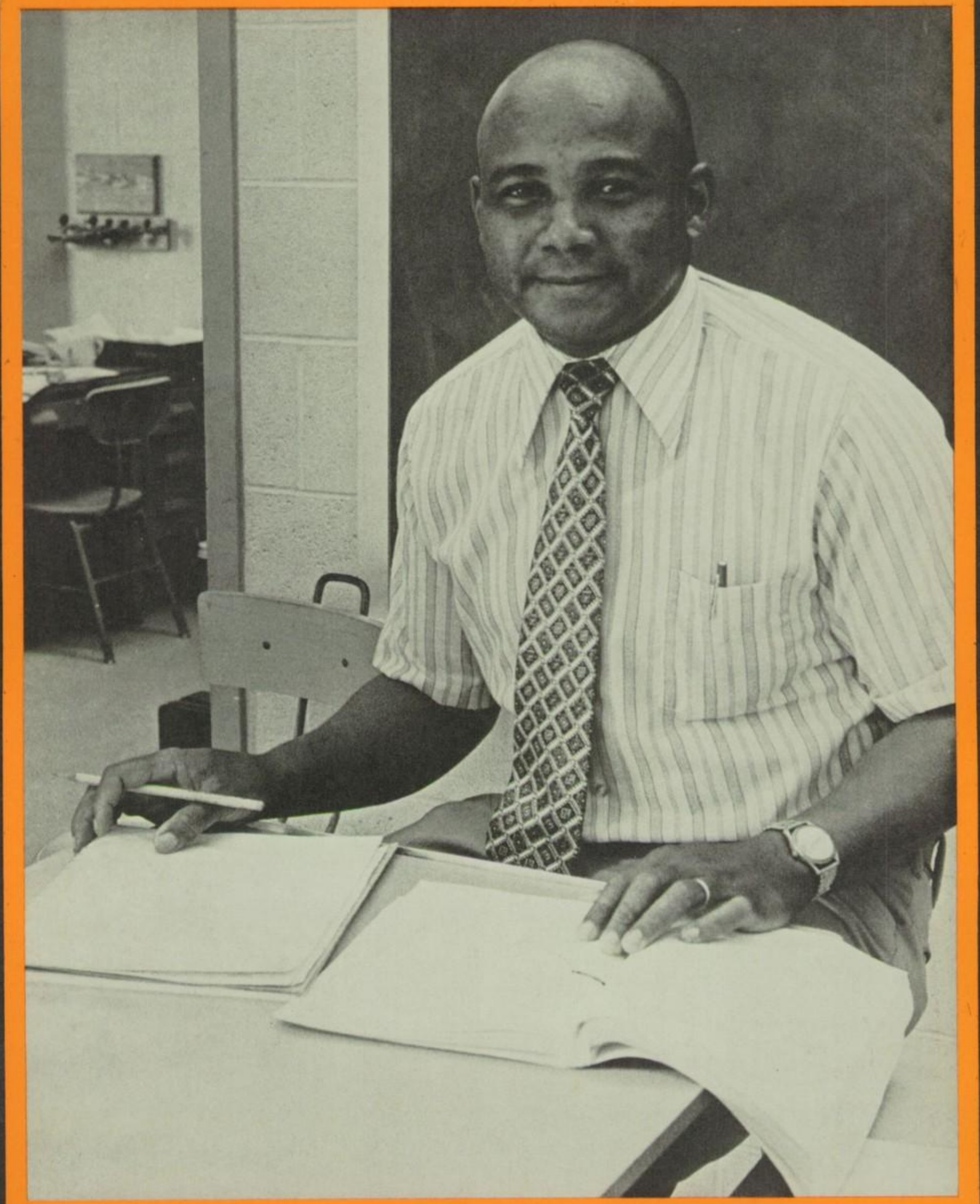
Go placidly amid the noise and haste, and remember what peace there may be in silence.



This is the gift that God reserves for His special proteges. Talent and beauty He gives to many. Wealth is commonplace, fame not rare. But peace of mind — that is His final guerdon of approval, the fondest sign of His Love. He bestows it charily. Most men are never blessed with it; others wait all their lives — yes, far into advanced age — for this gift to descend upon them.

Joshua Loth Liebman

We Dedicate the 1974 Forester to . . .



John Monroe

because he is a great leader among men. He dedicates so much time and effort to, not only the education of students, but also to the development of the qualities of leadership through club activities. He is greatly respected and loved by his students and associates for his wisdom, knowledge and leadership. He is the kind of person who relates to students well because he does not try to rise above them as a supreme ruler, but comes before a class ready to listen as well as teach. He cares for the needs of the individual without forgetting the class as a whole. He was nominated as Teacher of the Year. He served as state advisor of the Industrial Arts Club for two years.

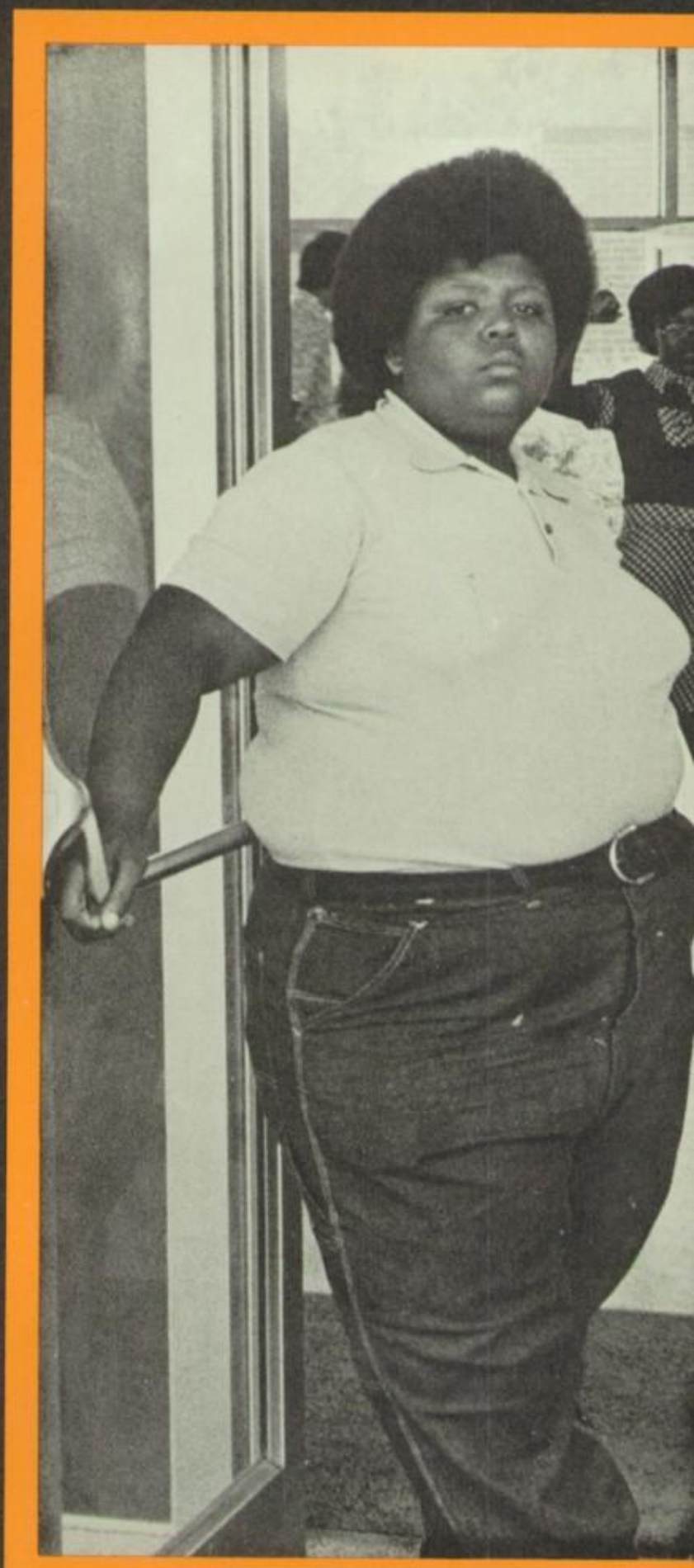
For eight years of contributing to the education of the students of Forest Glen, we, the members of the Annual Staff and Beta Club, proudly dedicate the 1973-1974 Forester to John Monroe.

The young man himself.

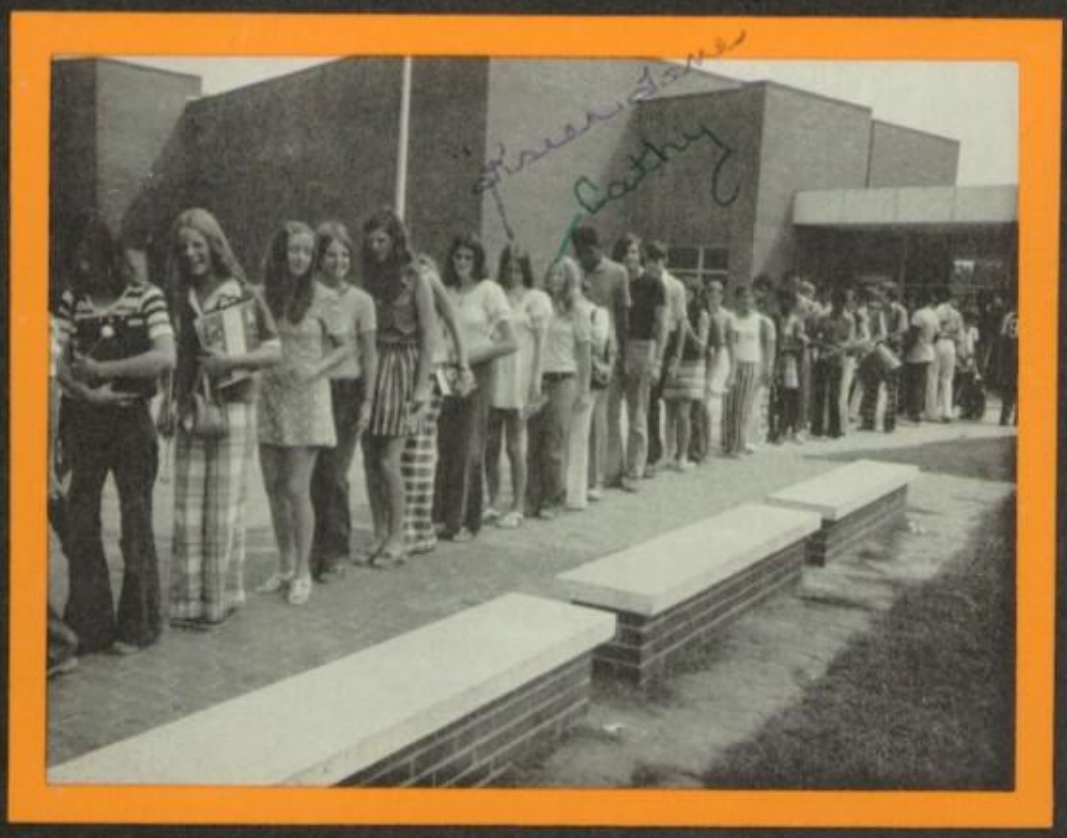
As far as possible without surrender
be on good terms with all
persons.

The making of friends, who are real friends, is the best token we have of a man's success in life.
Edward Everette Hale

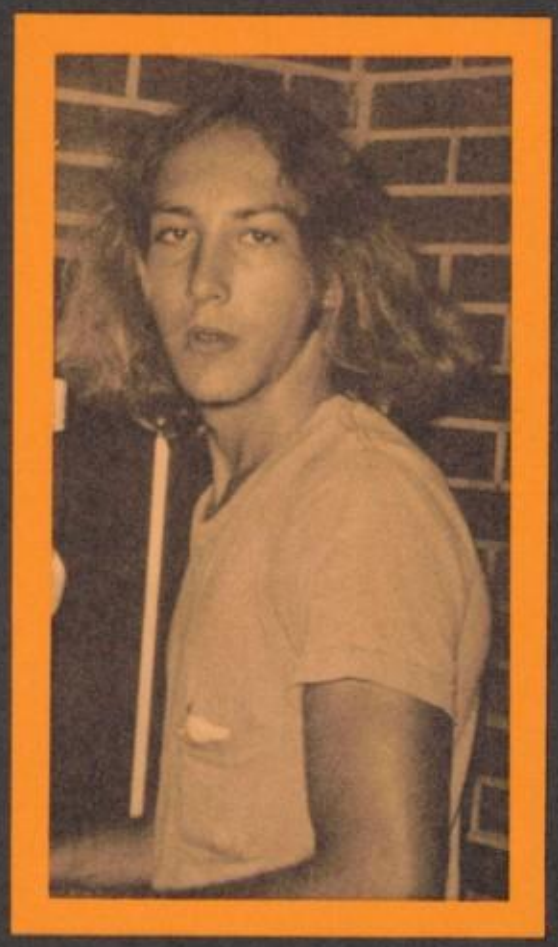
Speak your truth quietly and clearly;

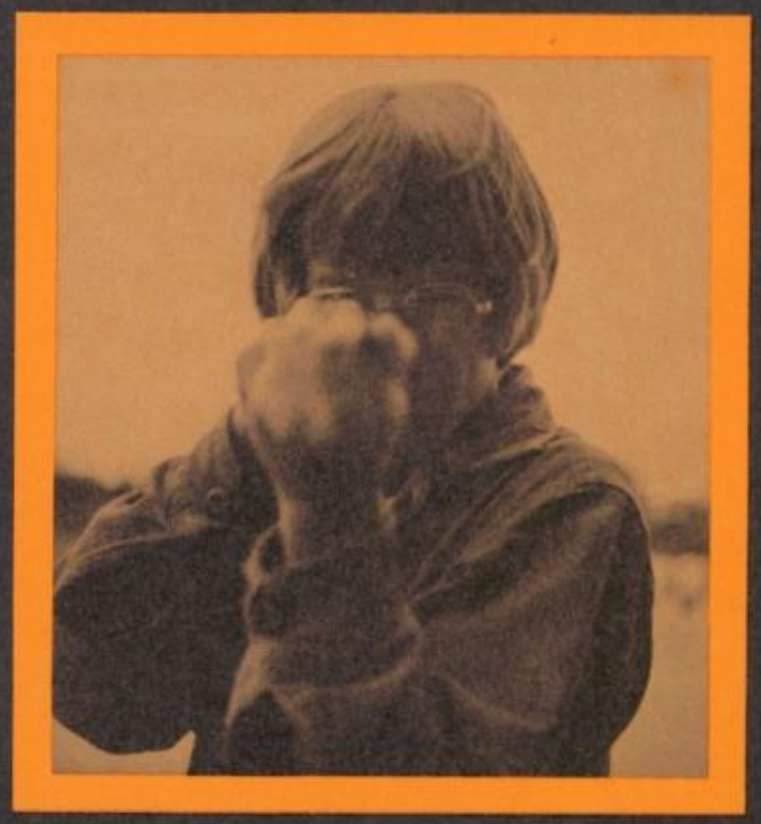


Listening is the beginning of understanding. If we at Forest Glen would just try to listen to every individual, great or small, perhaps we would find happiness in them.

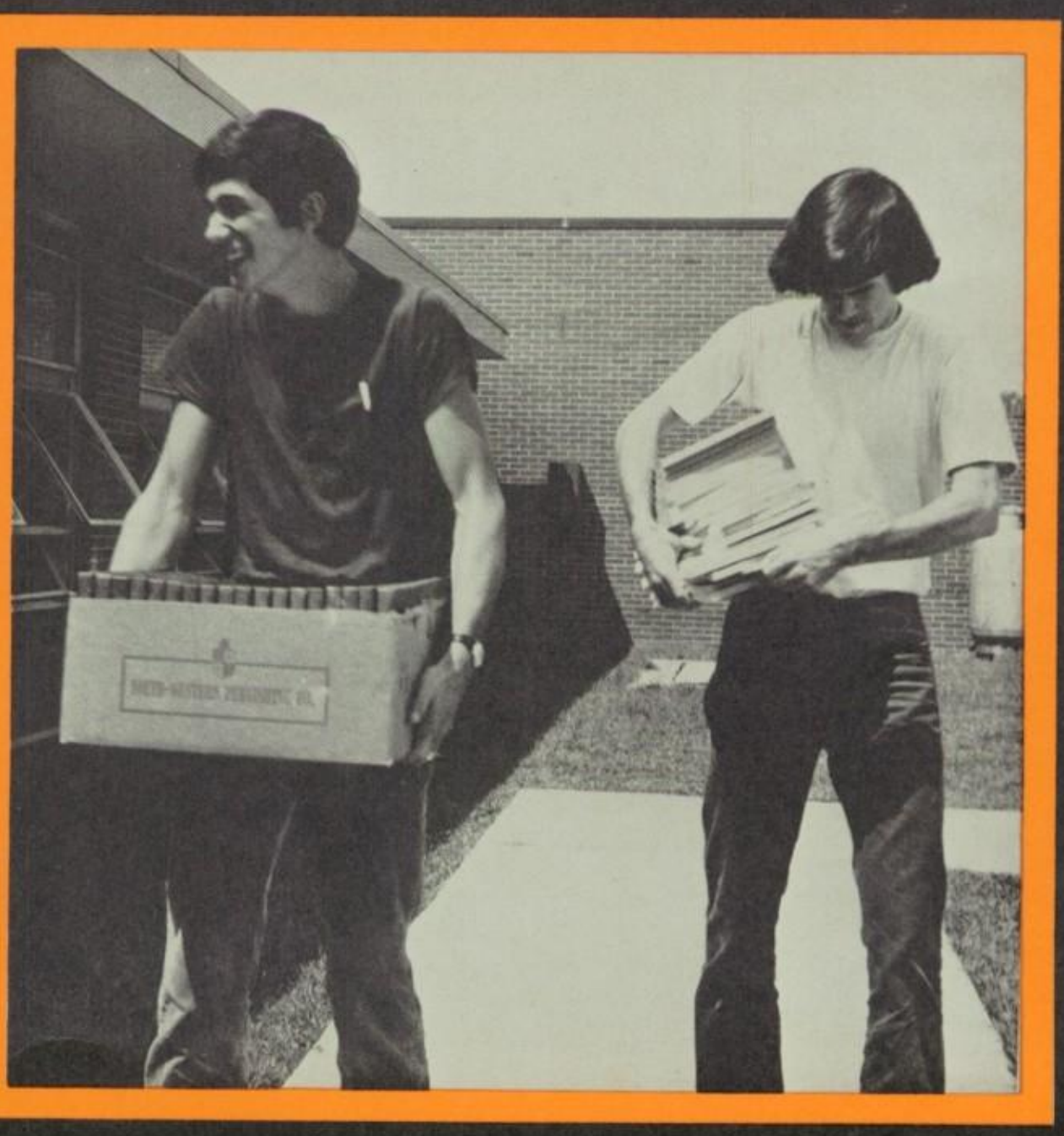


and listen to others, even the dull and ignorant;

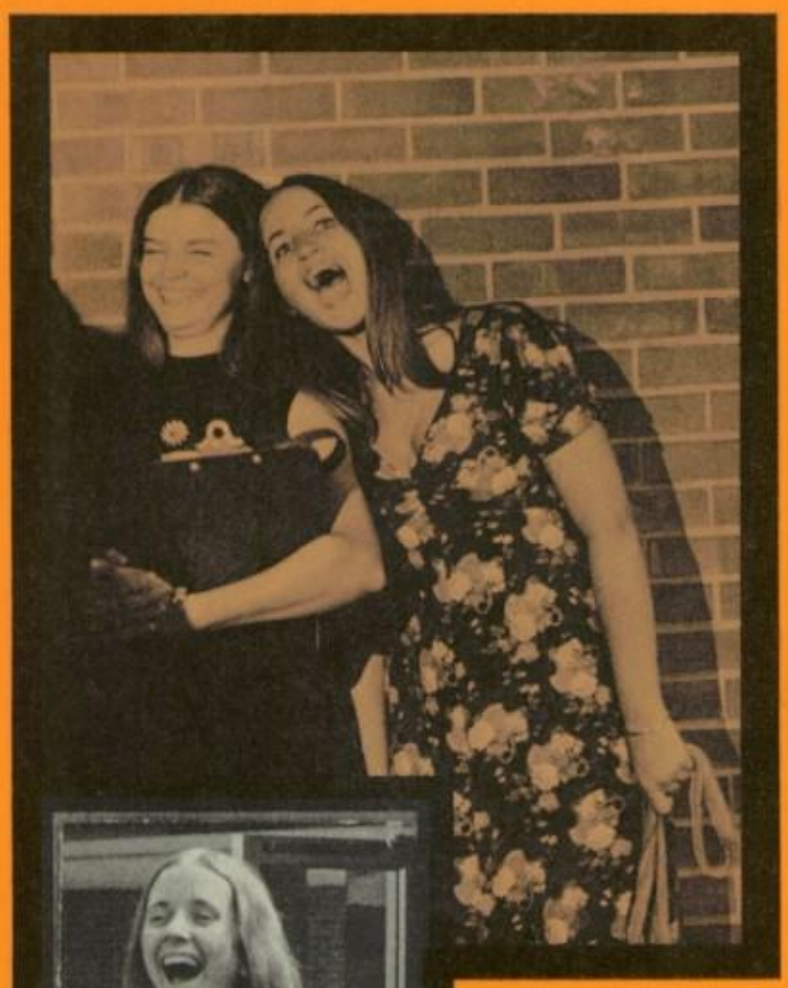




they too have their story.



Avoid loud and aggressive persons, they are vexations to the spirit.



The question is not what a man can scorn, or disparage, or find fault with, but what he can love, and value, and appreciate.

—John Ruskin

If you compare yourself with others, you may become vain and bitter;

for always there will be greater and lesser persons than yourself.

Enjoy your achievements

We travel along the road of life hardly knowing what we are, yet always daring to be something; seldom saying what we mean, but never afraid to have meaning; sometimes failing in our endeavors though never tempted to cease trying; seeking satisfaction at every level, yet never defining happiness; often apologizing for our existence, while realizing that life is its own excuse.

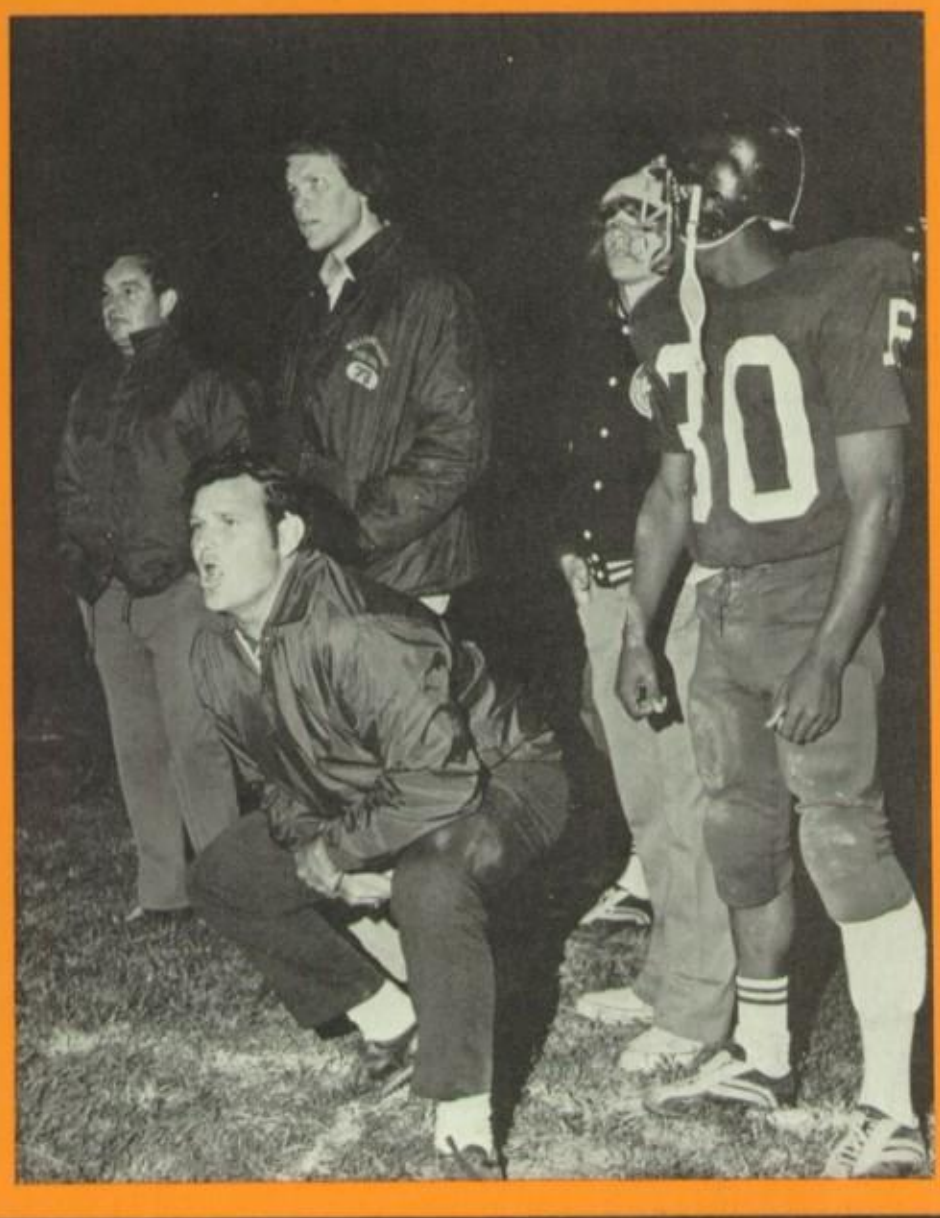
as well as your plans.

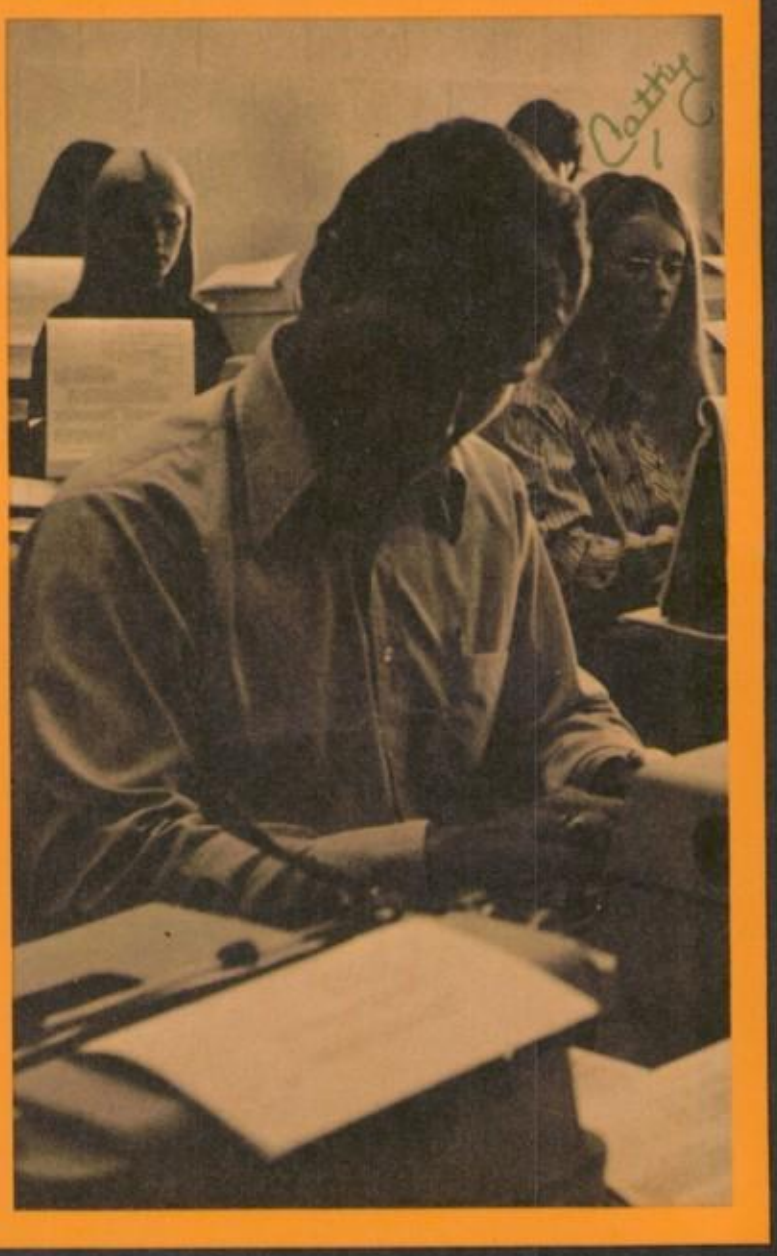
But the real joy of our otherwise insignificant efforts is that we are never quite satisfied to be on the left, or right, or in the middle of the road. We are always attempting to change its direction.

Alan Ashley Pitt

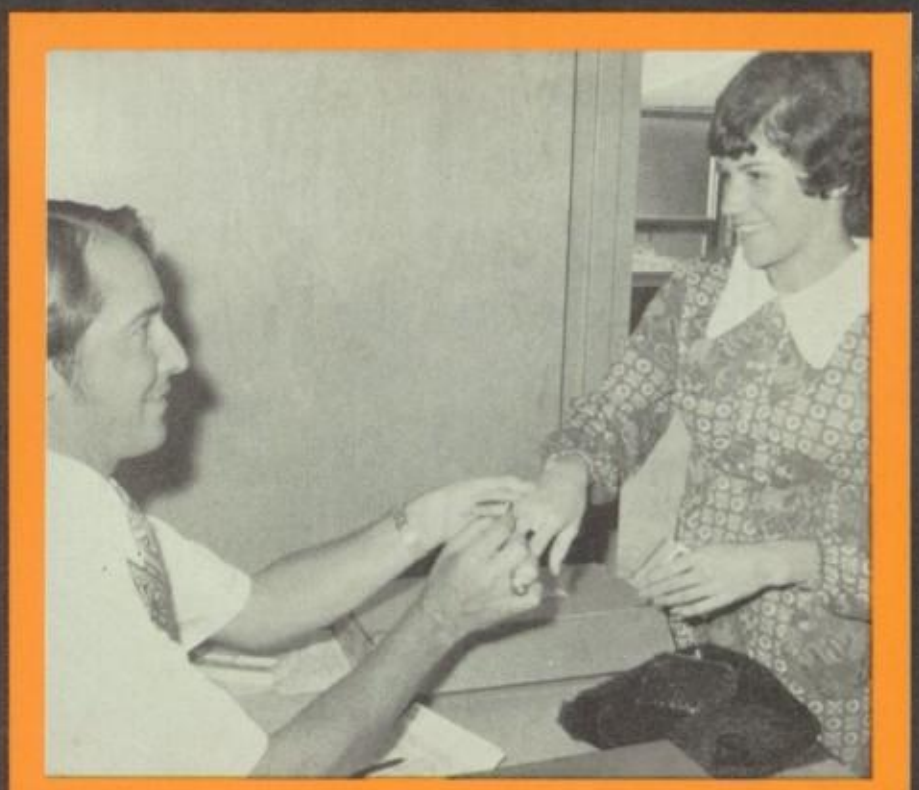
Keep interested in your own career,

however humble;

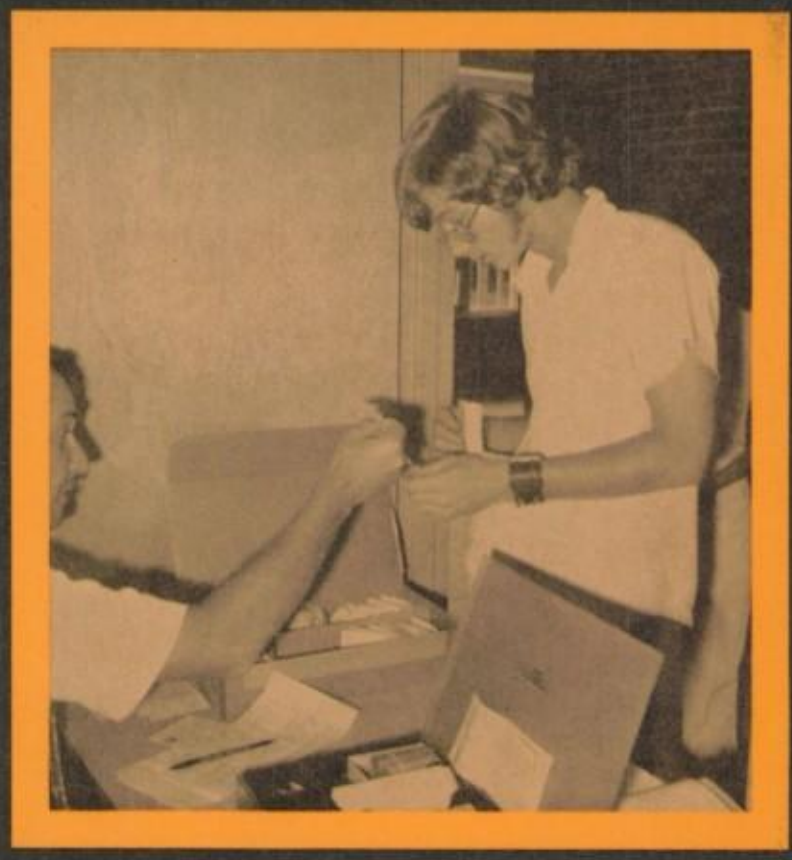




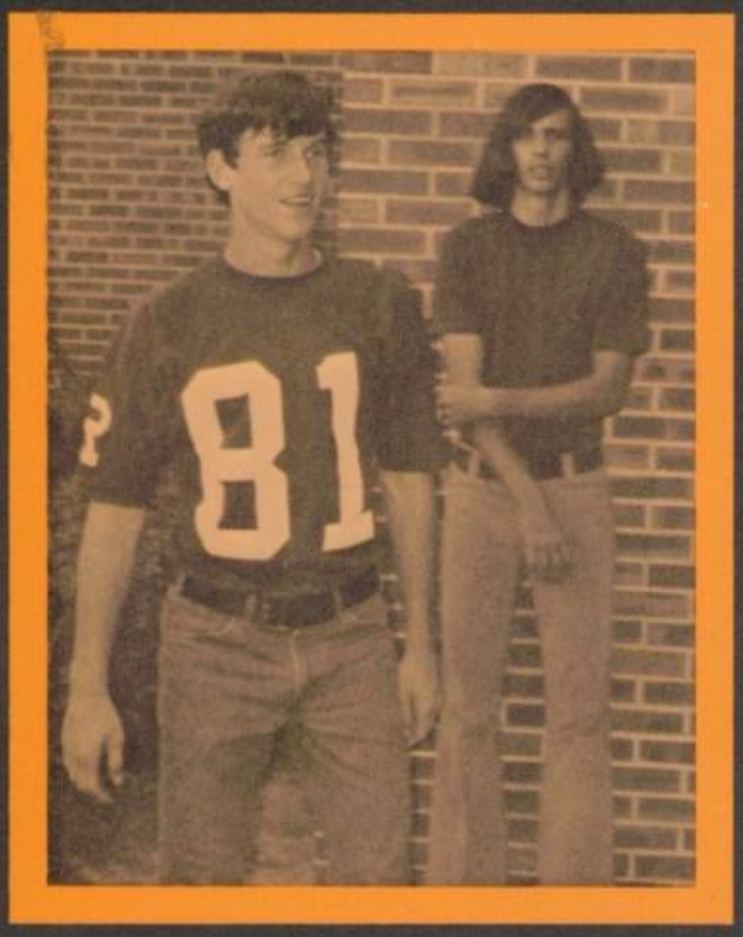
it is a real possession in the changing fortunes of time.

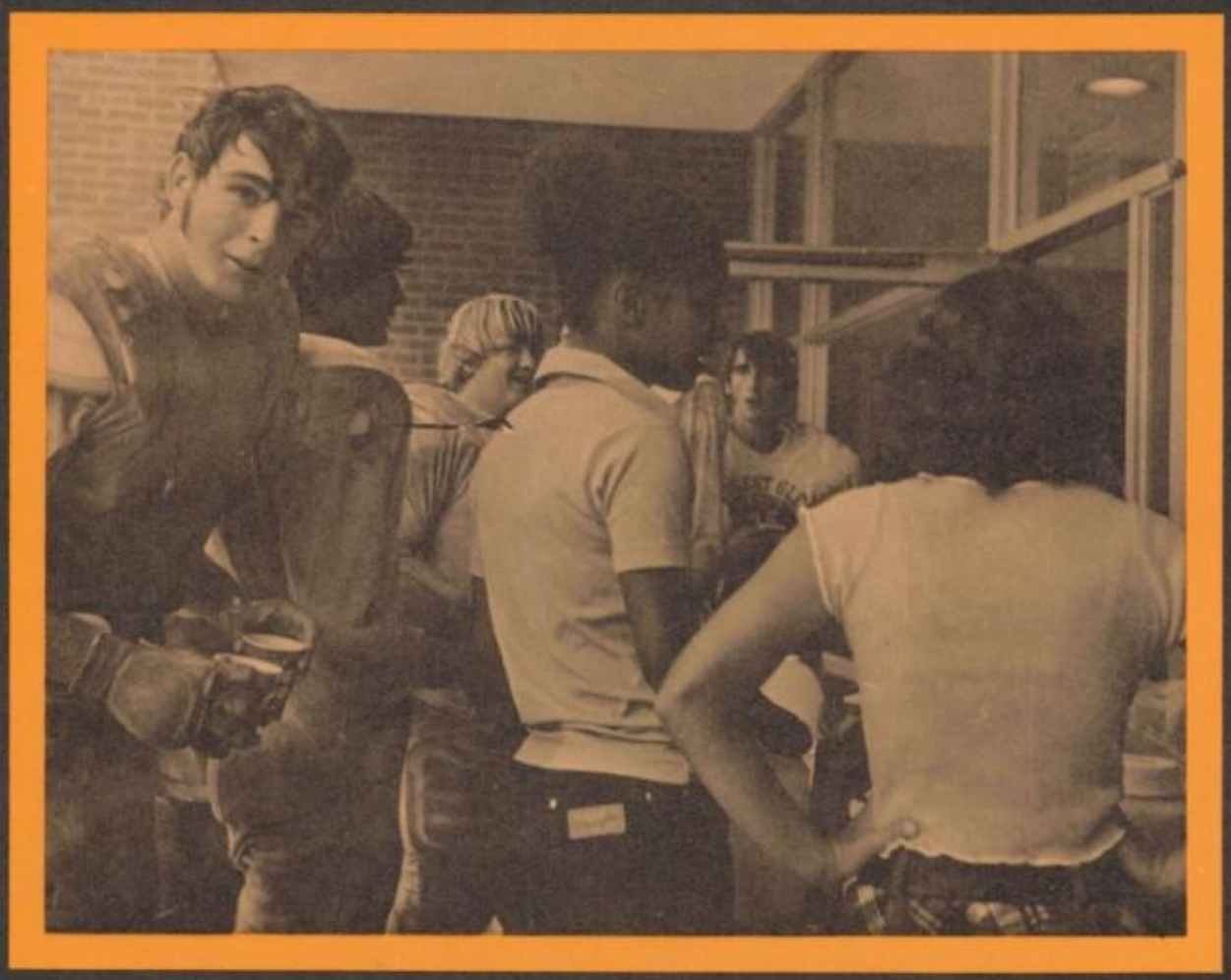


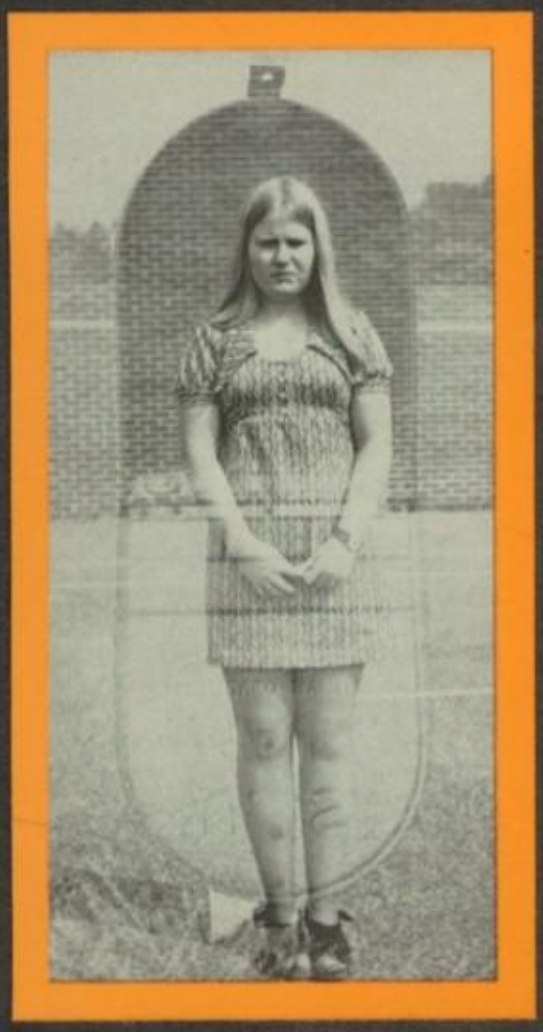
Exercise caution in your business affairs;
for the world is full of trickery.

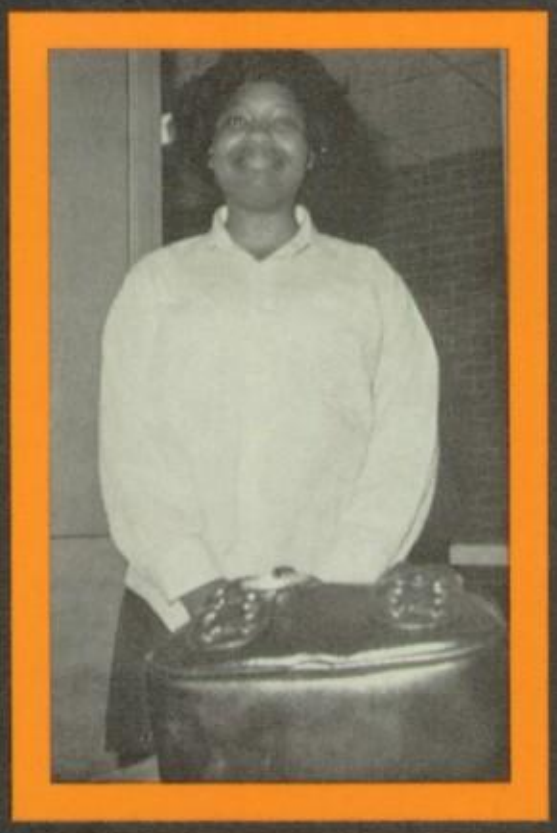


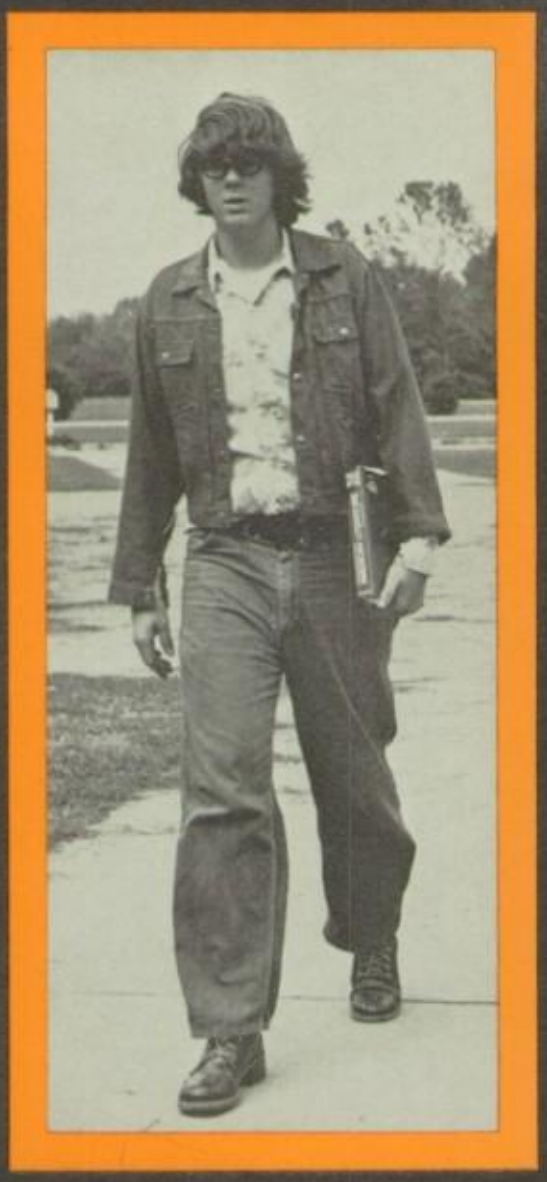
But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism.



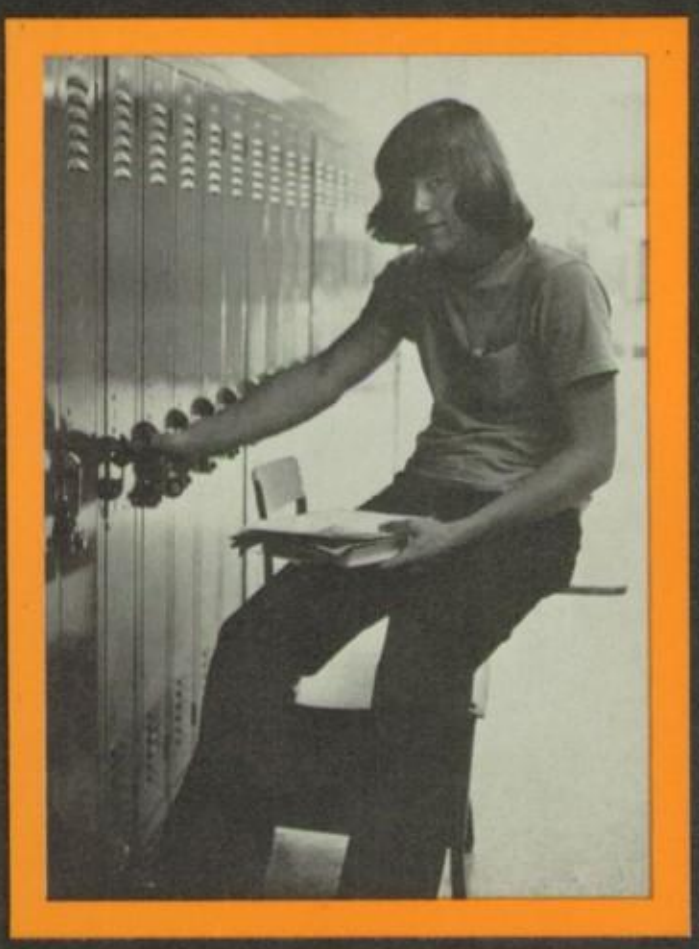


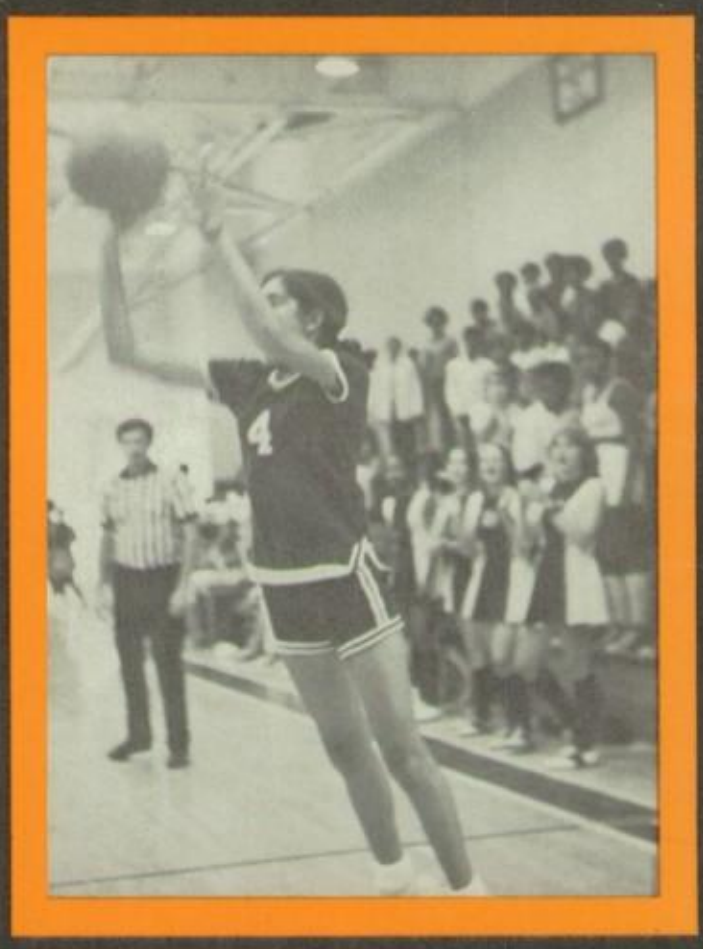




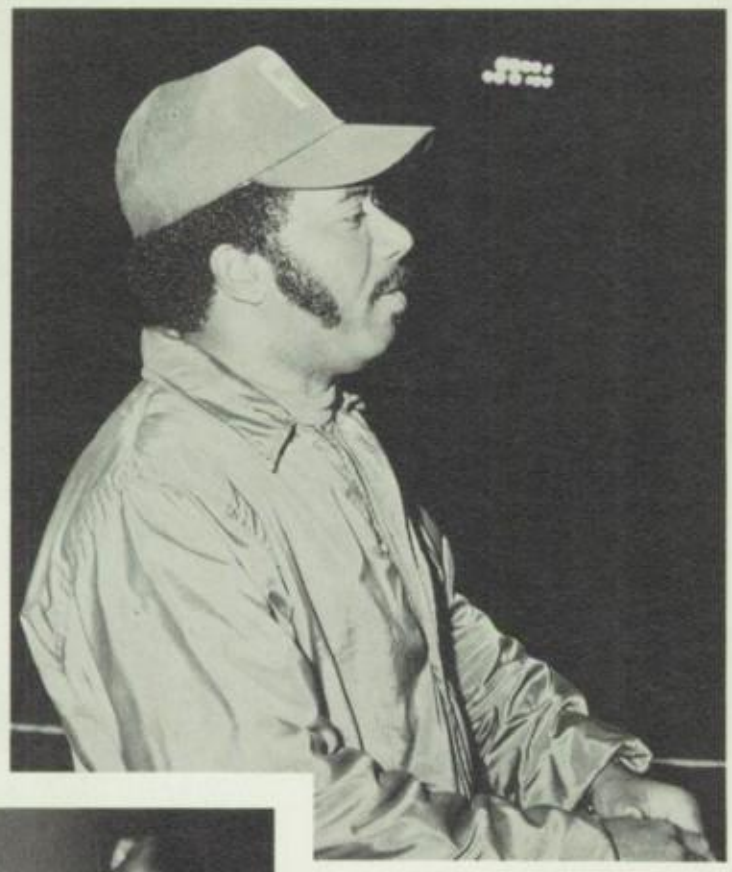


Be yourself.

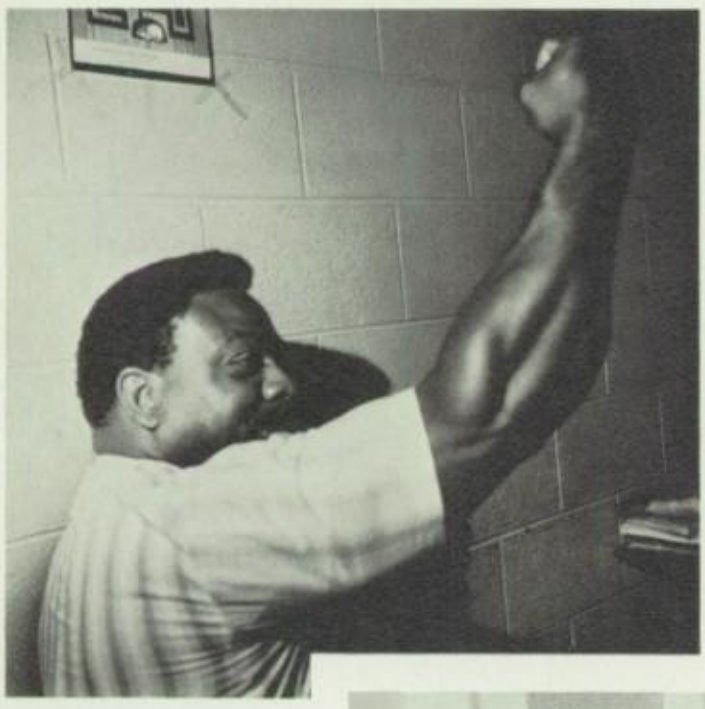




Inspiration . . .



To many these pictures are simply of everyday people. But to us here at Forest Glen they are not just people. They are our teachers, our administration, and our inspiration. They offer us strength, encouragement, and most of all friendship. Thanks to this group of individuals, we are able to look toward the future with great expectations of success.



Administration

Asst. Principal J. B. Spinks

Asst. Principal Bertha B. Turner

Principal
Mills A. March

Guidance Counselors

Estelle S. Hobbs

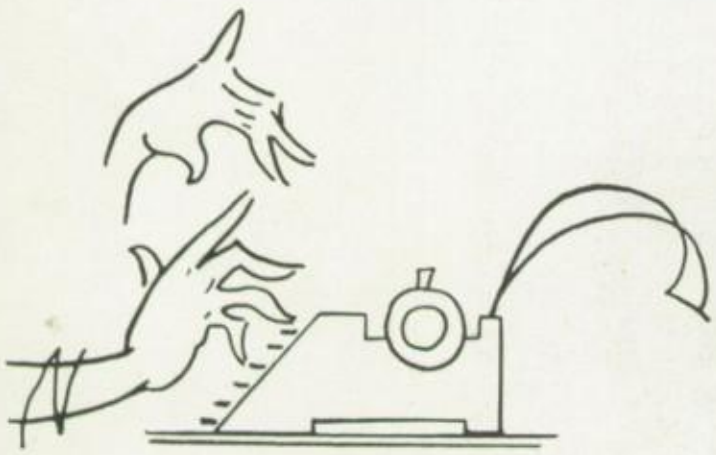
Vashti H. Sawyer

Secretaries

Mary Edith Griggs

Delois P. Jones

Office Helpers



Language: The Essence of Successful

Tonight's assignment, simply rewrite the book.
Ruth H. Ballard, English 9

Don't take another picture!
Marva J. Nizer, English 8 & 12

Camilla S. Burrus,
English 12, 11, & 10

She's a teacher?
Cheryl M. Busse,
English 9

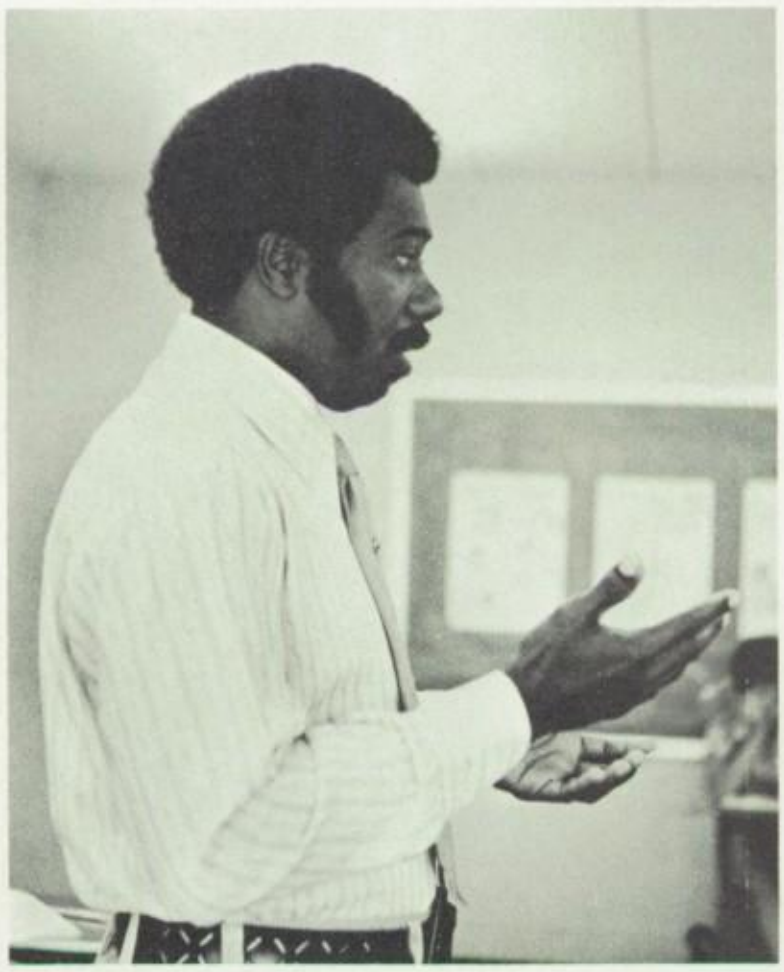
Joyce E. Watford,
English 12

Right this way!
Learn how to fold napkins.
Mary Sherard,
English 11 & 8

Communication

Sally P. Watson,
English 10 & Adv. Comp.

Lucy G. Wellons,
English 8



Ré pétez, classe.
M. Donald O. Polk,
French

Helen M. Maiman,
Latin & History

Charles L. Bull, Jr.,
Spanish

A Single Equation Can Answer

Georgie H. Copeland,
Pre-Algebra & Algebra I

Mary C. Arthur,
Trig., Consumer Math,
& Algebra II

Kenneth Bunch,
Math 9

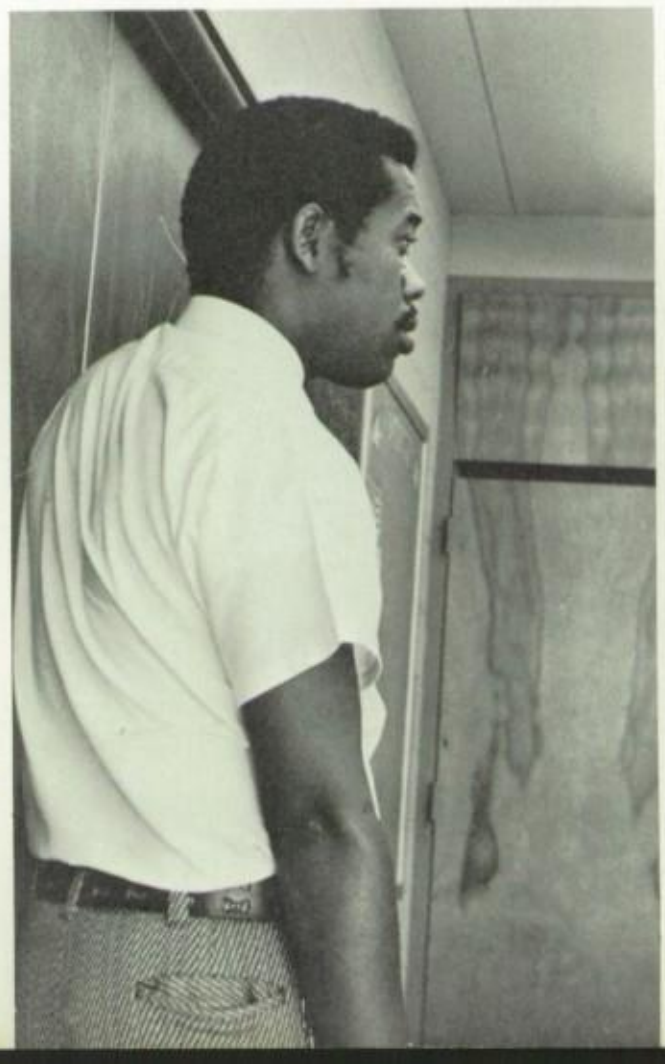
Undoubtedly, a junior sponsor.

Margaret J. Felton,
Math 8; Algebra I & II

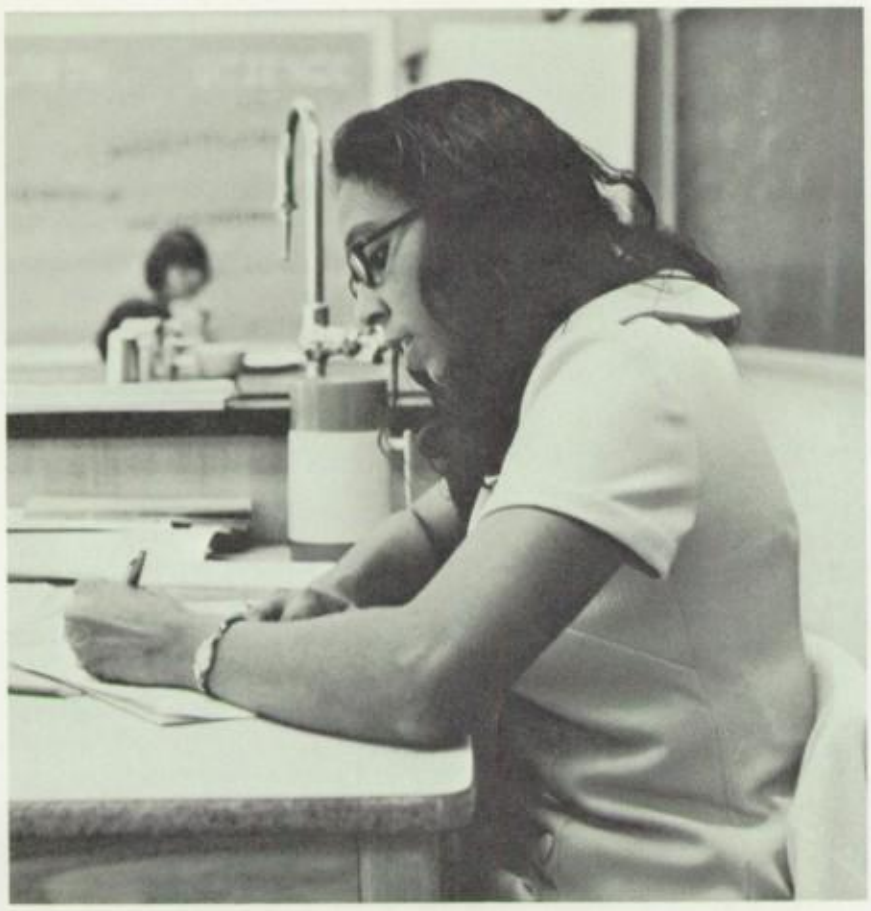
Maurice Outlaw,
Math 8

Now, what did you say?

Janice B. Holland, Pre Algebra & Geometry



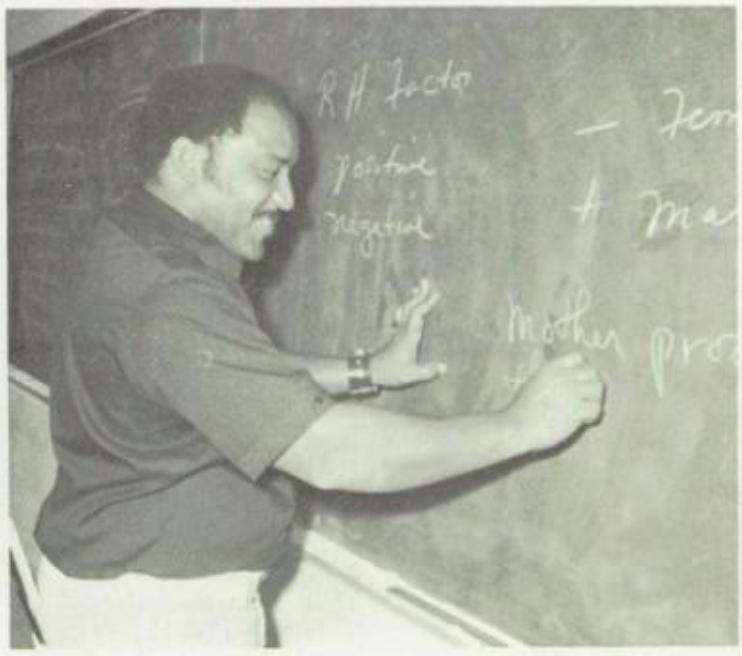
For A Million Words



Sandra B. Bailey,
Science 9

Calvin J. Mitchell,
Science 8 & 9

William H. Parker, Jr.,
Physics, Chemistry, &
Science 8



Willie M. Ricks,
Biology

Michael J. Moyer, Biology & Science 8

Harry Waters, Science 8

Social Studies

Amanda R. Rodgers,
Economics & World Geography

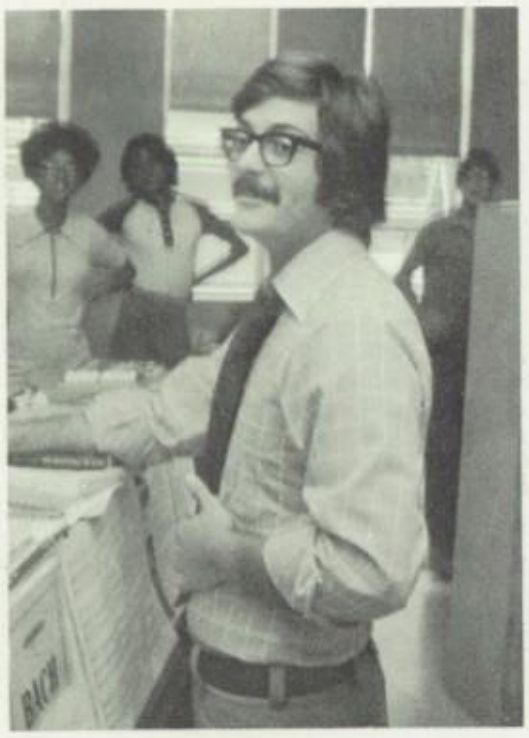
Smile! You're on Candid Camera!
Jane N. O'Keeffe,
U. S. Government

Virginia C. Thomas,
U. S. History &
U. S. Government

Thomasine D. Epps,
World Geography, U. S. History 8, & Civics

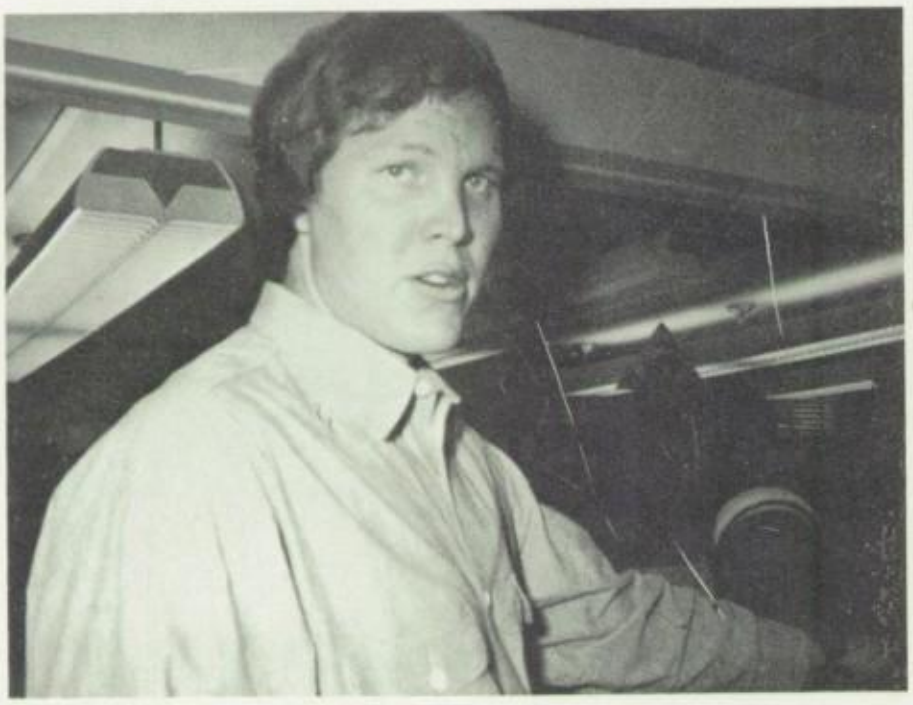
Where did you come from?
Lewis W. Byrd,
U. S. History &
World History

The Arts



Clark J. Watson,
Music

George J. Phillip,
Band



Let's clean up this mess!
Humes A. Giles, Art

Library
Francis S. Copeland

Anne Turner

Karen S. Hazelwood,
Bookkeeping, Steno. I,
& Clerk Typist I

Matilda T. Moore,
Steno. II, Clerk Typist II,
& Typing I

Deborah H. Lee,
General Business,
& Typing I

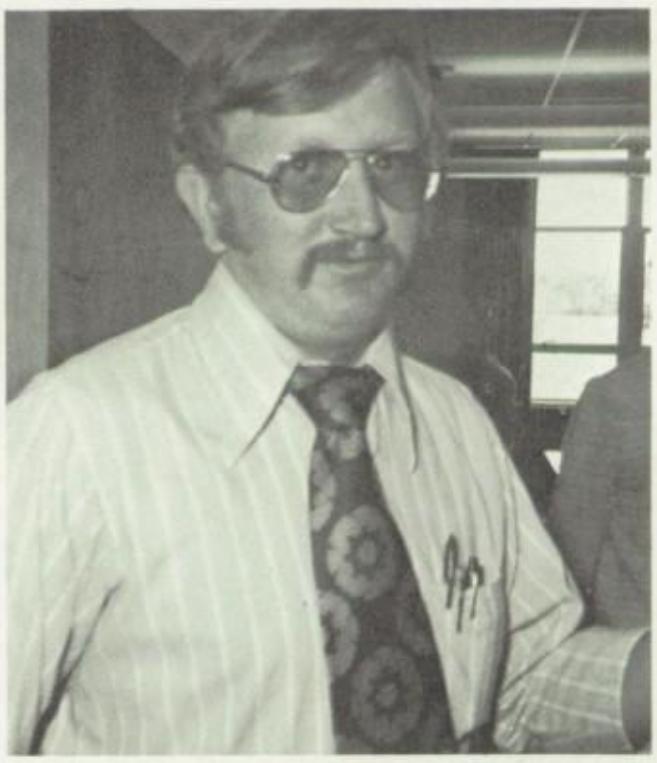
J. B. Varney,
Distributive Education

Belinda Nichols,
Special, Education

At Home and Abroad

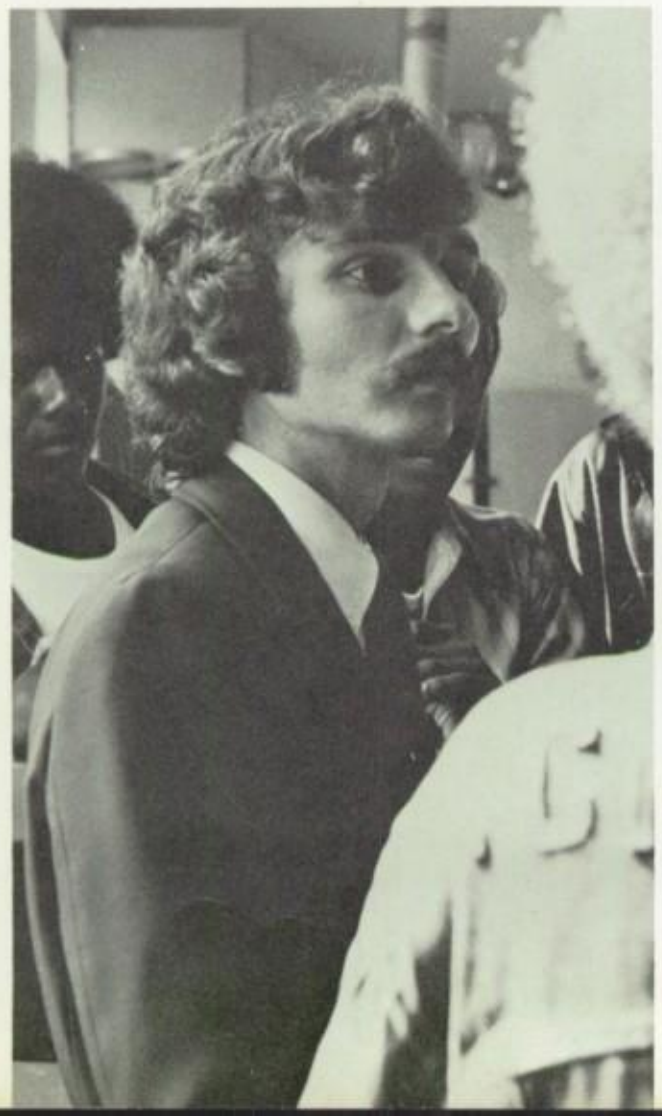
Audrey P. Byrum, Home Economics

Thelma H. Pope, Home Economics

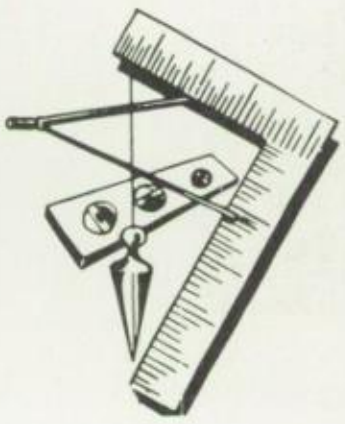


David A. Clark,
Agriculture

Robert T. O'Keeffe,
Industrial Arts & Drafting



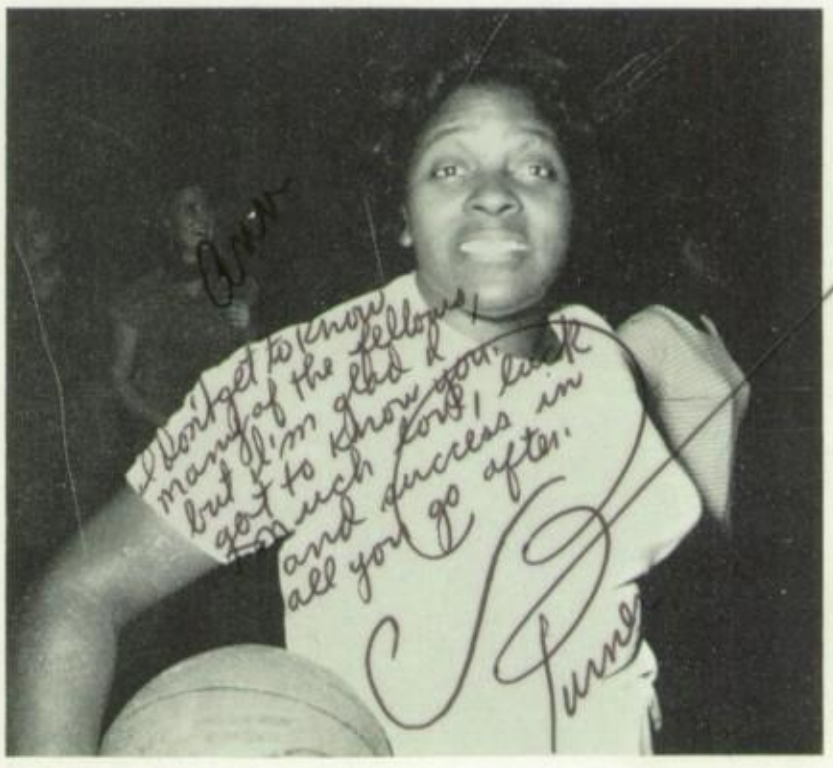
John Monroe,
Drafting, World of Construction, & World of Manufacturing



Physical Education

Deborah J. Beale,
Physical Education

Barbara H. Turner,
Physical Education



James L. Dabney,
Physical Education &
Driver's Education

Darwin C. Williams,
Physical Education

Dennis A. Maddrey,
Physical Education
& Driver's
Education

Liberation . . .

This is my creed—
to do the best I can,
To strive to make each day be worth the living,
To counsel and to help my fellow man,
To be both understanding and forgiving.

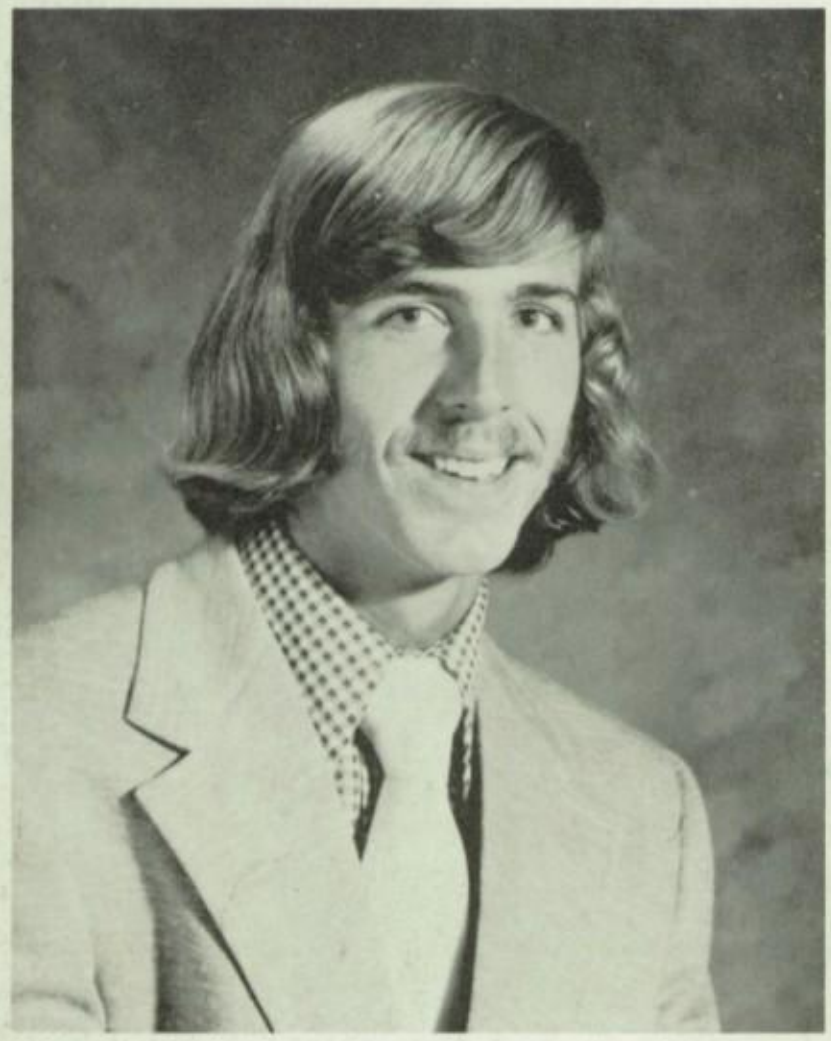
This is my creed—
to do what's right, not wrong,
To know that pleasure can be mixed with duty,
To replace all earthly discord with a song,
And hypocrisy of soul with truth and beauty.

This is my creed—
to give my all each day
As though there were no possible tomorrow,
To use my joy to brighten someone's way—
My happiness, to ease another's sorrow.

This is my creed—
to be, at set of sun—
When the last light of the day is put to rest—
Contented with the things that I have done,
And to know, deep in my heart, I've done my best.

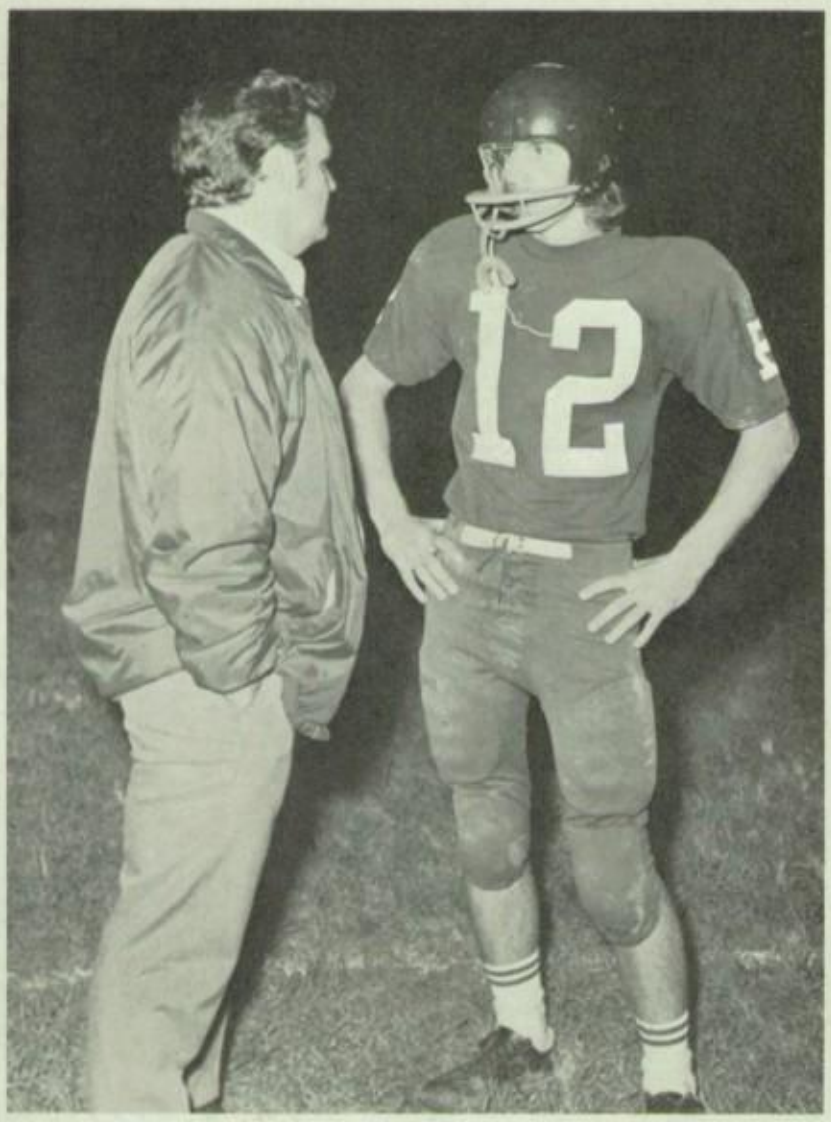
Phyllis Culp Mabry

In Memory of Harry Wilson Ellis



Seventeen and eight months his years they were dated,
A student at Forest Glen, an athlete-high he was rated.
No more will he see the grass, the stars, the sun,
But really, my friend, a new life has just begun.
His left arm threw passes straight and long,
And his hard, quick fastball was never wrong.
He was a king in his time and loved by all,
And he shot like a pro, a basketball.
The tears of his buddies, the tears of his friends,
All asking themselves, why must it all end?
My question, dear Lord, is asking you, "Why?
Why must it be him, the one to die?"
If I could, I would be glad to lie in his place,
For he had a much better future with all of his grace.
Through the heat of August, and the chill of December,
My friend, HARRY ELLIS, I will always remember.

—Ricky Williams



Seniors

Pres. Tim Johnson, V. Pres. Sandra Copeland, Sec. Vanessa Sumner, Treas. Darnice Wiggins

Class of '74

Mary C. Arthur

Karen S. Hazelwood

Virginia C. Thomas

Amanda R. Rodgers

Jane N. O'Keeffe

Sponsors

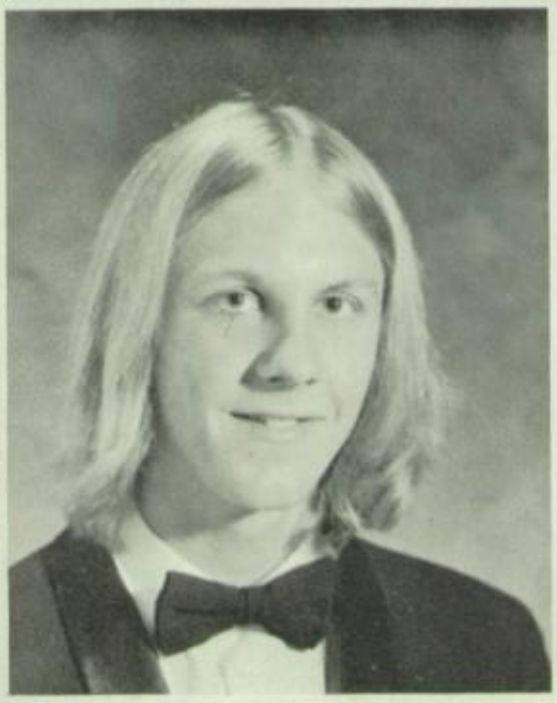
Joyce E. Watford

ALICE FAYE ADAMS
"There are some silent people who are more interesting than the best talkers."
—Benjamin Disraeli

FREDIA ALMETA ADKINS
"We survive because of our strength. We prosper because of our beauty."
—Unknown

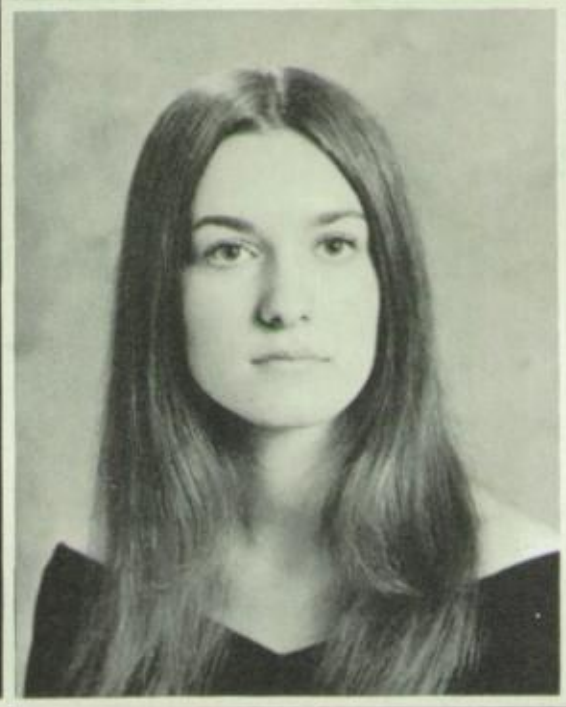
JAMES PARKER ALLISON
"The dream is his real life; the world around him is the dream."
—F. T. Palgrave

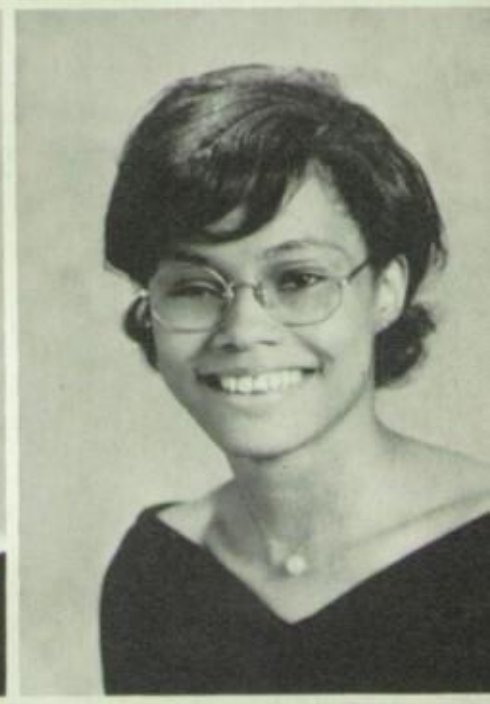
LYNN EDWARD ALLSBROOK
"Silence is as full of potential wisdom and wit as the unhewn marble of great sculpture."
—Aldous Huxley

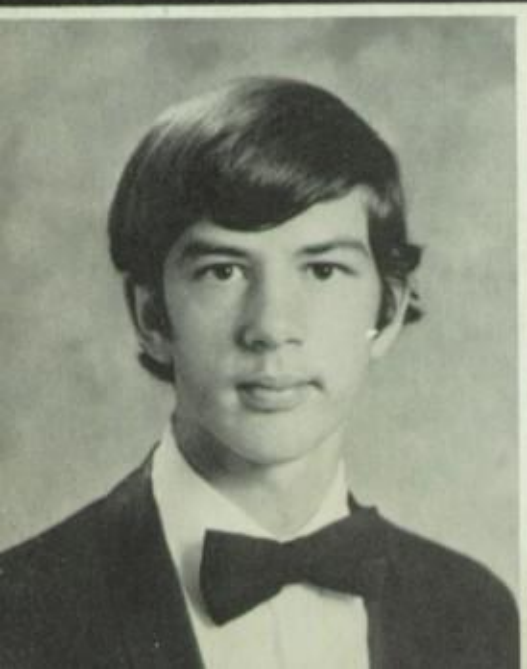


DEBORAH JEAN AMBROSE
"It is only our flesh which is a real sacrifice — a real giving of ourselves."
—John Fire/Lame Deer

SALLY MARY APPLEWHITE
"Some men see things as they are and say why? I dream of things that never were and say why not?"
Robert F. Kennedy





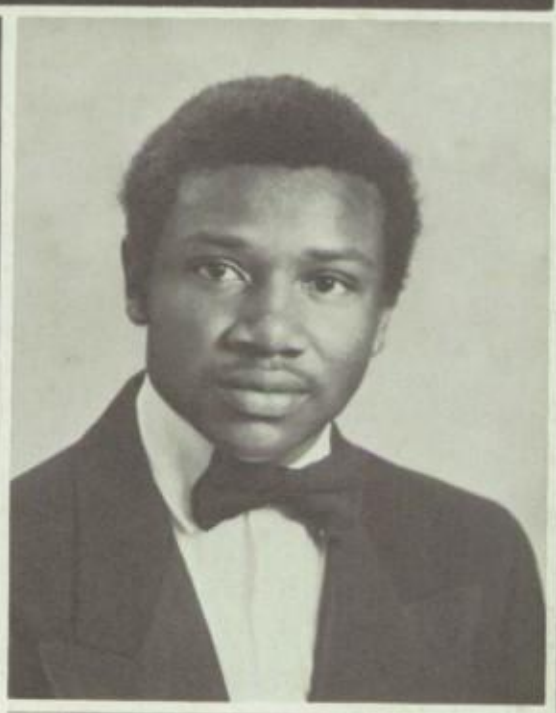


GEORGE MICHAEL ARRINGTON
"Try to realise it's all within yourself no-one else can make you change."
—George Harrison

ROSA DIANNE ARTIS
"Yes there are two paths you can go by
But in the long run
There's still time to change the road you're on."
Jimmy Page/
Robert Plant

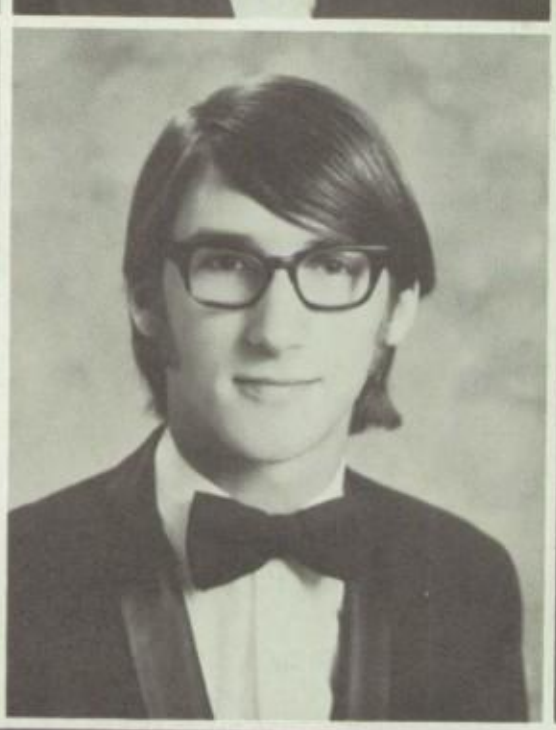
WANDA LEE ASTON
"Our deeds are seeds of fate, sown here on earth, but bringing forth their harvest in eternity."
—Boardman

DEBORAH ANITA BAILEY
"Therefore, if any man be in Christ, he is a new creation; old things are passed away; behold all things are become new."
—II Corinthians



MAURITTA YVONNE BAKER
"Try and judge me only by my time and changes, and not mistaken words for I say many."
—Leon Russell/Greg Dempsey

JAMES THOMAS BARRETT
"And let there be no purpose in friendship save the deepening of the spirit."
—Kahlil Gibran

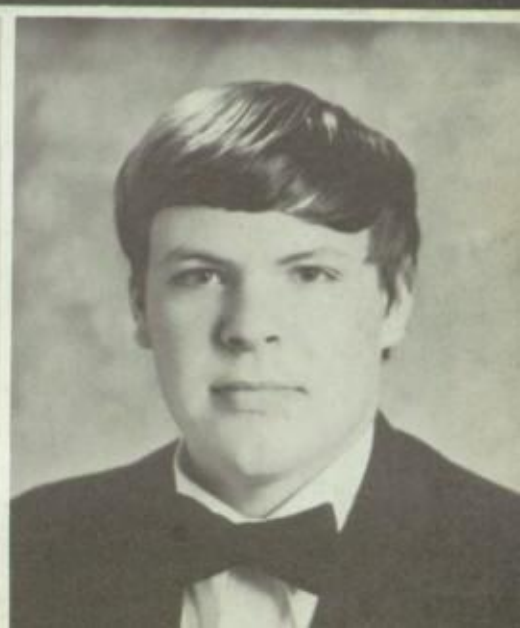


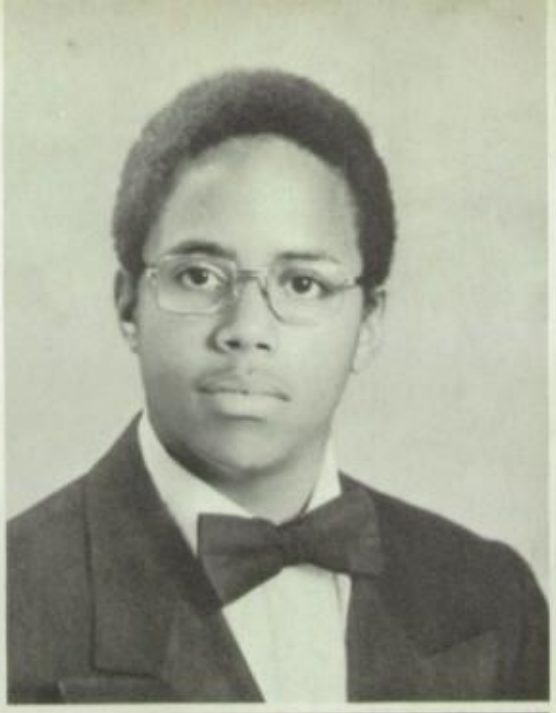
LORRAINE BARRETT
"The art of our necessities is strange, that can make vile things precious."
—Shakespeare

THOMAS EDWARD BEATON
"No sensible man watches his feet hit ground. He looks ahead to see what kind of ground they'll hit next."

WILLIAM HENRY BEST, JR.
"It is more important to know where you are going than to get there quickly. Do not mistake activity for achievement."
—Mabel Newcomber

MICHAEL WAYNE BISHOP
"I do not give lectures or a little charity when I live, I give myself."
—Walt Whitman



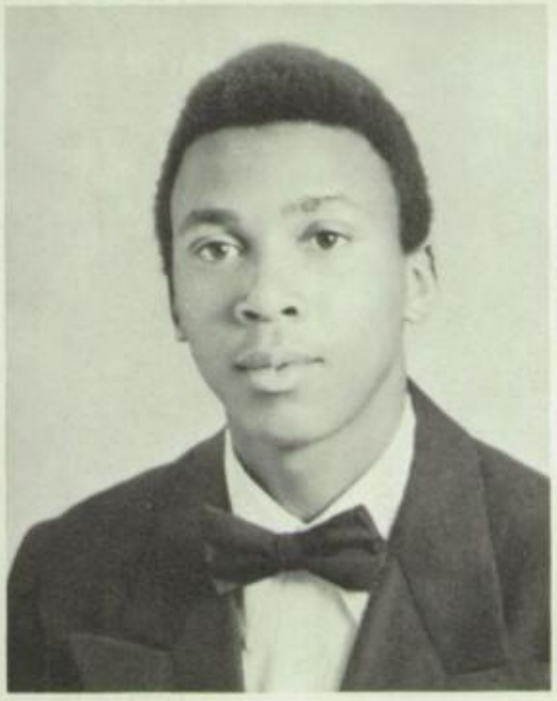


DENNIS LEON BLANCHARD
"I prefer to do right and get thanks, rather than to do wrong and get no punishment."
—Marcus Cato

ANDERSON ROCHELLE BOONE
"A gentleman is a man who does not strike any woman without provocation.
—H. L. Mencken

LEON BOONE
"Without love and laughter there is no joy; live amid love and laughter.
—Horace

RAY ANTHONY BOONE
"To be Black is to live in darkness but to be proud of it."
—Black Jesus



CALVIN RICKY BOYCE
"If there were two men sitting on a fence, he would bet you which one would fly first."
—Mark Twain

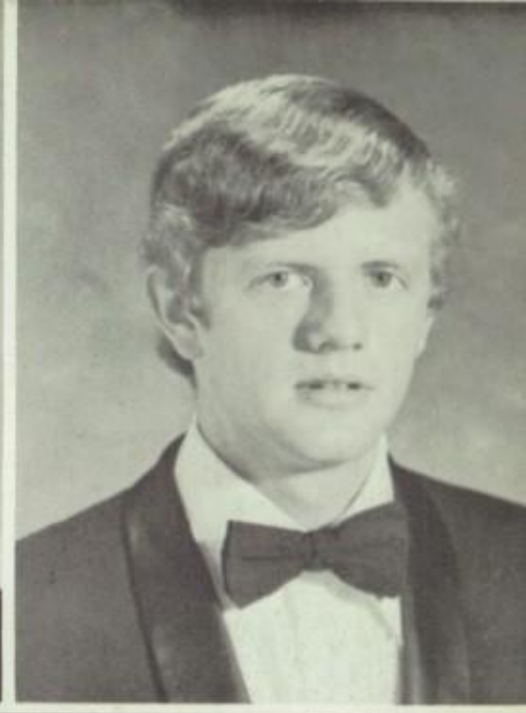
LLOYD ALFONSO BOYKIN, JR.
"Never treat a brother like a passing stranger. Always try to keep the love light burning.
—Leon Russell/Greg Dempsey

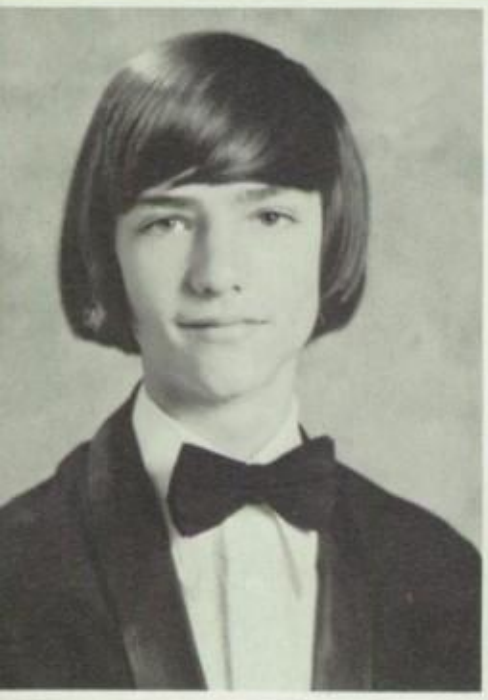
DEBRA JEAN BRADSHAW
"I'm fixing a hole where rain gets in And stops my mind from wandering where it will go."
—John Lennon/Paul McCartney

CATHY JOANNE BRINKLEY
"Today I am close to you in spirit — a little your friend, because I withhold nothing from you."
—Albert Camus

BETTY SUE BROWN
"Friendship is a word the very sight of which makes the heart warm."
—Augustine Birrell

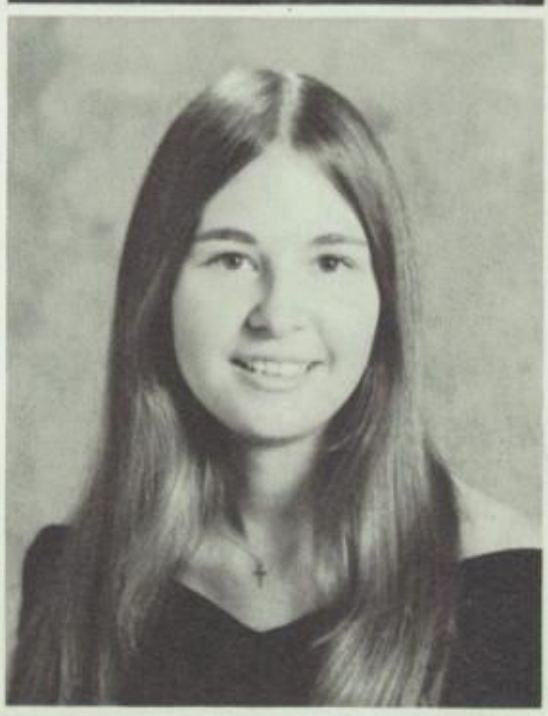
OWEN RANDAL BURK
"Keep on your toes, and you won't run down at the heels."
—Unknown





ROBERT BENJAMIN BURRUS III
"And now each man bestride his hobby, and dust away his bells to what tune he pleases."
—Charles Lamb

WANDA JEAN BYRUM
"Sit yourself down at the piano. Put all your fingers on the black notes anywhere you want to. Sing along-write a song, and understand that you can play."
—Graham Nash

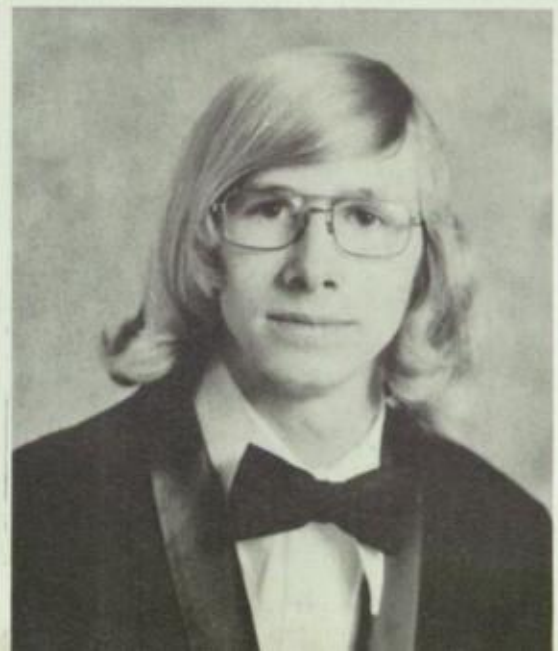


KAREN LYNN CANIPE
"When you are joyous, look deep into your heart, and you shall find it is on'y that which has given you sorrow that is giving you joy."
—Kahlil Gibran

JOANNE CAVENDER CARR
"It's nice to be important, but it's more important to be nice."
—Joe "Dad" Suttle, Sr.

HERBERT MARTIN CARTER
"At the game's end we shall see who gains."
—George Herbert

MARY LILLIAN COFIELD
"Use disappointment as material for patience."
—Unknown



JAMES ALQUINTON COPELAND
"The essence of anything is its life force — the main ingredient to which an object owes its existence and perpetuation."
—Unknown

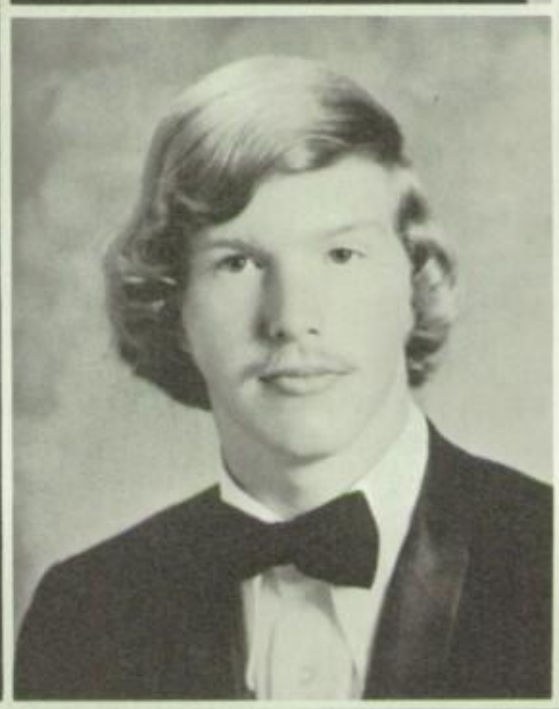
JOYCELYN CASSANDRA COPELAND
"Take things as they come. But try to make things come as you would like to take them."
—Curt Goetz

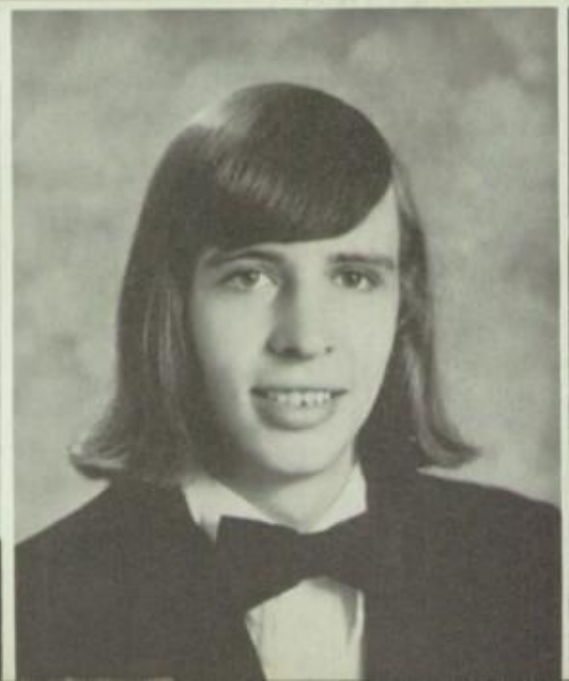
PRENTIS ANN COPELAND
"Strong and context I travel the open road."
—Walt Whitman

SANDRA COPELAND
"Love is a spiritual coupling of two souls, so much more excellent, as it least relates unto the body."
—Ben Johnson

JOSEPH NEVELL CORNELL
"Be strong and quit yourselves like men."
—I Samuel IV, 9

CAROLYN SYLVESTINE CROSS
"God will estimate success one day."
—Robert Browning



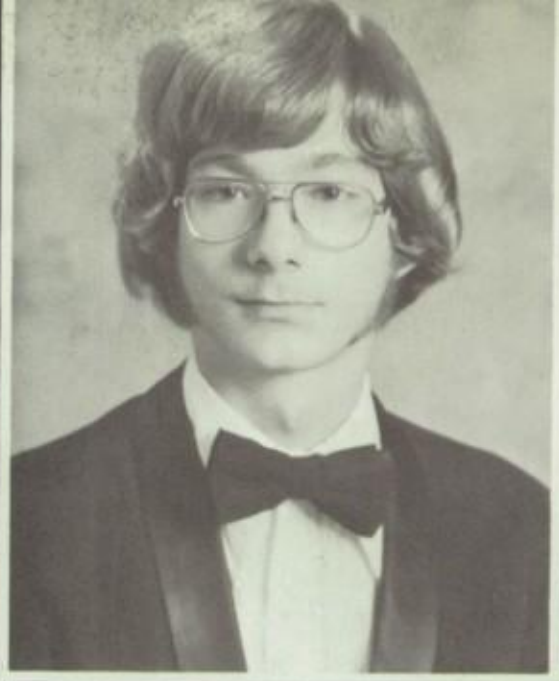


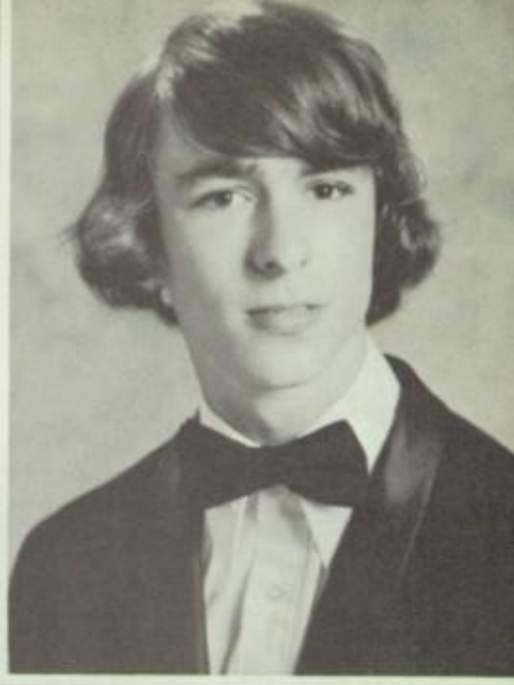
KATHY LAVERNE CROSS
"With all thy faults, I love thee still."
—Cowper

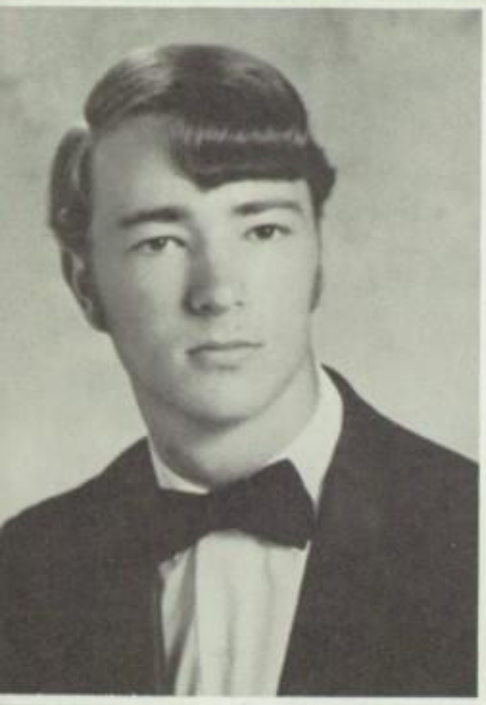
STEVEN GLEN DAVIS
"Anyone can carry his burden, however heavy, until nightfall; anyone can do his work, however hard, for one day.
—Unknown

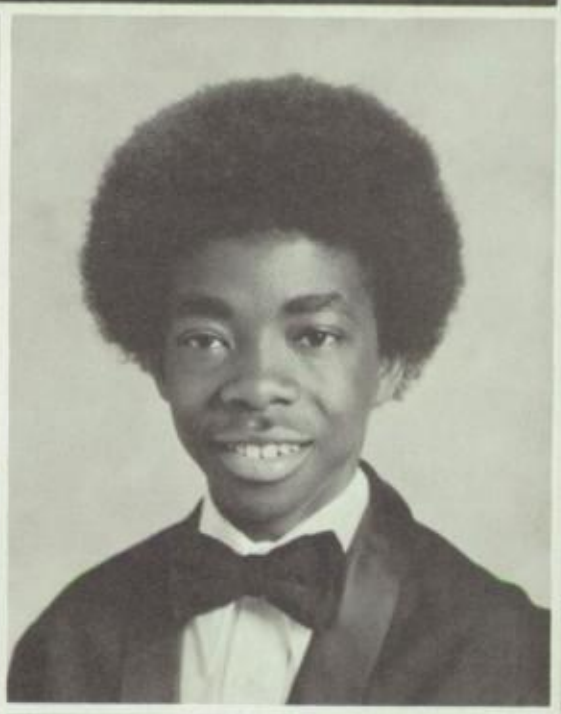
DAVID HENRY DUKE
"Nobody gonna take my car. I'm gonna race it to the ground. Nobody gonna beat my car. It's gonna break the speed of sound."
—Ian Gillian

KENNETH WAYNE DUNN
"Love is a fiend, a fire, a heaven, a hell, where pleasure, pain, and sad repentance dwell."
—Richard Barnfield



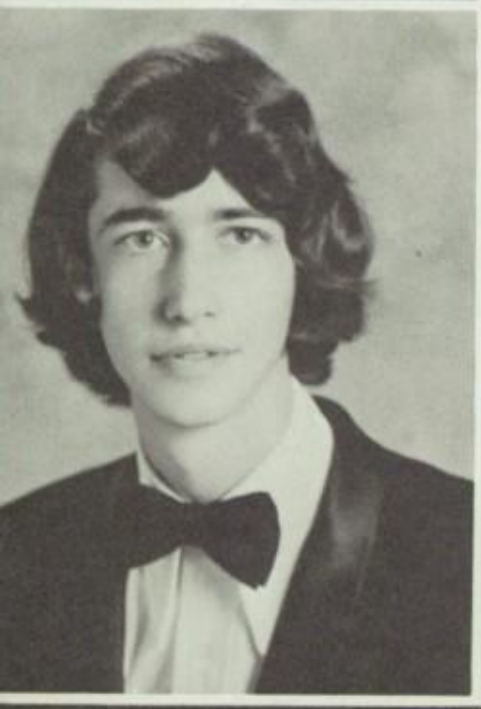






DAVID MICHAEL DUNN
"In quietness and confidence shall be your strength."
—Isaiah

ERNEST ELEY JR.
"We employ the mind to rule, the body to serve."
—Sallust

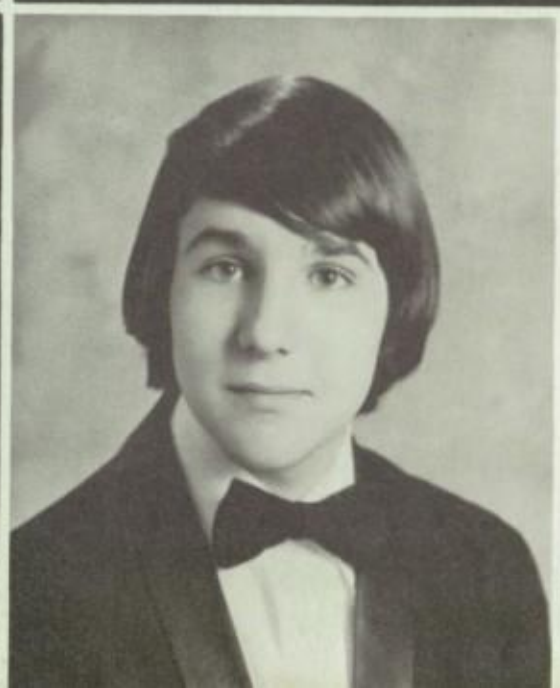


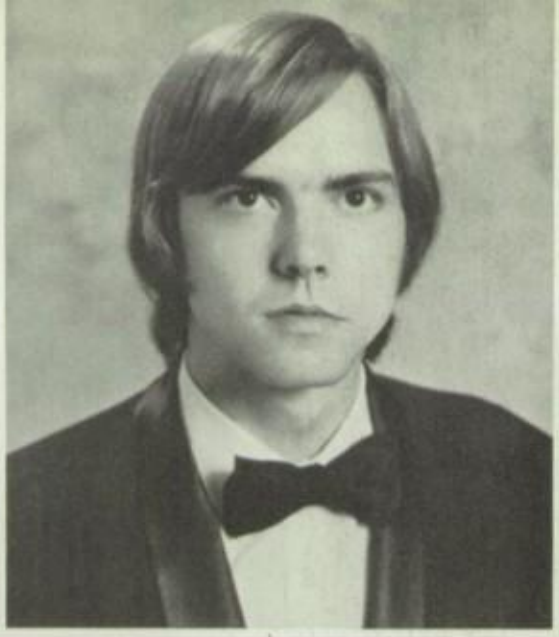
MARK THOMAS ELLIS
"Now for good luck, cast an old shoe after me . . ."
—John Heywood

RITA LEIGH ELLIS
"Good depends not on things, but on the use we make of things."
—Unknown

MILTON SCOGGINS EPPERSON, III
"The only way to have a friend is to be one."
—Emerson

DOROTHY LEE EVERETT
"The happiness of your life depends upon the quality of your thoughts."
—Unknown





SANDRA ODELL EVERETT
"Life is a stream upon which flowers drift in spring, and blocks of ice in winter."
—Joseph Roux

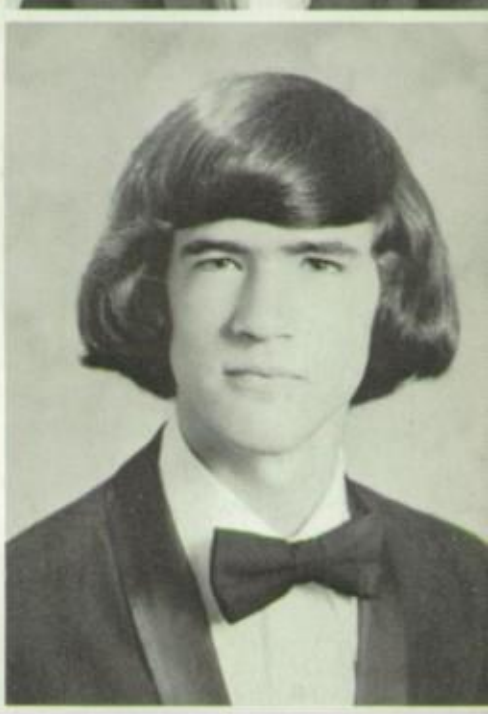
JIMMY CARROLL FANNY
"A friend is a present you give yourself."
—Unknown

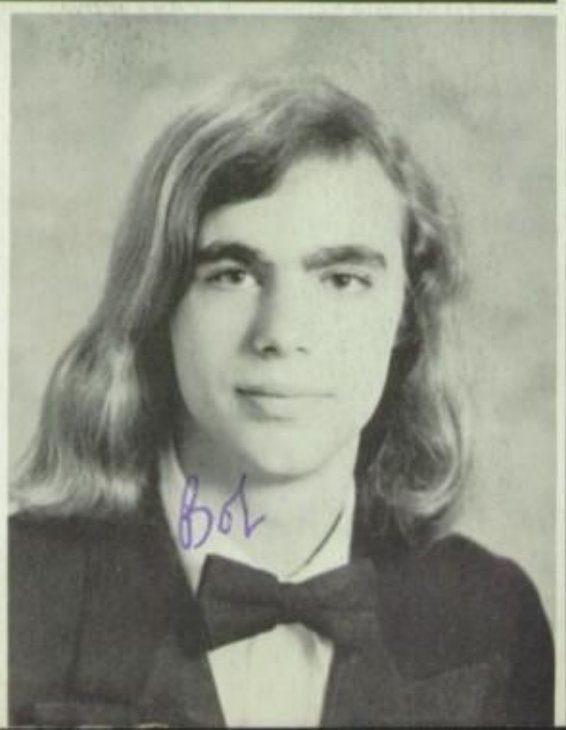
JACQUELINE FAULK
"To have a dream is necessary. To have a design for life is necessary. We must have faith in it."

LARRY JEROME FAULK
"It is the depth at which we live and not at all the surface extension that's imports."
—Emerson

MELVIN TURON FAULK
"The man who can govern a woman can govern a nation."
—Baizac

MARCUS DELMAN FELTON, JR.
"The happiness of your life depends upon the character of your thoughts."
—Marcus Aurelius



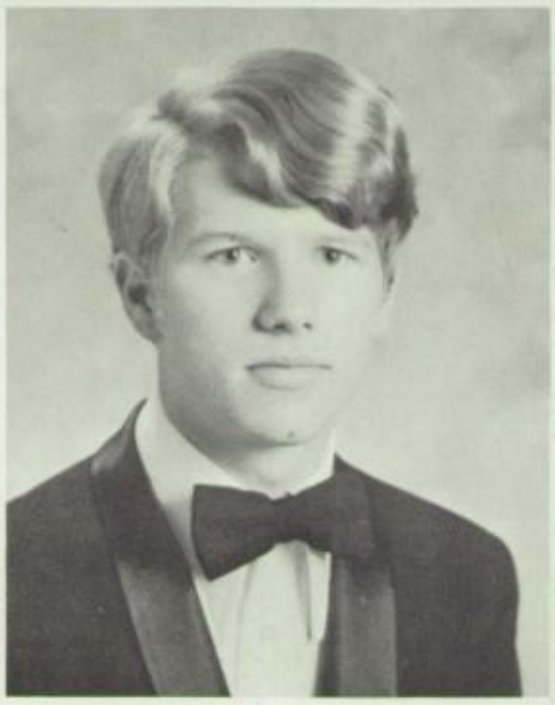


LINDA MARIANE FRANCIS
"Rainbows all around, can you find the silver and gold?
The river can be hot or cold. And you should dive right into it.
Else you'll find, It's passed you by."
Graham Nash

ROBERT JAMES FROEMEL
"If I swallow anything evil
put your finger down my throat.
If I shiver, give me a blanket
keep me warm let me wear your coat."
—Peter Townsend

BARBARA LACRAY GATLING
"I fanned the flame of friendship, and it fired love."
—Alexander Dray

SANDRA KAY GLOVER
"The secrets of life are not shown except to sympathy and likeness."
—Emerson



ROSE MARIE GOINS
"I rather would entre at thy company to see the wonders of the world abroad than living daily sluggardized at home, wear out thy youth with shapeless idleness."
—Shakespeare

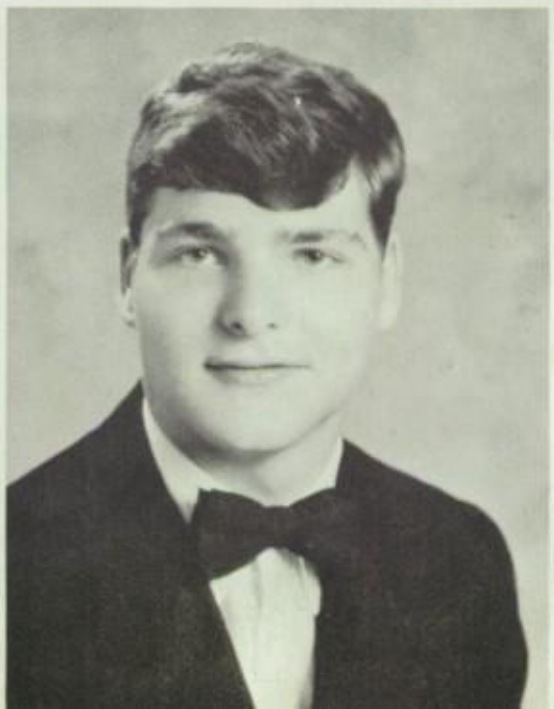
CHANCEY LESLIE GRIGGS, JR.
"The mind that would be happy, must be great."
—Shakespeare

MERLE DARLENE GROVES
"I shall pass through this world but once. If therefore, there be any kindness I can show, or any good thing I can do, let me do it now . . . For I shall not pass this way again."
—Etienne De Grellett

DORA LUCILLE HALL
"Joy may be shy, unique, friendly to a few; sorrow never scorned to speak to anyone were false or true."
—Countee Cullen

JOHN HENRY HAMILTON
"An investment in knowledge pays the best interest."
—Philip Shwartz

THEODORE WILLIAM HANEL, III
"If I lose my honour, I lose myself."
—Shakespeare



MILDRED KATHERINE HAWKINS
"Peace is the key to happiness and love unlocks the door."
—Mildred Hawkins

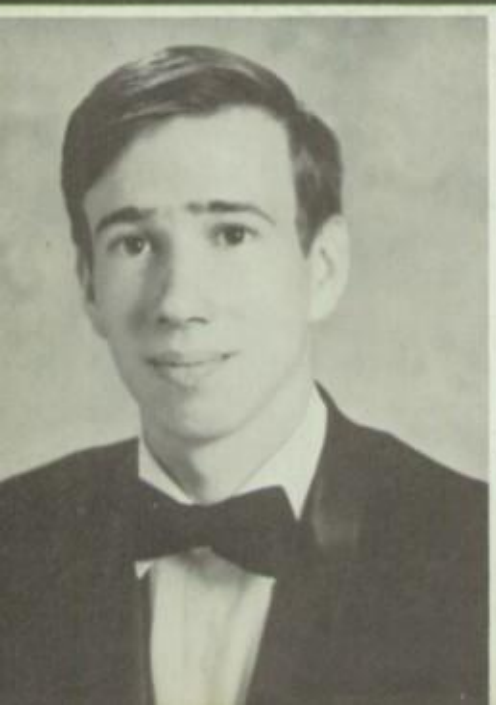
CAROLYN JUNE HARRELL
"We may never pass this way again . . ."
—Seals & Crofts

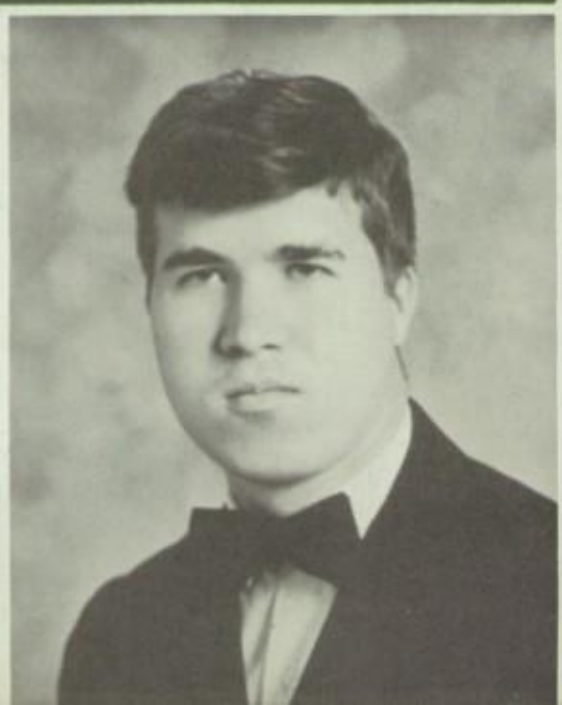
ELIZABETH LYNN HARRELL
"How deep and mysterious are those laws of life that direct us away from our objectives, sometimes in order to bring us back to them with a certainty of success."
—Joyce Hifler

PATRICIA HELEN HARRIS
"Don't let others be the judge of your ability. Be your own judge of your ability, and things will get a little easier."
—Patricia H. Harris

KAREN JOYCE HOBBS
"Wit at its best consists in the terse intrusion into an atmosphere of serene mental habit of some uncompromising truth."
—Philander Johnson

JOAN ARLENE HOLLAND
"It is well to think well; it is divine to act well."
—Horace Mann



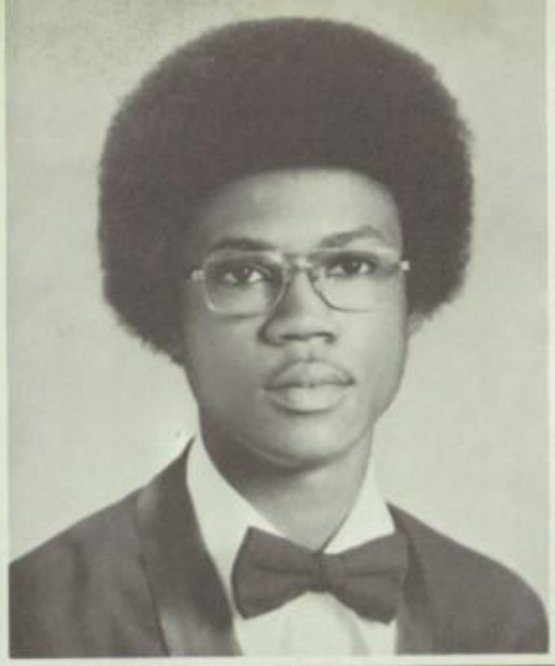


GARVIN RALSTON HOLLAND
"The soul has that measureless pride which revolts from every lesson but its own."
—Walt Whitman

LETCHER LEE HOLLAND, JR.
"Be sure you're right — then go ahead!"
—Davy Crockett

OMEGA VINCENT HOLLAND
"Charity suffereth long and is kind;
charity envieth not;
charity vaunteth not itself, is not puffed up."
—I Corinthians

PATRICIA ANN HOLLAND
"The only way to have a friend is to be one."
—Emerson



PHYLLIS CAROL HOLLAND
"Happiness is a perfume you cannot pour on others without getting a few drops on yourself."
—Unknown

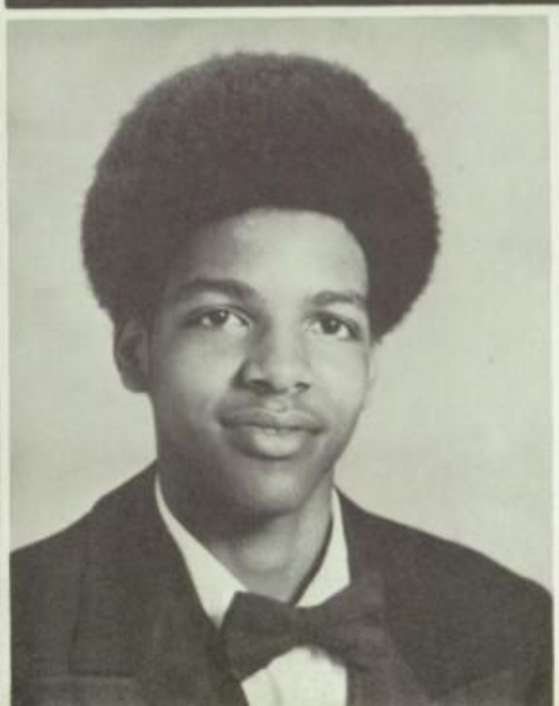
SHARON EVORA HOLLAND
"Be there a will — and wisdom finds a way."
George Crobbe

CAROLYN ANN HOWELL
"Raise the bridge; my friend is sailing by."
—St. Augustine

LINDA DENISE HOWELL
"I get by with a little help from my friends."
J. Lennon/P. McCartney

THOMAS EARL HUNTER
"I count my times by times that I meet thee."
—R. W. Gilder

TYRONE HUNTER
"I look on that man as happy, who, when there is a question of success, looks into his work for a reply."
—Emerson

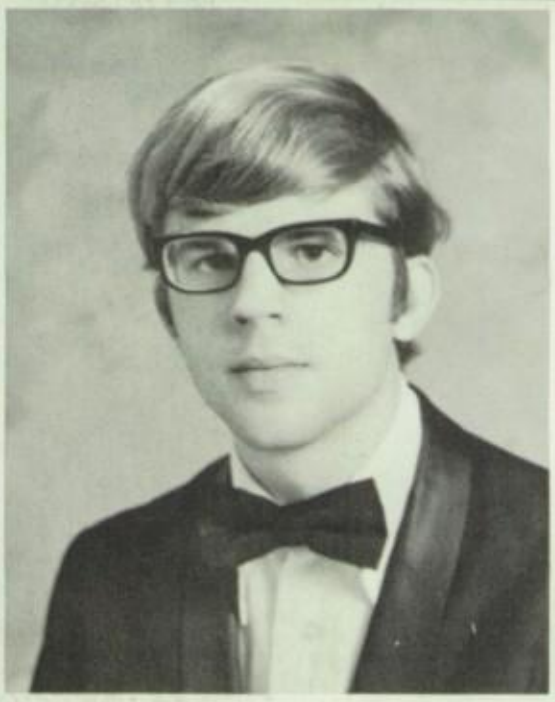


JAMES ROLAND JERNIGAN
"The truly proud man knows neither superiors nor inferiors. The first he does not admit of: the last he does not concern himself about."
—William Hazlitt

CATHY ELAINE JOHNSON
"The love in your heart wasn't put there to stay. Love isn't love till you give it away."
—Unknown

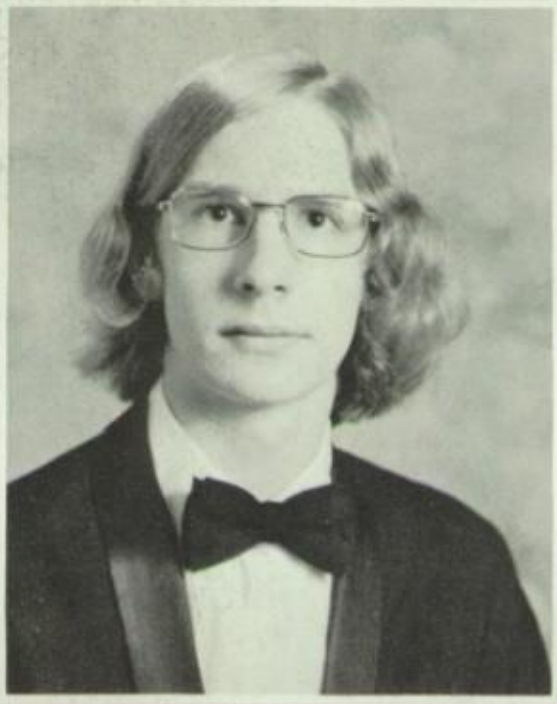
TIMOTHY JETT JOHNSON
"I have but one lamp by which my feet are guided, and that is the lamp of experience. I know of no way of judging of the future but by the past."
—Patrick Henry

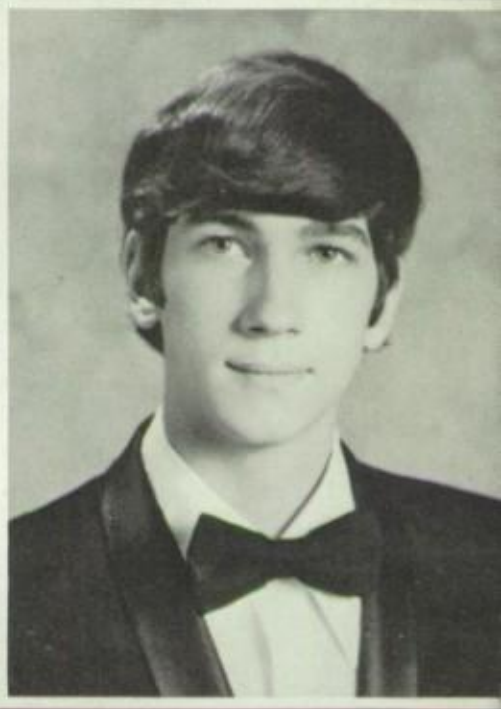
MARVIN LYNDELL JONES
"He flattered himself on being a man without any prejudices, and this pertension itself is a very great prejudice."
—Anatole France



ROBERT DUANE JONES
"The world is slowly learning that because two men think differently neither need be wicked."
C. R. Gibson

ROBERT LANE JONES
"I am right, And you are right,
And all is right as right can be."
—W. S. Gilbert

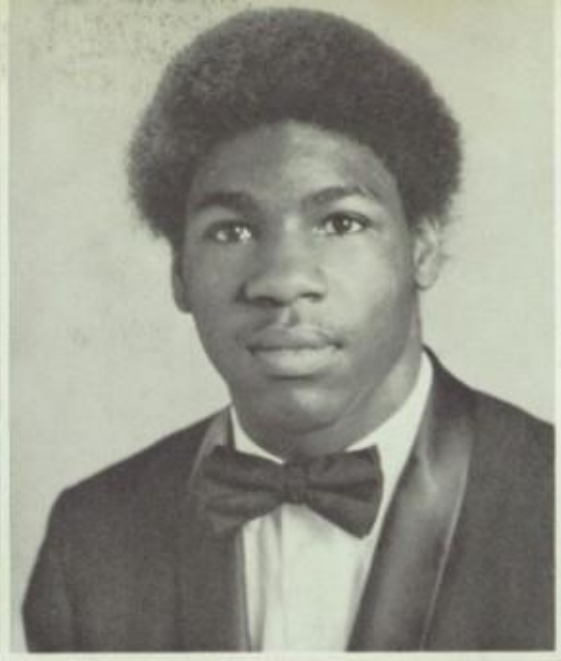


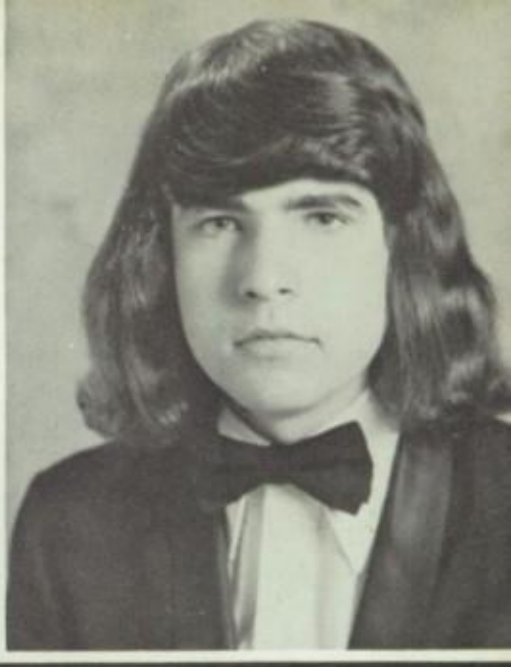


DIANE JOYNER
"To love and respect a person, one needs to know him as he really is."
—Diane Joyner

BETTY DENISE KEEN
"The mountains lie in curves so tender
I want to lay my arm about them
As God does."
—Olive Tilford Dargan

GARY KINDRED
"There is only one success — to be able to spend your life in your own way."
—Christopher Morley

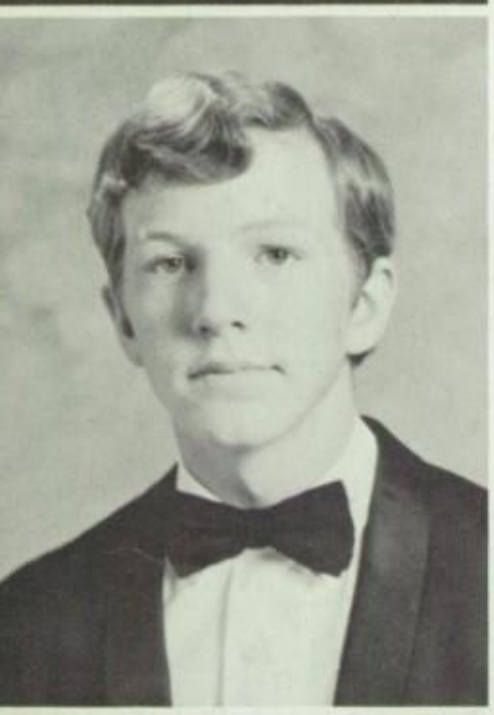




KENNETH BUTLER KING
"What lies behind us and what lies before us are tiny matters compared with what lies within us."
—Unknown

PERMELIA GAYLE KING
"It is a beautiful necessity of our nature to love something."
—Douglas Jerrold

SYLVIA ANN KNIGHT
"Sincerity and truth are the basis of every virtue."
—Confucius

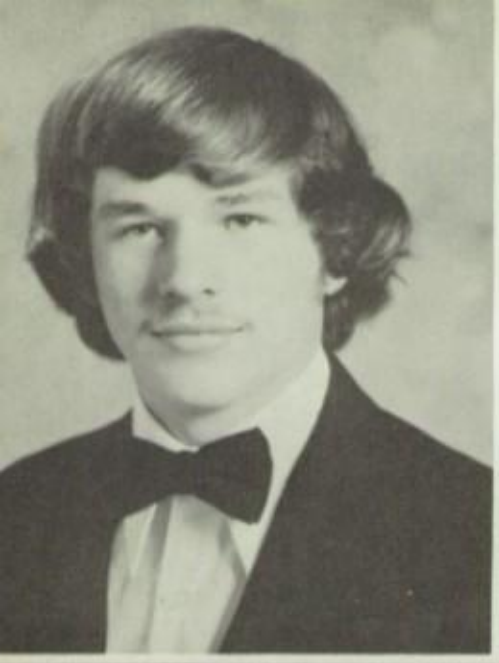


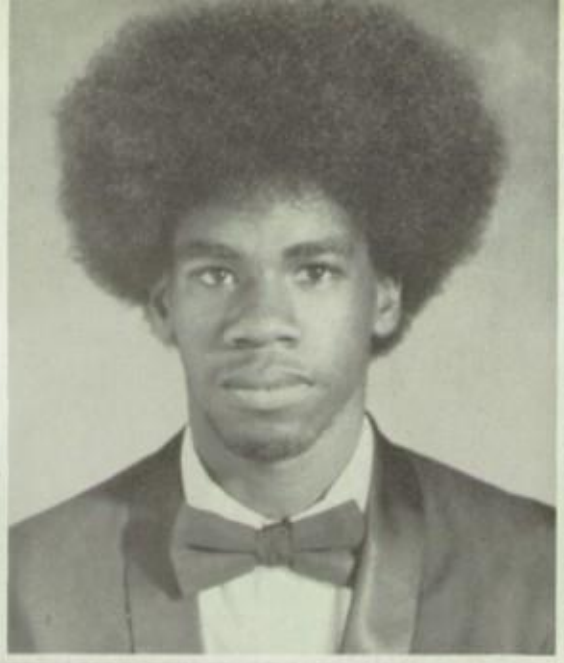
CLARK DUANE LANGSTON
"Infinity is but a breath away from time and bears no reason nor no rhyme, except for God has blessed it."
—Rev. T. O. Langston

MOLLIE ELIZABETH LANGSTON
"The laughter of girls is among the delightful sounds of earth."
—De Quincey

ANN PAGE LAWRENCE
"Plan for the future because there you will spend the rest of your life."
—Unknown

KAREN LEIGH LEGGETT
"Forward and frolic, glee was there,
The will to do, the soul to dare."
—Rod Shoreley





DAVID EARL LOVETT
"A man is a worker. If he is not that he is nothing."
—Joseph Conrad

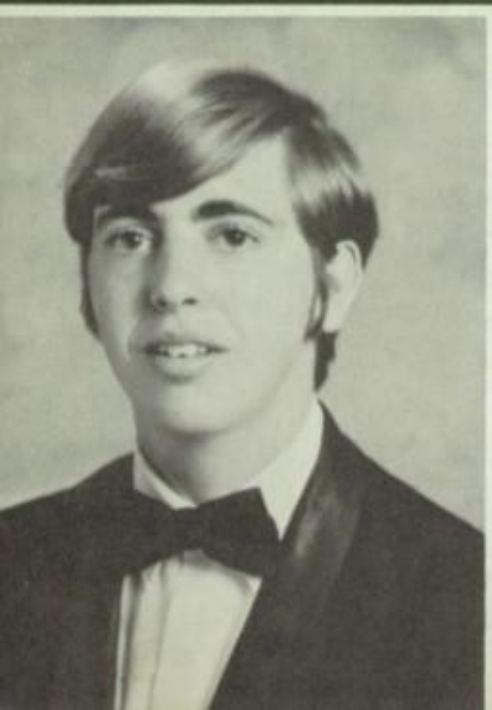
DENNIS LUSTER
"I don't know how the people feel toward me, but I will take to the grave my love them which has sustained me through life."
—Robert M. LaFollette

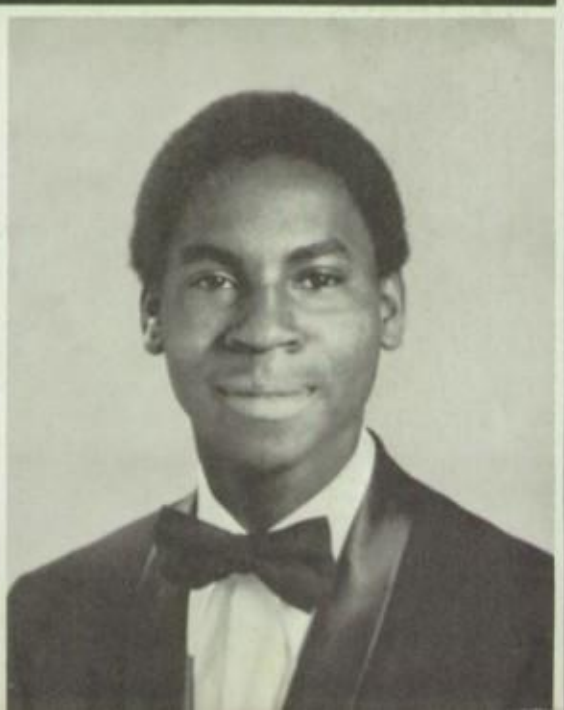
RICKY SHERRADO MAJETTE
"All other knowledge is hurtful to him who has not honesty and good nature."
—Montaigne

LUCY ANN MANLEY
"Music is said well to be the speech of angels."
—Carlyle

MARY LINDA MANLEY
"Any fool can make a rule,
And every fool will mind it."
—Thoreau

DORIS LEE MAYS
"Patience is the key of content."
—Mahomet



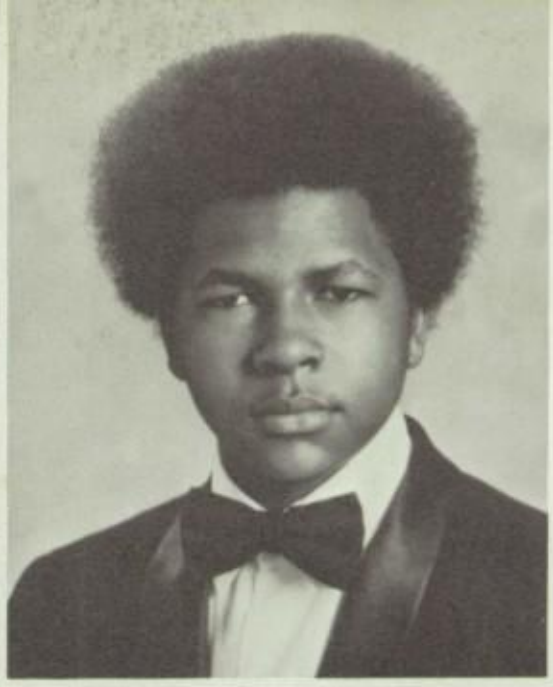


STEVEN ALAN MCCARTHY
"Knowledge is but folly unless it is guided by grace."
—Herbert

LARRY MINGGIA
"No man is free who is master of himself."
—Epictetus

QUINTON MARTIN MITCHELL
"Let them call it mischief:
when it is past and prospered, 'twill be virtue."
—Ben Johnson

RUBY GWENDOLYN MORINGS
"Find me a reasonable lover,
and I'll give you his weight in gold."
—Plautus, Curculio



DEBRA LYNN MUTTER
"A loved one has the power to make the most worthless day glisten with value."
—Cynthia L. Albert

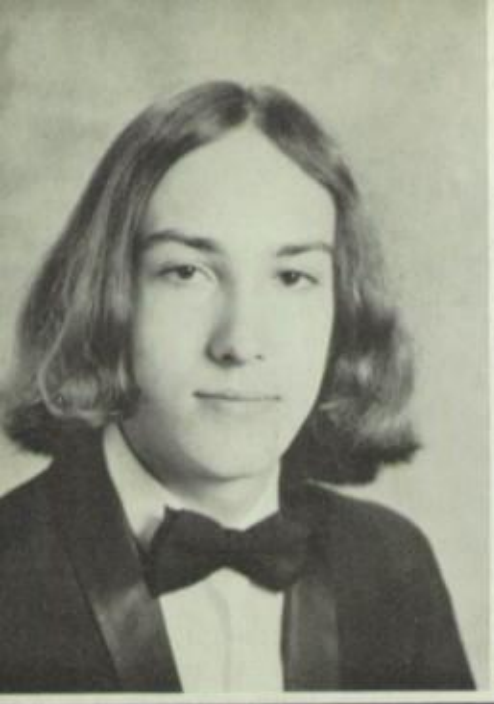
GLORIA ANN MYRICK
"Whatever the soul longs for,
will be attained by the spirit."
—H. A. Giles

SYLVIA CAROLE NELSON
"Three essentials to happiness in this life are something to do, something to love, and something to hope for."
—Joseph Addison

JUNE EILEEN NEWSOME
"Solitude is as needful to the imagination as society is wholesome to the character."
—John Dryden

SUSAN LYNN NIXON
"All that matters in any life is its impact on other lives, the good it might do for other."
—Shakespeare

BERNICE NORFLEET
"One knowing what others expect of him is good, but one trying to accomplish what he expects of himself is even better."
—Bernice Norfleet

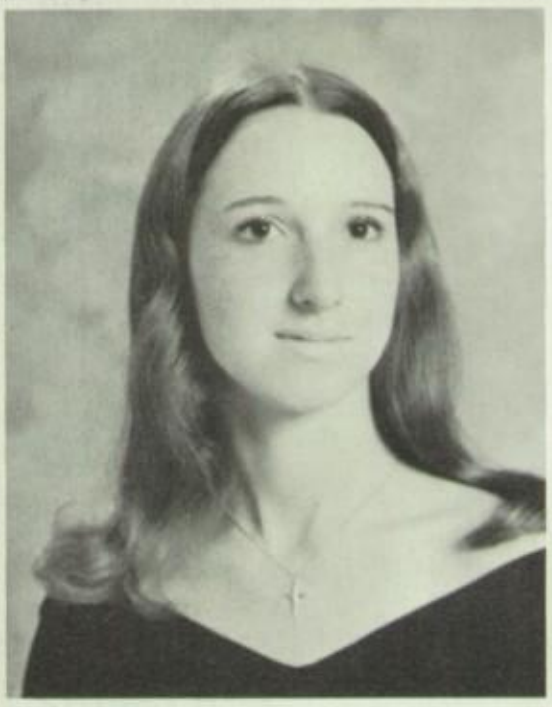


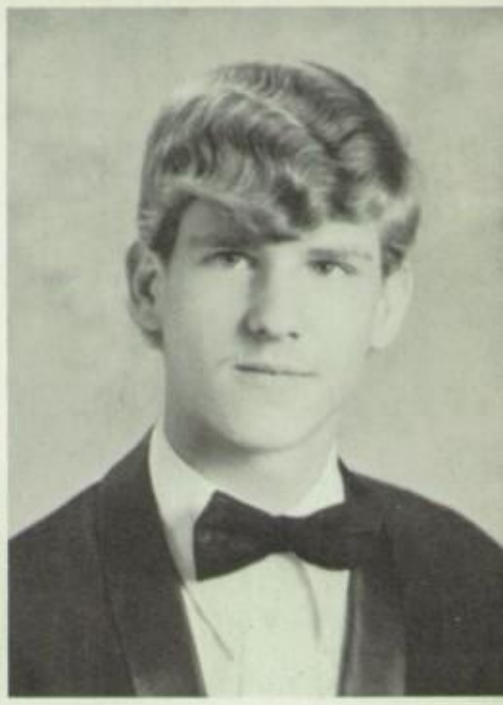
JEFFREY WOOD NORFLEET
"My Sunday feeling's coming up over me
Now that the night is over
'Gotta clear my head so I can see."
—Ian Anderson

CAROLYN MARIE ODOM
"Love is too young to know what conscience is;
yet who knows not conscience is born of love."
—Shakespeare

DEBORAH ANN OWEN
"To love and be loved, this is the good, which for most sovereign all the world will prove."
—William Alexander

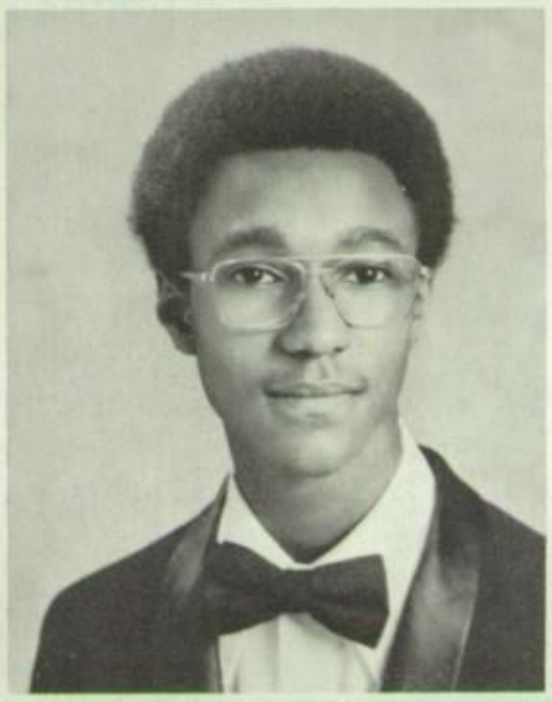
JAMES RONALD PADGETT
"A happy life consists in tranquility of mind."
—Cicero





GILMER CHRISTOPHER PARKER
"I will study and get ready, and perhaps my chance will come."
—Abraham Lincoln

LOU ANN PERRY
"A loving heart is the truest wisdom."
—Dickens

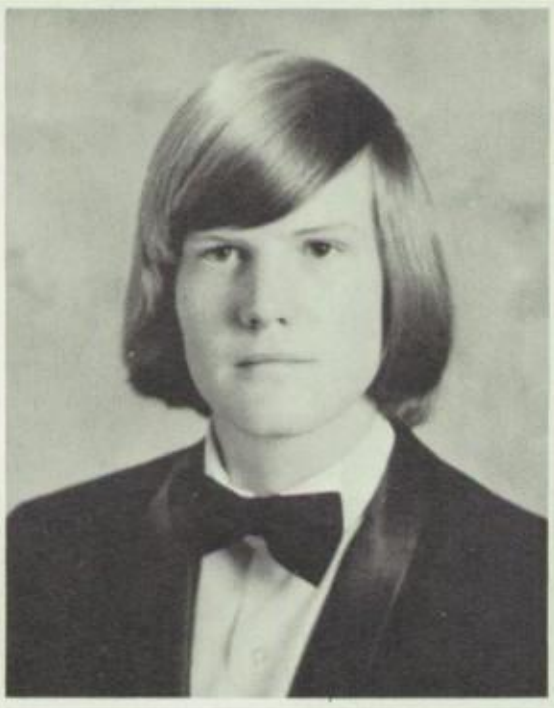


DAVID DEAN PILAND
"The force of his own merit makes his way."
—Shakespeare

DENISE JUNE RAWLS
"Men always want to be a woman's first love; women have a more subtle instinct: what they like is to be a man's last romance."
—Oscar Wilde

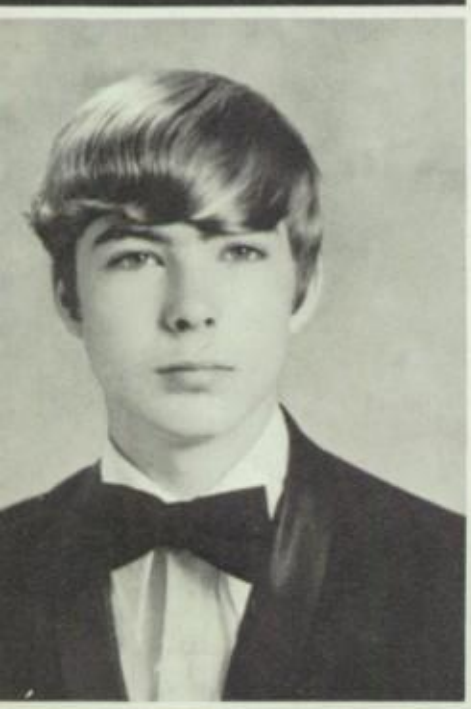
IRENE VIRGINIA RAWLS
"The deed is everything, the fame is nothing."
—Johann Goethe

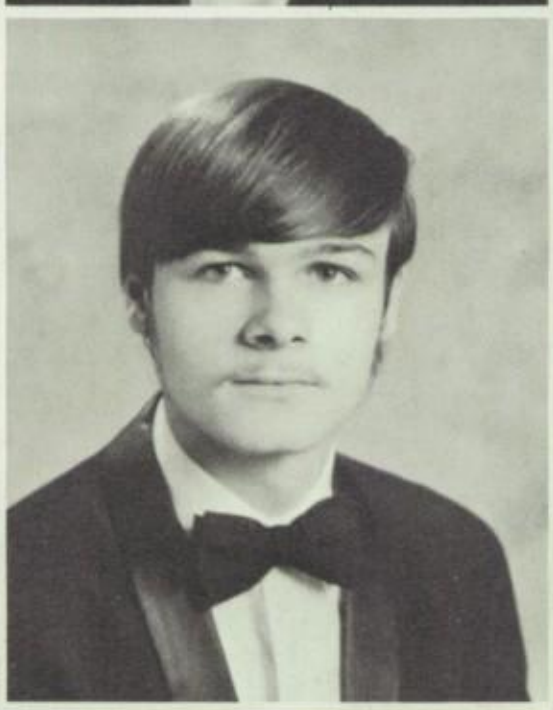
TERESA DAWN RHODES
"It is only with the heart that one can see rightly; what is essential is invisible to the eye."
—Antoine de Saint Exupéry



MARY EDITH RIDDICK
"Blessed are the merciful; for they shall obtain mercy."
—Matthew 5:7

STEVEN ROSS SMITH
"The highest reward for a man's toil is not what he gets for it, but rather what he becomes by it."
—Unknown



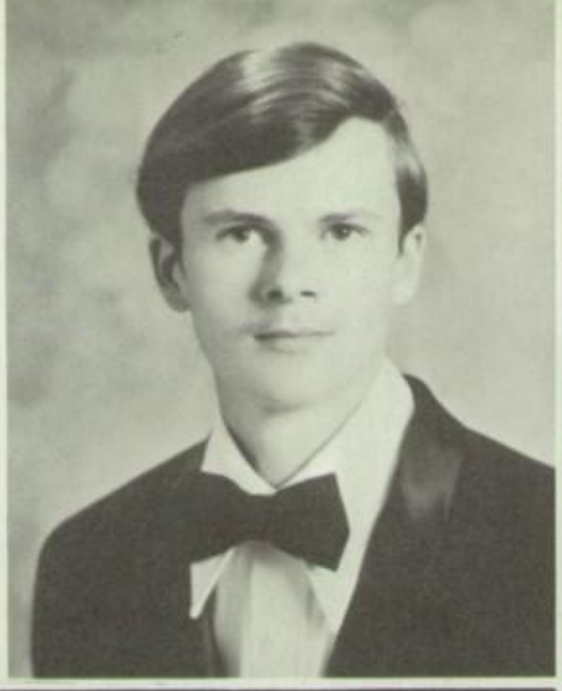


ROBERT BENJAMIN SPEIGHT
"Wit, now and then, struck smartly, shows a spark."
—Cowper

NORMAN BRIAN SPIVEY
"The man lives twice who lives the first life well."
—Zhewan Kraitze

JULIA PAULETTE STATON
"A thing of beauty is a joy forever;
It's loveliness increases;
it can never pass into nothingness."

PEGGY ANGELA STEPHENSON
"You have the freedom to be yourself . . . here and now."
—Richard Bach

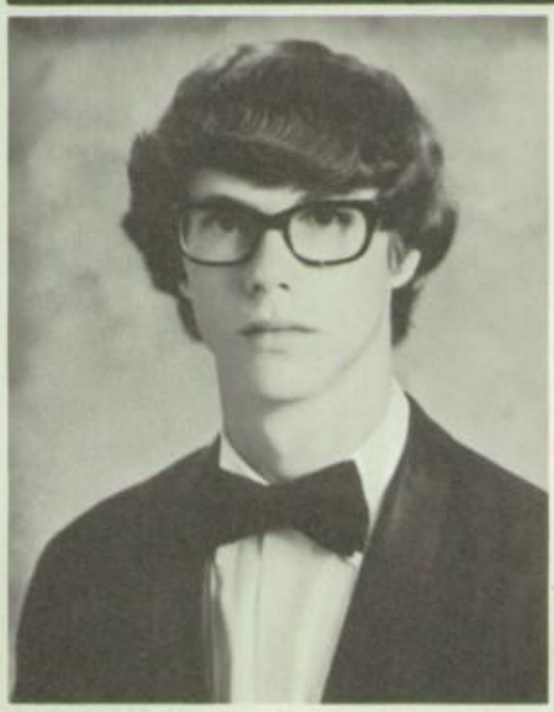


VANESSA BELINDA SUMNER
"It is better to be said a fool and remain silent than to open one's mouth and remove all doubt."
—Eldridge Cleaver

EDWARD DOUGLAS UMPHLETTE JR.
"Nothing is more simple than greatness; indeed, to be simple is to be great."
—Emerson

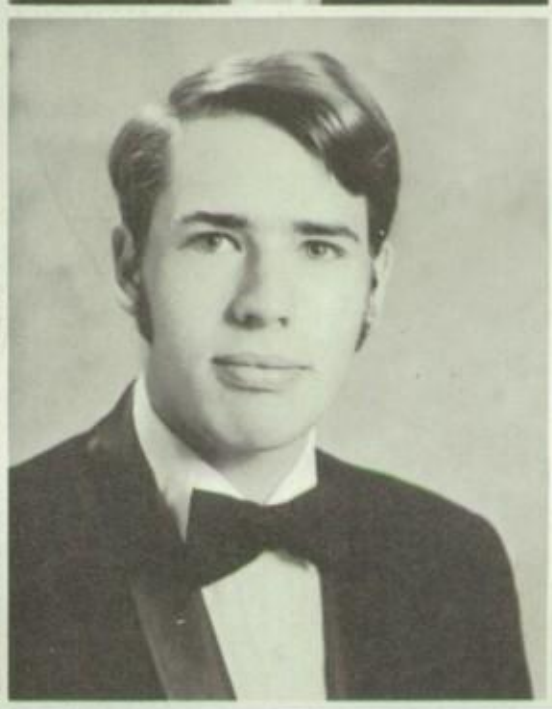
GEORGE DEWEY UNDERWOOD, III
"Flying so HIGH, trying to remember how many cigarettes did I bring along."
—Ian Anderson

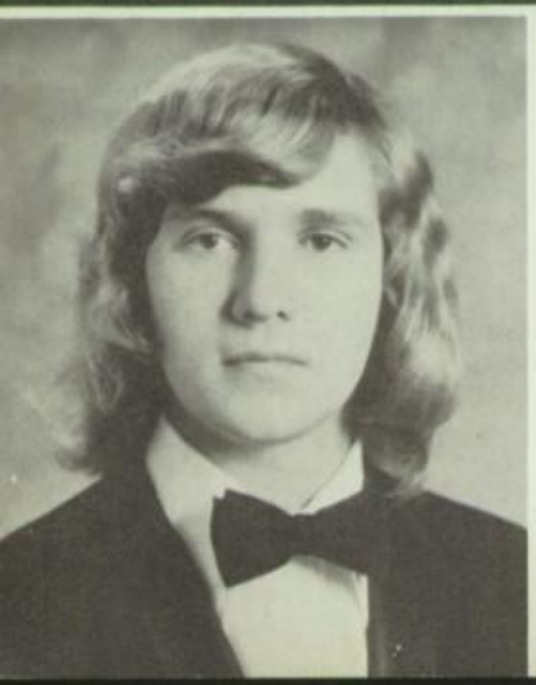
PHYLLIS INEZ UNDERWOOD
"What wisdom can you find that is greater than kindness?"
—Jean Rousseau

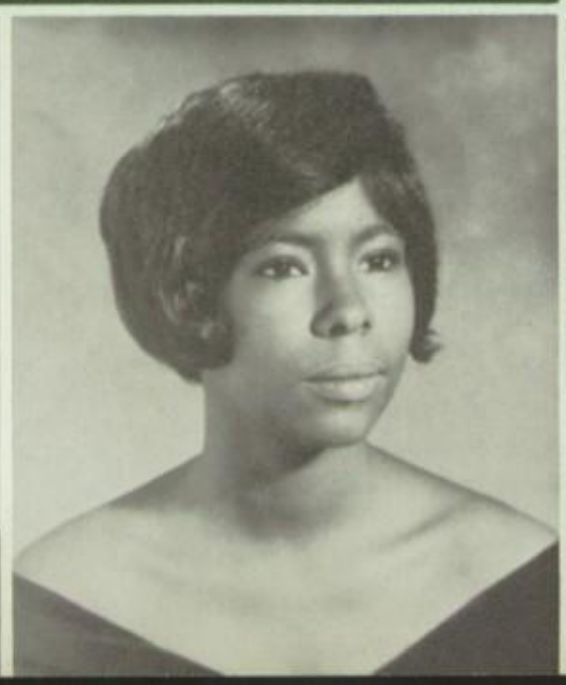


ELEY BITTNER VANN
"Winter, spring, summer or fall,
All you have to do is call,
an I'll be there.
You've got a friend."
—Carole King

CARLIA MELISSA WALDEN
"Limited love asks for possession of the beloved, but the unlimited asks only for itself."
—Kahlil Gibran





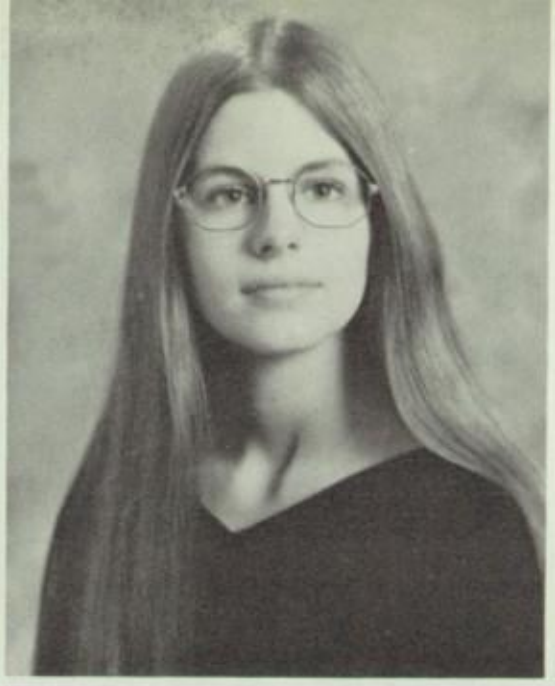


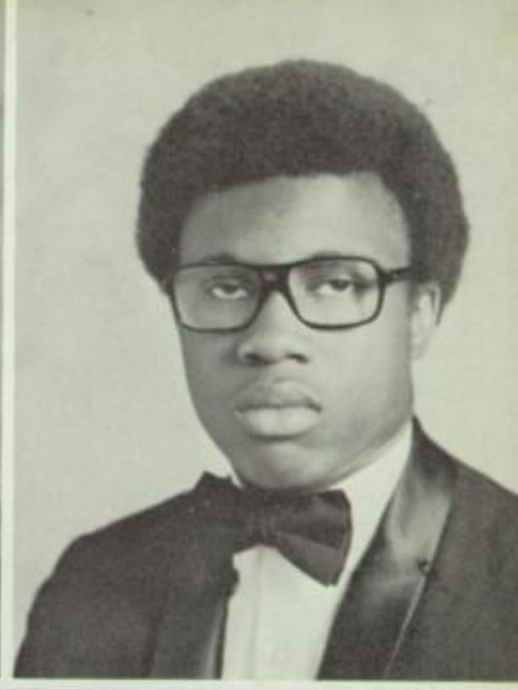
STEVEN THOMAS WALTERS
"We can do anything we want to if we stick to it long enough."
—Unknown

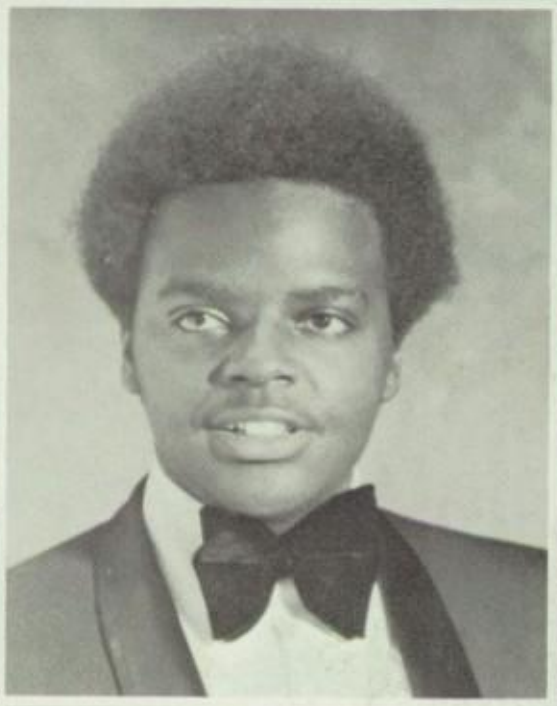
MARY ELIZABETH WARREN
"To know me is to love me,
and to love me is to know me."
—Mary Warren

CAROLYN KAY WEST
"Nothing is so strong as gentleness,
Nothing is so gentle as real strength."
—Frances de Sales

RAY WHITE
"Each man . . . is justified in his individuality, as his nature is found to be immense."
—Emerson







KATHY LYNN WHITFIELD
"... take your time, think a lot, why think of everything you've got, for you will still be here tomorrow but your dreams may not."
—Cat Stevens

RODERICK COSTELLO WHITFIELD
"When I was young, they packed me off to school;
And they taught me how not to play the game."
Ian Anderson

PATRICIA YVONNE WHITLEY
"Life is a pure flame, and we live by an invisible sun within us."
—Unknown

BRENDA ALTA WIGGINS
"The shaping of our own life is our own work. It may be a thing of beauty and of joy forever."
—Ware

DARNICE WIGGINS
"All mankind is divided into three classes: those who are immovable; those who are movable, and those who move."
—Unknown

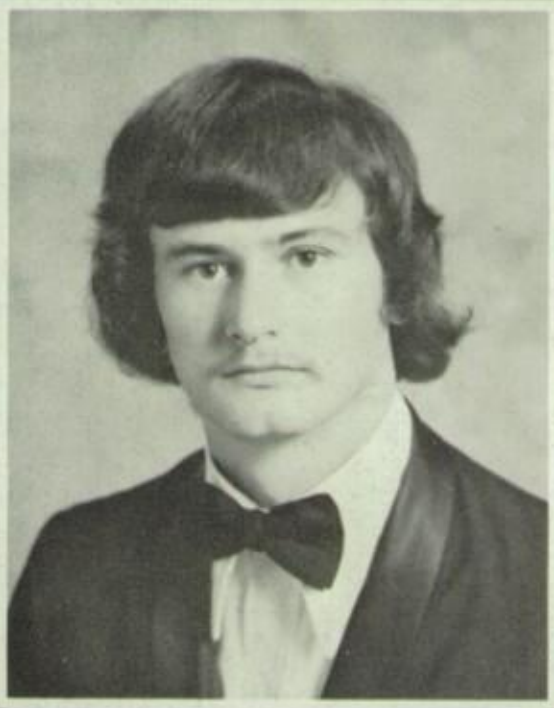
GLADYS COLETTE WIGGINS
"Show thou love to win love."
Alexander Barclay

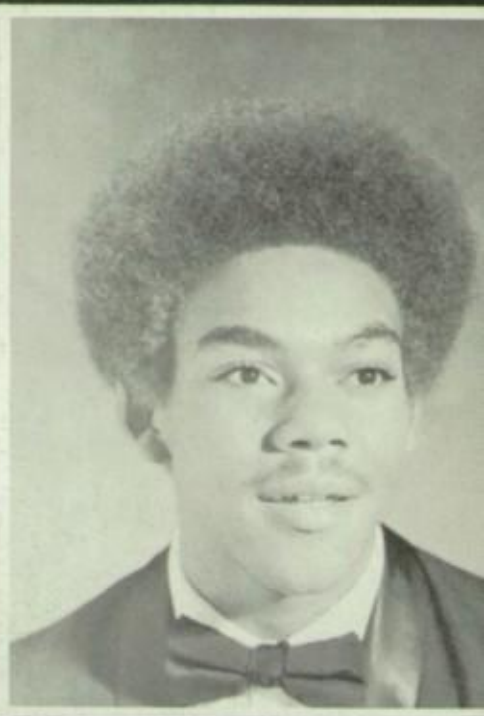
BEVERLY ANTOINETTE WILLIAMS
"The way is hard, but the reward is grateful."
—Beverly A. Williams

GAYNELL WILSON
"Her ways are ways of pleasantness, and all her paths are peace.
—Proverbs 3:17

HARRY DEXTER WOOD
"Will is character in action."
—William McDougal

WALTER WILLIAM YATES
"The surest way not to fail is to determine to succeed."
—Sheridan





NOT PICTURED

RAY CHARLES BAGLEY
"Some times I will and then again I think I won't."
—The Beatles

CURTIS WHITFIELD
"Justice is to give every man his own."
—Aristotle

MICHAEL DENNIS HARRUP
"I like work; it fascinates me. I can sit and look at it for hours."
—Jerome K. Jerome

STANLEY PERCELL WILSON
"SOUL is the Man."
—Thomas O. Campion

"Nobody knows when the journey starts
What he'll find along the way —
A storm-tossed sea, a thicket of thorns
Or a quiet, peaceful bay . . .
Nobody knows when the journey starts
If he will travel alone
Or in the company of cherished friends
That he can call his own . . .

There is no map for the journey
To guide our footsteps along
Only our youth, our faith in ourselves
And our courage to keep us strong . . .
For youth is the time of hopes and dreams
When life's journey is only begun
Till the hills and the valleys are safely crossed
And the summit is finally won."
Jean Kyler McManus

Class of '74

Forest Glen Alma Mater

Hearts of love and hearts of praise
Hold your standards high.
We will strive to do our best;
These standards to apply.

Forest Glen, Forest Glen,
You we hold so true.
We will serve you faithfully
To show our love for you.

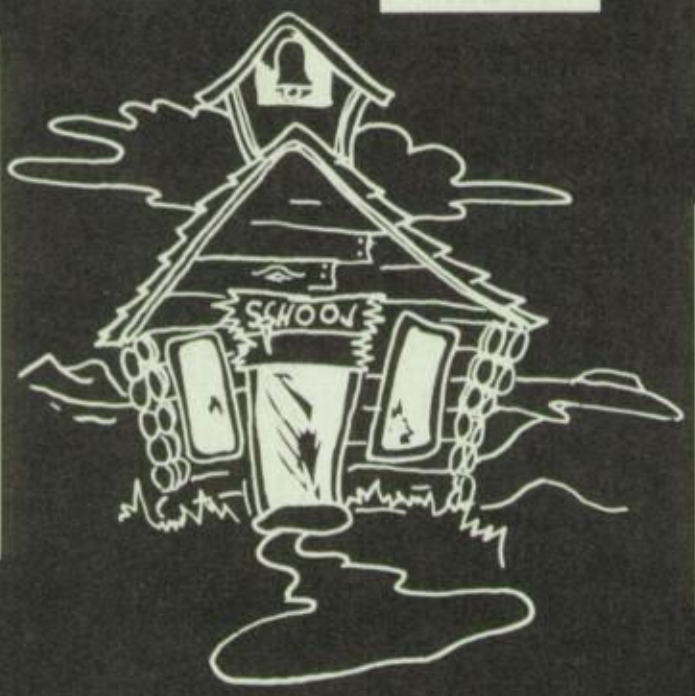
Memories of these precious years
Come oft to our minds.
Times of laughter, times of tears,
Within our hearts we find.

Forest Glen, Forest Glen,
You we hold so true.
We will serve you faithfully
To show our love for you.

—Avis Jordan

Fredia Adkins, Parke Allison, Lynn Allsbrook, Rosa Artis, Wanda Aston, Ray Boone, Lloyd Boykin, Joanne Brinkley, R. B. Burrus, Wanda Byrum, Karen Canipe, Joanne Carr, Joey Cornell, Cathy Cross, Kenny Dunn, Mike Dunn, Mark Ellis, Flip Epperson.

The Pampered Set

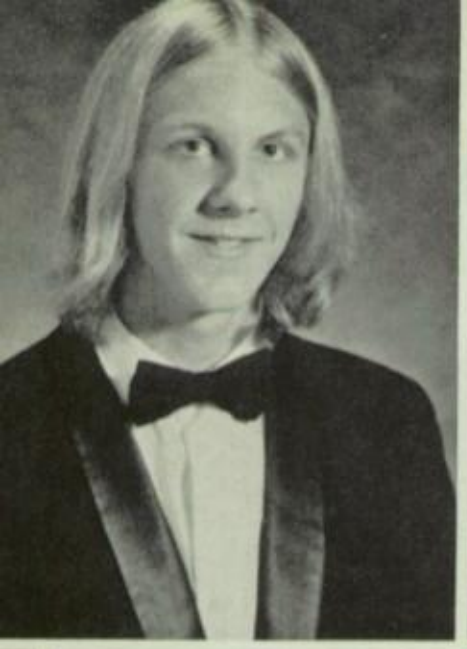


Sandra Everett, Jimmy Fanny, Melvin Faulk, Linda Francis, Mark Felton, Bobby Fromel, Barbara Gatling, Sandra Glover, Les Griggs, Lynn Harrell, Helen Harris, Karen Hobbs, Mildred Hawkins, Arlene Holland, Omega Holland, Pat Holland, Phyllis Holland, Sharon Holland, Roland Jernigan, Bert Jones, Cathy Johnson.

Becomes Of Age

Tim Johnson, Marvin Jones, Denise Keen, Gayle King, Ann Lawrence, Karen Leggett, Ruby Morings, Debbie Mutter, Sylvia Nelson, Susan Nixon, Jeff Norfleet, Debbie Owen, Gilmer Parker, Lou Ann Perry, Irene Rawles, June Rawles, Bennie Speight, Peggy Stephenson, Woody Underwood, Eley Vann, Carolyn West, Kathy Whitfield, Yvonne Whitley, Gladys Wiggins.

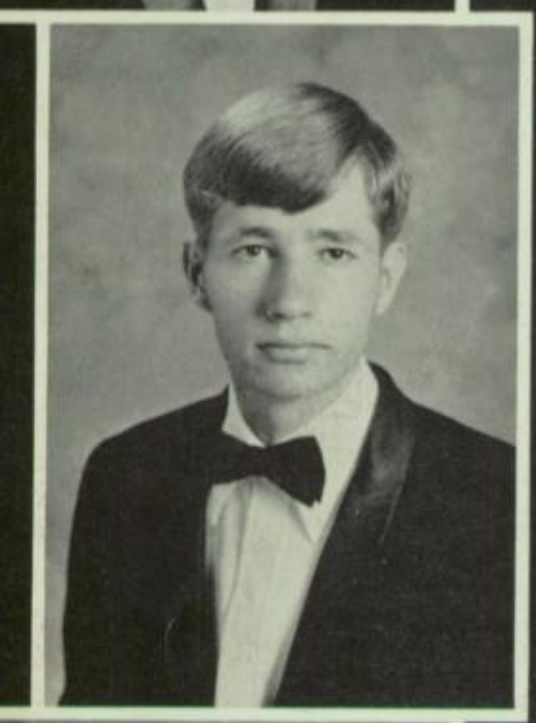
Honor Graduates



James Parker Allison

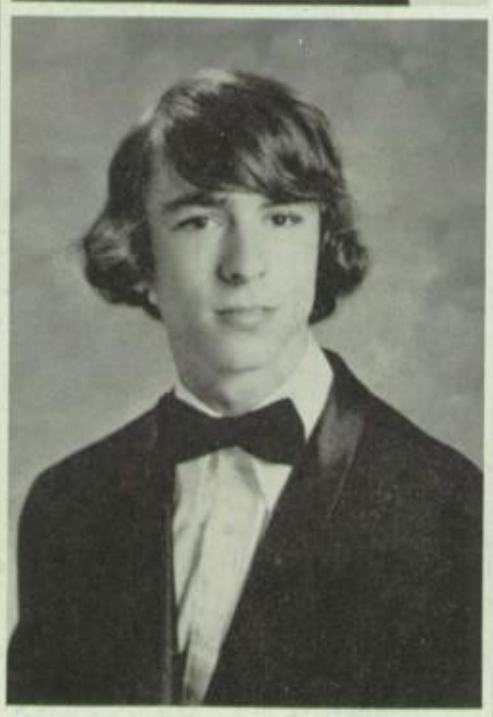
Sandra Odell Everett

Sandra Copeland

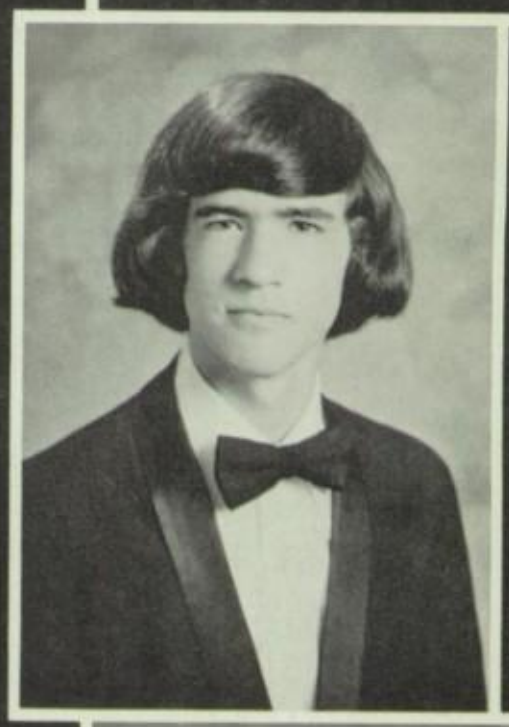


Lynn Edward Allsbrook

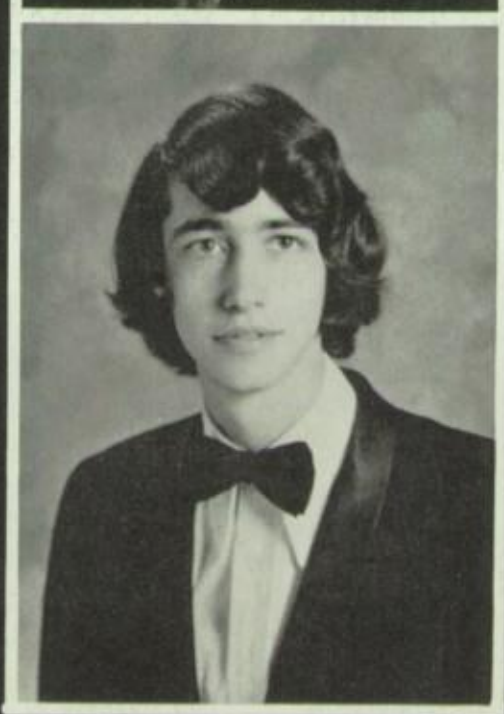
Kenneth Wayne Dunn



Marcus Delman Felton, Jr.

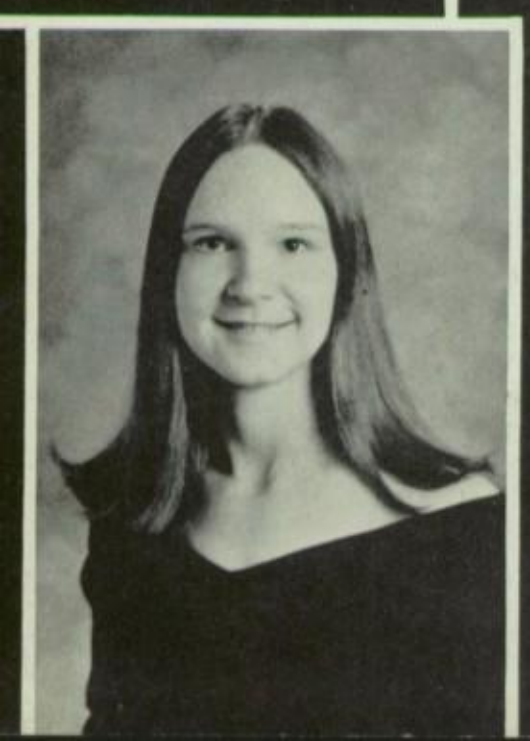


Wanda Lee Aston



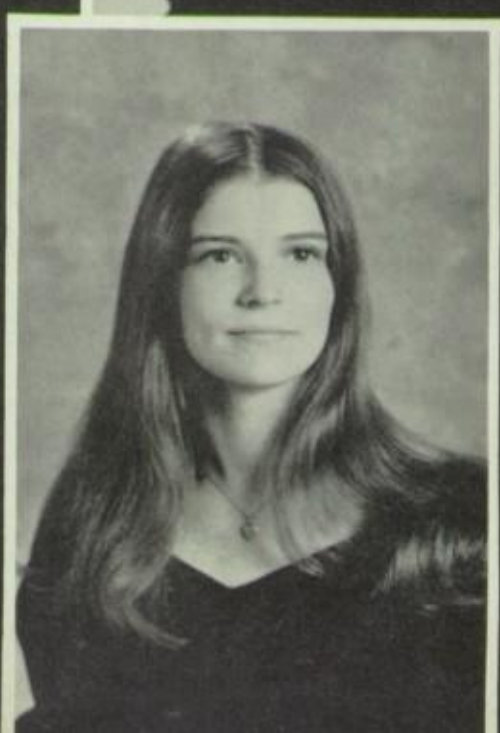
Mark Thomas Ellis

Sandra Kay Glover



Karen Lynn Canipe

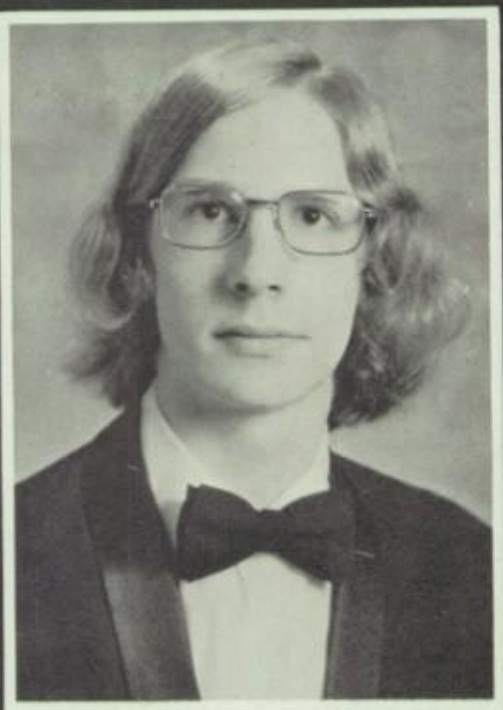
Merle Darlene Groves



Class of '74

Class of '74

Karen Joyce Hobbs

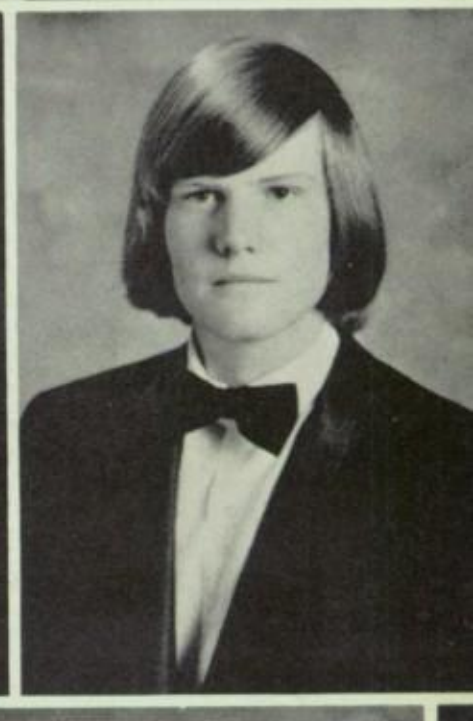


Robert Duane Jones

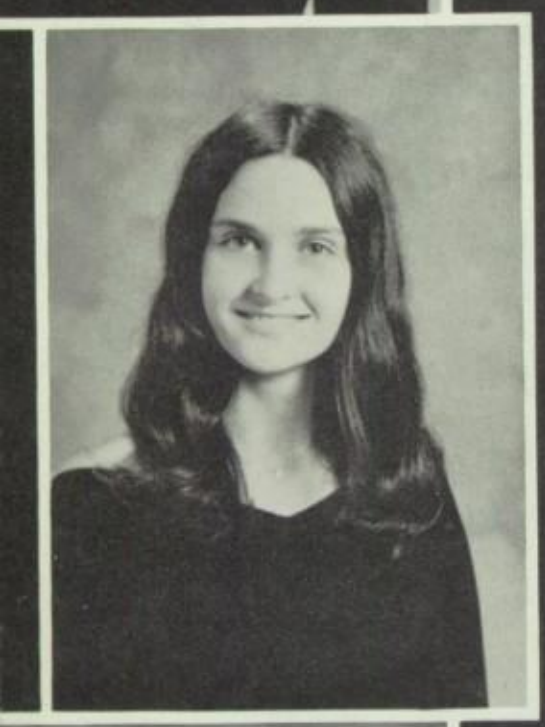
Sylvia Carole Nelson

Phyllis Carol Holland

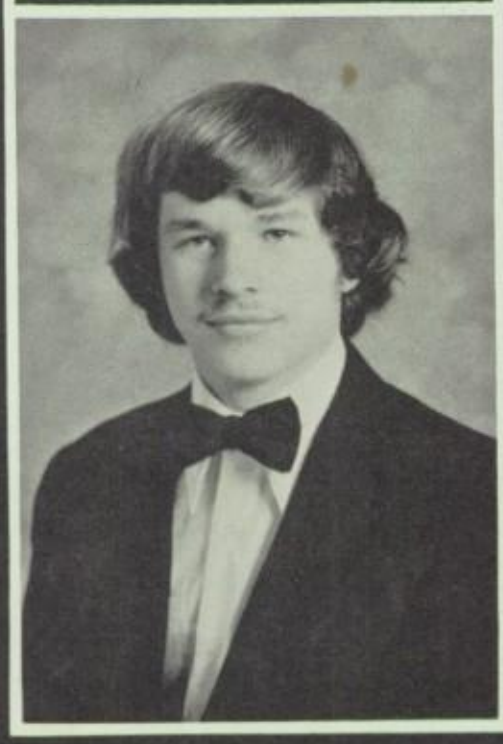
Karen Leigh Leggett



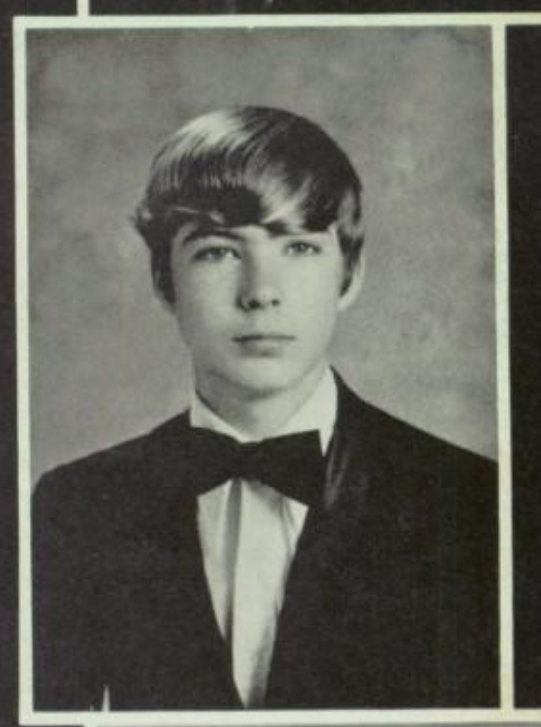
Steven Ross Smith



Cathy Elaine Johnson

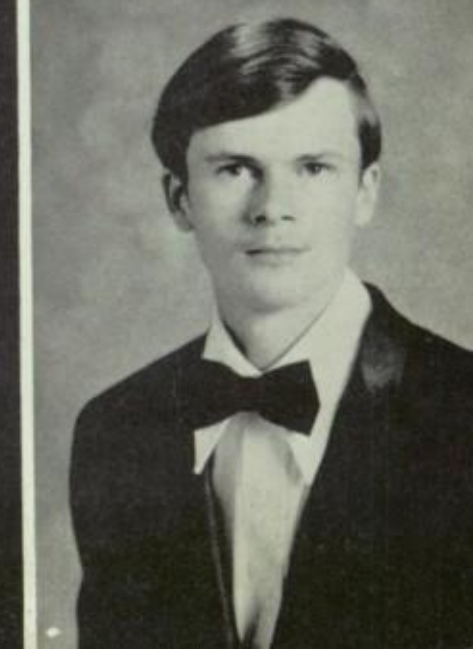


David Earl Lovett



Robert Benjamin Speight

Timothy Jett Johnson



Edward Douglas Umphlette, Jr.

Honor Graduates

Outstanding

Parke Allison *Karen Canipe*

Lynn Allsbrook

Mary Manley *Mark Felton*

Leon Boone *Karen Hobbs*

Tim Johnson *Ruby Morings*

Seniors

Bert Jones

Sylvia Nelson

Steve Walters *Yvonne Whitley*

Molly Langston *Kenny Dunn*

Steve Davis *Darlene Groves*

Vanessa Sumner

Gloria Myrick

Cathy Johnson

Omega Holland

Carla Walden

Eley Vann

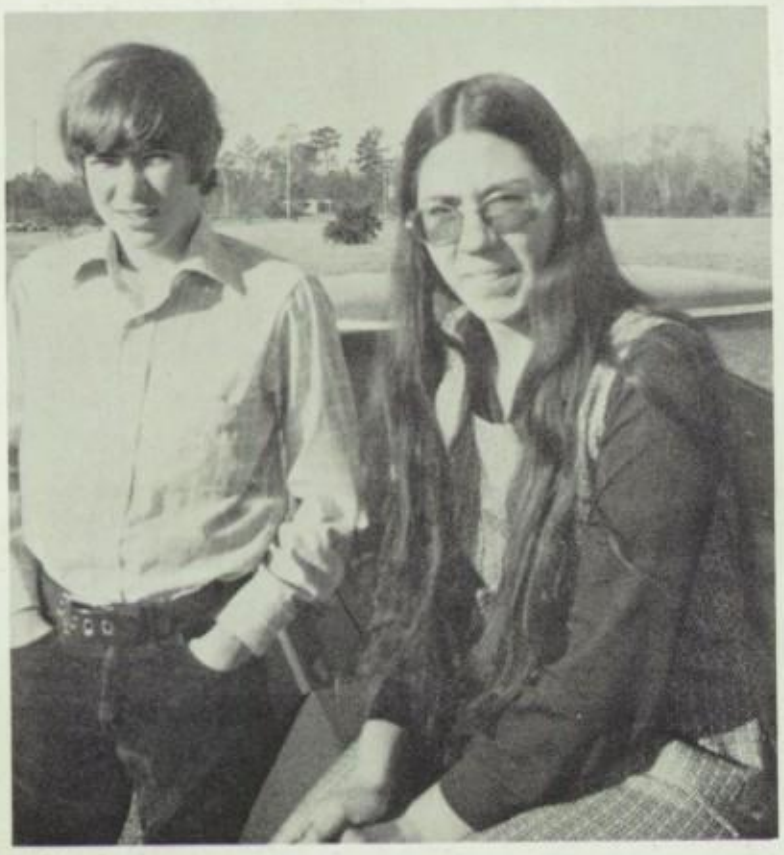
Denise Keen

David Lovett

Debbie Owen

Lloyd Boykin

Sandra Copeland



Bennie Speight *Karen Leggett*

Barbara Gatling *Julia Staton*

Jeff Norfleet

Mark Ellis *Phyllis Holland*

Debbie Mutter *Steve Smith*

Carolyn Odom, Joycelyn Copeland, & Eddie Beaton

Special Honors

Tim Johnson, Mark Ellis, Alternates Marvin Jones & Lloyd Boykin.

Joycelyn Copeland, Barbara Gatling, Alternates Sylvia Nelson, Karen Canipe & Phyllis Holland.

Boys State

Girls State

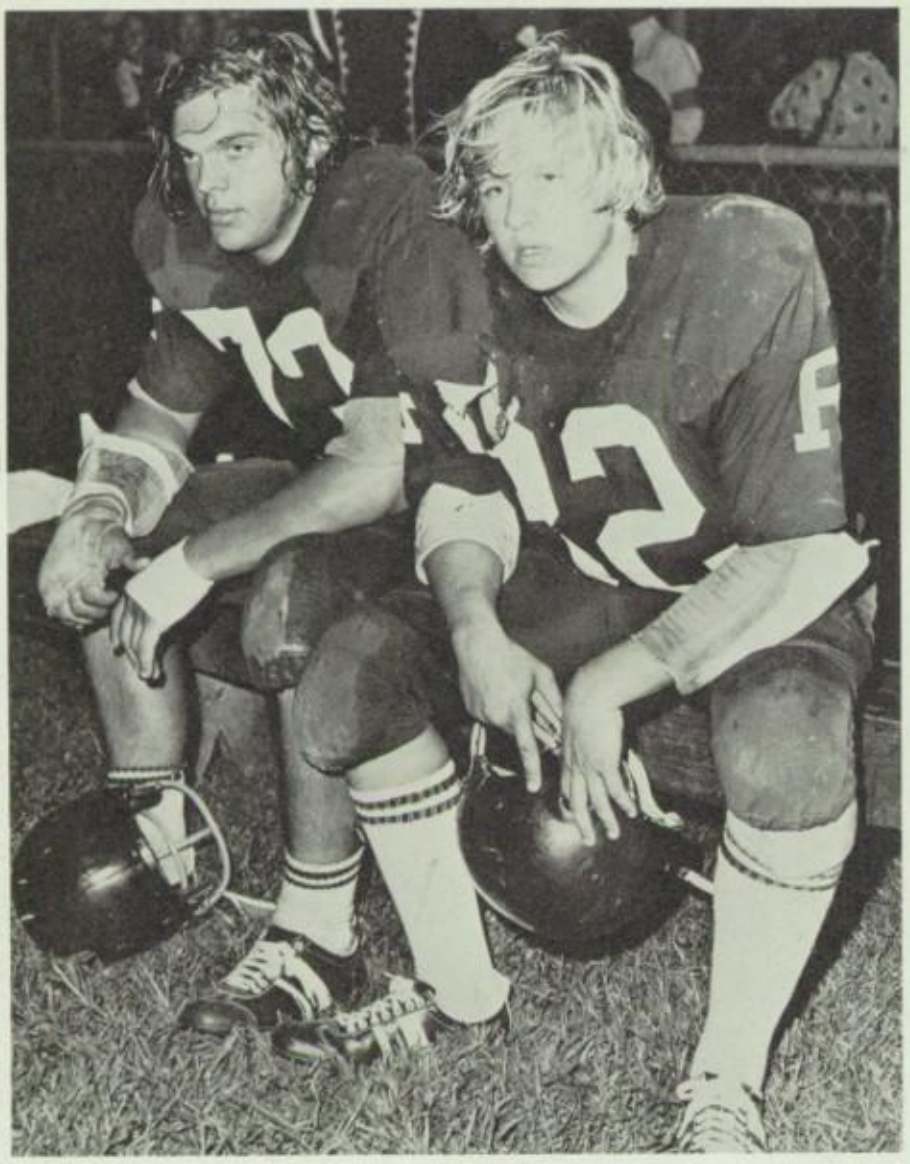
"Even if you're on the right track if you just sit there, you'll get run over."

—Walt Disney

Who's Who

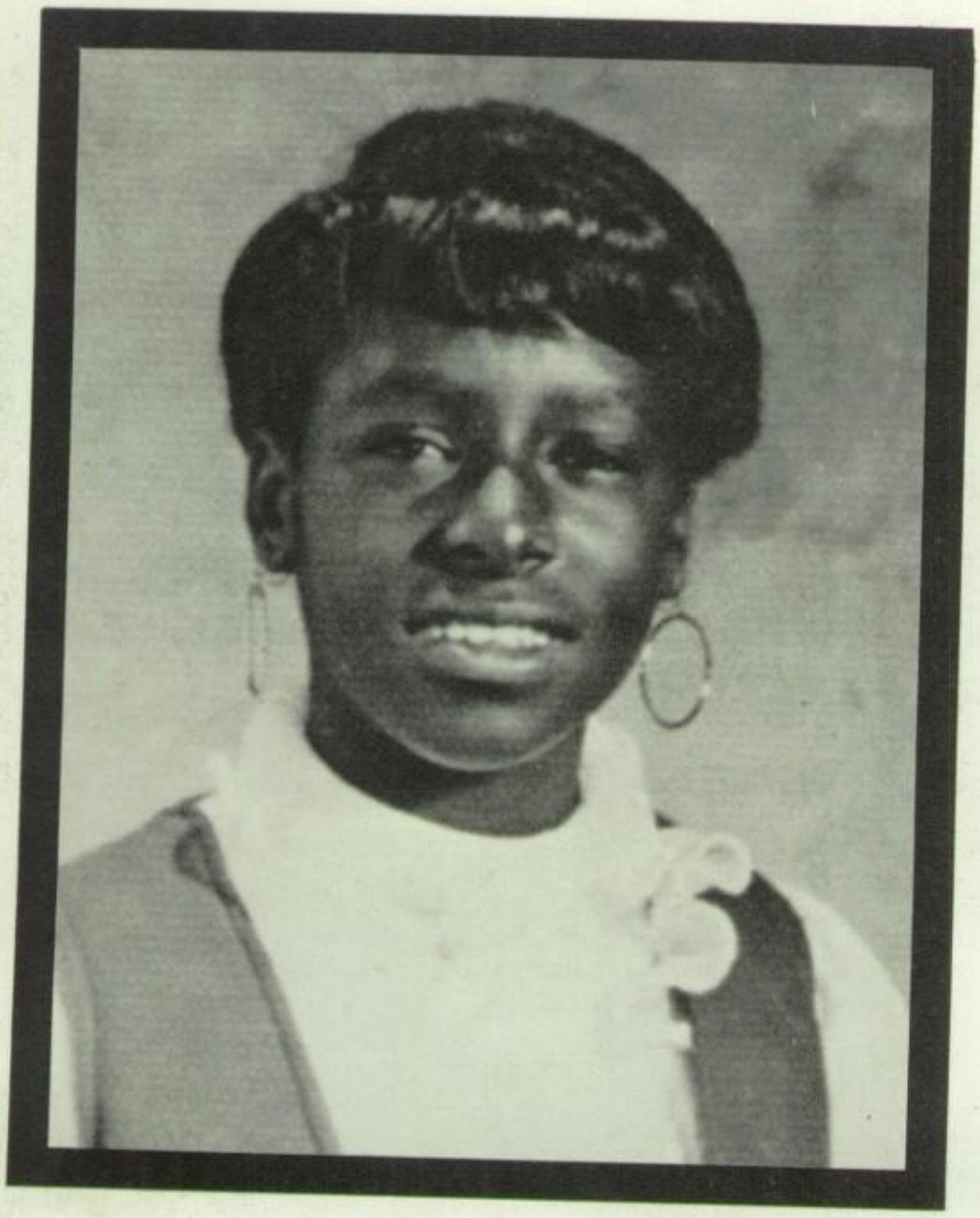
BACK ROW: Sandra Everett, Joycelyn Copeland, Lynn Allsbrook, Tim Johnson, Bobby Froemel, Mark Ellis, Leon Boone, Eley Vann & Mark Felton. FRONT ROW: Julia Staton, Beverly Williams, Terri Rhodes, Yvonne Whitley, Sally Applewhite, Barbara Gatling, Debbie Mutter, & Karen Leggett.

Preparation . . .



is something students at Forest Glen must go through to achieve what sometimes seems like an impossible goal, their high school diploma. Sure, it's hard work, but we must admit it is worth it all. Preparation involves staying up until two in the morning doing what *they* call an hour's homework, enjoying a school dance, crying over a lost one, bad grades, and individual problems, talking it over with a friend, sweating it out at practice while the others are messing around, staying after school for many hours trying to meet Annual deadlines, and giving of yourself to others. The years of preparation are difficult ones, but I wouldn't trade them for anything. In the long run, both the joys and the sorrows of preparing yourself for your individual goal will be worth every minute of it.

In Memory of Mamie Louise Artis



Mamie Louise Artis was a student and a friend to many here at Forest Glen. She was one of those people who you heard very little about, but who contributed a great deal to the student life at our school. Many of her activities centered around the DECA Club of which she was an active member. Mamie was taken ill in November of 1972 and died the evening of March 30, 1973. We grieve her passing, but should try to remember the enthusiasm she displayed in life and strive to follow her example.

I dream a world where man
No other will scorn,
Where love will bless the earth
And peace its paths adorn.
I dream a world where all
Will know sweet freedom's way,
Where greed no longer saps the soul
Nor avarice blights day.
A world I dream where black or white,
Whatever race you be,
Will share the bounties of the earth
and every man is free,
Where wretchedness will hang its head,
And joy, like a pearl,
Attend the needs of all mankind.
Of such a dream —
Our world!

—Langston Hughes

Juniors

Pres. Denise Hewitt, V. Pres. Diane Waller, Sec. Arie Lea Wilkins, Treas. Cindy Crumpler.

Class of '75

Wayne Byrd

Margaret Felton

SPONSORS

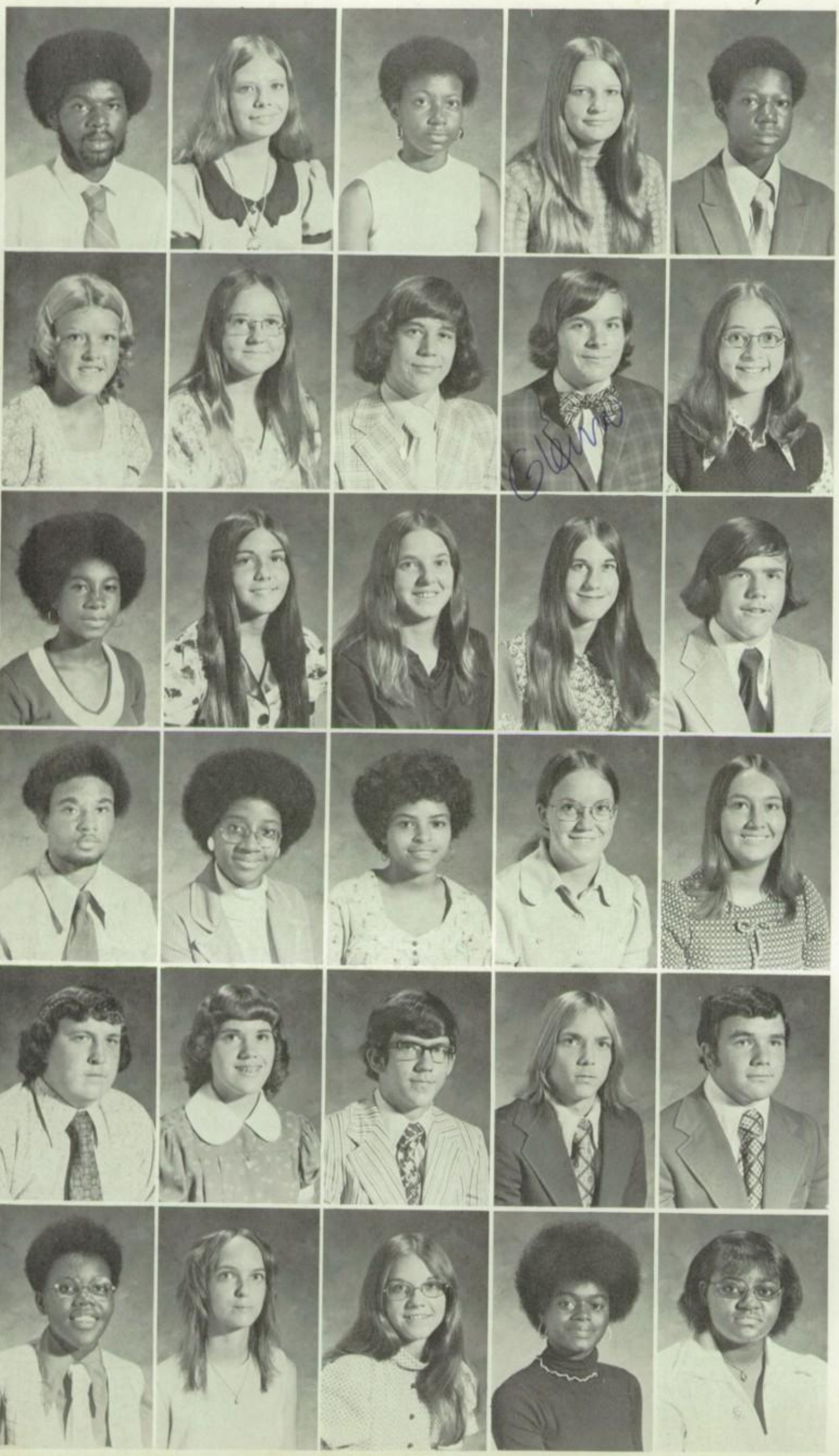
Janice Holland

Mary Sherard

Jeffery Watson

Frances Adams
Janet Arrington
Valencia Ashe
Foy Baggett
Debbie Baines

Juniors Prepare For the



Earl Baker
Susan Barbour
Sylvia Barrett
Edith Blythe
Tony Boone

Kathy Boyce
Marilyn Boyce
Tommy Bradshaw
Glenn Branchaud
Kay Brett

Mairian Brown
Debbie Butler
Patricia Caldwell
Nancy Carr
Wayne Carter

Alexander Copeland
Patricia Copeland
Vanessa Copeland
Cindy Crumpler
Cindy Darden

Kent Daughtrey
Linda Daughtrey
Ronald Daughtrey
Sammy Davies
Ricky Delk

Sylvia Demiel
Robin Edwards
Wanda Eley
Margaret Frazier
Wannetta Futrell

1974 Junior-Senior Prom

Keith Gardner
Tony Gardner
Linwood Gilchrist
Glynda Gillis
Rhonda Green

Michael Greene
Cathy Griggs
Beverly Hardy
Sharon Harrell
Ronald Hatfield

Jennie Hayes
Denise Hewitt
Pamela Holland
Carolyn Horne
Debbie Hornok

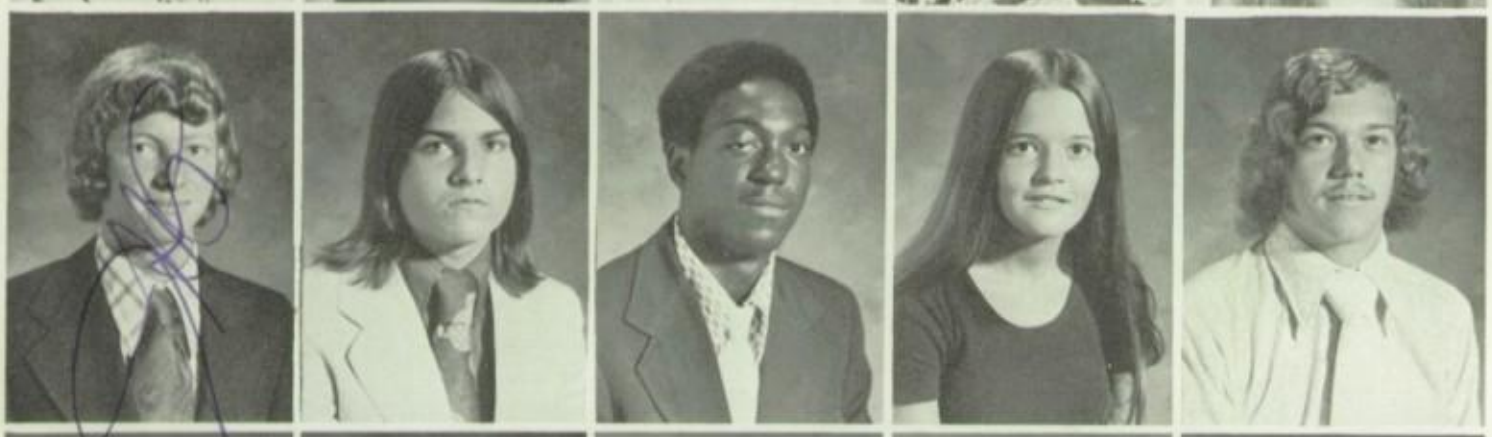
Jackie Howell
Susan Jenkins
Vanessa Jenkins
Shelia Jernigan
Mike Johnson

Ricky Johnson
Teresa Johnson
David Jones
Wayne Joyner
Kathy Lassiter

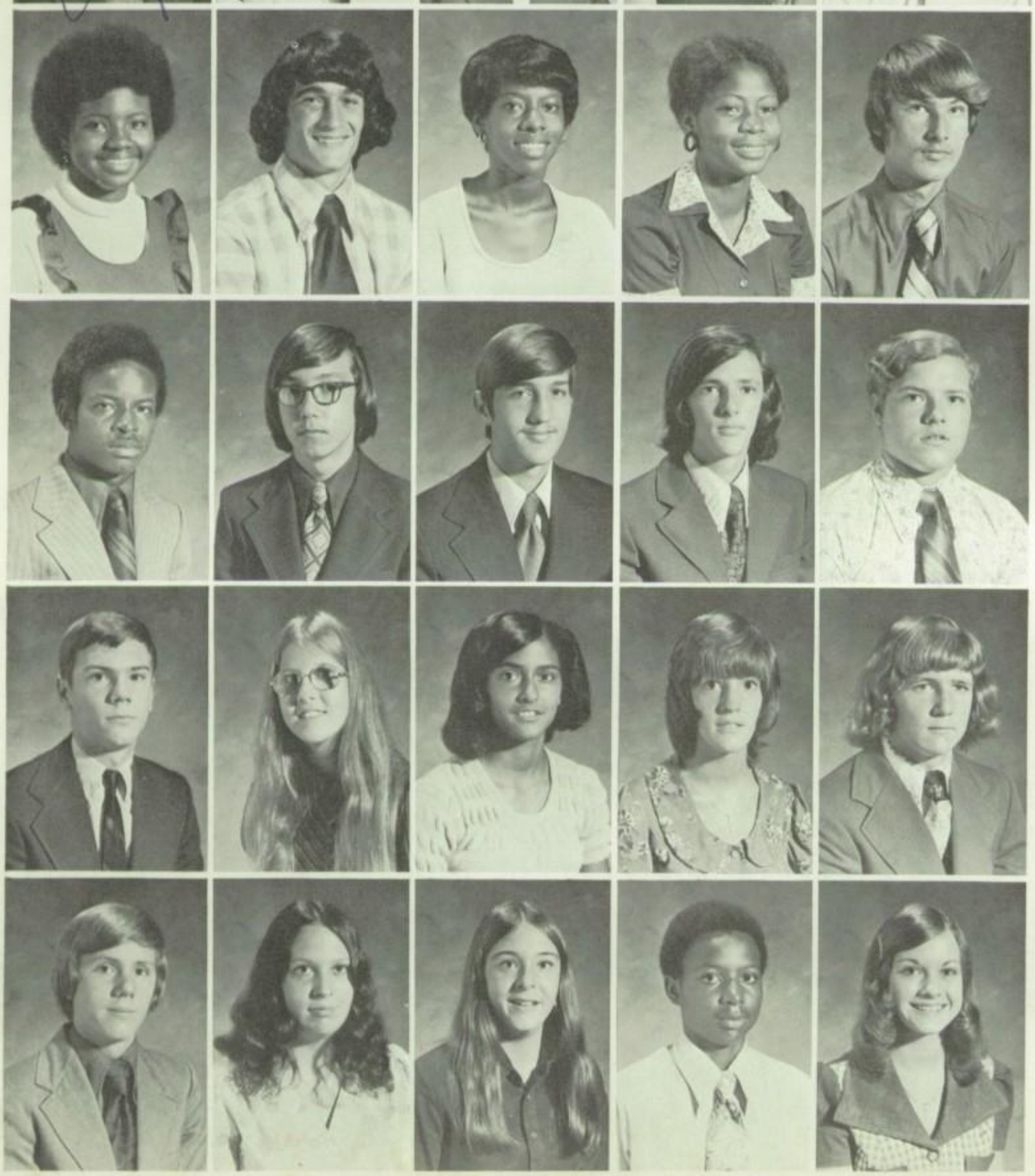
Charlene Lewis
David Luster
Machelle Manley
Ricky Mattraw
Thomas McNeely

Anticipation of Senior Privileges

Joseph Milteer
Cecilia Norfleet
Beverly Parker
Sandra Perry
Sherry Phelps



Jay Piland
Tim Plewes
Randy Reid
Denise Rich
Roger Robertson



Ellen Saunders
Jody Schenk
Jacqueline Scutter
Erma Smith
Mark Smith

Craig Stokes
Mark Swientoniewski
Bobby Totty
Dale Trump
Billy Turner

Pete Underwood
Amanda Wade
Lizzie Walden
Diane Waller
Ted Weaver

Judson West
Leah White
Kim Whitt
Ellery Wiggins
Arie Lea Wilkins

and Graduation Is Strong

Brenda Williams
Ricky Williams
Eric Woodley
Linda Wright

NOT PICTURED

Reginald Ashe
Robert Baker
Natalie Baker
Shelia Baker
Clifford Brown
Charlie Cross
Sonny Davenport
Ronnie Gatling
Audrey Gregory
Eric Harris
Wayne Harris
Theodore Hunter
Steve Jones
Gloria Luster
Clayton McClenny
Kurt Neilson
Ray Parker
Richard Porter
Kenny Raiford
Sidney Rawls
Raymond Stevenson
Robin Underwood
Dwight Whitfield
Michael Whitfield
Margaret Williams
James Worrell

Wanda, Ricky, & Mark ponder the float.

This class — What a bore!

Sophomores

Pres. Cheyenne Johnson, V. Pres. Kay Parker, Sec. Debbie King, Treas. Debbie Wilkins.

Class of '76

Ruth Ballard

Thomasine Harris

SPONSORS

Helen Maiman

Michael Moyer

Willie Ricks

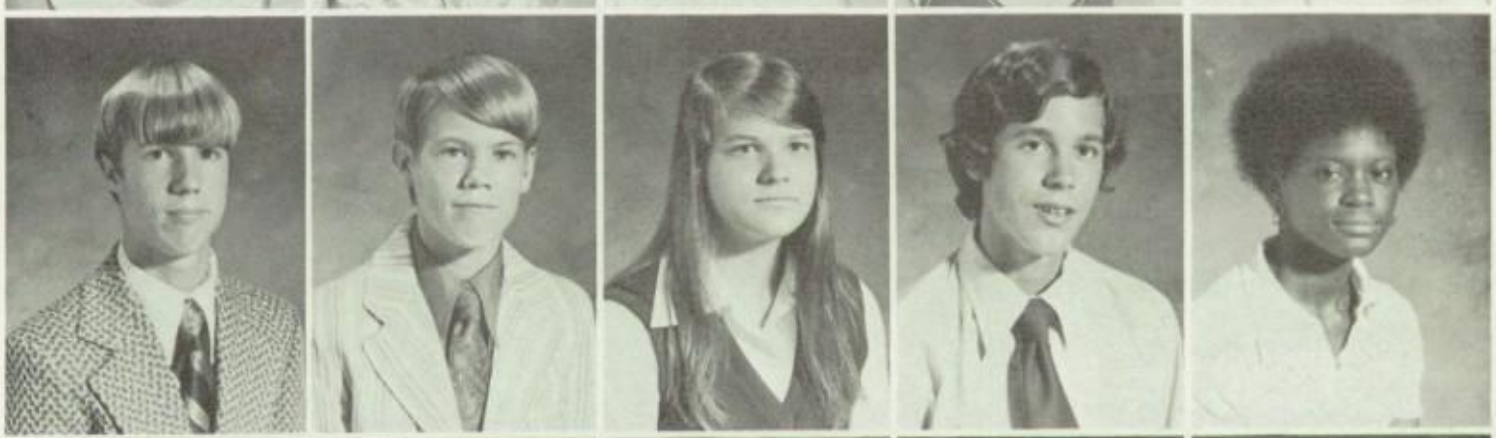
Cathy Allsbrook
Jo Ann Arrington
Gary Artis
Gregory Ash
Beverly Ashe

Sophomores Experience New Challenges

Joan Ashley
Chuck Barbour
Jeanette Beck
Cathy Bellamy
Gladys Bellamy

Gwen Bivins
Kathy Bivins
Essie Boone
Lolithia Boone
Valerie Boykin

Sterling Bridger
Billy Brinkley
Karen Brisson
Earl Britt
Linda Britt



Kathy Brownd
Dennis Burford
Jeffery Burnam
Mike Byrd
Lynn Carr

Debbie Carter
Kenny Carter
Jerry Clark
Donald Conner
Kathy Cook

Alice Copeland
Clyde Copeland
Brenda Cross
John Crumpler
Anne Dalton

Behind the Wheel Insures

Billy Daniels
Carolyn Darden
Selena Daughtrey
Susan Davidson
Terri Davis

Clarice Demiel
Elvis Dildy
Joe Dillard
Kathy Drew
Laura Edmondson

Cathy Ellis
Debbie Epperson
Vivian Faulk
Nancy Forbes
Kathy Fulgham

Cathy Gamble
Faye Griggs
Kenny Groves
Dennis Harrell
Terese Harrell

Priscilla Harris
Arthur Ingram
Cheyenne Johnson
Sidney Johnson
Tim Johnson

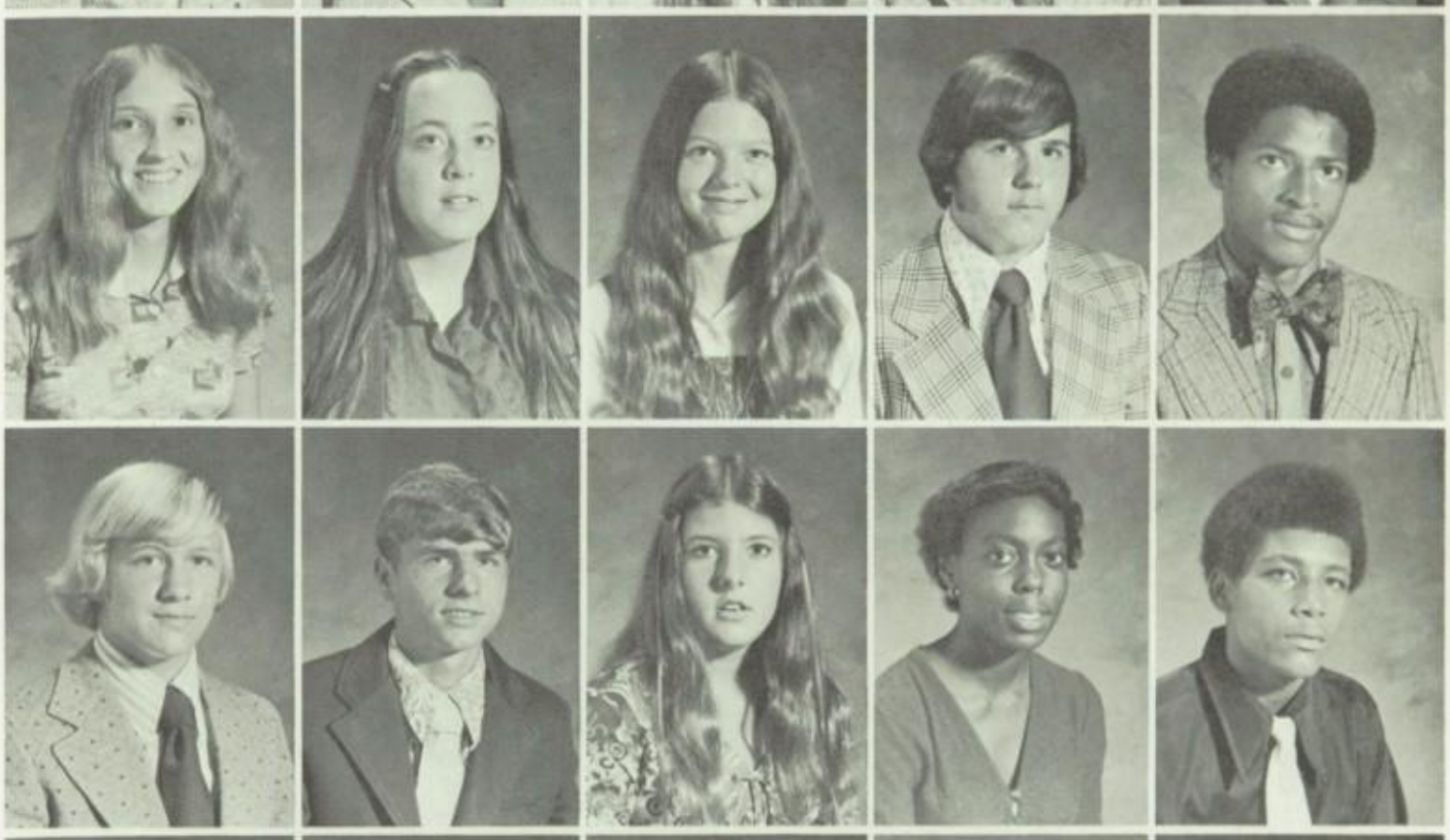
Jackie Jones
Janita Jones
Joanne Jones
Mintha Jones
Ricky Jones

A Safer Tomorrow

Karen Kincaid
Debbie King
Shelia Knight
David Koren
Kathy Leggett

Johnny Liverman
Terry Majette
Laurie Mangum
John Martin
David McCarthy

Darlene Mercer
Susan Moore
Bonnie Mundie
Jeff Mundie
Ryland Myrick



Billy Nelson
Frankie Padgett
Debbie Pair
Anita Parker
Jerry Parker

Kay Parker
Riddick Parker
Teresa Parker
Drucilla Parrish
Lee Payne

Sheryl Payne
Tommy Pruden
Ella Pulley
Valerie Riddick
Junius Rodgers

Last Year of Physical Education

Mary Rodgers
Jackson Russell
Shirley Sessoms
Frank Simpson
Kandy Small

Lafayette Smith
Sheila Stumbo
Keith Sweat
Janet Swientoniewski
C.B. Umphlette

Shirley Vann
Richard Warren
Bonnie West
Herbert West
Ronnie White

Terrie White
Nancy Whitfield
Lonnie Wiggins
Debbie Wilkins
Phyllis Williams

Ray Williams
Paul Worrell

Not Pictured

Jarvis Boone
Michael Boone
James Brown
Doris Carr
Patrick Carruth
Alphonso Clark
Christel Cross
Shirley Darden
Doris Demiel
Lisa Eley
Robert Hamlin
Al Howell
Lewis Johnson
Johnny Jones
Barbara Knight
Glen Knight
Cleveland Lawrence
Stewart Lawrence
James Lowther
James Reeves
Ross Robertson
Dianne Stevenson
Michelle Weaver
Brenda Williams
Cathy Williams
James Williams
Nancy Williams

Freshmen

Pres. —
Susan Hobbs

V. Pres. —
Glenda West

Sec. —
Susan Dalton

Treas. —
Lisa Scudder

Class of '77

SPONSORS

Sandra Bailey

Kenneth Bunch

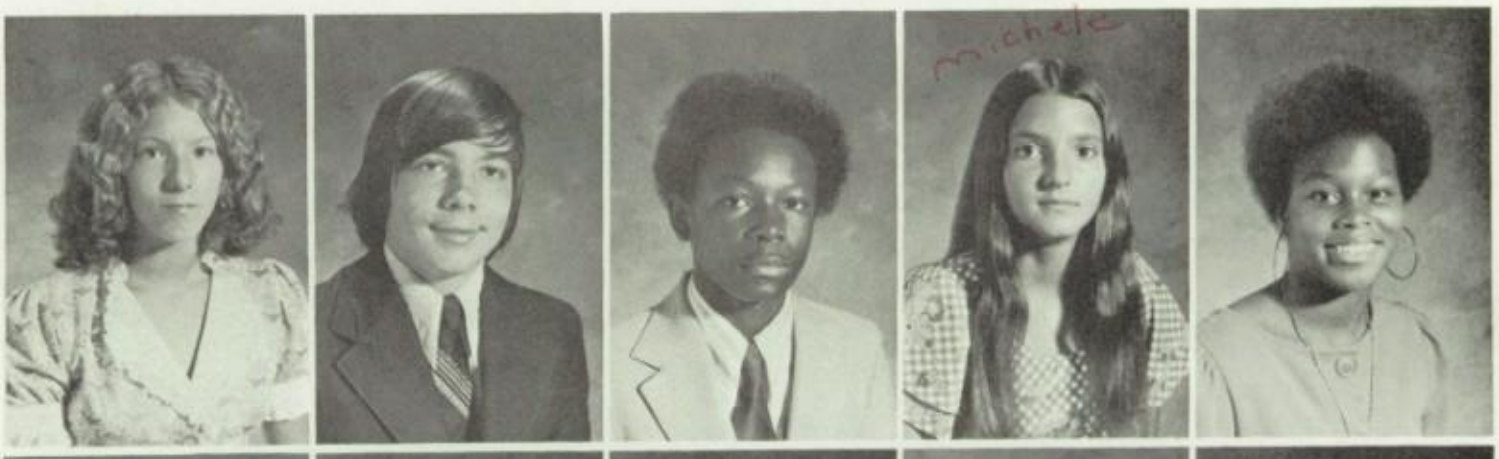
Camilla Burrus

Cheryl Busse

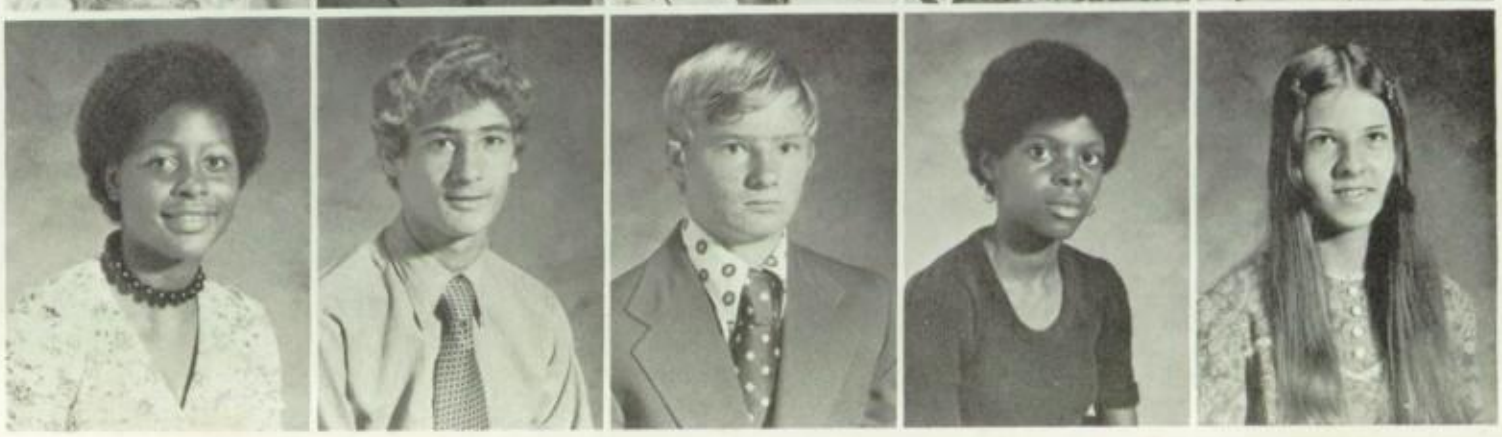
Audrey Byrum

Debi Lee

Robin Allison
Gene Arrington
Lester Artis
Michele Austin
Cherie Baker



Wanda Ballard
Larry Banton
Wayne Banton
Robin Barnes
Robin Beale



Freshmen Show School Spirit

Deette Best
Herman Boothe
Phillip Branchaud
David Burford
Brad Byrd

Dale Byrd
Denise Canipe
Ernest Carter
Karen Carter
Mariann Carter

Ray Carter
Alvin Cartwright
Ricky Casper
Roy Conner
William Copeland

Michael Castello
Randy Creech
Rudy Creech
Danny Crocker
Michael Crumpler

Scott Cutchin
Susan Dalton
Janice Daughtrey
Jean Daughtrey
Gary Dickens

Gloria Dildy
Ted Drake
Merritt Draper
Julie Drawdy
Charles Dunn

During FGHS's '73 Homecoming

Robin Duplissey
Sandra Eason
Susan Eley
Debbie Ellis
Robbie Eure

Terrel Faulk
Theodore Faulk
Neal Forrester
Michael Futrell
Larry Gamble

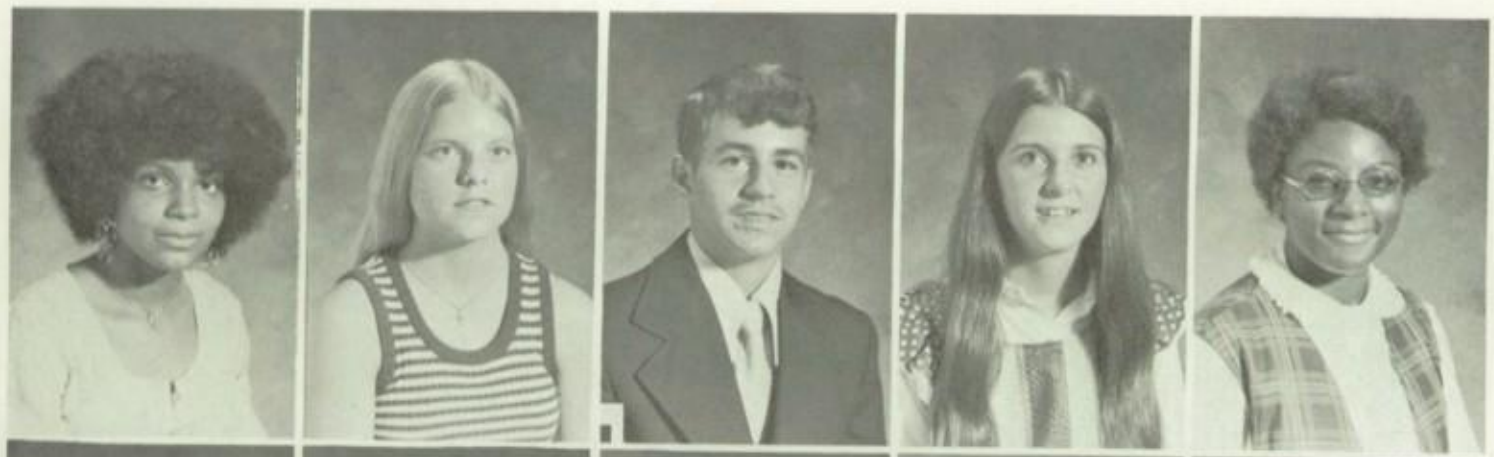
Devi Gatling
Robin George
Alfreda Gilchrist
Catherlene Goodman
Gloria Green

Mark Green
Joey Griffin
Debra Grizzard
Margaret Hall
Glenn Harrison

Derwin Hicks
Debbie Hileman
Ronnie Hill
Susan Hobbs
Lonnie Hodges

Mary Holland
Ginger Holland
Randy Holland
Richard Holland
Sandra Howell

Freshmen Break In



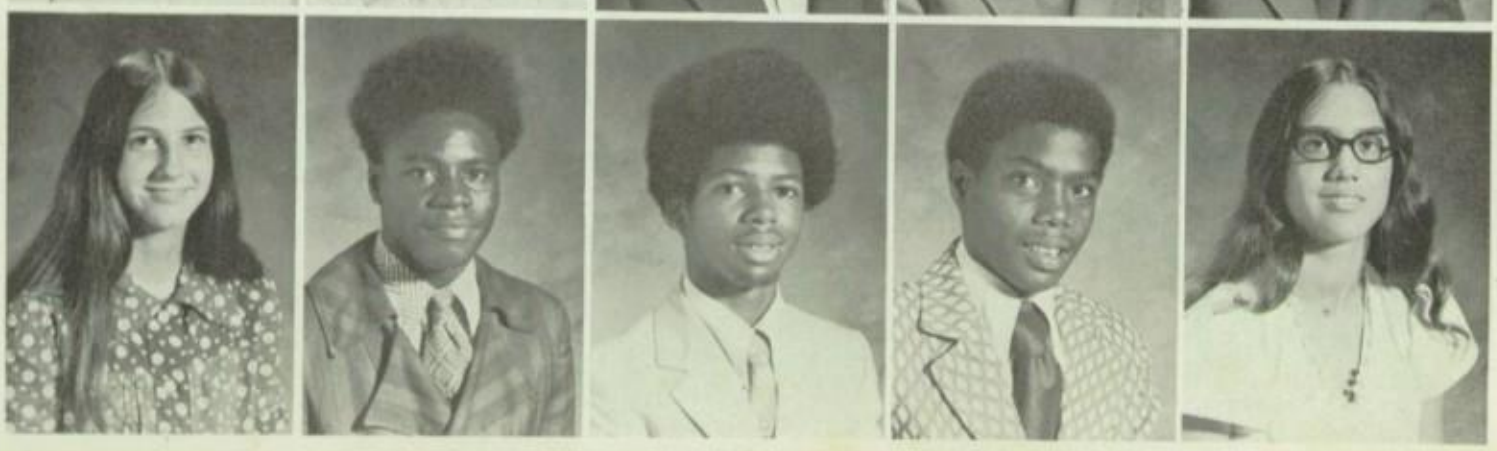
Sharon Howell
Bonnie Jernigan
Tony Jernigan
Leannah Jernigan
Faith Johnson

Shelia Johnson
Connie Jones
Mike Jones
Reginald Jones
Debra King

Deborah Knight
Eloise Knight
Sue Langston
Martha Lankford
Jeannie Levin

Joseph Lewis
Willie Linton
Susie Lovett
Gail Lowther
Patrice Lux

Joyce Madison
Pat March
Ronald Mattraw
Ronald May
Howard Mays



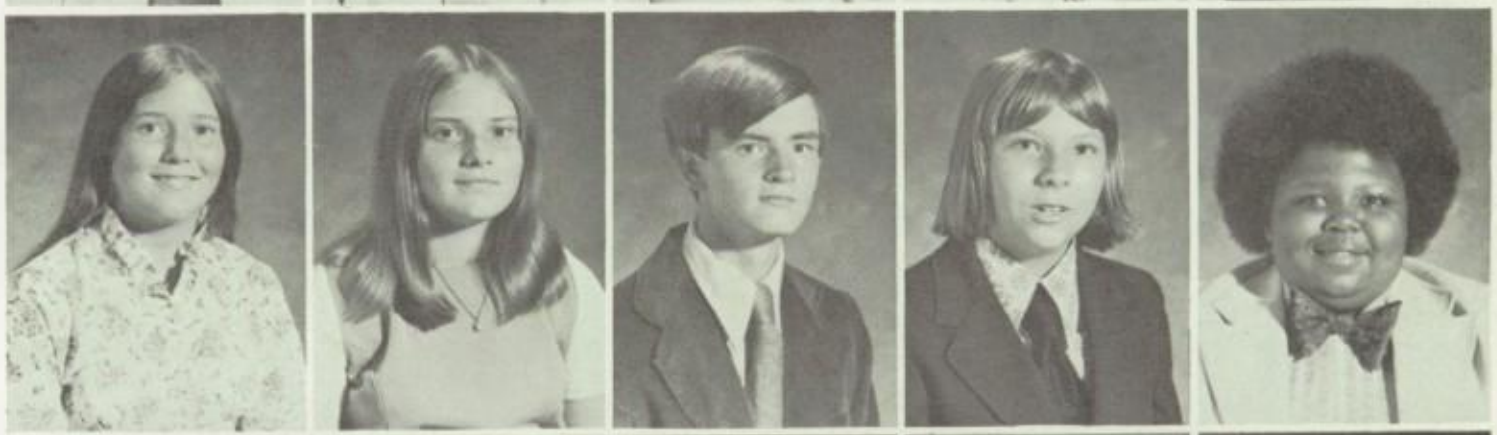
Laura McNeely
Roy Minggia
Reginald Moody
Fred Morings
Diane Newton

New Teachers

Randolph Odom
Michael Owen
Shirley Patton
Jim Perry
Paula Perry

Homer Powell
Leon Pruden
Becky Pulley
Andre Reese
Nancy Reid

Emily Rich
Pamela Robertson
Lloyd Rose
Steven Rountree
George Saunders



Rayvond Saunders
Ernest Sawyer
Lisa Scudder
Sandra Smith
Sharon Smith

Dwayne Snuffer
Debbie Snyder
Beth Staton
John Swientoniewski
Cheryl Turner

Shirley Turner
Shelia Walker
Glenda West
Laura West
Tommy Wheeler

The Struggle Has Just Begun

Darrell White
LuAnne White
Mary Beth White
Sandra White
Blanche Wiggins

Cynthia Wiggins
Vanessa Wiggins
Elbert Williams
Mary Ann Williams
Shirley Woodson

Sharon Worrell

NOT PICTURED

Erwin Baker
Wayne Baker
Valerie Biggs
Ira Boone
Faye Britt
Alvin Brown
Jasper Carr
Michael Castello
Calvin Chambliss
Edward Clark
Lawrence Clark
Jovannie Copeland
Kenneth Copeland
Alan Craddock
Mary Darden
Bobby Daughtrey
Timothy Everett
Willie Ford
Michael Futrell
Cindy Griggs
Randy Harvey
Andrew Hoggard
Donald Holland
Lavern Holland
Rachel Howell
Evelyn Johnson
Durand Jones
Earnest Jones
Shirley Jones
John Knight
Debra Lassiter
Willie Lassiter
Frank Lowther
Samuel Morings
Theophulus Odom
Dennis Outland
Diane Perry
Leon Pruden
Victor Reese
Alton Reid
Adrian Robertson
Manlon Simpson
Wayne Snyder
Clyde Staton
Janice Stewart
Dorothy Swain
Harlee Turner
Andrew White
Edward White
Raleigh White
Ricky White
Cynthia Wiggins
Roosevelt Woodson

Thetamores

Pres. Tony King, V. Pres. Lora Faulk, Sec. Paulette Woodson.

Class of '78

Georgie Copeland

Calvin Mitchell

SPONSORS

Marva Nizer

Maurice Outlaw

William Parker

Thelma Pope

Harry Waters

Sally Watson

Lucy Wellons

Mitchell Adams
Carnell Adkins
Bob Allison
Caryles Applewhite
Cary Artis

Thetamores Quickly Adjust To

Janice Artis
Reginald Artis
Robert Ash
Donna Aston
Debbie Bailey

Denise Baines
Calvin Barnes
Corky Barnes
Timithy Bellamy
Nancy Bertero

Patricia Biggs
Wanda Blanding
Karen Blasky
Melinda Blowe
Linda Boone

Donna Boykin
John Brinkley
Pat Brinkley
Bessie Britt
Essie Mae Brown

Lebanon Brown
Nepoleon Brown
Linda Bryant
Tammy Bunch
Derrick Burrus

Maryella Burton
Cathy Butler
Cindy Byers
Rena Byers
Debra Caldwell

Michael Campbell
Carol Carter
Danny Carter
Jackie Chambliss
Cecil Clark

Ophelia Clark
Roy Clark
Diane Coggsdale
Donna Coggsdale
Michael Colander

The Trials of High School

Kenneth Copeland
Ricky Copeland
Tammy Copeland
Thaddeus Copeland
Valerie Copeland

Lynn Cowling
Mike Cox
Phyllis Cross
Tim Daniel
Tim Davenport

Judy Davidson
Mavis Dildy
Joanne Dillard
Darlene Dunn
Rose Eatmon

Joyce Edwards
Anjeanette Eley
Stan Ellis
Crystal Faulk
Lora Faulk

Michael Faulk
Johnny Felton
Diane Flood
Vickie Franks
Arlethia Frazier

Jane Froemel
Kay Funkhouser
Twyla Gardner
Cynthia Gatling
Kevin Gatling

Dennis Goodman
Jonathan Greene
Edith Gregory
Douglas Griggs
Grey Hagwood

Chuck Harrell
Roberta Harrell
Faye Harris
Gwen Harrup
Randall Hatfield

Planning For The Future At Last

Dennis Hawkins
John Hicks
Faye Holland
Fenton Holland
Lagena Holland

Michele Holland
Sharon Holland
Terry Holland
Janice Horne
Lawrence Howell

Patricia Hunter
Leroy James
Anna Jeffery
Debra Jenkins
Sam Jenkins

Alan Johnson
Bobby Johnson
David Johnson
Grady Johnson
Mark Johnson

George Jones
Isaac Jones
Benjamin Joyner
Shretta Keys
Tony King

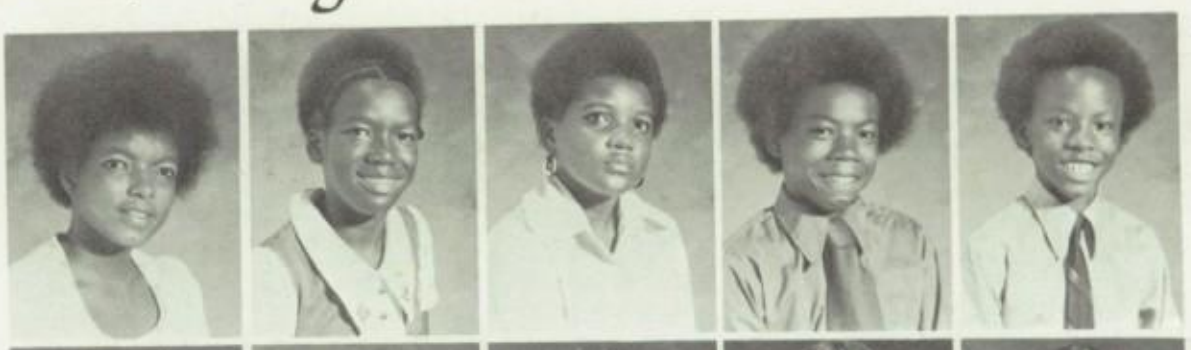
Marvin Knight
Elysia Koren
Angela Lancaster
Betty Lassiter
Julie Lawrence

Gene Leonard
Anthony Lewis
Antonio Lewis
James Lewis
Calvert Linton

Carol Lowther
Sandra Madison
Debra Mahassen
Gregg Mangum
Barry Matthews

Becomes A Reality

Cheryl McCray
Faye McCray
Joyce McCray
Michael McDonald
Windell McDonald



Phyllis Ann McPherson
Richard Moody
Andy Morris
Karen Mutter
Norma Nichols

Howard Odom
Robert Odom
David Outland
Marie Outland
Nancy Parker

Elvis Parrish
Steve Parrish
T.R. Patterson
Melody Patton
Jay Pearce

Gwendolyn Picott
Patricia Pierce
Sandy Pierce
Bobby Pope
Gloria Pope

Sharon Porter
Arlene Rawlings
Jeffrey Reid
Marshie Reid
Nathan Richardson

Richard Riddick
Vickie Riddick
Jenny Robertson
James Rodgers
Carol Ann Rountree

John Rountree
Angela Saunders
Johnny Scott
Dorothy Sessoms
Frances Simmons

Happiness Is Winning First Place

Mark Smelser
Janet Smith
Larry Smith
Selena Smith
Mable Spruill

Susan Stephenson
Michael Stevenson
Sharon Stokley
Sylvia Sumner
Marvia Swain

Marilyn Sweat
Robert Taylor
Alma Thomas
Teresa Thomson
Ricky Tidwell

Deborah Trevathan
Janet Turner
Ray Turner
Howard Walden
Marita Walden

Sharon Walden
Norma Wallace
Cyntia Warren
John Weintraub
Mike West

Diane Wethington
Michael Wethington
Barbara White
Ivan Whitehead
Gail Whitfield

Sandra Whitfield
Curtis Wiggins
Janice Wiggins
Debbie Williams
Deborah Williams

Sharon Williford
Terry Willis
Doug Wilson
Chuck Wittington
Paulette Wooden

In The Homecoming Float Competition

Larry Woodson
H.L. Worrell
Susan Wright

NOT PICTURED

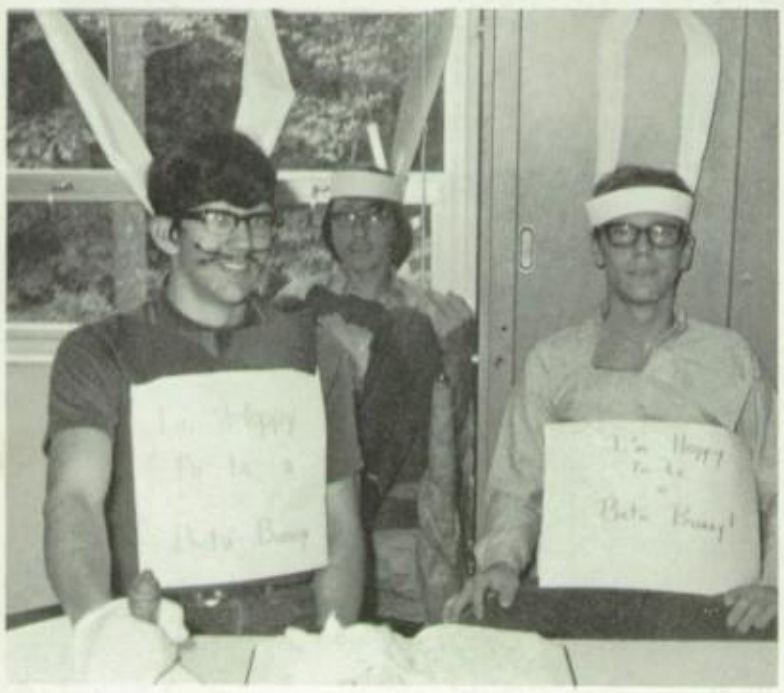
Vivian Artis
Jessie Ash
Linda Barrett
Sarah Barrett
Thurman Boothe
Diane Brown
James Brown
Kevin Brown
Linda Brown
Bobby Burch
Mark Carruth
Anthony Cartwright
Lewis Chamblee
Larry Clark
Tony Clark
Zelma Clarke
Claudia Coburn
Darnell Copeland
Daryl Copeland
Kenny Copeland
Rachel Copeland
Carol Cross
Charlie Cross
John Cross
Newton Dames
Larry Diggs
David Douglas
Cynthia Edwards
Timothy Edwards
Suzette Eley
Curtis Ennis
Darlene Faulk
Duane Faulk
Melvin Faulk
Steve Faulk
Robert Hall
Clarence Hamlin
Kendell Harris
Finis Hill
Gordon Holland
Leonard Holland
Michael Holland
Frankie Hollomon
Len Hunter
Robert Hunter
Bobby Jackson
Norman James
Randolph Johnson
Thomas Johnson
William Johnson
Soloman Jones
Gladys Keyes
Dorothy Knight
Theodore Knight
Isiah Lassiter
Tony Manley
Dempsey March
Barry Mathews
Ronald McClenny
Vanessa Minggia
Ronald Parker
Robert Payne
Kenny Rawls
David Riddick
Gary Rodgers
Ray Rodgers
Wade Russell
Constance Saunders
Wallace Scott
Larry Skinner
Arnold Warren
Audrey Warren
William Welch
Joseph Whitfield
Shelia Whitfield
Curtis Wiggins
James Wiggins
David Wilson
Stan Wilson
Jerome Witcher
Vernon Woodson
Seminar Yates

"I will not follow where the path may lead, but I will go where there is no path, and I will leave a trail."

Muriel Strode

Participation . . .

We come to school because we must, we study that we might complete our grade, but we participate in school activities because we want to. School and club activities tend to encourage the student to explore new fields, to make new friends, and to strive to better himself and those around him. Participation is the key to a successful learning experience. It is actually a predominating factor in the learning process: to apply what one learns in preparing for the future. The clubs here at Forest Glen strive to instill in the individual the necessity of education, its practicality, and the many opportunities it offers us for the future. We study, we learn, we participate, and we look forward with great expectations.



Forester Staff

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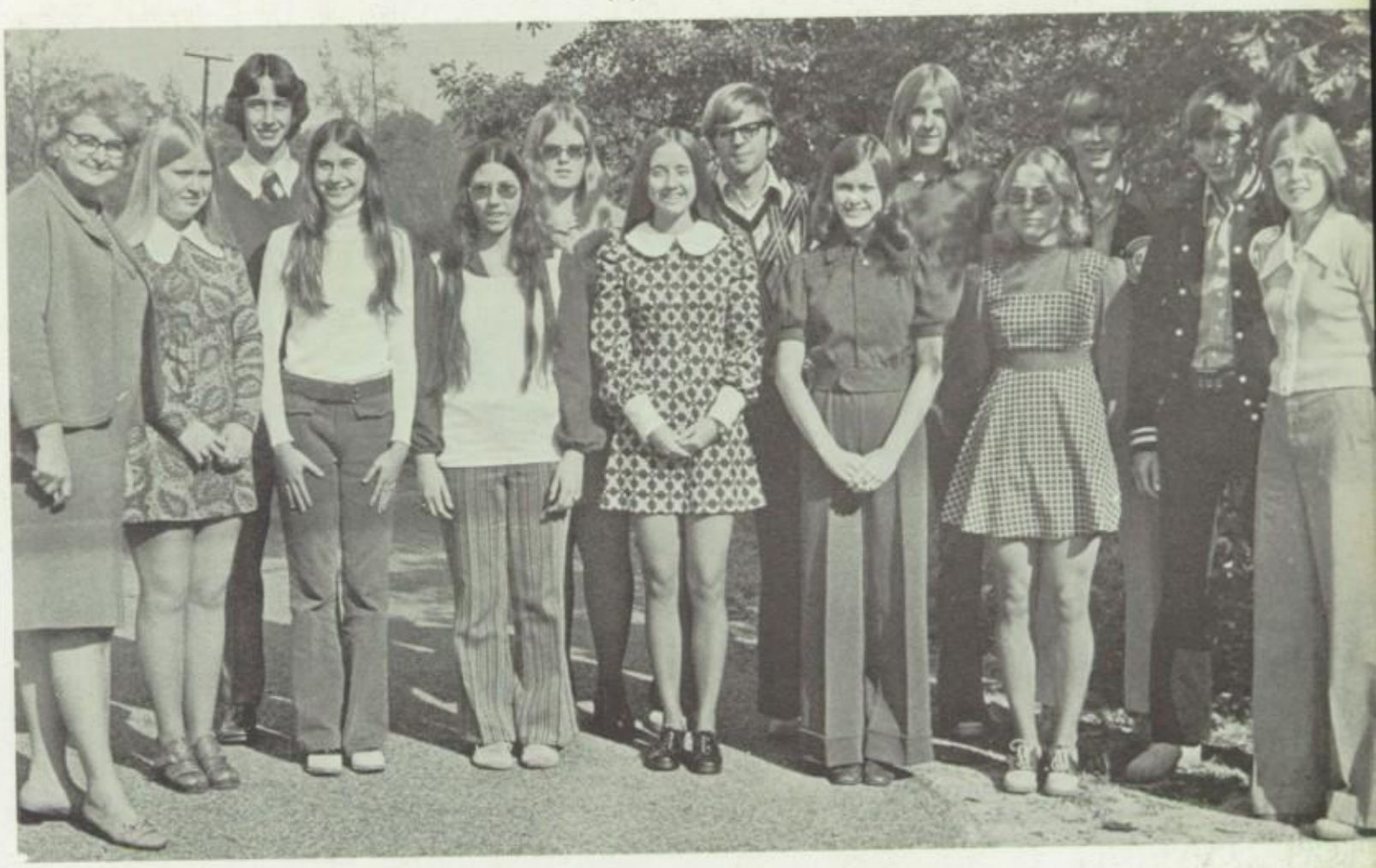
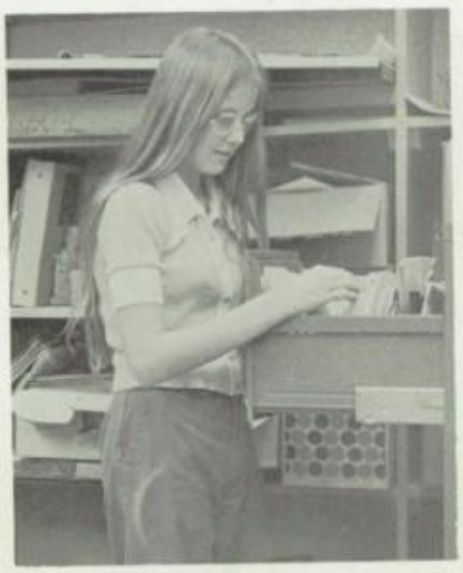
Tim Johnson
Asst. Editor
Amanda Wade
Business Manager
Karen Leggett
Asst. Manager
Nancy Carr
Boy's Sports Editor
Bennie Speight
Assistant
David Jones
Girl's Sports Editor
Phyllis Holland
Assistant
Arie Lea Wilkins
Index Coordinator
Sandra Everett
Photographers
Denise Keen
Mark Ellis
Sponsor
Mrs. Wellons





Where IS that picture?

They do work on the annual once in a while!!

She holds the key to the annual's success (and to the bookstore)!

Selling's her game, collecting's her aim!

It is with a great deal of pride that we the annual staff of the 1974 edition of the FORESTER present this yearbook to the student body of Forest Glen High School. For us the year has been one of late deadlines, long weekends, and hopeful expectations. We have learned a great deal, not only about editing an annual, but also about the students and faculty at Forest Glen. Forest Glen is a great school, and we are proud to have had a part in preserving its history for its student body.

Beta Club

FIRST ROW: Pete Underwood, Mark Swientoniewski, Sylvia Nelson, Cathy Johnson, Teresa Johnson, Karen Canipe, Jennie Hayes, Phyllis Holland. SECOND ROW: Susan Jenkins, David Lovett, Bennie Speight, Karen Hobbs, Arie Lea Wilkins, Karen Leggett, Beverly Hardy, Debbie Butler, Kay Brett. THIRD ROW: Omega Holland, William Best, Kenny Dunn, Sandra Everett, Sandra Glover, Denise Keen, Nancy Carr, Amanda Wade, Diane Waller, Wanda Aston. FOURTH ROW: Lucy Wellons, Ronald Daughtrey, Mark Felton, Lynn Allsbrook, Tim Johnson, Duane Jones, Parke Allison, David Jones, Steve Smith, Michael Greene, Mark Ellis.

Beta Club

President . . . . . .Mark Ellis
Vice President . . . . . .William Best
Secretary . . . . . .Jennie Hayes
Treasurer . . . .Mark Swientoniewski
Sponsor . . . . . .Mrs. Wellons

The Forest Glen chapter of the National Beta Club has the sole responsibility of publishing the school yearbook, The FORESTER. This project is one which occupies much of the club's time during the year. The club does, however, participate in other community and school projects. Highlighting the year for many Beta Club members is the State Beta Convention in Roanoke, Virginia. The club also offers a scholarship to a deserving Beta Club senior at the end of the school year.

SCA

FIRST ROW:Laura West, Susan Dalton, Alice Copeland, Elysia Koren, Jackie Chambliss, Susan Nixon, Debbie Epperson, Sharon Porter, Denise Rich, Karen Canipe. SECOND ROW:Mike Dunn, Robin Duplissy, Kay Parker, Carolyn Odom, Terrie Rhodes, Linda Francis, Linda Daughtrey, Karen Hobbs, Cheryl Turner, Earl Brett, Valerie Boykin. THIRD ROW:Wade Russell, Sandra Copeland, Sharon Holland, Sally Applewhite, Mary Ann Williams, Denise Hewitt, Sherry Phelps, Sarah Barrett, Sylvia Sumner, Suzette Eley, Karen Kincaid, Wanda Aston. FOURTH ROW: Tony King, Rita Ellis, Sylvia Nelson, Cheyenne Johnson, William Best, Darnice Wiggins, Kathy Cross, Linda Howell, Ellen Saunders, Beverly Hardy, Nancy Whitfield. FIFTH ROW: John Crumpler, Mark Felton, Omega Holland, Lynn Allsbrook, Bert Jones, Susan Hobbs, David Jones, Cindy Crumpler, Ann Dalton, David Koren, Lloyd Boykin, Tim Johnson, Mark Ellis.

Even though attendance and participation have been minimal, the SCA is one of the most active organizations of the school. The Student Cooperative Association guided Forest Glen through another year of successfully sponsored events: Back-to-School Dance, Homecoming Week and Dance, contributions to CHEER FUND, sponsoring a foster child, and a spirit building car bash for a basketball game. President Lloyd Boykin has said of the year: "The future of the world is invested in us, the young. Through our efforts here at FGH we have begun to invest in that future. With a people such as we have here the future of FGH and the U.S. looks bright indeed." Other officers are: Vice-Pres.: Karen Canipe, Secretary: Ann Dalton, Treasurer: Valerie Boykin, and Historian: Laura West.

Ranger Staff

FOREST GLEN

THE RANGER

Vol. II No. 1 | Forest Glen High School | Fall 1973

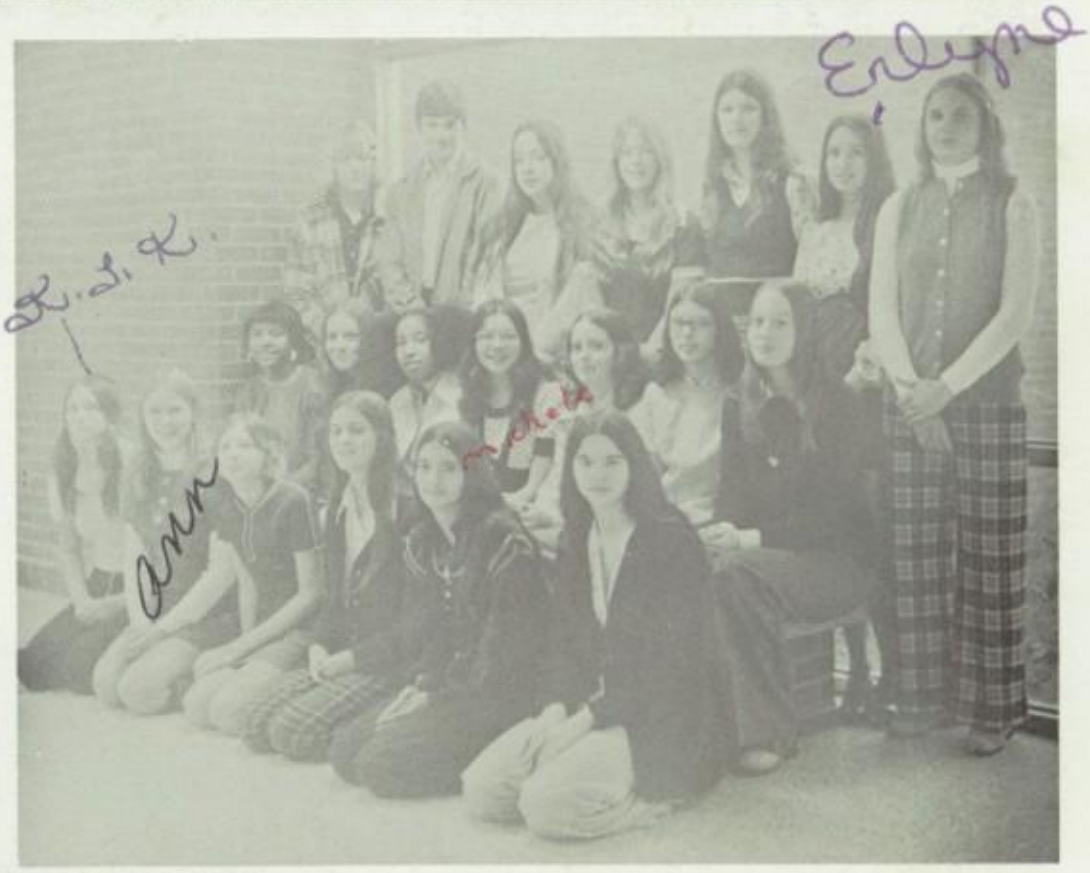
Co-Editors: Karen Canipe & Sandra Copeland; Jr. Editor: Wanda Eley; Soph. Editor: David Koren; Fresh. Editor: Merritt Draper; Thetamore Editors: Dennis Hawkins & Frances Simmons. Sponsor: Mrs. Wellons.

The 1973-74 Ranger is our first school newspaper with pictures and professional type. Published four times a year, the RANGER contains news about important school-related problems. The staff interviews and writes the articles for each edition. Then the articles are typed and sent to press under the supervision of The *Tidewater News*. The Distributive Education Club is in charge of the advertising. By touring a local newspaper's facilities, the staff was able to understand the printing process. With such enormous progress over previous publications, the RANGER looks forward to even more success in the future.

Junior Beta Club

OLD MEMBERS: Valerie Boykin, Karen Kincaid, Brenda Cross, Nancy Whitfield, Laura Edmondson, Laurie Mangum, Susan Moore, Cathy Allsbrook, Susan Hobbs, Beth Staton, Kay Parker, Ann Dalton & Leannah Jernigan. NEW MEMBERS: Ricky Jones, C. B. Umphlett, Jane Froemel, Ginger Holland, Susan Wright, Melodie Patton, & Michelle Austin. SPONSOR: Marva Nizer.

President . . . . . .Beth Staton
V. President . . .Leannah Jernigan
Secretary . . . . . .Susan Hobbs
Treasurer . . . . . .Michelle Austin



The purpose of the Junior Beta Club is to serve the teachers, fellow students, and the school and community. All of its projects are geared toward this goal. Members of the club strive to maintain a creditable scholastic record and be honest and truthful at all times.

French Club

FIRST ROW: Barbara Gatling, Cathy Cross, Karen Leggett, June Rawls, Gwen Bivins, Cathy Gamble, Faye Griggs, Clarice Demiel, Vanessa Sumner, Sandra Copeland, Valerie Boykin, Gloria Myrick. SECOND ROW: Linda Wright, Sally Applewhite, Sandra Everett, Karen Hobbs, Patricia Copeland, Sylvia Nelson, Janet Swientoniewski, Valerie Riddick, Carolyn Odom, Ellen Saunders, Vivian Faulk, Rosa Artis, Cheyenne Johnson, Mr. Polk. THIRD ROW: Lonnie Wiggins, Randy Reid, Eley Vann, Tim Johnson, Janita Jones, Les Griggs, Drucilla Parrish, Flip Epperson, Pamela Holland, Marty Carter, David Koren, Laura Edmondson, Joycelyn Copeland, Terry Majette, Craig Stokes.

Sponsor: Mr. Polk, Pres.: Patricia Copeland, V. Pres.: Karen Hobbs, Sec.: Barbara Gatling, Treas.: Sylvia Nelson, Ass't. Sec.: Cathy Cross, SCA Rep.: Sally Applewhite, Reporter: Janet Swientoniewski.

The French Club of 1973-74, consisting of about 45 members, held its initiation for new members on December 4, 1973. Both the French club members and the ones being initiated, dressed as "French Babies", truly enjoyed this initiation. This year the French Club voted to make the Foreign Language Ball an annual affair. This year will make the third year of its existance. The club also helped with the language float in the Christmas parade. This was a joint project for the language clubs of Forest Glen, Kennedy, John Yeats, and Suffolk High Schools. This year's French Club is really on the ball!

Latin Club

FIRST ROW: Sharon Holland, Karen Mutter, Robin Duplissey, Kathy Cook, Nancy Whitfield. SECOND ROW: Laura West, Elysia Koren, Kay Funkhouser, Lynn Cowing, Darlene Dunn, Cathy Butler, Karen Kincaid. THIRD ROW: Helen Maiman, Susan Wright, Jane Fromel, David Koren, Letcher Holland.

Sponsor: Helen Maiman, Consul: David Koren, Pro-Consul: Nancy Whitfield, Quaestor: Laura West, (not pictured) Scriba: Terri Davis.

LATIN

The Latin Club was formed as a social club for students who are taking Latin. It has undertaken several projects this year. As a money-raising project, they sold candles and calendars. They also helped with the language float in the Christmas parade. The Latin Club also plans to help with the annual Language Ball.

La Sociedad Hispánica

FROM LEFT TO RIGHT: Sponsor, Mr. Bull, Woody Underwood, Fred Moorings, Parke Allison, Jim Perry, John Swientoniewski, Keith Gardner, Clyde Copeland, Mark Greene, Tommy Pruden, Sterling Bridger, Jody Schenk, Billy Daniels, Dale Trump, David Lovett, David Burford, Arie Lea Wilkins, Terri Rhodes, Jeff Norfleet, Steve Smith, Bobby Froemel, Wanda Eley, Ella Pulley, Joanne Jones, Bonnie West, Susan Eley, Susan Dalton, Beverly Hardy, Mary Ann Carter, Mary Ann Holland, Jeannie Levinne.

While in Spain, club members find out how little Spanish they really know.

After students successfully complete their first semester of Spanish at Forest Glen, they are eligible for membership in La Sociedad Hispanica. La Sociedad is principally a social organization. This year, along with other area high schools and foreign language clubs from Forest Glen, La Sociedad Hispanica sponsored a float in the Suffolk-Nansemond Jaycees Christmas parade. Joanne Jones represented La Sociedad by riding on the float. The club also held a Christmas party at the home of Bobby Froemel, at which members ate supper and viewed films taken in Spain when twelve members of the club spent their spring vacation there last year. Officers are: Sr. Bull, patrocinador; Rosita Canipe, presidente; Ana Dalton, vice presidenta; Bonita West, secretaria; Belita Keen, tesorera.

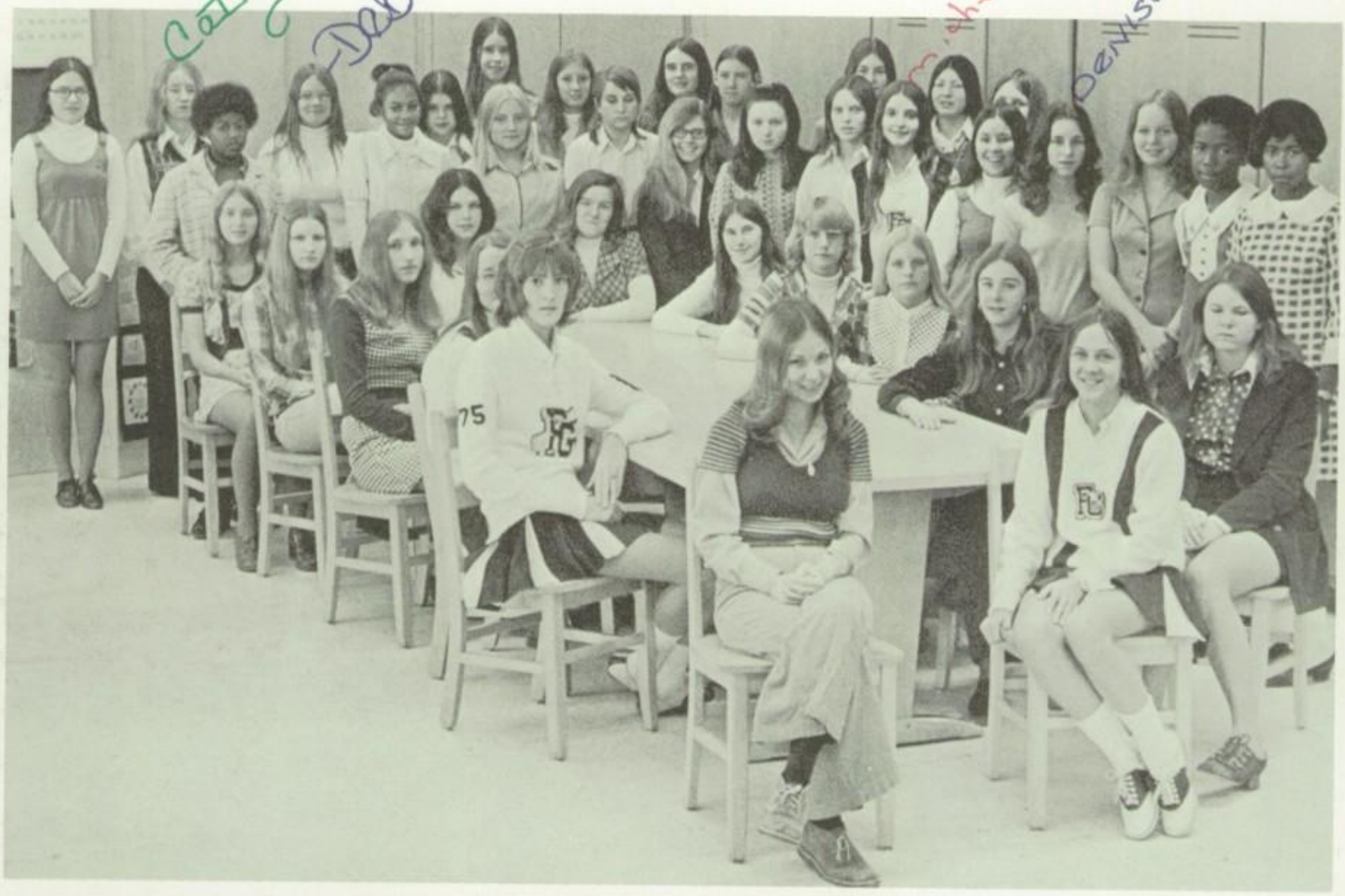
FTA

STANDING: Ronald Mattraw, Dennis Blanchard, Mark Greene, Jackie Jones, Susan Moore, Joanne Jones, Cheryl Payne, Cathy Allsbrook, Patrice Lux, Neal Forrester. SEATED: Rita Ellis, Julie Drawdy, Robin Duplissey, Shirley Vann, Karen Canipe.

The Future Teachers of America, a small but active club, has much enthusiasm. Along with their sponsors, Margaret Felton and Mary Arthur, they went on a field trip to Idlewood School for Retarded Children in Suffolk. They also made charts for the teachers at Idlewood School and helped do odd jobs, such as raking the yard. The FTA raised money by selling candy in the late fall and spring. They also gave the teachers a reception. They made Christmas stockings for pre-school age children at Idlewood School. The FTA will also give a $100.00 scholarship to a deserving senior in the club who plans to pursue the career of teaching. FTA officers are: Pres.: RITA ELLIS, V. Pres.: KAREN CANIPE, Sec.: JEANETTE BECK, Treas.: LES GRIGGS (not pictured), Histn.: CATHY ALLSBROOK, and Chap.: DENNIS BLANCHARD.

Sponsors: Mary Arthur, Margaret Felton.

FHA



CLOCKWISE FROM LOWER LEFT: Carolyn Horne, Diane Waller, Alice Copeland, Darleen Mercer, Edith Blythe, Debbie Knight, Sandra Smith, Wanda Byrum, Kathy Ellis, Debbie Hileman, Gylda West, Blanche Wiggins, Teresa Thompson, Cindy Byers, Wanda Aston, Rena Byers, Tammy Copeland, Lynn Harrell, Karen Blasky, Vicki Franks, Donna Aston, Faye Adams, Nancy Carr, Susan Eley, Joanne Carr, Carolyn Harrell, Michelle Austin, Shelia Jernigan, Joanne Jones, Debbie Eperson, Bonnie Jernigan, Denise Canipe, Kim Whit, Valerie Riddick, Faye McCray, Mary Warren, Gail King, Vicki Riddick.

During September, the club set out a membership drive by giving a tea for the Home Economics Students, old members, and mothers of the students. In November the members brought clothes and toys that were delivered around Thanksgiving to the Salvation Army. In December, we fixed small gifts for Lakeside Nursing Home. We asked each member to bring a piece of fruit to put in the fruit basket for the Nursing Home. Also during this month, the club held a reception in the Lunch Room in honor of Mrs. Thelma Pope, retiring Home Economics teacher. Afterwards the members exchanged Christmas presents. During January the club had a guest speaker on the topic "Living for All." Officers are: Pres.: WANDA ASTON, V. Pres.: DEBBIE KING, Sec.: DIANE WALLER, Asst. Sec.: ALICE COPELAND, Treas.: WANDA BYRUM, Parl.: GLENDA WEST, Rep.: GALE KING, Histn.: DEBBIE EPPERSON, Song Leader: DEBBIE HILEMAN.

Future Farmers of America

FIRST ROW: Tony Dunn, Randy Holland, Duane Snuffer, Dale Byrd, Adolph Hill, Mike Jones, Napoleon Brown, Jeff Reid, Thomas Patterson, Dempsey March, Larry Skinner. SECOND ROW: David Clark, Leonard Holland, Howard Mays, Mike Dunn, Dennis Harrell, Ted Drake, Mike Arrington, Thomas McNeeley, Mike Cox, David Johnson, Michael Faulk, Gary Rodgers, Stuart Weintraub. THIRD ROW: Johnny Jones, Fenton Holland, Ronald May, Scott Cutchin, Robbie Eure, Andy Morris, Ricky Tidwell, Kevin Gatling, Frankie Padgett, Tony Jernigan. FOURTH ROW: Rayvond Saunders, Leslie Adams, James Worrell, Roland Jernigan, Ricky Casper, Lafayette Smith, Kenny Rawles, Donald Holland, David Jones, Roderick Whitfield, Melvin Faulk, Richard Holland, John Rountree. FIFTH ROW: Billy Turner, H. L. Worrell, Mark Smith, Wayne Joyner, Steve Jones, John Crumpler, Mickey Crumpler, Eddie Beaton, Ronnie White, Mike Bishop, Paul Worrell, Lester Artis, James Wiggins, Ernest Sawyer, Andy White, Robert Ash, Keith Sweat, Michael Greene, Foy Baggett.

Sponsor . . . . . .Mr. Clark
President . . . . . .David Jones
V. President . . . . . .Mike Dunn
Secretary . . . . .Michael Greene
Treasurer . . . . .Dennis Harrell
Sentinel . . . . . .Eddie Beaton
Reporter . . . . . .Duane Snuffer

The FFA took a running start at the year with three members attending the State Convention at V.P.I. in June. The officers met later in the summer to discuss various committees they planned to set up. As the school started they all pitched in and the committees were organized. Two weeks before Christmas the members spent six days selling oranges and other citrus fruits. In those six days they sold over seven hundred cases. This helped build up the treasury which has enabled the club to participate in community service projects. Another planned event is a Parent-Son Banquet. At present the club has three officers at Federation level — Vice President, Parliamentarian, and Treasurer. One of the main purposes of the club is to develop leadership.

Distributive Education Club

The Forest Glen Chapter of the DECA Club has conducted many projects during the year including a sales project to raise money for an officers' installation dinner and a Harvest Days sales and promotion project in cooperation with the merchants of the Plaza. The latter project had two themes. The Great Pumpkin was on hand to entertain the children and a UFO was built to attract attention. Lowe's of Suffolk once again provided building materials and transportation for the booth. This year the Chapter agreed to finance the school newspaper (the *Ranger)* by selling advertisements to local merchants. The Chapter is also buying a typesetter which will enable the newspaper staff to set their own copy which will cut production cost by two-thirds. Hopeful future activities include an Employer-Employee Banquet, a party, attending the District Leadership Conference, and the State Leadership Conference. Last year the Chapter brought home seven trophies from District, more than any other Chapter of the same size. This year, the new members of the Chapter won the honor of being the most active. Terrel Faulk won the honor of becoming the first member to set a new sales record. Garvin Holland will be remembered for bringing in the first paid ad for the *Ranger.* The following members have been able to reach the Executive Sales Club level: Terrel Faulk, Joan Ashley, Chuck Barbour, and Jerry Clark.

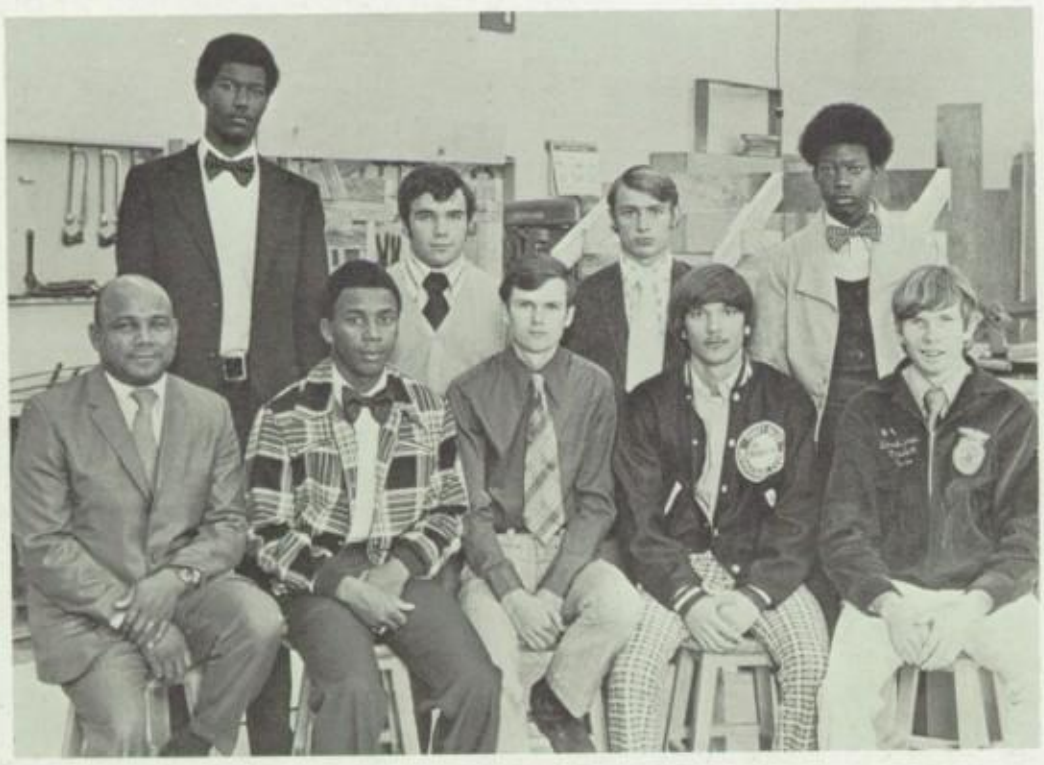
Sponsor . . . . . .Mr. Varney
President . . . . . .Ricky Boyce
Ex-V. President . . . . . .Steve McCarthy
V. President . . . . . .Barbara Gatling
Secretary . . . . . .Linda Francis
Treasurer . . . . . .Lynn Harrell
Parliamentarian . . . . . .Alphonso Clark
Reporter . . . . . .Jerry Clark

DECA students participate in shopping center's Harvest Days.

FIRST ROW: Ricky Johnson, Lynne Harrell, Jackie Scudder, Barbara Gatling, Ellery Wiggins, Ray Parker, Alphonso Clark, Theodore Hunter, Michelle Manley, Christel Cross. SECOND ROW: Mr. Varney, Steve Walters, David Duke, Frances Adams, Kathy Brownd, Joan Ashely, Glen Branchaud, Linda Frances, Anita Parker, James Williamson, Doris Demiel, Mintha Jones, Linda Howell, Terri White, Jackie Howell, Steve McCarthy. THIRD ROW: Thomas Hunter, Reginald Ashe, Garvin Holland, Johnny Liverman, Jerry Clark, Charles Barbour, Clark Langston, Michael Whitfield, Randy Burke, Terrel Faulk, Ricky Boyce.

Industrial Arts Club

FIRST ROW: George Saunders, Larry Diggs, Mike Byrd, Sheila Johnson, Sharon Worrell, Richard Warren, Johnny Liverman. SECOND ROW: John Monroe, Doug Umphlett, Mike Dunn, Eley Vann, Susans Jenkins, Kenny Groves, Lee Payne, Kenny Raiford, Thomas McNeely. THIRD ROW: Homer Powell, Mike Johnson, R. B. Burrus, Ricky Delk, James Worrell, Mike Arrington, David Jones, Tony Boone, Anthony Cartwright. FOURTH ROW: John Rountree, Jimmy Fanny, Jay Piland, Riddick Parker, Larry Faulk, Melvin Faulk, Dean Piland. FIFTH ROW: Bert Jones, Brad Byrd, Jeffrey Norfleet, Woody Underwood.



Pres. Leon Boone, V. Pres. Doug Umphlett, Sec. David Jones, Treas. Kenny Groves, Reporter Ricky Delk, Sgt. at Arms Melvin Faulk, Hist. Tony Boone, State Officer — Sec. Johnny Liverman, Sponsor John Monroe.

The Industrial Arts Club of Forest Glen High School was formed in 1970 under the direction of John Monroe and Robert O'Keeffe. The purpose of the club is "to create more interest in industrial arts at the program level." The club quickly achieved state wide fame by having Walter Worrell elected first state president. The club is also the second club in the state to have had 100% membership in the American Industrial Arts Student Association. The club has donated to Rescue Squad and Cheer Fund drives. They have also taken trips to the Virginia State Highway Department, Old Dominion University, and Paul D. Camp Community College.

Motto: "Learning to live in a technical world."

FBLA

FIRST ROW: Carolyn Darden, Nancy Forbes, Pamela Holland, Kathy Brown, Cathy Ellis, Fredia Atkins, Sherry Phelps, Debbie Wilkins. SECOND ROW: Deborah Bailey, Valerie Riddick, Carolyn Odom, Teresa Johnson, Darlene Mercer, Phyllis Williams, Karen Hobbs, Susan Nixon, Brenda Williams. THIRD ROW: Darnice Wiggins, Carolyn Harrell, Debbie Butler, Carolyn West, Sharon Holland, Shelia Stumbo, Deborah Hornock, Patricia Caldwell. FOURTH ROW: Linda Wright, Kathy Leggett, Alice Copeland, Debbie Pear, Denise Hewitt, Kathy Whitfield, Debbie Ambrose. FIFTH ROW: Kandy Small, Kathy Boyce, Joanne Carr, Valencia Ash, Kim Whitt, Susan Davidson, Les Griggs, Debbie Owen, Kathy Drew, Lou Ann Perry, Michelle Weaver, Prentice Copeland, Arlene Holland. SIXTH ROW: Denise Keen, Vanessa Jenkins, Bonnie Mundie, Alphonso Clark.

President: Carolyn Odom; Vice President: Darnice Wiggins; Secretary: Phyllis Williams; Treasurer: Karen Hobbs; Parliamentarian: Brenda Williams; Historian: Valerie Riddick; Reporter: Teresa Johnson; Sponsors: Debbie Lee, Karen Hazelwood, Matilda Moore.

FBLA's Activities

October — Trick or Treat the children's ward at Obici Hospital. Speaker on Job Careers.

November — Fruit baskets for the two nursing homes in Suffolk. Spelling Test for regional competition.

December — Christmas Party for all members. Installation of new members.

January — Sale of Trash Bags for the March of Dimes. Spelling Test.

February — Cards for Faculty and Staff and Valentine's Day party. Program on Parliamentary Law Spelling Test.

March — Preparation for O.D.U. Regional convention. Regional meeting at O.D.U.

April — State Convention in Richmond. Nomination of new officers.

May — Walk for the March of Dimes Spring Clean-up for our school.

Future Nurses of America

President
Ruby Morings
Vice President
Joycelyn Copeland
Secretary
Gladys Wiggins
Treasurer
Carolyn Cross
Sponsor
Mrs. Russell

The Future Nurses of America is a new addition to the clubs at Forest Glen. Its purpose is to provide its members with information concerning nursing and medical careers. The club is planning for a successful first year.

SEATED: Laurie Mangum, Leannah Jernigan, Cathy Ellis, Lizzie Walden, Vanessa Copeland, Betty Brown, Ruby Morings, Sharon Holland, Freta Atkins, Gladys Wiggins, Anita Parker, Cheryl Payne, Ellen Saunders. FIRST ROW: Jackie Chambliss, Susan Eley, Pat Holland, Karen Kincaid, Jackie Scudder, Seminar Yates, Dorothy Swain, Shelia Knight, June Rawles, Carolyn Cross, Joanne Arrington, Shelia Stumbo, Susan Nixon. SECOND ROW: Sue Langston, Susan Dalton, Debbie Hileman, Glynda Gillis, Sylvia Knight, Jovannie Copeland, Beverly Williams, Wanetta Futrell, Lisa Eley, Kathy Fulghan, Terry White. THIRD ROW: Pat March, Denise Canipe, Michele Austin, Paula Perry, Debra Grizzard, Kathy Drew, Diane Waller, Susan Hobbs, Lolithia Boone, Robin Allison, Blanche Wiggins.

Art Club

SEATED: Katherine Bellamy, Sandra Perry, Jeff Norfleet, Glen Branchaud, Donald Holland, Sammy Davies, Eugene Arrington, Leah White. FIRST ROW: Diane Joyner, Bernice Norfleet, Sylvia Knight, Betty Brown, Cynthia Wiggins, Gloria Myrick, Faye Adams, June Rawles, Devi Gatling, Shirley Woodson, Sharon Williford, Diane Worthington, Humes Giles. SECOND ROW: Lisa Eley, Elfredia Gilchrist, Mary Riddick, Glynda Gilchrist, Earl Baker, L. H. Rose, Shirley Sessoms, Carlyes Applewhite, Lonnie Wiggins, Kathy Cross, Marvin Jones, Jerry Clark, Ronnie Padgett, Rayvond Saunders, Gary Artis, Jackie Faulk, Gayle Lowther.

Sponsor . . . . . .Mr. Giles
President . . . . . .James Copeland
Vice-President . . . . . .Omega Holland
Secretary . . . . . .Gwen Bivins
Treasurer . . . . . .Mildred Hawkins

The Art Club got off to a slow start this year due to its sponsors' involvement in coaching football. They sold candy during the months of November and December to fatten their treasury for the new semester. Art Club members also made decorations for the halls at Christmastime and sold candy apples to help the holiday spirit along. Plans for the spring semester include a club-sponsored student art show, taking Easter baskets as gifts to the children at Obici Hospital, a Spring dance, and an award to the outstanding student artist at Forest Glen for 1973-74. The feature activity of the club in 1974 should be a trip to one of the Art Museums in either Richmond or Norfolk to view outstanding works by local, national, and international artists.

Drama Club

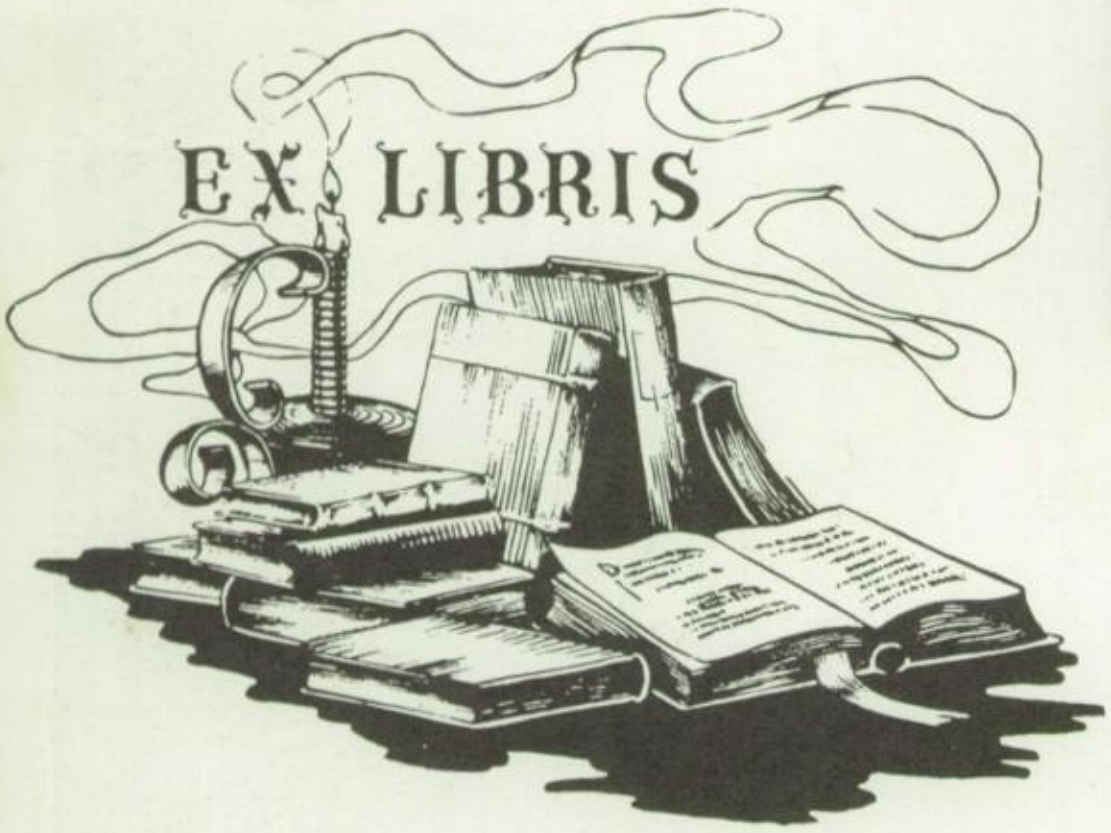
STANDING: Quinton Mitchell, Joseph Milteer, Lolithia Boone, Sharon Holland, Shelia Green, Terry Holland, Anjeanette Eley, Ginger Holland, Brenda Williams, Michelle Weaver, Lucy Manley. SEATED: Ruth Ballard, Ruby Morings, Ray Boone, Beverly Williams, Julia Staton, Sally Applewhite, Beverly Hardy.

Pres. Leon Boone (not pictured), V. Pres. Beverly Williams, Sec. Julia Staton, Treas. Lolithia Boone, Parliamentarian Ray Boone, Reporter Beverly Hardy, Sponsor Mrs. Ballard.

On November 8, 1973, the Forest Glen High School Dramatics Club held its first organizational meeting and elected officers. This year the club plans to attend a high school dramatic production and a play at the Virginia Museum Theatre Repertory Company. The club also anticipates joining with the Band and Choral Department to present its own musical. A fruit basket was taken to the Senior Citizens' Village during the Thanksgiving season.

Library Club

President . . . . . .Tony Gardner
Vice President . . . . . .Jay Piland
Secretary . . . . . .Sherry Phelps
Sponsor . . . . . .Mrs. Copeland



The Library Club is a service organization which functions every day. The members are students who work in the library during their study halls. They assist Mrs. Copeland and Mrs. Turner in checking out books, signing permission slips to and from the library, and serving as audio-visual projectionists.

SEATED: Sandra Glover, Glenda Gillis, Patrice Lux, Sherry Phelps, Terri Rhodes, Darlene Groves, Debbie Bailey, Bonnie West. STANDING: Sponsor Mrs. Copeland, Lloyd Boykin, Linda Daughtrey, Karen Hobbs, Eley Vann, R. B. Burrus, Cathy Allsbrook, Bobby Totty.

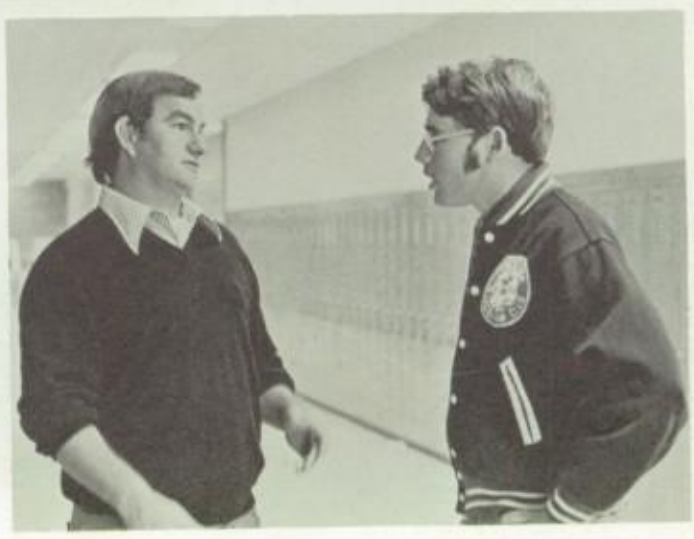
Monogram Club

FIRST ROW: Ella Pulley, Ann Dalton, Janet Swientoniewski, Debbie Mutter, Karen Canipe, Diane Waller, Carolyn West, Valerie Boykin, Jennie Hayes, Linda Daughtrey. SECOND ROW: Donald Conner, Tommy Pruden, Billy Daniels, Eley Vann, David Lovett, Bennie Speight, Joey Cornell, Tim Plewes, Johnny Liverman, Kenny Groves. THIRD ROW: Jody Schenk, Sherry Phelps, Billy Nelson, David Jones, Ricky Williams, Kenny Dunn, Kenny King, Ricky Delk, Roger Robertson. FOURTH ROW: Donald Holland, Reginald Ashe, James Copeland, Mark Felton, Eddie Beaton, John Crumpler. FIFTH ROW: Joseph Milteer, William Best, Omega Holland, Riddick Parker, Steve Davis, Wayne Joyner, Mike Bishop, Wayne Carter, Foy Baggett.

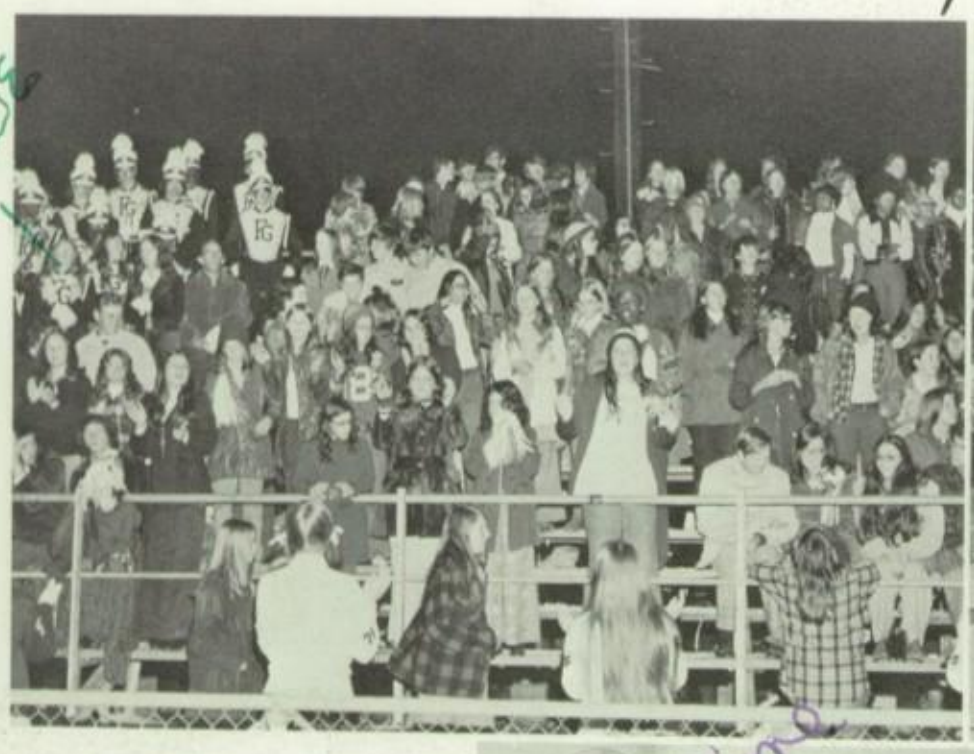
President
David Lovett
Vice President
Mark Felton
Secretary-Treasurer
Carolyn West

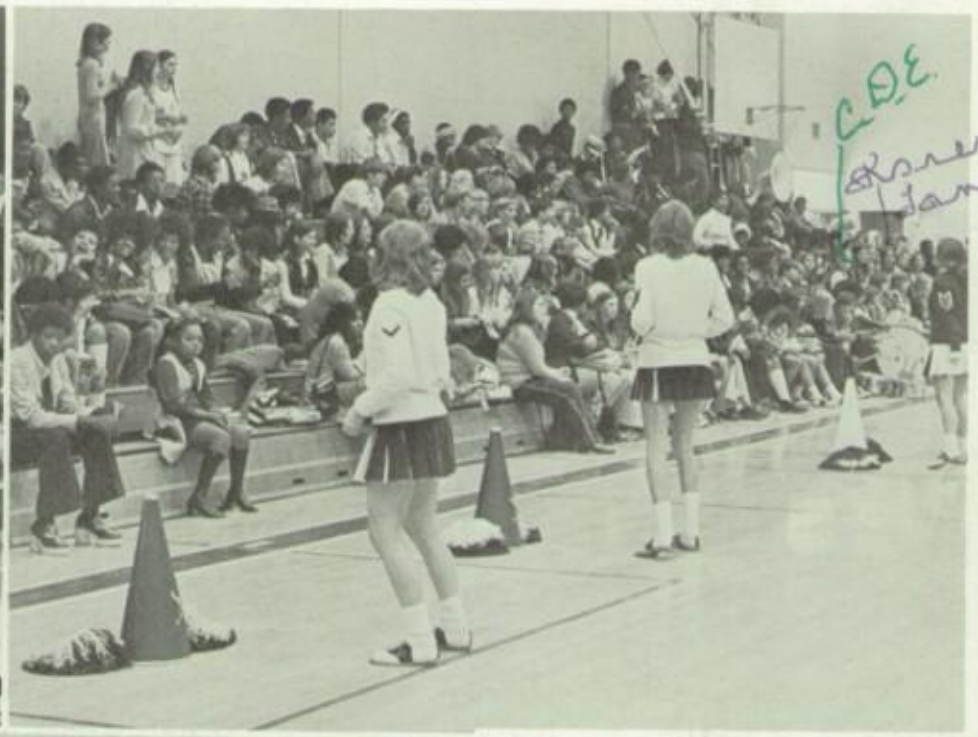
The Monogram Club is a club whose membership consists of those who participate in sports, have participated in the past, or have been a member of the cheering squad. The club has participated in various activities such as selling concessions at home games and sponsoring school sports banquets.

Sponsor Mr. Maddrey



Pep Club



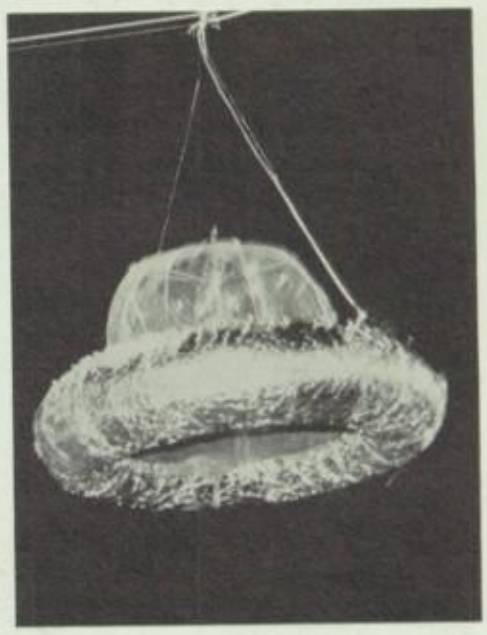


The Pep Club of Forest Glen High School actually consists of the entire student body. The purpose of the club is to promote school spirit. They have done this by sponsoring a pep band, attending home and away games, and selling spirit buttons.

President
Tony Gardner
Vice President
Alfreda Gilchrist
Secretary
Cheryl McCray
Treasurer
Michelle Weaver

Imagination . . .

is that great power of the mind which is able to create ideas and images. We here at Forest Glen all have this ability — to imagine . . . that's what makes our school have its own special meaning. Each year is different from the past year, and each day is different from the next. Every student is a special individual; no two people at Forest Glen are alike. The more a person contributes and helps the school, outside of his own required activities, the better and more spirited Forest Glen will be.



F G H S Majorettes

Julie Drawdy

Arie Lea Wilkins

Debbie Owen

Feature Twirler

Drum Majorette

Sylvia Nelson

Becky Pulley

Cheryl Turner

Beverly Hardy

Debbie Epperson

Julie Drawdy, Arie Lea Wilkins, Beverly Hardy (Head Majorette), Debbie Epperson, Becky Pulley, Cheryl Turner. Sponsor Mr. Phillips.

Sheila Johnson
Flag Girl

Debbie Owen

Majorettes — both old and new — make a good showing in festival.

Five out of six FGHS majorettes are new to the squad this year. This is the second year Sylvia Nelson has been our Drum Majorette. The majorettes have already acquired new sequined uniforms with Ranger hats to top them off. Our majorettes have hosted one National Majorette Association contest this year and plan to host another in the spring. After the contest our new and old majorettes left smiling. Two first place trophies and 3 medals were won by Debbie Owen. A first place trophy was won each by Arie Lea Wilkins and Julie Drawdy. Cheryl Turner and Becky Pulley both won medals.

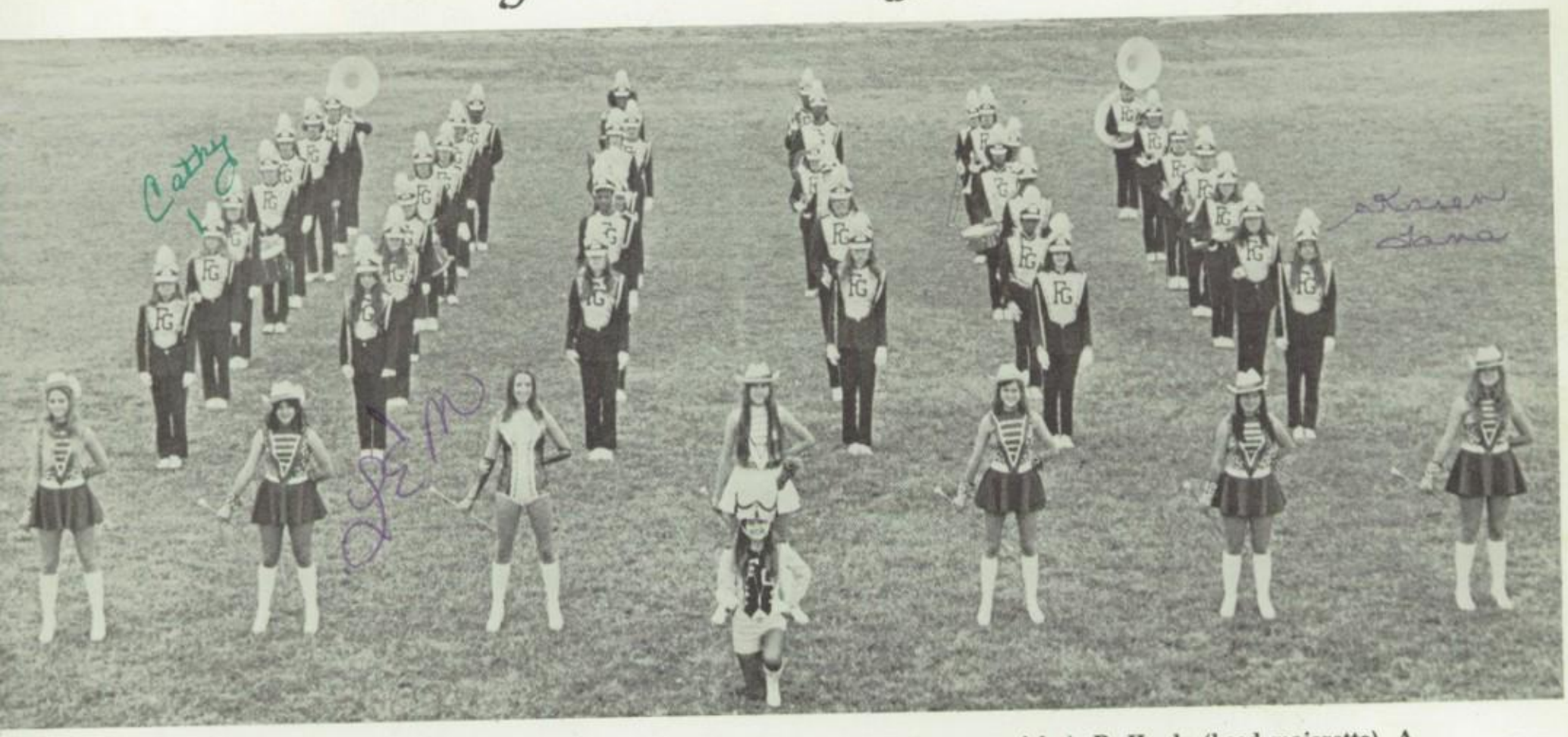
FGHS Concert Band

FIRST ROW: Sylvia Nelson, Wanda Eley, Laurie Mangum, Susan Hobbs, Kathy Drew, Cathy Ellis, Kim Whitt, Karen Kincaid. SECOND ROW: Gilmer Parker, Marvin Jones, Patricia Pierce, Anderson Boone, Wayne Carter, Teresa Harrell, Ginger Holland, Cindy Griggs, Maurita Walden, Selena Smith. THIRD ROW: Brad Byrd, Ricky Johnson, Mark Ellis, Mark Swientoniewski, Mark Felton, Kenny Dunn, William Best, Phillip Branchaud, Michael Campbell, Grey Hagwood, Alan Johnson, Sharon Walden, Dwight Whitfield, Larry Banton, Leon Russell, Arnold Warren, Larry Diggs, James Wiggins, Ronald Daughtrey. STANDING: Mark Johnson, Michael West, Judson West, Mike Owen, Lonnie Hodges, Ravon Saunders, Neil Forrester, Homer Powell, John Hamilton, (not pictured) Debbie Owen, Arie Lea Wilkins, C. B. Umphlette, Eddie Beaton, Sandy Pierce.

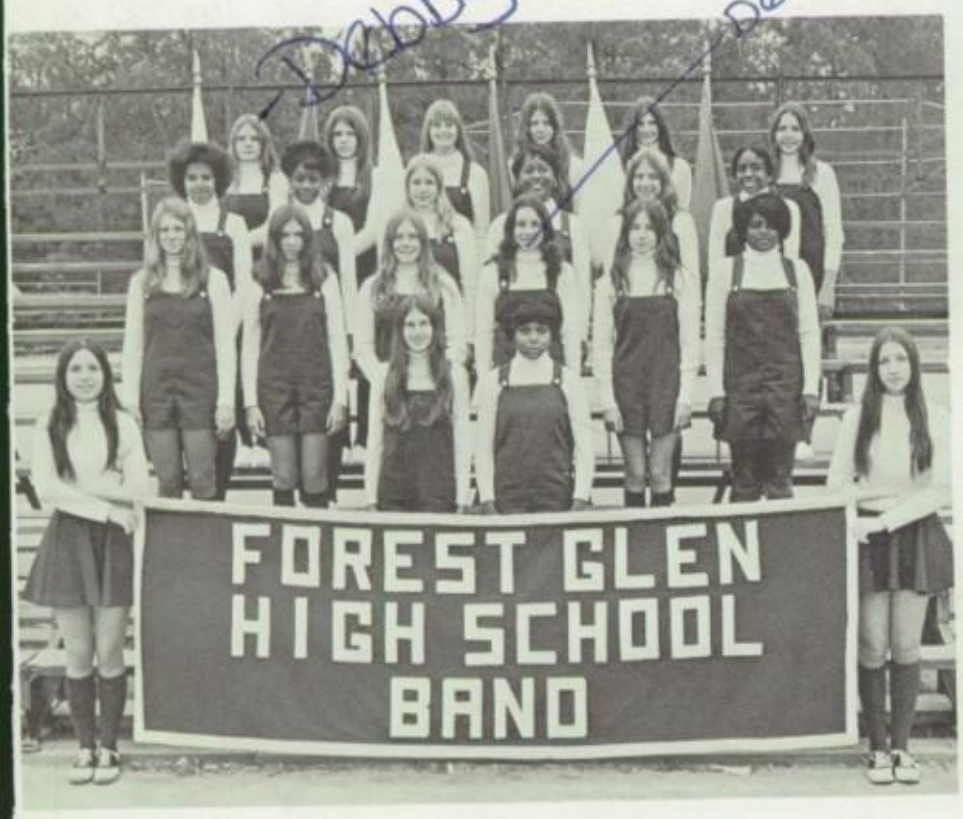
FGH Pep Band's Got Spirit!

The year of 1973-74 has been an outstanding one for the Forest Glen High School Band. Officers are: Pres.: WILLIAM BEST, V. Pres.: MARK FELTON, Sec.: WANDA ELEY, Librn.: LAURIE MANGUM, Prop. Mgrs.: JOHN HAMILTON, JUDSON WEST, Drum Majorette: SYLVIA NELSON, Head Majorette: BEVERLY HARDY. Due to many long, hot after-school practices, the Ranger Band performed 5 halftime shows at home and also performed at the annual Pine Bowl game at Franklin. The band participated in the Williamsburg Parade in October, afterwards enjoying a picnic lunch and games. For the first time in the band's history, they performed in a marching festival at IRHS. On December 5, 1973, FG Band won *FIRST PLACE* in the Suffolk Christmas Parade; $170 was received for the band's great showing. December 17, 1973 was the band's Christmas Concert, enjoyed by all. About 15 members of FG Band are members of the new ALL-CITY BAND. The band is now raising money for their trip to Winchester in May. The JOHN PHILLIP SOUSA AWARD will be given to a worthy Senior. Forest Glen has a band to be proud of!

Ranger Marching Band



Drum Majorette: S. Nelson; Majorettes: C. Turner, B. Pulley, D. Owen (feature twirler), B. Hardy (head majorette), A. Wilkins, D. Epperson, J. Drawdy; Band: FIRST ROW: W. Eley, C. Ellis, C. Griggs, J. West, M. Ellis, M. Felton, R. Daughtrey, H. Powell. SECOND ROW: L. Mangum, K. Whitt, T. Harrell, M. Owen, M. Swientoniewski, K. Dunn, W. Best. THIRD ROW: S. Hobbs, J. Rodgers, M. Walden, M. Johnson, R. Johnson, L. Banton, M. Jones. FOURTH ROW: K. Drew, W. Carter, M. West, P. Branchaud, D. Whitfield, G. Parker. FIFTH ROW: K. Small, L. Russel, S. Smith, R. Saunders, M. Campbell, G. Hagwood, L. Diggs. SIXTH ROW: K. Kincaid, G. Holland, P. Pierce, B. Byrd, A. Johnson, S. Walden, N. Forrester.



FGHS Band performing at Tidewater Festival of Marching Bands at Indian River High School.

FLAG CORPS: Wanda Byrum, Denise Hewitt. FIRST ROW: Nancy Carr, Ruby Morings (Co-Capts.). SECOND ROW: Robin Duplissey, Jean Daughtrey, Sharon Worrell, Denise Canipe, Lynne Cowing, Kathy Gamble. THIRD ROW: Essie Boone, Phyllis Underwood, Martha Turner, Wanda Ballard, Debbie Knight, Suzette Eley. FOURTH ROW: Debbie Hileman, Mary Beth White, Paula Perry, Bonnie Mundie, Laura McNeely, Shelia Johnson.

Band members enjoy themselves in a park after Williamsburg Parade!

Band and Choral Honors

All-City Band Members

Ginger Holland

Kim Whitt

Wanda Eley

Susan Hobbs

Karen Kincaid

Cathy Ellis

Junius Rodgers

John Hamilton

Arie Lea Wilkins

Sylvia Nelson

Mark Felton

Mark Swientoniewski

Wayne Carter

Junior Regional Band: Susan Hobbs, Ginger Holland, Neal Forrester, David Waller.

Workshop Band: Junius Rodgers.

Regional Chorus: Linda Francis, Wanda Byrum, Beverly Hardy, Steve McCarthy, Roger Robertson.

Junior Regional Chorus: Carol Carter, Janet Smith, Cheryl Turner, Susan Dalton, Michelle Austin, Melodie Patton, Mark Greene, Ronald Mattraw, Chuck Harrell, Tyrone Rodgers, Leanna Jernigan.

Advanced Chorus

FIRST ROW: Susan Moore, Mary Ann Carter, Jeanette Beck, Susan Nixon, Debbie Epperson, Shelia Stumbo, Shirley Vann, Jeff Watson, Sponsor. SECOND ROW: Debbie Hileman, Susan Davidson, Debbie Ellis, Denise Canipe, Michelle Austin, Cheryl Turner, Susan Dalton, Leanna Jernigan, Sandra Glover. THIRD ROW: Woody Underwood, Ted Hanel, Jimmy Fanny, Tommy Bradshaw, Frank Simpson, Ronald Mattraw, James Perry, Mary Beth White, Jean Daughtrey.

President —
Susan Nixon
Vice President —
Debbie Epperson
Secretary —
Cheryl Turner

Treasurer —
Michelle Austin
Librarians —
Denise Canipe
&
Debbie Hileman

Beginning Chorus

FIRST ROW: Jeff Watson, sponsor; Margaret Frazier, Sylvia Demiel, Ruby Morings, Cecelia Norfleet, Betty Brown, Clarice Demiel. SECOND ROW: Gladys Keyes, Marian Brown, Michelle Weaver, Beverly Parker, Robin Underwood, Sue Langston, Deborah Bailey. THIRD ROW: Mary Riddick, Randy Boone, Gaynel Wilson, Cathy Cross, Cleveland Lawrence, Adrian Robertson, Lynn Carr, Lisa Scudder.

President: Cathy Cross, Vice President: Michelle Weaver, Secretary: Lorraine Barrett, Treasurer: Beverly Parker, Librarians: Robin Underwood, Gaynel Wilson, Randy Boone.

Eighth Grade Chorus

FIRST ROW: Janet Smith, Edith Gregory, LaGena Holland, Diane Coggsdale, Melody Patton, Joyce McCray, Janice Horne, Faye Harris. SECOND ROW: Carol Carter, Patricia Brinkley, Susan Stephenson, Caryles Applewhite, Sandra Whitfield, Donna Coggsdale, Kay Funkhouser, Linda Bryant, Vicki Franks. THIRD ROW: Stan Ellis, Vicki Riddick, Elysia Koren, Wanda Blanding, Chuck Harrell, Tyrone Rodgers, Bobby Burch, Joanne Dillard.

Madrigals

FIRST ROW (left to right): Lucy Manley, Kathy Bivins, Beverly Hardy, Wanda Byrum, Linda Daughtrey, Cheryl Payne, Joanne Jones, Denise Hewitt, Linda Francis, Julia Staton. BACK ROW: Tim Plewes, Woody Underwood, Roger Robertson, Leon Boone, Dale Trump, Steve McCarthy, Keith Gardner.

Sponsor:
Jeff Watson

This year the Madrigals have been active in many areas. They have carried out a bake sale in which they collected an estimate of $77.00. They also sang for the D.E. Club at Travler's Restaurant, at one of their banquets. They are selling candy, a way of raising money, in hopes of possibly putting on a musical this spring. This year 5 Madrigals made the Regional Chorus: Wanda Byrum, Linda Francis, Beverly Hardy, Steve McCarthy, and Roger Robertson.

President: Linda Francis
Vice-President: Linda Daughtrey
Secretary: Julia Staton
Treasurer: Denise Hewitt
Librarian: Lucy Manley

'73 Christmas Concert

It's almost time to start, George!

Band members talk it over.

Trumpets play the sounds of Christmas.

Eighth Grade Chorus performs.

The Forest Glen High School Band and Choral Department performed its annual Christmas Concert in the FGHS auditorium on Wednesday, December 19, 1973, beginning at 8:00 P.M. Several Christmas selections were played by the Varsity Concert Band, putting everyone who attended in the "Christmas Spirit". Th second half of the concert consisted of several songs of Christmas sung by the Eighth Grade, Beginning, and Advanced Choruses, and the Madrigals. FGHS's Christmas Concert proved to be quite a success!

Leon Boone sings while Madrigals "hum along".

Advanced Chorus sings of the Christmas spirit.

Jeff Watson receives Christmas gift . . .

George Phillip is also presented a gift.

Foreign Language Ball

The Foreign Language Ball is an annual event sponsored by the foreign language clubs of Forest Glen High School. The French Club, under the direction of Mr. Donald Polk, is responsible for coordinating the event. Area language students receive an invitation to this event. It has met with much success in the past.

Coming or going?

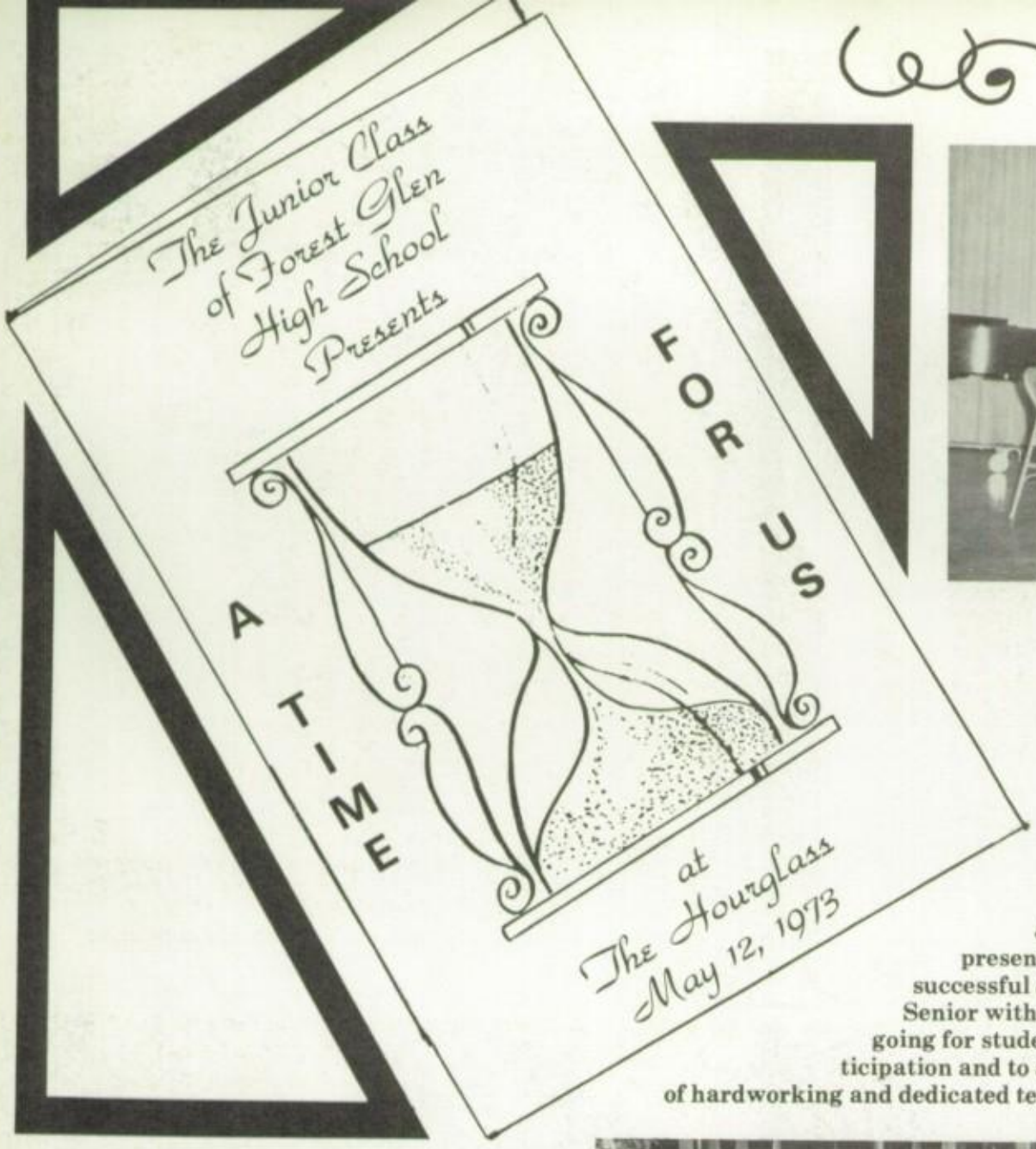
Jack Holmes keeps everybody moving.

Duh . . . Champagne?

As usual, Les and Karen appear to be having a good time.

Who says a disc jockey's no good?

A Time



Juniors present a very successful Junior-Senior with thanks going for student participation and to a group of hardworking and dedicated teachers.

Teachers take charge of refreshments.

The Prom has its Ups and Downs!

For Us

"Gonna take a sentimental journey, To renew old memories."

A time for us some day there'll be, when chains are torn by courage born of a love that's free.
A time when dreams so long denied can flourish as we unveil the love we now must hide.
A time for us at last to see a life worthwhile for you and me.

And with our love through tears and thorns we will endure as we pass surely through every storm.
A time for us there'll someday be a new world, a world of shining hope for you and me.

A time for us at last to see a life worthwhile for you and me.
And with our love through tears and thorns we will endure as we pass surely through every storm.
A time for us someday there'll be a new world, a world of shining hope for you and me.

"Gonna take a sentimental journey, Sentimental journey home."

Pine Bowl '73

Pine Bowl Queen Kay Parker

This year it was Forest Glen's turn to select a queen and one attendant for the annual Pine Bowl game between Forest Glen and Franklin. The football team selected Kay Parker as Pine Bowl Queen and Charlene Lewis as attendant. Franklin's attendant was Gwen Blythe. This yearly event is sponsored by the Lions Club of Franklin.

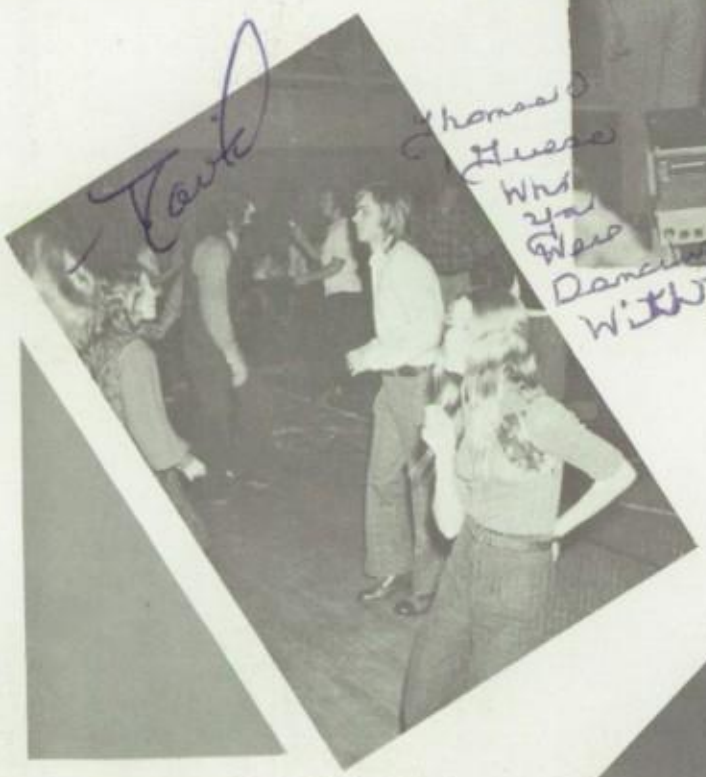
Attendant Charlene Lewis

LEFT TO RIGHT: Charlene Lewis, Mr. Williams, Kay Parker, Mr. Parker, Gwen Blythe, Mr. Blythe.

1974 WLPM Spirit Dance

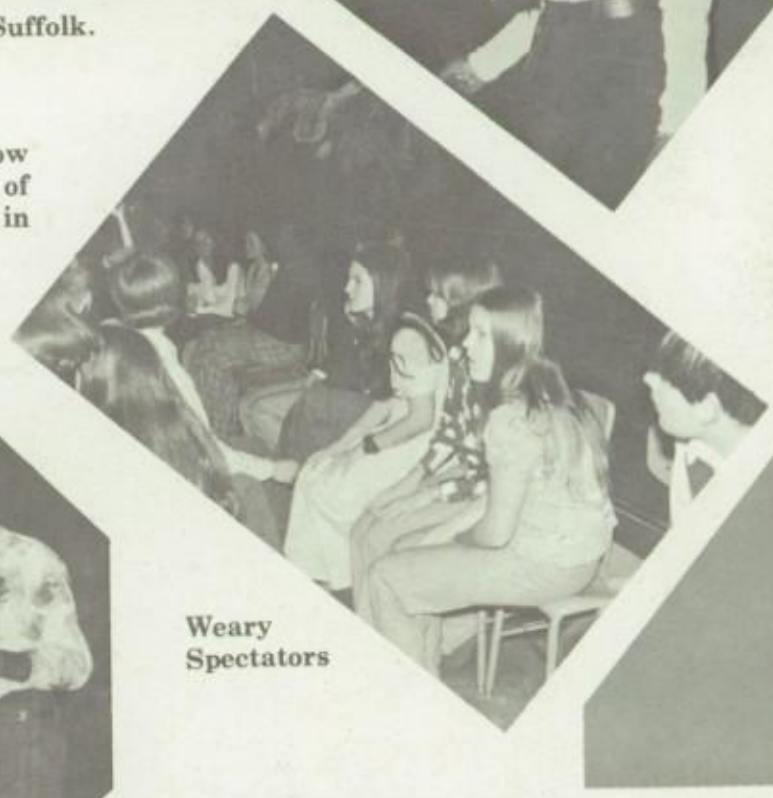
The band, "Drew Fox," keeps everybody jumping.

Mrs. Hobbs and Mrs. Sherard rake in the cash.



Disc jockeys from WLPM in Suffolk.

For the second year in a row Forest Glen won the title of the 'Most School Spirited' in the Tidewater area.



Weary Spectators

Photographer, Mark Ellis, has been discovered.

Wanda gathers a crowd.

Homecoming 1973

Queen Joycelyn

For his willingness to serve the students and for his dependability as both a teacher and a friend, the 1973 Forest Glen Homecoming was dedicated to Mr. Wayne Byrd.

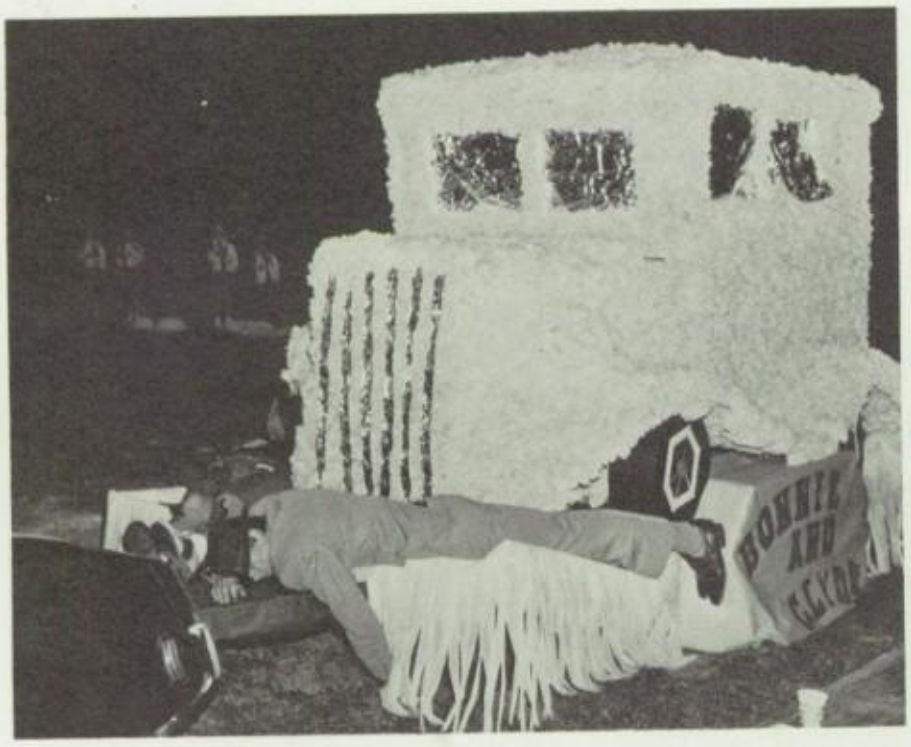
The Queen and Her Court

Queen	*Joycelyn Copeland*
Maid of Honor	*Karen Canipe*
Senior Attendant	*Yvonne Whitley*
Junior Attendant	*Denise Hewitt*
Sophomore Attendant	*Candy Small*
Freshman Attendant	*Susan Dalton*
Thetamore Attendant	*Laura Faulk*

Forest Glen Drive-In

Thetamore's "Enter the Dragon" takes first place.

Second place is seized by the Freshman Class and "Ben".



Just like "Bonnie and Clyde" the Packers were defeated, as is denoted by the Junior Class (Third Place).

The Seniors forsee the inevitable. We did "M.A.S.H." the Packers.

The Madrigals perform at half-time.

"Butch Cassidy and the Sundance Kid" slaughter the Packers for the Sophomores.

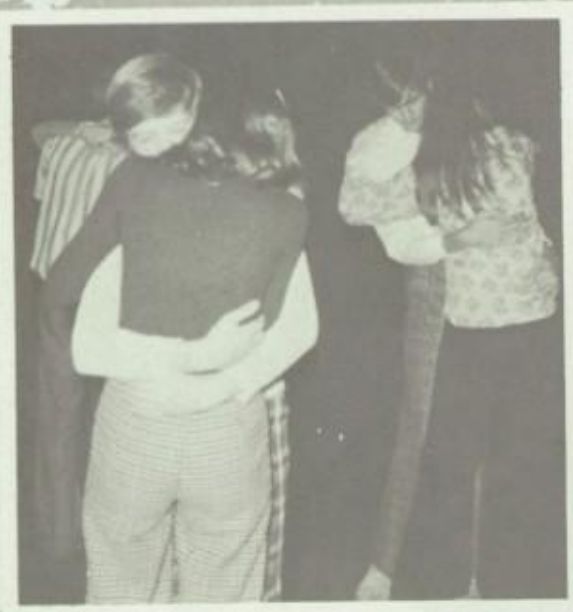
Victory!

Schenk sets the trend for the night.

A grim but happy group!

Celebration!

Christmas At The Glen



Santa visits the Rangers!

Chemistry-Physics Fair

Wanda Aston takes first place in her chemistry class and an honorable mention over-all.

Paul Lux wins first place over-all and first place in the Physics Division.

Tim Johnson takes first place in his chemistry class and an honorable mention over-all.

Jerome Scott wins first place in his chemistry class.

Karen and Phyllis are glad it's finally over.

The Back-Up Crew

Rev. William Rich

Mrs. Edna Daniel

Rev. Donald Trump

Mrs. Bonnie Moyer

Competition . . .

is an effort a few at Forest Glen make to obtain something wanted by others. When we compete with other schools, whether it be in football, basketball, baseball, track, or golf, we are not only competing to win, but we are striving to prove ourselves as individuals and as a team. Sure, there are times when losing one game after another seems endless, but we learn through losing. No one could ever win if no one ever lost. It takes a lot more guts to be the defeated team than it takes to be the winning one. The times when we do win seem so wonderful; everyone is together in the idea that we are trying to win for our school. Those that do try and go out for sports are few, but those few are willing to give all they've got, even if all they've got never seems to make a win. After the long, hot summer football practices, the after-school basketball and baseball practices, and all the times when you think you cannot run another step are over, you will never regret them. We are proud to compete for such a school as Forest Glen, for we ARE Forest Glen. Years from now we will look back and realize that it was worth all the sweat. There is only one time in your life when you can participate in high school sports, for we will never pass this way again.

Varsity Cheerleaders

(TOP ROW) Linda Daughtrey, Ann Dalton, Janet Swientoniewski, Diane Waller. (MIDDLE ROW) Carolyn West, Valerie Boykin, Jennie Hayes, Ella Pulley. (BOTTOM ROW) Debbie Mutter, Karen Canipe (Co-Capts.).

Promote School Spirit

Cheerleaders make up for the lack of enthusiasm shown by many of the students and promote school spirit.

Co-Captains
Debbie Mutter & Karen Canipe

Sponsor
Mrs. Holland

J.V. Cheerleaders

LEFT TO RIGHT: Vicki Riddick, Laura West, Bonnie West, Susan Dalton, Alice Copeland, Elysia Koren, Shelia Walker, Michelle Austin, and Laurie Mangum (not pictured) Debbie King.

Bonnie West

Shelia Walker

Happiness is . . .
SNOW!

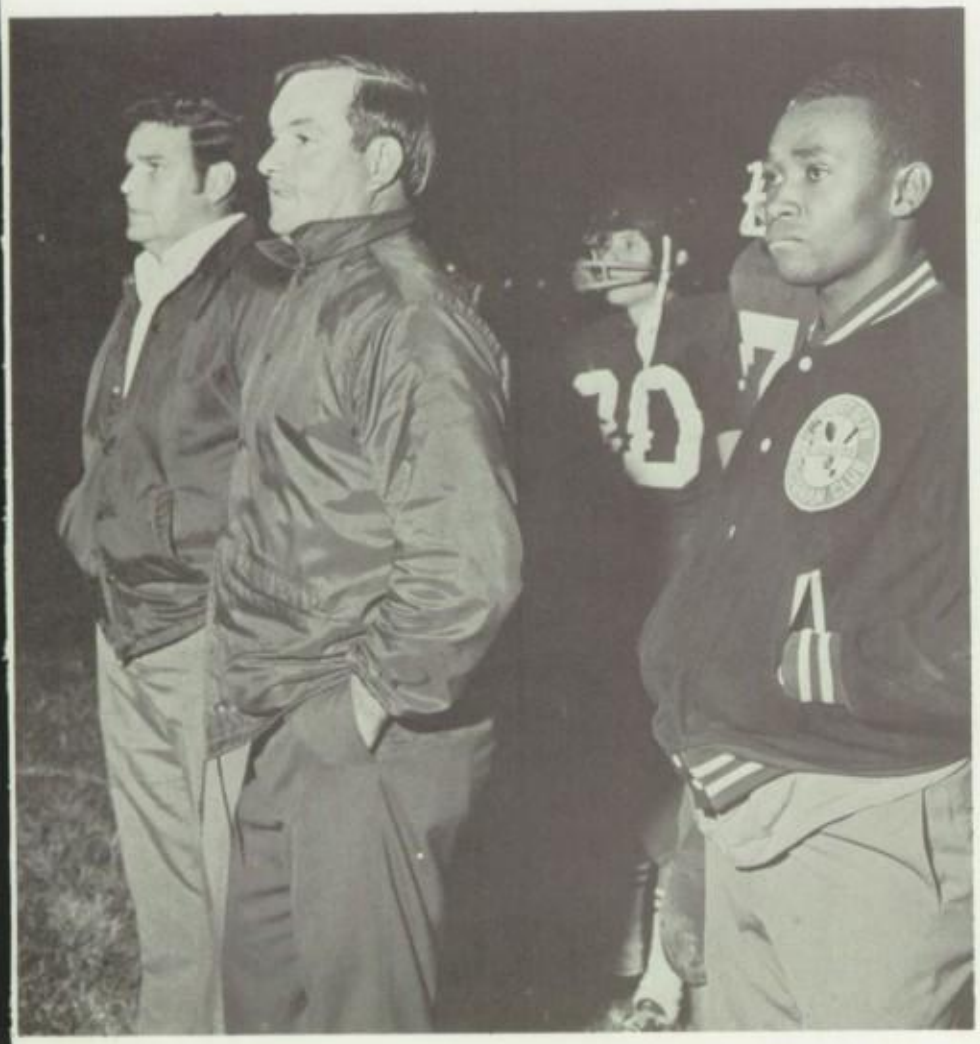
SPONSOR:
Lee Bull

Happiness is . . .
RANGERS!

Varsity Football

ROW ONE: No. 51, Ricky Williams; No. 64, David Lovett; No. 80, Billy Daniel; No. 30, Donald Holland; No. 22, Donald Conner; No. 41, Kenny Groves; No. 43, Wayne Joyner. ROW TWO: Manager, Keith Gardner; No. 81, John Crumpler; No. 10, Eddie Beaton; Manager, Ricky Delk; No. 11, Tommy Pruden; No. 42, Riddick Parker; No. 62, Tim Plewis; Manager, John Rountree. ROW THREE: Head Coach, Dennis Maddrey; No. 70, Joey Cornell; No. 20, Mike Jones; No. 52, Mickey Crumpler; No. 74, Ross Robertson; No. 21, Reginald Ashe; No. 83, Tony Gardner; No. 82, Jody Schenk; No. 63, Roger Robertson; No. 75, Mike Bishop; Asst. Coach, Darwin Williams. NOT PICTURED: No. 73, Adrian Robertson; No. 32, Billy Nelson.

Sideline Concentration
Coach Maddrey and Williams



To love the game beyond the prize.

—Henry Newbolt

Seniors

Mike Bishop

Eddie Beaton

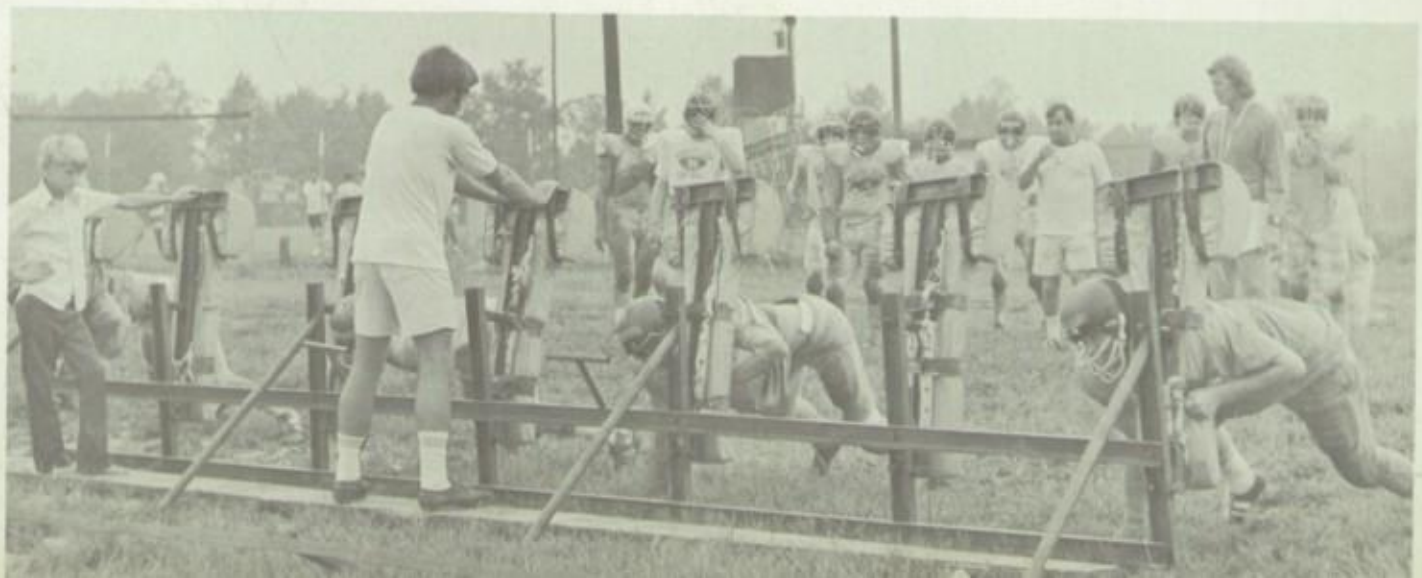
David Lovett

Joey Cornell

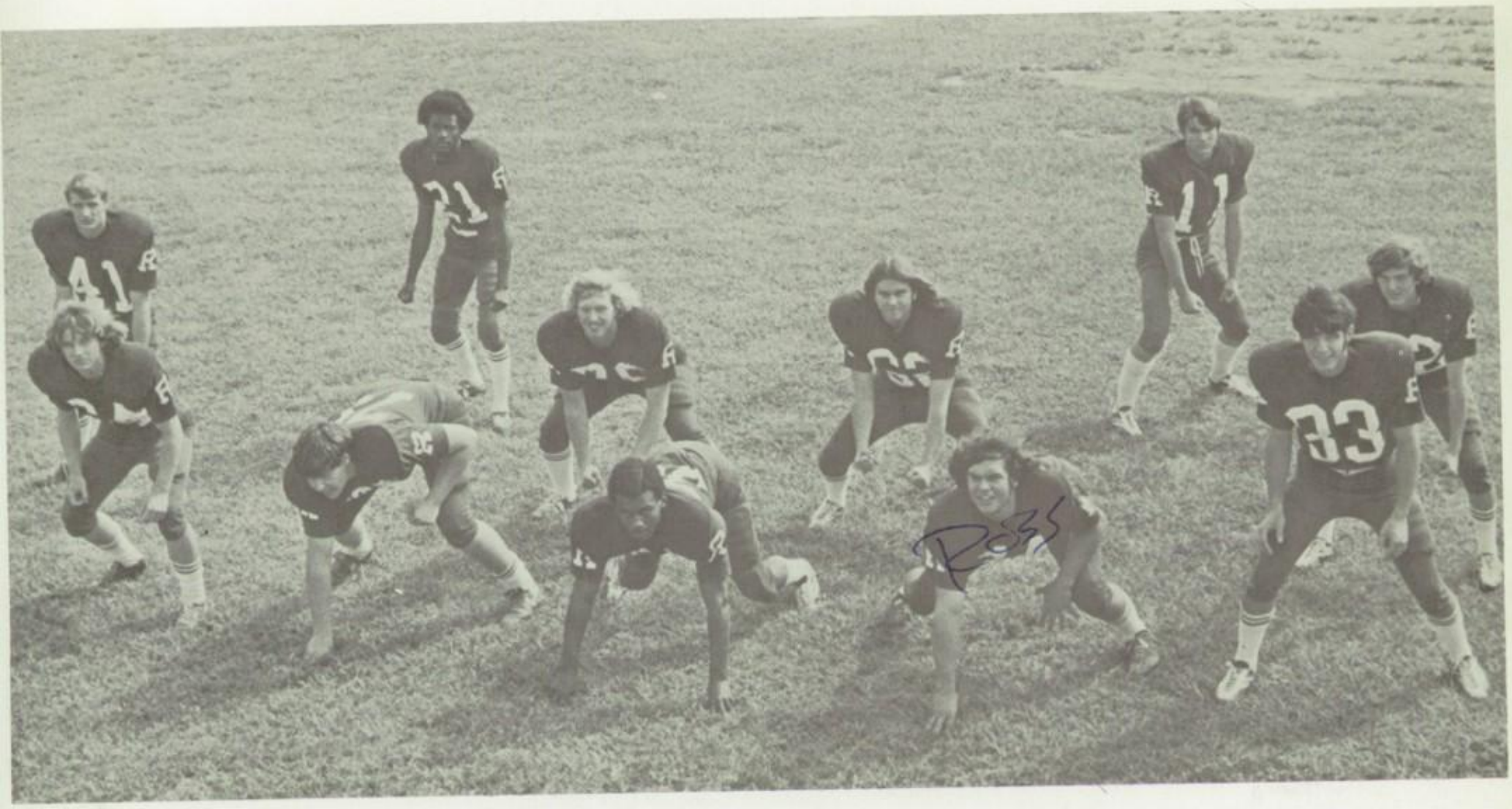
Family Portrait

You can tell the Good Guy 'cause he wears a white hat.

Give it ALL you got . . .



A Few Good Men



Defense

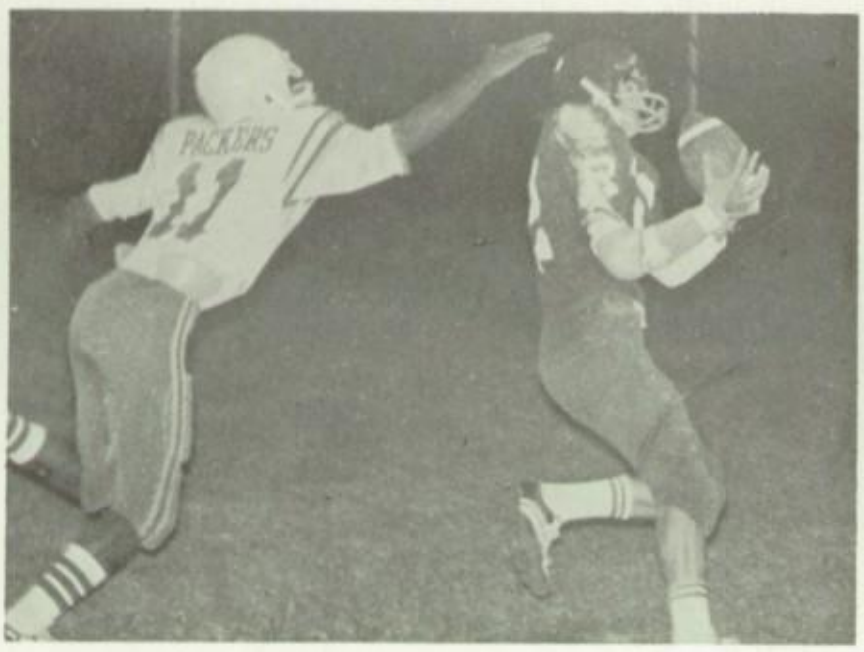
Bottoms-up!!

Offense

Though Small In Number

Grrrr . . . . .

Kung Foolishness . . .



Pay Dirt!

Handyman?

Explosive Entanglement!!

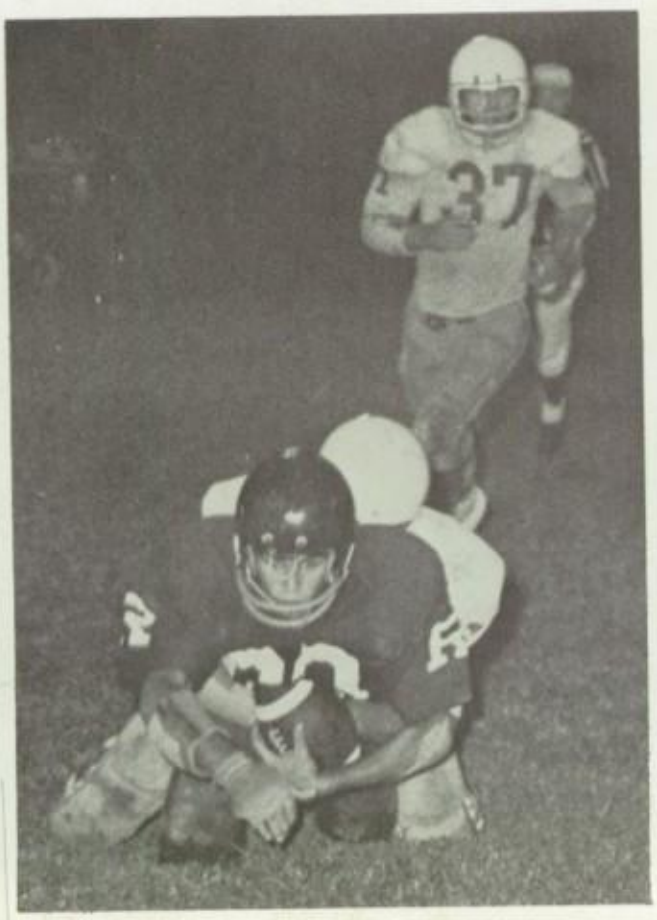
Rangers Represent F. G. Well

Ugh! Ever had one of them days?!?

Get me out of this place!

Grit your teeth Groves!

Getting creamed . . .



I'm in a mell of a hess!

J.V. Football

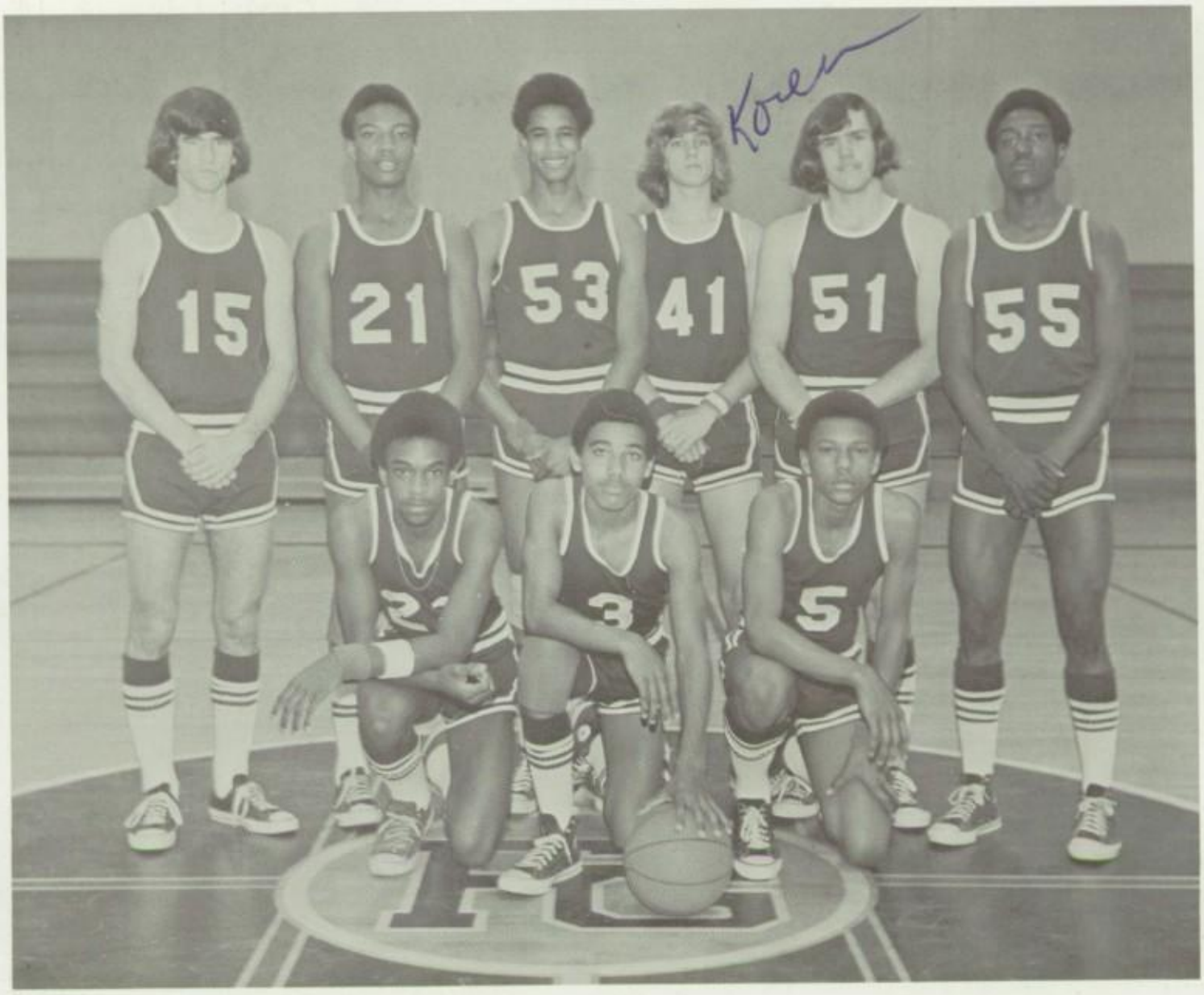
Coaches Dabney and Byrd

FIRST ROW: Stan Ellis, Derrick Burrus, Ronnie Hill, Larry Skinner, Mike Jones, Calvin Barnes, Elbert Williams. SECOND ROW: Tim Everett, Mark Greene, Randy Holland, Brad Byrd, Mike Owens, Clarence Hamlin, J. D. Whitfield. THIRD ROW: Bobby Daughtrey, Grey Hagwood, Michael Futrell, Michael Colander, Mark Smelser, Theodore Faulk. FOURTH ROW: Mr. Dabney, Ricky White, Lawrence Clark, Lonnie Hodges, Larry Gamble, Reginald Artis, L. H. Rose, Sam Morings, Mr. Byrd.

Where's the action?

Here it is . . .!

Varsity Basketball



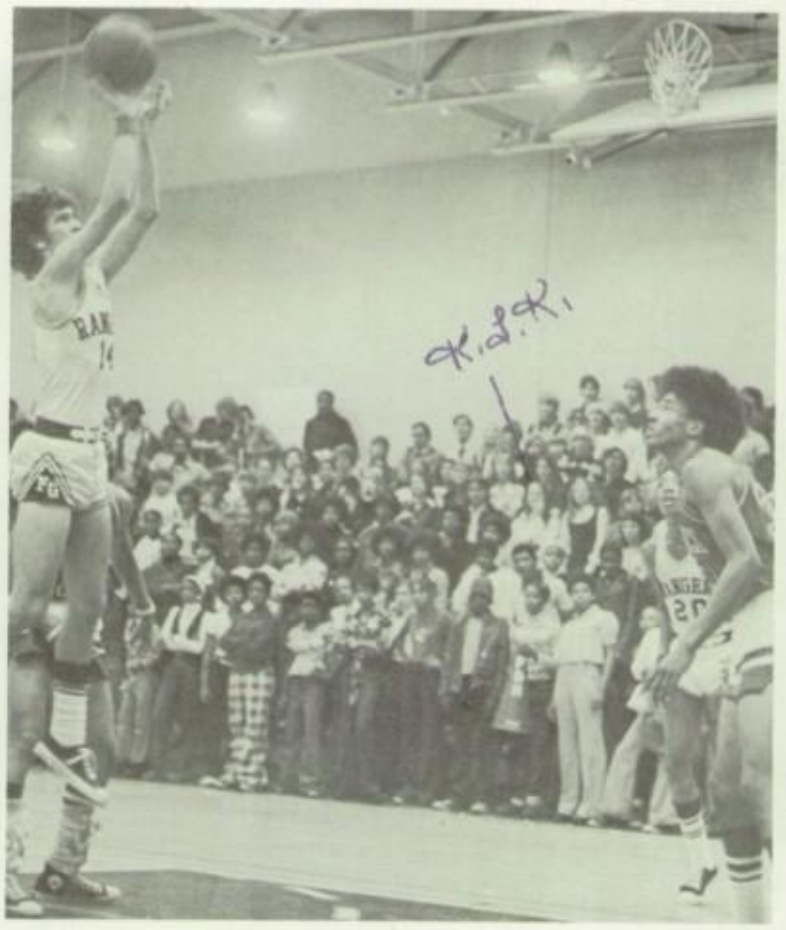
KNEELING: Sidney Rawls, William Russell, Gregory Ashe; STANDING: Mark Felton, Victor Reese, Joe Dillard, David Koren, Wayne Carter, Randy Reid.

Coach Williams teaches strategy.

Managers: Eley Vann, R. B. Burrus, Linwood Gilchrist.

SENIOR: Mark Felton

Felton does his thing.



Dillard on top of it all.

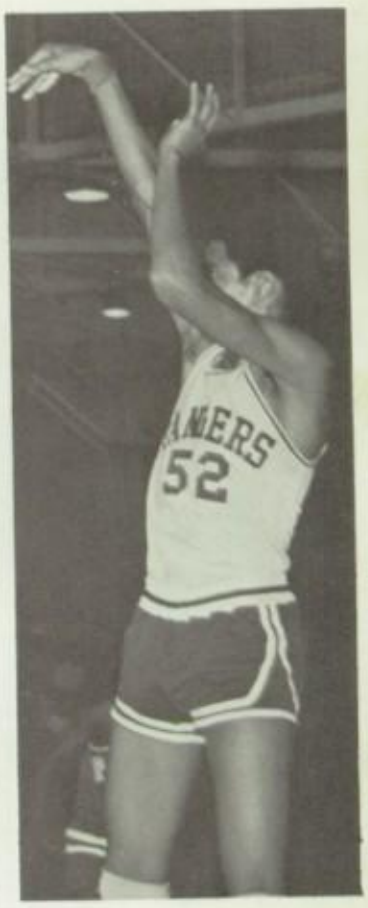
Russell shoots two!

Rangers In Action

Fantastic shot!

Two in the pocket.

Up, up, and away!



Maddrey and Ricks give good advice.

Hey, give it to me!

Stretching for a point.

All puckered up.

Girl's Basketball

C. Wiggins, N. Williams, S. Phelps, C. Crumpler, B. Norfleet, K. Parker, L. Walden, S. Sessoms, R. Carter, D. Newton, B. Wiggins, G. Myrick, C. Allsbrook, D. Stevenson, M. Manley, R. Artis, Mrs. Beale (Coach).

3rd Place Winners in

Peanut District

Managers: L. Edmonson, J. Jones, D. Canipe, V. Sumner, S. Moore.

Seniors: M. Manley, R. Artis, B. Norfleet, G. Myrick.

Co-Captains: R. Artis, M. Manley. Coach: Mrs. Beale.

Starting Line-Up

J.V. Basketball

FIRST ROW: Larry Clark, Sterling Bridger, Reginald Artis, Vincent Clark, Howard Walden, Curtis Ennis, Andrew Hoggard. SECOND ROW: Daryl Copeland, Rayvond Saunders, Kenny Rawls, Randolph Odom, Alton Reid, Larry Gamble.

Coach Willie Ricks

Reaching for the ceiling.

Out of my way, boy!

Managers: Raleigh White and Wade Russell

Golf '73

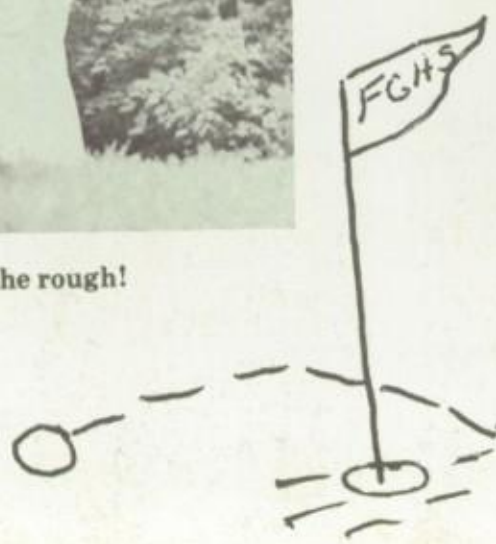
Can you believe Moore did this?

Coach Byrd shows winning form.

FRONT ROW: Bennie Speight, Kenny King, Ricky Moore, Kenny Dunn.
BACK ROW: Steve Matze, David Koren.

Matze in the rough!

Dirty dealings at the District?



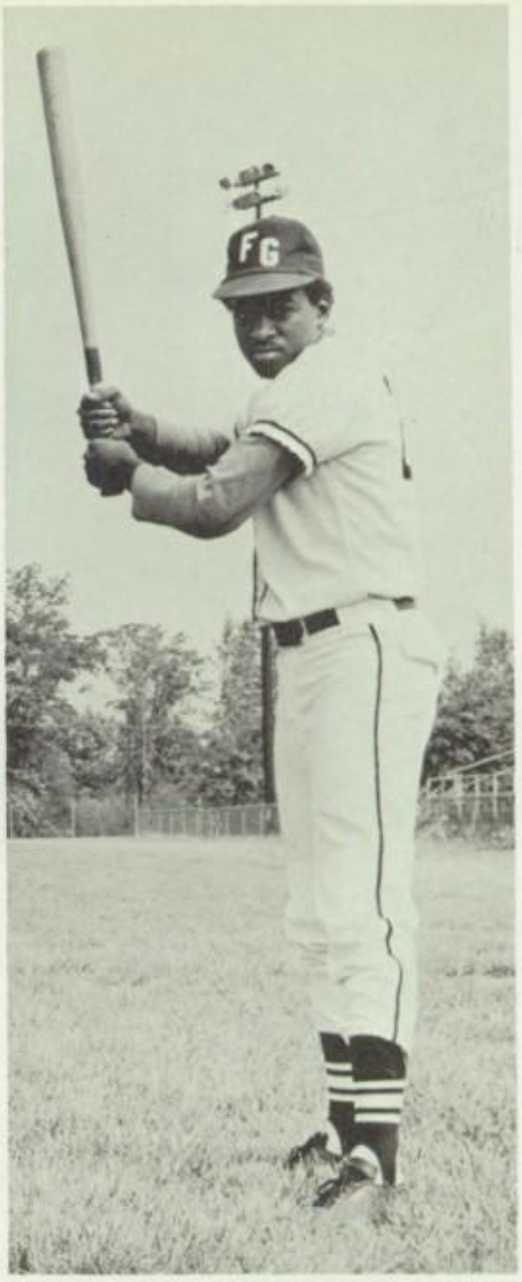
Baseball '73

FIRST ROW: Mr. Polk, Mike Jones, David McCarthy, Jeff Lovett, Donald Conner, Dale Byrd. SECOND ROW: Mickey Crumpler, John Crumpler, Tony Gardner, Kevin Knight, Jody Schenk, Tim Plewes, Ricky Delk. THIRD ROW: Joey Cornell, Roger Robertson, Marty Carter, Eley Vann, Woody Underwood, Tommy Pruden, Mark Felton.

Coach Polk discusses the game with some of the players . . .

and initiates action.

SENIORS
Jeff Lovett
Kevin Knight



Strike three coming up!!

Knight eyes the ball.

One thing about it, you can't tell who's winning by their faces!

Catcher takes a break.

Track '73

FRONT ROW: Billy Nelson, Ervin Baker, Johnny Liverman, David Jones, Manager: J. D. Whitfield. SECOND ROW: Al Perry, David Thompson, Randy Reid, Wayne Carter, William Best, Alphonso Clark.

Coach Dennis Maddrey

SENIORS
UPPER LEFT: Earl Odom.
LOWER LEFT: Al Perry.
LOWER RIGHT: David Thompson.

Relay Team: David Thompson, Randy Reid, Ervin Baker, and Earl Odom.

Cafeteria Staff

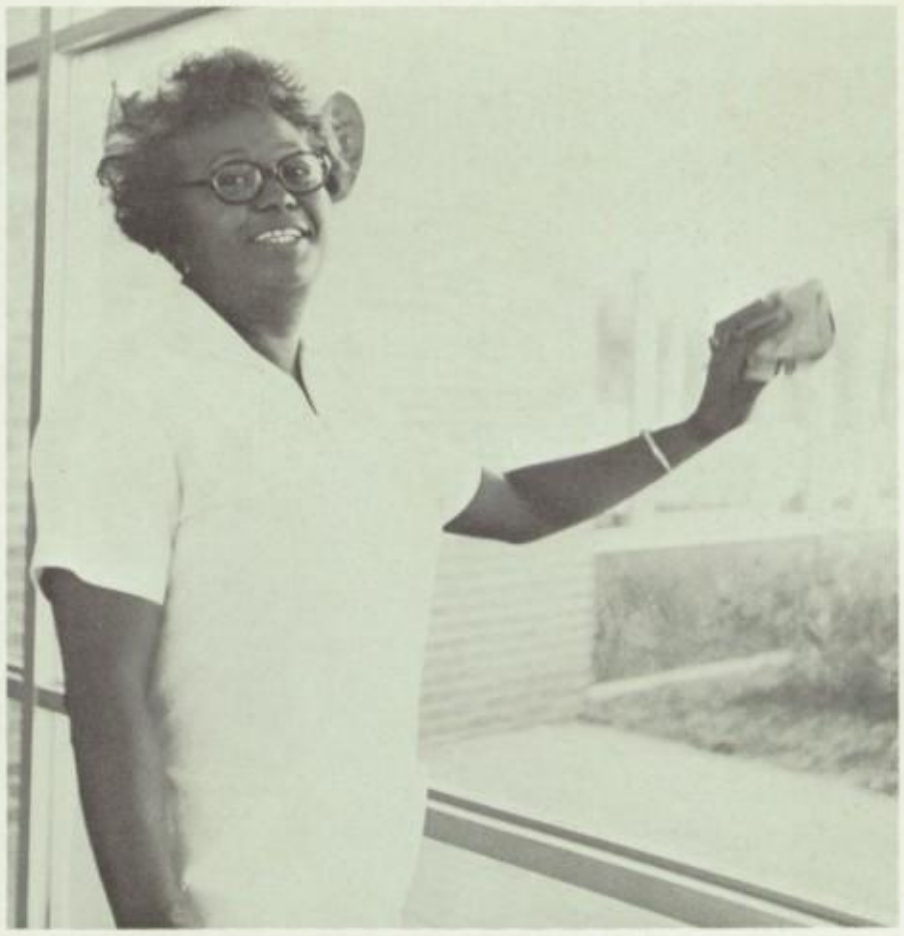
Mrs. Kitty Archer, Mrs. Wilma Fulgham, Mrs. Sarah Holland, Mrs. Rose Parks, Mrs. Mamie Rountree, Mrs. Florine Joyner, & Mrs. Hazel Boykin.

School Nurse

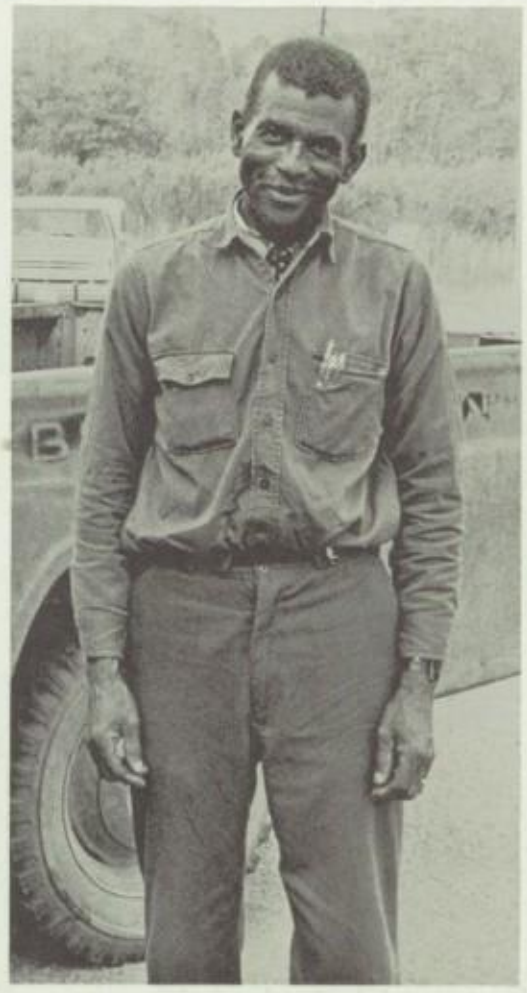
Mrs. Eleanor Russell

Custodial Staff

Mr. Horace Holland



Mrs. Olive Riddick



Mr. Willie Whitfield

Mr. Genie Newby

Mr. Waverly Turner

Senior Statistics

ALICE FAYE ADAMS: French Club 3; FBLA 2, 3; Art Club 5; FHA 5; FNA 5.

FREDA ALMETA ADKINS: Var. Cheerleader 1; SCA 1, 2, Historian 2; Library Club 1; FHA 1; Pep Club 1, 2, 3, 4, 5; Guidance Club 1; Class President 2; FBLA 2, 3, 4, 5; FTA 3; FNA 5.

JAMES PARKER ALLISON: JV Football; JV Basketball Manager 2; Spanish Club 2, 3, 4, 5, Treasurer 2, 3; Beta Club 4, 5, Asst. Boys' Sports Editor of Forester 4, Copy Editor of Forester 5.

LYNN EDWARD ALLSBROOK: Spanish Club 2; Beta Club 4, 5; SCA 5.

DEBORAH JEAN AMBROSE: Chorus 1, Secretary 1; SCA 1, 2; Flag Corps 3; Office Worker 4; FBLA 5.

SALLY MARY APPLEWHITE: Library Club 1; Science Club 1, 5; FTA 1; FHA 1; Music Club 1; French Club 2, 3, 4, 5; DECA 2; Pep Club 3, 4, 5; Dramatics 3, 5; SCA 5.

GEORGE MICHEAL ARRINGTON: FFA 1, 2, 3, 4, 5, State Farmer Award 4; Industrial Arts 4, 5, Third Place Virginia Industrial Arts 4, State Vice President 3, 4, State President 4.

ROSA DIANE ARTIS: FHA 1; Library Club 1; Pep Club 1, 2, 3, 4, 5, President 4; French Club 2, 3, 4; Basketball 3, 4, 5, Awards of Merits 4, 5, Co-captain 5; SCA 5; Monogram 5.

WANDA LEE ASTON: FHA 2, 3, 4, 5, Parliamentarian 3, Representative to Convention 3, President 4, Represented Southeastern Federation 4, President 5, President Southeastern Federation 5, Spanish Club 2, 3, 4; Beta Club 4, 5; SCA 4, 5.

RAY CHARLES BAGLEY: FTA 1; Library Club 3; FFA 4, 5.

DEBORAH ANITA BAILEY: Chorus 1; Adv. Chorus 3; Art Club 2; DECA 3; FBLA 5; Library Club 5.

MAURITTA YVONNE BAKER: Spanish Club 2, 3; FNA 5.

JAMES THOMAS BARRETT: Science Club 1; Library Club 1; DECA 3, 4, 5.

LORRAINE BARRETT: FHA 1; Art Club 4; Pep Club 5; Chorus 5, Secretary 5.

THOMAS EDWARD BEATON: JV Football 1, 2; Var. Football 3, 4, 5; FFA 1, 2, 3, 4, 5; Var. Band 1, 2, 3, 4, 5; Track 2; Monogram 3, 4, 5.

Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.

—Booker T. Washington

Class of '74 is the best!

It is not what he has, nor even what he does, which directly expresses the worth of a man, but what he is.

—Henri Frederic Amiel

WILLIAM HENRY BEST, JR.: Band 1, 2, 3, 4, 5, Vice President 4, President 5; Math Club 1; Audiovisual Club 1; JV Football 2; Var. Football 3, 4; Track 2, 3, 4, 5; Monogram 2, 3, 4, 5; Beta Club 4, 5, Vice President 5; SCA 5.

MICHAEL WAYNE BISHOP: FFA 1, 2, 3, 4, 5; JV Football 1, 2; Var. Football 3, 4, 5, Co-captain 5; Manager Baseball 1, 2; Industrial Art 3, 4, State Treasurer 3.

DENNIS LEON BLANCHARD: Dramatics 4; FTA 4, 5, Reporter 5, Chaplain 5, Co-Treasurer 5; Library Club 4.

ANDERSON ROCHELLE BOONE: Band 1, 2, 3, 4, 5, All County Band 2, District Workshop Band 3, 4; Math Club 1; Science Club 1; Audiovisual Club 1; SCA 2; Tidewater News Reporter 5.

LEON BOONE: Science Club 1; Audiovisual Club 1; Library Club 1; Industrial Art 1, 2, 3, 4, 5, State Historian 2, 4, Vice President 4, President 5; FTA 1; SCA 3, 5; Dramatics 4, 5, President 5; Madrigals 4, 5, Treasurer 4.

RAY ANTHONY BOONE: FFA 1, 2; Pep Club 1, 3, 4, 5; Band 1; Library Club 2; Art Club 3, 4, 5; Drama Club 4, 5.

CALVIN RICKY BOYCE: DECA 3, 4, 5, President 5.

LLOYD ALFONSO BOYKIN: Library Club 1, 5; Math Club 1; JV Football 2; SCA 2, 3, 4, 5, President 5; JV Basketball 3; Var. Basketball 4; Dramatics 4, 5; Boys' State Alternate 4; Nominated First Annual Governor's School For Gifted 4; Science Club 5.

DEBRA JEAN BRADSHAW: FBLA 3.

CATHY JOANNE BRINKLEY: Chorus 1; SCA 1, 2; Pep Club 2.

BETTY BROWN: Pep Club 3, 4, 5; Dramatics 4; Art Club 5; FNA 5.

OWEN RANDAL BURK: Band 1; DECA 3, 4, 5, Vice President 3.

ROBERT BENJAMIN BURRUS: Industrial Art 2, 3, 4, 5, Reporter 3, Historian 4; Var. Basketball Manager 4, 5.

WANDA JEAN BYRUM: Chorus 1; Adv. Chorus 3, 4; FTA 3; Regional Chorus 3, 5; FHA 4, 5, Vice President 4, Treasurer 5; SCA 4; Flag Corps 4, 5.

KAREN LYNN CANIPE: Pep Club 1, 2, 3, 4, 5; JV Cheerleader 2; Spanish Club 2, 3, 4, 5, President 4, 5; Var. Cheerleader 3, 4, 5, Co-captain 5; Beta Club 4, 5, Secretary 4; Monogram 3, 4, 5; FTA 3, 4, 5, Chaplain 3, Secretary 4, Vice President 5; Homecoming Attendant 3; Class Treasurer 4; SCA 4, 5, Vice President 5; Girls' State Alternate 4; Homecoming Maid of Honor 5; Co-editor of The Ranger 5.

Seniors Prove to Be

Happiness comes of the capacity to feel deeply, to enjoy simply, to think freely, to risk life, to be needed.

—Storm Jameson

JOANNE CAVENDER CARR: **FHA 1, 2, 3, 4, 5, Asst. Advisor 3, Song Leader 4; Pep Club 3, 4; JV Cheerleader 3; Majorette 4; FBLA 4, 5.**

HERBERT MARTIN CARTER: **Art Club 2, 3; French Club 3, 4, 5; Baseball 4, 5.**

MARY LILLIAN COFIELD: **FBLA 2, 3, 4, 5; Basketball 3.**

JAMES ALQUINTON COPELAND: **Library Club 1; Math Club 1; JV Football 3, 4; Var. Basketball 4, 5; French Club 3; Art Club 3, 4, 5, President 5; Science Club 5; Monogram 4, 5.**

JOYCELYN CASSANDRA COPELAND: **Library Club 1; French Club 3, 4, 5; Class President 4; SCA 4; Girls' State 4; Merits Who's Who 5; FNA 5; Homecoming Queen 5.**

PRENTIS ANN COPELAND: **JV Cheerleader 1; SCA 1; Science Club 1; FBLA 1, 5; Pep Club 2, 3, 4; DECA 3, 4; FNA 5.**

SANDRA COPELAND: **Math Club 1; Class Co-Treasurer 2; Library Club 4; French Club 5; SCA 5; Class Vice President 5; Co-editor of The Ranger 5.**

JOSEPH NEVELL CORNELL: **Baseball 2, 3, 4, 5; Industrial Art 2, 3, 4, President 4, State President 4; Var. Football 3, 4, 5, Captain 5; Monogram 3, 4, 5.**

CAROLYN SYVESTINE CROSS: **FHA 1; Library Club 1; SCA 1; Pep Club 3, 5; French Club 3; FNA 5; Merits Who's Who 5.**

KATHY LAVERNE CROSS: **FHA 1, 2, 3; Chorus 1, 2, 3, 4, 5; Pep Club 1, 4, 5; Band 1, 2; French Club 2, 3, 4, 5; SCA 2, 3, 4, 5; FTA 4, 5; Drama Club 2, 3; Art Club 4, 5; Library Club 2, 3.**

STEVEN GLEN DAVIS: **JV Basketball 1, 2; JV Football 1; Var. Basketball 3, 4, 5; FTA 3; Monogram 4, 5.**

DAVID HENRY DUKE: **DECA 3, 4, 5; Industrial Art 3, 4, 5.**

KENNETH WAYNE DUNN: **Class Vice President 1; SCA 1; Var. Band 1, 2, 3, 4, 5; JV Football 2; Beta Club 4, 5; Golf 3, 4, 5; Monogram 3, 4, 5.**

an Active Class

DAVID MICHAEL DUNN: FFA 1, 2, 3, 4, 5, President 4, Vice President 5; JV Football 2; SCA 4, 5; Industrial Art 5.

ERNEST ELEY: Hi-Y 1, 2; Band 1; French Club 2; First Place Southeast Virginia Science and Math Conference 2; Science Club 5.

MARK THOMAS ELLIS: Band 1, 2, 3, 4, 5, Workshop Band 3, 4, All City Band 5; Spanish Club 2, 3; Beta Club 4, 5, Treasurer 4, President 5; Annual Staff 5; Merits Who's Who 4; SCA 5.

RITA LEIGH ELLIS: FTA 3, 4, 5, President 5; French Club 4; SCA 5.

MILTON SEOGGINS EPPERSON III: Band 1, 2, 3, Pep Band 3; First Place Science Fair 1; French Club 3, 4, 5.

DOROTHY LEE EVERETT: Library Club 1; Pep Club 4, 5.

SANDRA ODELL EVERETT: JV Band 1; Jr. Beta Club 1; FHA 2, 3; French Club 3, 5; Merits Who's Who 4; Beta Club 5; Index Editor of Forester 5.

JIMMY CARROLL FANNY: FFA 1; Adv. Chorus 2, 5; Industrial Art 4, 5.

JACKIE FAULK: Art Club 5; Pep Club 5; FNA 5.

LARRY JERONE FAULK: FTA 1; SCA 4; French Club 4; Industrial Art 5.

MELVIN TURON FAULK: FFA 1, 2, 3, 4, 5; FTA 1; Library Club 1; Band 1; JV Football 2; Industrial Art 3, 4, 5; Chorus 4.

MARCUS DELMAN FELTON, JR.: JV Basketball 1, 2, 3; Var. Basketball 4, 5; SCA 1, 2, 5, Treasurer 4; Var. Band 1, 2, 3, 4, 5, President 4, Vice President 5, Workshop Band 4; All City Band 5; Jr. Beta Club 1; Beta Club 4, 5; Baseball 2, 3, 4, 5; Class Vice President 2; Treasurer 3; Monogram 2, 3, 4, 5, Vice President 5; Merits Who's Who 4.

LINDA FRANCIS: Chorus 1; Adv. Chorus 2; Madrigals 3, 4, 5, Regional Chorus 5, Treasurer 3, President 5; Pep Club 1, 2, 3, 4; DECA 4, 5, President 5; SCA 5.

ROBERT JAMES FROEMEL: Spanish Club 2, 3, 4, 5.

BARBARA LACRAY GATLING: Pep Club 1, 3, 5; Library Club 1; Band 1; FHA 1; SCA 2, 3; DECA 3, 4, 5, Secretary 4, Vice President 5; French Club 4, Secretary 5; Girls' State 4.

I have four things to learn in life: To think clearly without hurry or confusion; To love everybody sincerely; To act in everything with the highest motives; To trust in God unhesitatingly.

—Helen Keller

Seniors — An Involved

SANDRA KAY GLOVER: Library Club 3, 4, 5; Beta Club 4, 5; Chorus 4, Librarian 4; Adv. Chorus 5.

ROSE MARIE GOINS:

CHANCEY LESLIE GRIGGS, JR.: Pep Club 1, 2, 3, 4, 5; French Club 4, 5; FTA 5, Treasurer 5; FBLA 5.

MERLE DARLENE GROVES: Class President 1; Pep Club 1; Spanish Club 2, 3; Majorette 2, 3, 4; FBLA 5; Library Club 5.

DORA LUCILLE HALL:

JOHN HENRY HAMILTON: Var. Band 1, 2, 3, 4, 5; Pep Band 2, 3, 4, 5; Latin Club 2, 3, 4, 5, President 4.

THEODORE WILLIAM HANEL: Drill Team 1, 2; JV Football 2; Madrigals 3; Adv. Chorus 5; Track 5.

MILDRED KATHERINE HAWKINS: SCA 1; Guidance Club 1; Art Club 4, Secretary 5; Pep Club 5.

CAROLYN JUNE HARRELL: JV Band 1, 2; FHA 1, 2, 3, 4, 5, Treasurer 3, Secretary 4, Federation Reporter 4; Office Worker 4; FBLA 5.

ELIZABETH LYNN HARRELL: Chorus 1; FBLA 2, 3, Parliamentarian 3; DECA 3, 4, 5, Treasurer 5; FHA 4, 5.

HELEN PATRICIA HARRIS: DECA 3; Art Club 4, 5; FNA 5.

MICHAEL DENNIS HARRUP:

KAREN JOYCE HOBBS: French Club 3, 4, 5, Vice President 5; FBLA 3, 4, 5, Treasurer 5; Beta Club 4, 5; Pep Club 4; Library Club 5; SCA 5.

GARVIN RALSTON HOLLAND:

JOAN ARLENE HOLLAND: Chorus 1; DECA 3; FBLA 5.

LETCHER LEE HOLLAND, JR.: Latin Club 3, 4, 5; Track 3.

OMEGA VINCENT HOLLAND: FTA 1; JV Basketball 2, 3; Monogram 2; Beta 4, 5; Class Vice President 4; Var. Basketball 4; Art Club 5, Treasurer 5; Science Club 5.

and Happy Class

They might not need me; but they might, I'll let my head be just in sight; A smile as small as mine might be precisely the necessity.

—Emily Dickinson

PATRICIA ANN HOLLAND: Spanish Club 2; Library Club 3, 4, Vice President 4; FNA 5; Office Worker 5.

PHYLLIS CAROL HOLLAND: Spanish Club 1, 2; Band 1, 2, 3; Beta Club 4, 5, Asst. Girls' Sports Editor of Forester 4, Girls' Sports Editor of Forester 5; Girls State 4.

SHARON EVORA HOLLAND: SCA 1, 5; Pep Club 1, 2, 3, 4, 5; Guidance Club 1; Library Club 1; Dramatics 1; French Club 2, 3; FHA 4; FBLA 4, 5; FNA 5.

CAROLYN ANN HOWELL: Library Club 1; FHA 1; Pep Club 5.

LINDA DENISE HOWELL: Guidance Club 1, Reporter 1; SCA 1, 5; Dramatics 1; French Club 2, 3; Pep Club 2, 3; DECA 3, 4, 5, Reporter 4.

LINDA LIVERMAN HOWELL: DECA 3, 4, 5.

THOMAS E. HUNTER: FTA 1; JV Basketball 2; Var. Basketball 3; JV Football 2; Baseball 3, 4, 5; DECA 3, 4, 5, Parliamentarian 4.

TYRONE HUNTER:

ROLAND JAMES MERNIGAN: JV Basketball Manager 1; Var. Basketball Manager 3; Track Manager 2; Industrial Art 2, 3, 4; FFA 1, 2, 3, 4, 5.

CATHY ELAINE JOHNSON: FHA 1, Historian 1; Class President 2; DECA 2, 3, 4, Historian 2, Executive Vice President 4; Class President 3.

TIMOTHY JETT JOHNSON: Latin Club 1, 2, Vice President 2; Jr. Beta Club 2, 3; Beta Club 4, 5; French Club 3, 4, 5, Treasurer 4; Boys' State 4; Merits Who's Who 4; SCA 5; Class President 5; Co-editor of Forester 5.

MARVIN LYNDELL JONES: Spanish Club 2; Art Club 5; Band 1, 2, 3, 4, 5.

ROBERT DUANE JONES: First Place—Science Fair 1; Spanish Club 2, 3, 4, 5; Beta Club 4, 5.

ROBERT LANE JONES: JV Basketball 1; Band 1, 2, 3, 4, Treasurer 2; SCA 2, 4, 5; Class President 3; Baseball 3.

DIANE JOYNER: Art Club 5; FBLA 5.

BETTY DENISE KEEN: SCA 1, 2, 3, 4; Spanish Club 1, 2, 3, 4, 5; Pep Club 1; Beta Club 4, 5; Annual Staff 5; FBLA 4, 5; Office Worker 5.

A Record That Bids

Be a life long or short, its completeness depends on what it was lived for.

—David Starr Jordan

GARY KINDRED: J.V. Football 1, 2; Var. Football 3, 4; Spanish Club 2, 3; Monogram Club 4.

KENNETH BUTLER KING: Industrial Art 1, 2, 3, 4, 5, Secretary 4, Honorable Mention 4; Art Club 3, 4; Golf 3, 4; Monogram 4, 5.

PERMELIA GAYLE KING: Chorus 1; Pep Club 1, 2, 3, 4, 5; FHA 2, 3, 4, 5, Parliamentarian 5; FBLA 2, 3, 4; JV Cheerleader 3.

SYLVIA ANN KNIGHT: Pep Club 5; FNA 5.

CLARK DUANE LANGSTON: Track 1; JV Football 2; Baseball 3; DECA 5.

MOLLIE E. LANGSTON: SCA 1; Guidance Club 1; French Club 2, 3; JV Band 2; Var. Band 3, 4, 5; Class Secretary 4.

ANN PAGE LAWRENCE: Chorus 1; Adv. Chorus 2; Pep Club 4, 5.

KAREN LEIGH LEGGETT: Latin Club 1, 2; FTA 3; French Club 3, 4, 5; Beta Club 4, 5; Business Manager of Forester 5; Merits Who's Who 5.

DAVID EARL LOVETT: JV Football Manager 1; JV Football 2; Var. Football 3, 4, 5; Monogram 3, 4, 5, President 5; Spanish Club 3, 4, 5; Beta Club 4, 5.

DENNIS LEVELL LUSTER: JV Basketball 1, 3; Band 1, 2, 3, 4, 5.

RICKY SHERRADO MAJETTE: Industrial Art 1.

LUCY ANN MANLEY: Chorus 1, 2, 3; Madrigals 4, 5; FHA 3, 4, 5; Pep Club 3.

MARY LINDA MANLEY: Library Club 1, 2; Basketball 3, 4, 5; FHA 4; Art Club 5.

DORIS LEE MAYS: FBLA 3, 4, Historian 4.

STEVEN ALAN MCCARTHY: Chorus 1, 2, 3; Madrigals 5; Regional Chorus 5; DECA 3, 4, 5, Treasurer 4, Executive Vice President 5; SCA 5.

LARRY DONELL MINGGIA: Baseball 1; Track 2.

QUINTIN MARTIN MITCHELL: Science Club 1; Baseball 1; Dramatics 5.

RUBY GWENDOLYN MORINGS: Library Club 1; Pep Club 1, 3, 4, 5; SCA 2; French Club 2, 3; Flag Corps 4, 5, Co-captain 5; FNA 5, President 5; Chorus 5.

DEBRA LYNN MUTTER: FHA 1, 2, 3, Historian 3; Latin Club 1, 2; JV Cheerleader 2; Var. Cheerleader 3, 4, 5, Co-captain 5; Pep Club 2, 3, 4, 5; French Club 3, 4; Monogram 3, 4, 5; Merits Who's Who 5.

Well For the Future

GLORIA ANN MYRICK: Library Club 1; Pep Club 1, 2; Art Club 3, 5; French Club 4, 5; Basketball 5.

SYLVIA CAROLE NELSON: Band 1, 2, 3, Secretary 3, All Regional 2, 3, Sr. Regional 4; Drum Majorette 4, 5; All-City Band 5; Latin Club 1, 2, President 2; Jr. Beta Club 2, 3; First Place Science Fair 1; SCA 1, 2, 5, Historian 2; Class Secretary 3; Asst. Editor of Forester 4; Co-editor of Forester 5; Beta Club 4, 5; French Club 4, 5, Reporter 4, Treasurer 5; Girls' State Alternate 4.

JUNE EILEEN NEWSOME: FHA 1, 2; Pep Club 1.

SUSAN LYNNE NIXON: Pep Club 1; FHA 1, 2; Chorus 1; Adv. Chorus 4, 5; FBLA 2, 3, 4, 5; FNA 5.

BERNICE NORFLEET: FHA 1, 2; Basketball 3, 4, 5.

JEFF WOOD NORFLEET: Industrial Arts 2, 3, 4, 5; Spanish Club 2, 3, 4, 5; Dramatics Club 4, 5; Chess Club 5; Art Club 5.

CAROLYN MARIE ODOM: Majorette 1; Dramatics 1; FBLA 2, 3, 4, 5, Treasurer 4, President 5; French Club 2, 3, 5; Homecoming Attendant 4; Pep Club 4; SCA 5.

DEBORAH ANN OWEN: SCA 1; Pep Club 1, 2, 4; Majorette 3, 4, 5; FBLA 5; WLPM Correspondent 5.

JAMES RONALD PADGETT: Art Club 2, 3, 4, 5; Industrial Art 3; Library Club 4.

GILMER CHRISTOPHER PARKER: Band 1, 2, 3, 4, 5; FTA 1; Third Place Chemistry/Physic Exhibit 4.

LOU ANN PERRY: Chorus 1; FBLA 4, 5.

DAVID DEAN PILAND: JV Football 2; Baseball 2, 3; Industrial Art 3, 4, 5, Reporter 4.

DENISE JUNE RAWLS: Chorus 2; Pep Club 2, 3, 4, 5; French Club 3, 4, 5; FTA 3; Art Club 4, Secretary 5; FNA 5; Science Club 5.

IRENE RAWLS: Dramatics 1; FHA 1; Pep Club 4; FNA 5.

TERESA DAWN RHODES: Chorus 1, 2, 3; Pep Club 1, 2, 3; Spanish Club 2, 3, 4, 5; SCA 1, 2, 3, 4, 5; JV Cheerleader 3; Library Club 4, 5; Merits Who's Who 5.

In Doing Lies

MARY EDITH RIDDICK: Basketball 2, 3, 4; Pep Club 3, 4, 5; Art Club 4, 5.

STEVEN ROSS SMITH: JV Football 1; Spanish Club 3, 4, 5; Beta Club 4, 5.

ROBERT BENJAMIN SPEIGHT: Spanish Club 1, 2, 3, 4, 5; Golf 3, 4, 5; Monogram 4, 5; Beta Club 4, 5; Boys' Sports Editor of Forester 5.

NORMAN BRIAN SPIVEY:

JULIA PAULETTE STATON: Dramatics 4, 5, Secretary 4, 5; Madrigals 4, 5, Secretary 4, 5; Pep Club 4, Secretary 4.

PEGGY ANGELA STEPHENSON: FHA 1, 3; FBLA 4; Office Worker 4.

VANESSA BELINDA SUMNER: Class President 1; Band 1; JV Cheerleader 1; French Club 2, 3, 4, 5; Homecoming Attendant 2; Art Club 3, 4, 5; Homecoming Attendant 4; Class Secretary 5.

EDWARD DOUGLASS UMPHLETT: Beta Club 4; Industrial Art 4, 5, Vice President 5.

GEORGE DEWEY UNDERWOOD: JV Football 1; Band 1, 2; Chorus 1; Madrigals 3, 5; Pep Club 1, 2; Spanish Club 3, 4, 5; Baseball 3, 4, 5; Industrial Art 5; Dramatics 5; Chess Club 5.

PHYLLIS INEZ UNDERWOOD: Chorus 1; FHA 2; Flag Corps 5; Pep Club 5.

ELEY BIITTNER VANN: JV Football 2; Manager Baseball 2; Manager Var. Football 3; Baseball 3, 4, 5; Var. Football 4; Manager Var. Basketball 3, 4, 5; Industrial Art 3, 4, 5; Pep Club 3, 4, 5; Library Club 5; French Club 3, 4, 5; Monogram 3, 4, 5.

CARLIA MELISSA WALDEN: SCA 1; Pep Club 1; JV Cheerleader 1; Science Club 1; Library Club 1; Basketball 2, 3, 4; Monogram 2, 3, 4, 5.

STEVE THOMAS WALTERS: DECA 5.

MARY ELIZABETH WARREN: Library Club 1; Pep Club 1; FHA 5.

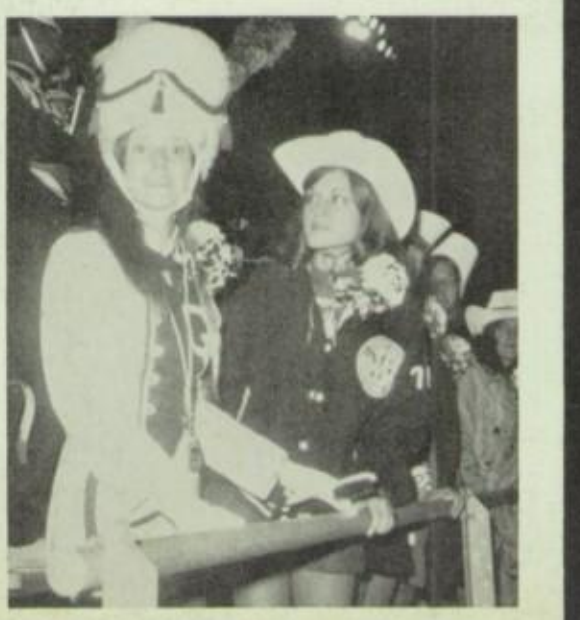
CAROLYN KAY WEST: Pep Club 1, 2, 3, 4, 5; Band 1, 2, 4; Spanish Club 2, 3; FBLA 3, 4, 5; Var. Cheerleader 4, 5; Monogram 4, 5; Office Worker 5.

RAY THOMAS WHITE: Dramatics 1; Art Club 1, 2, 3, 4, 5; JV Football 2; Var. Football 3, 4, 5; Monogram 2, 3, 4, 5; Track 2, 3, 4.

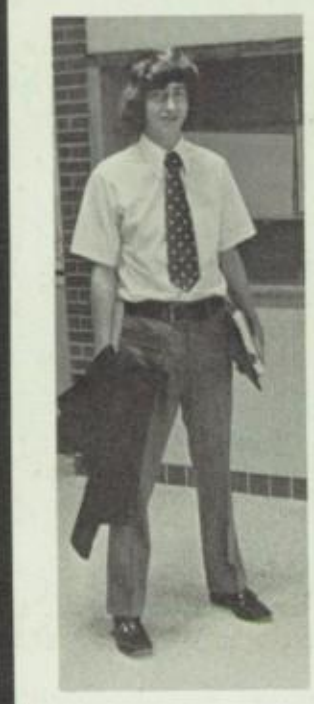
CURTIS ELIJAH WHITFIELD: Band 5.

We should have much peace if we would not busy ourselves with the sayings and doings of others.

—Thomas Kempis



Life's Fulfillment



The good, as I conceive it, is happiness, happiness for each man after his own heart, and for each hour according to its inspiration.

—George Santayana

KATHY LYNN WHITFIELD: Chorus 1; SCA 1; Pep Club 1, 2, 3; Basketball 3; FBLA 3, 4, 5.

RODERICK COSTELLO WHITFIELD: Science Club 1; Library Club 1; JV Football 2; Var. Football 3, 4; Industrial Art 2; FFA 2, 5; Dramatics 3; Monogram 3; Track 3, 4; Art Club 5.

PATRICIA YVONNE WHITLEY: Chorus 1, President 1; Class Treasurer 1; SCA 1, 3; FHA 1; Adv. Chorus 2; FNA 5; Merits Who's Who 5.

ALTA BRENDA WIGGINS: SCA 1, 3; FHA 1, 2; Pep Club 4, 5; French Club 4, 5.

DARNICE WIGGINS: Pep Club 2, 3, 4, 5; FBLA 4, 5; SCA 5; Class Treasurer 5.

GLADYS COLETTE WIGGINS: SCA 1; Pep Club 1, 2, 5; Guidance Club 1; Art Club 3, 4; FNA 5.

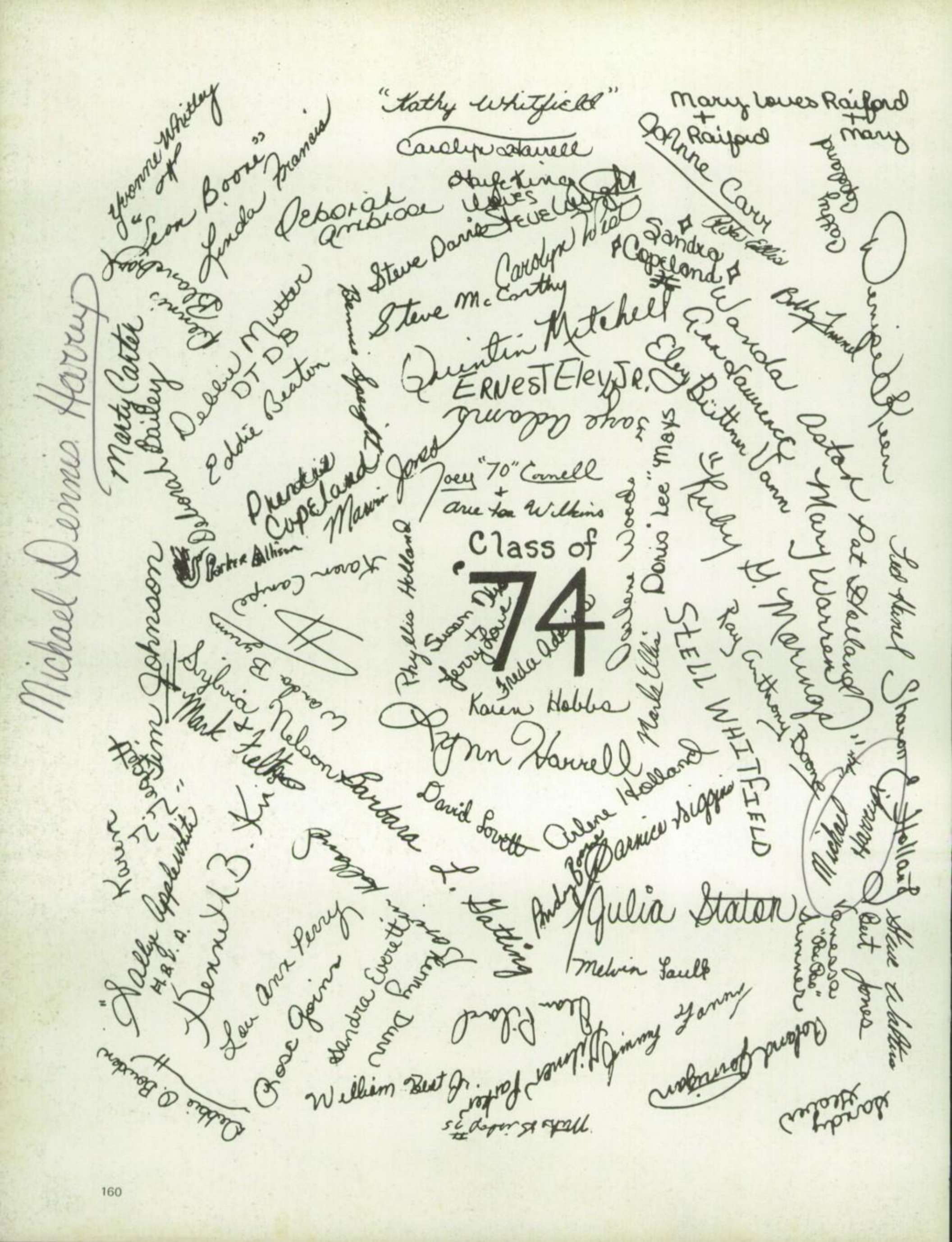
BEVERLY A. WILLIAMS: Chorus 1, 2, 4, President 4; Adv. Chorus 3; Dramatics 4, 5, Vice President 5; French Club 4; FNA 5.

GAYNELL WILSON: Library Club 1; Chorus 1, 2; Art Club 5.

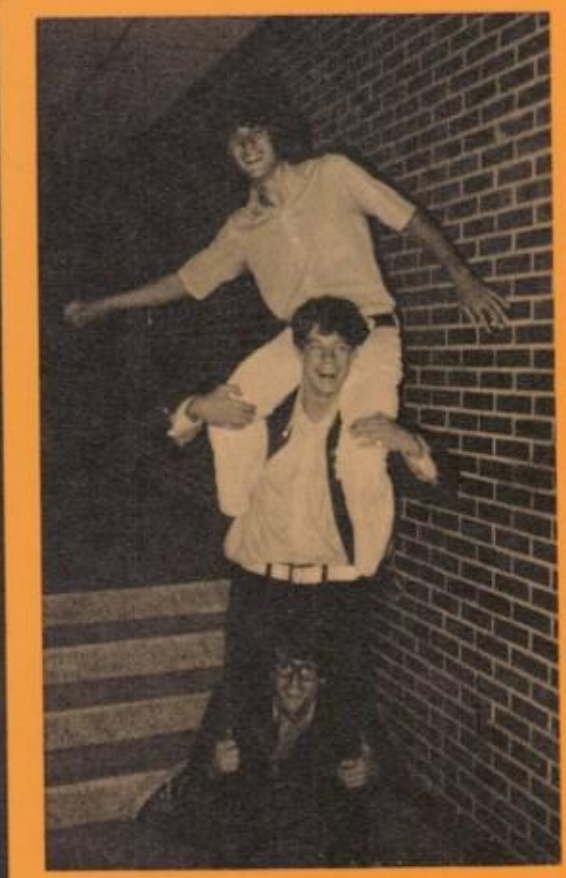
STANLEY PERCELL WILSON:

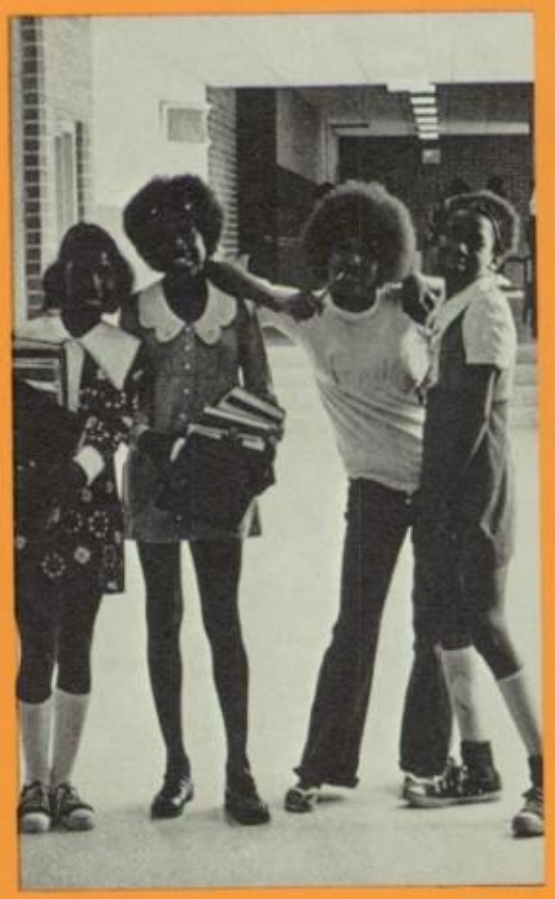
HARRY DEXTER WOOD:

WALTER WILLIAM YATES:


Class of
74

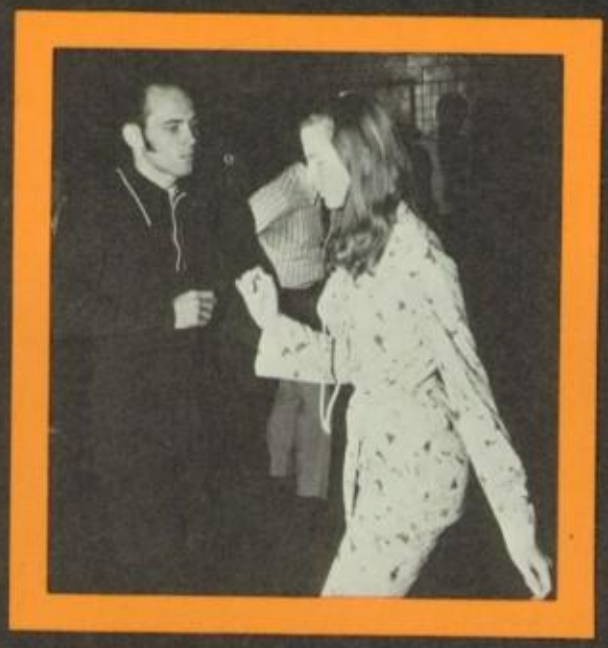
Be yourself.



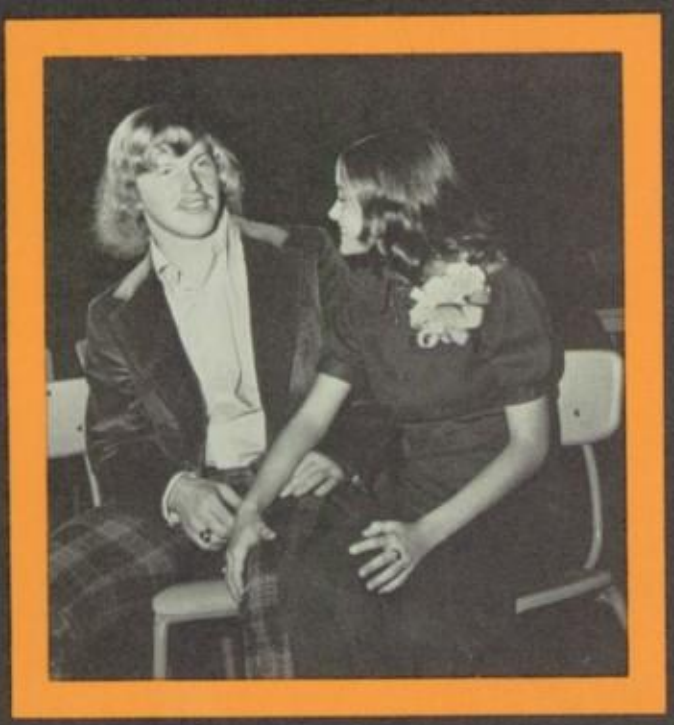


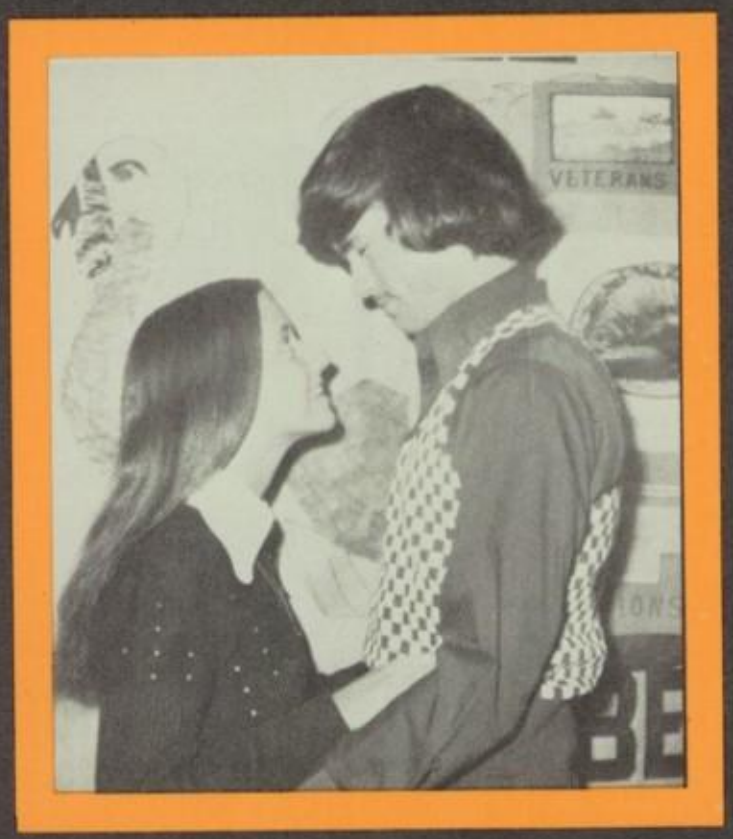
Especially do not feign affection.

Neither be cynical about love;



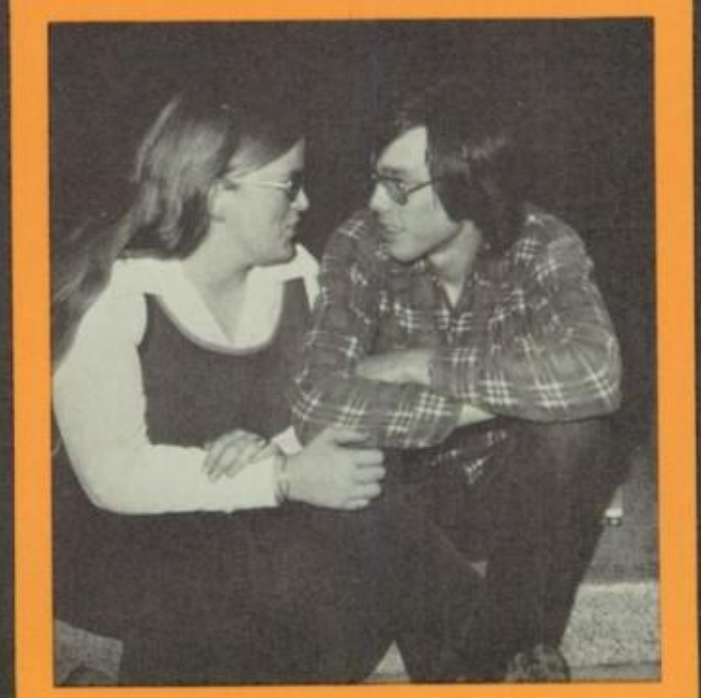
For in the face of all aridity and disenchantment it is perennial as the grass.



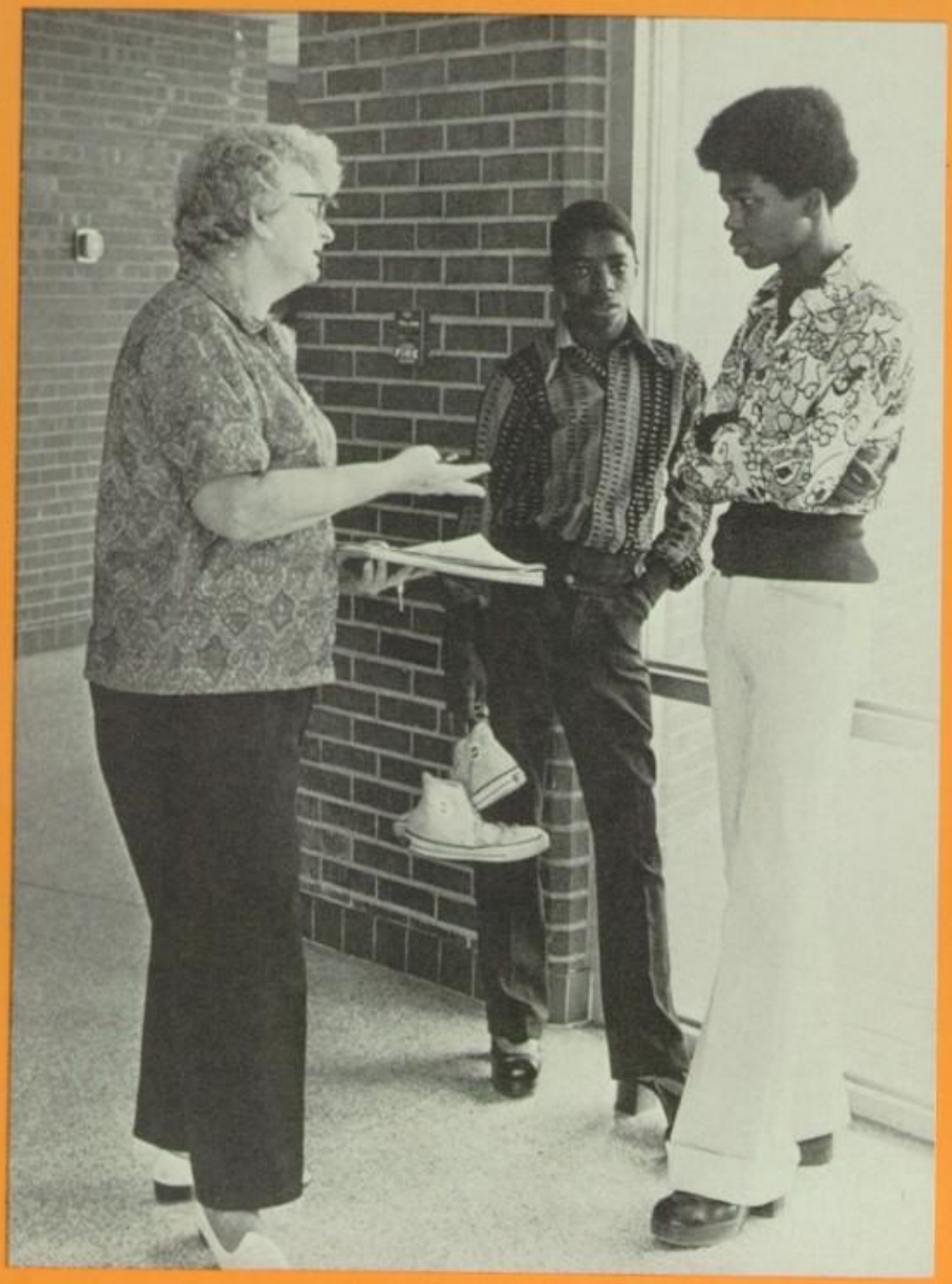


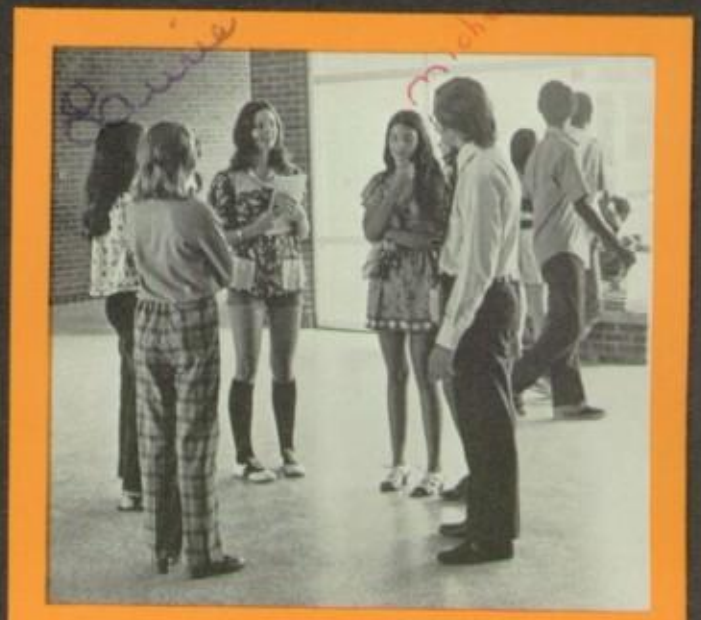
Love is the river of life in this world. Think not that ye know it who stand at the little tinkling rill, the first small fountain. Not until you have gone through the rocky gorges, and not lost the stream; not until you have gone through the meadow, and the stream has widened and deepened until fleets could ride on its bosom; not until beyond the meadow you have come to the unfathomable ocean, and poured your treasures into its depths — not until then can you know what love is.

—Henry Ward Beecher



Take kindly the counsel of the years,

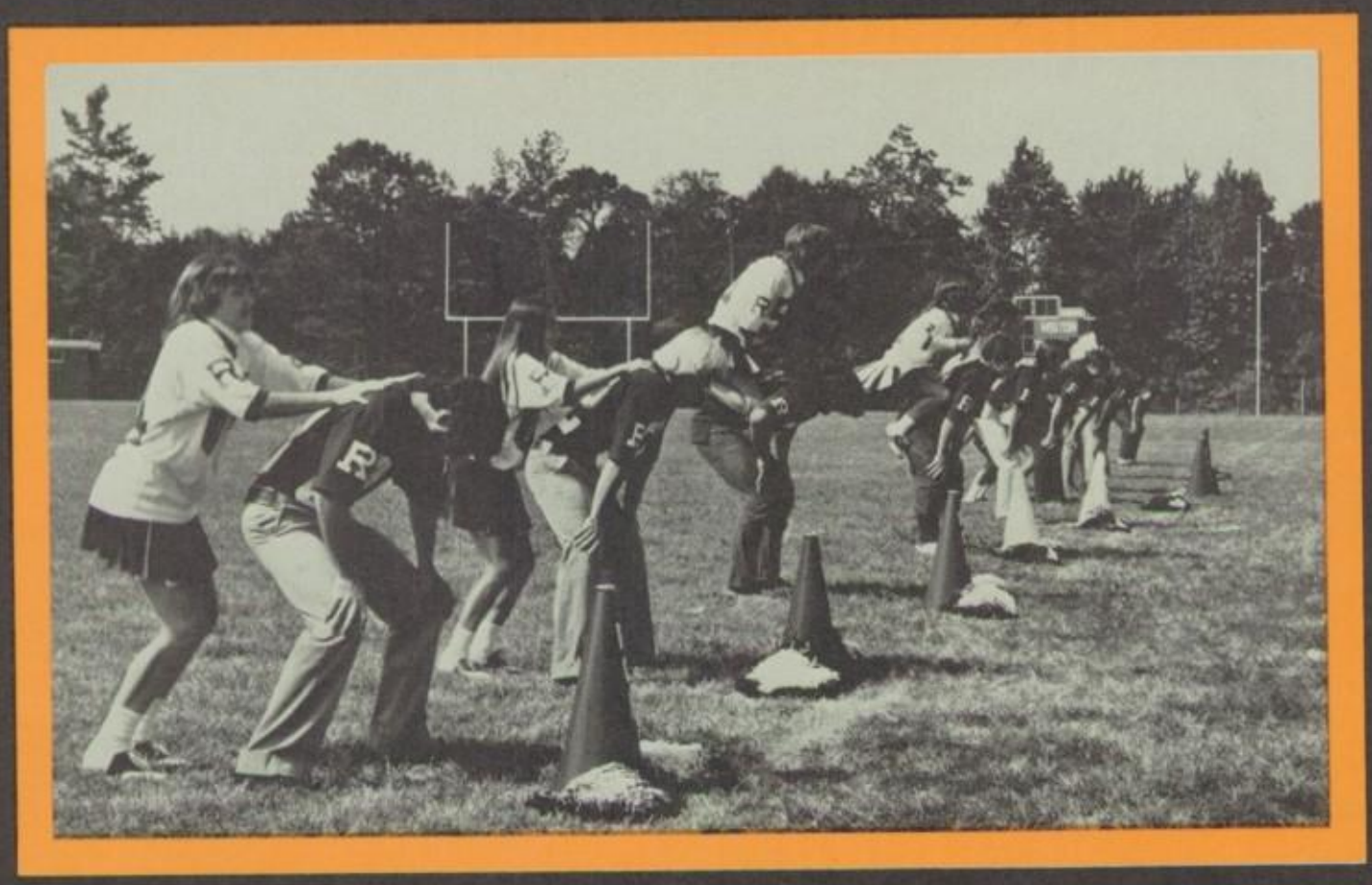


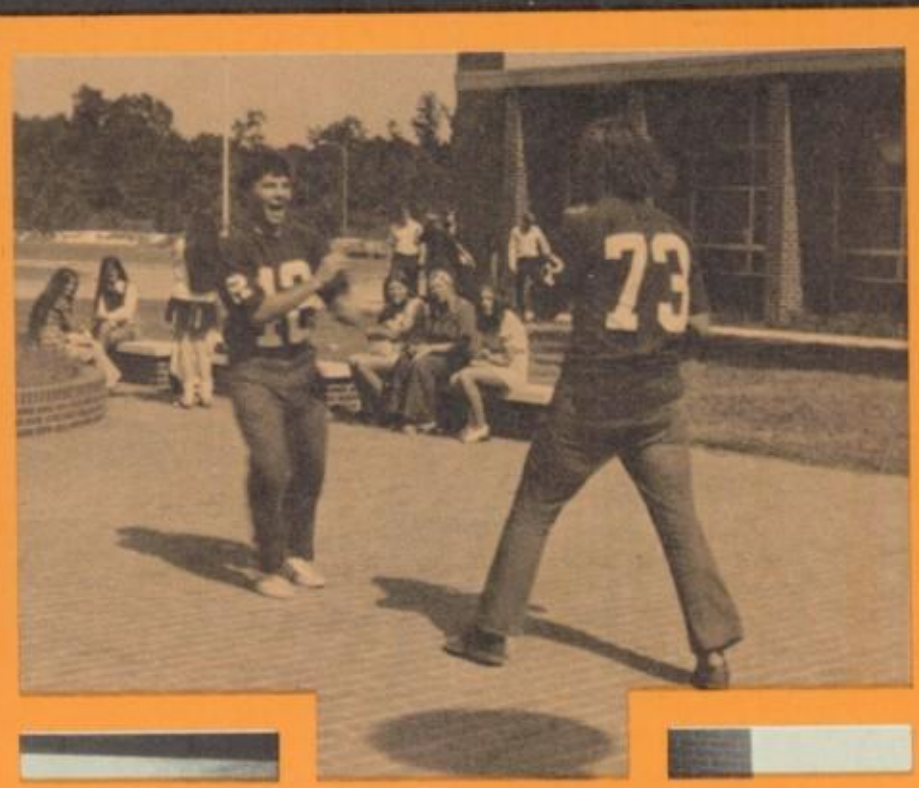


A father sees a son nearing manhood. What shall he tell that son? "Life is hard; be steel; be a rock." And this might stand him for the storms and serve him for humdrum and monotomy and guide him amid sudden betrayals and tighten him for slack moments. "Life is a soft loam; be gentle; go easy." And this too might serve him."

—Carl Sandburg

gracefully surrendering the things of youth.





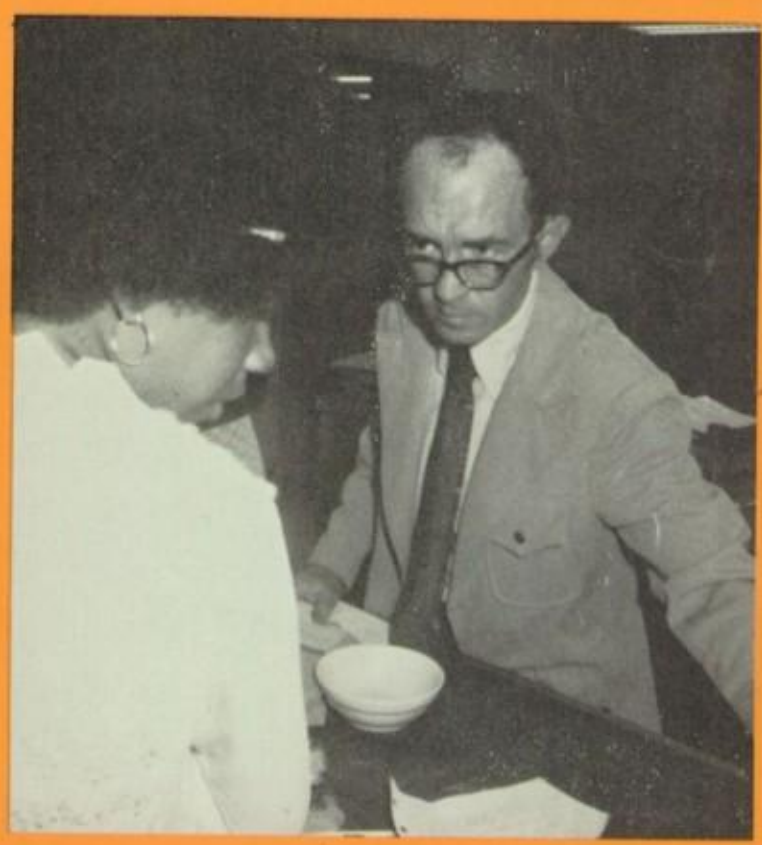
Nurture strength of spirit to shield you in sudden misfortune.

There is a very high quiet, far beyond the speed of sound, that invites each of us to find peace within ourselves. How diligently we search for it elsewhere, wishing for some sort of magic carpet to whisk us away to a peaceful place. And we often discover how short-lived is that magic.

Peace is not a forced habit, it is a relaxed practice. It is the knowledge beyond the thought that in this quiet moment I cannot turn the world around and yet in releasing the burden allow it to begin adjustments.

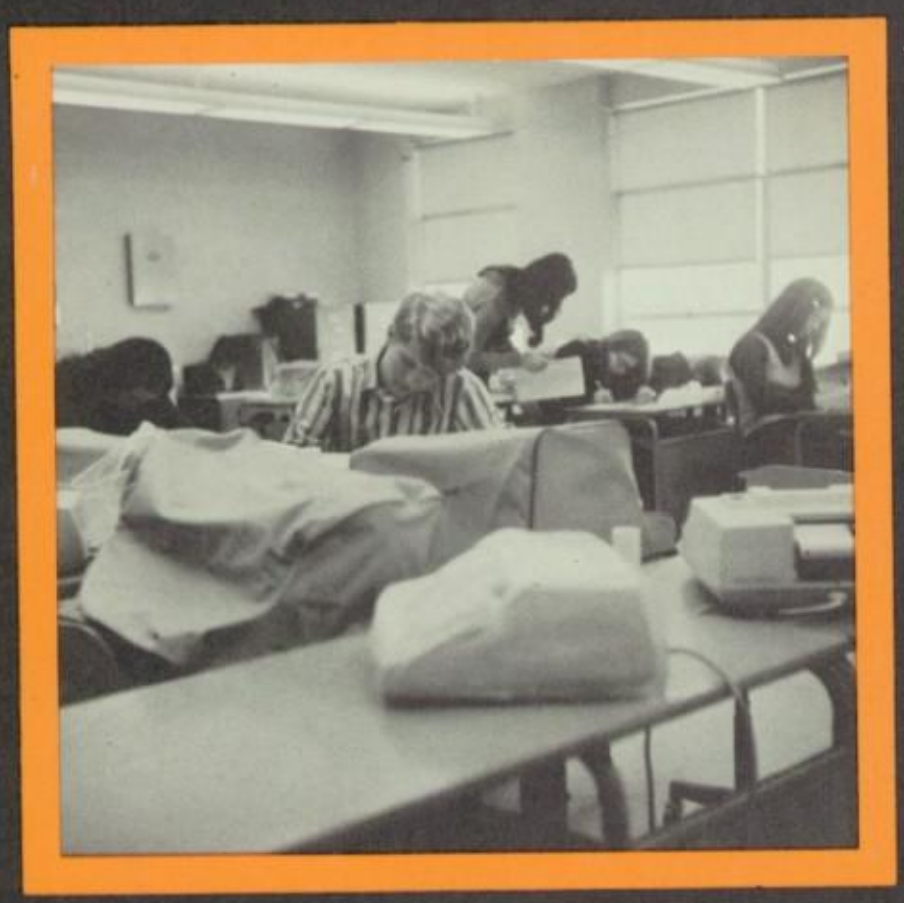
To rise above our emotions, to control and release the tension, will allow peace to flow to us. Sometimes when we cannot forcefully straighten out our lives we can take our hands off and allow it to improve naturally.

Joyce Hifler

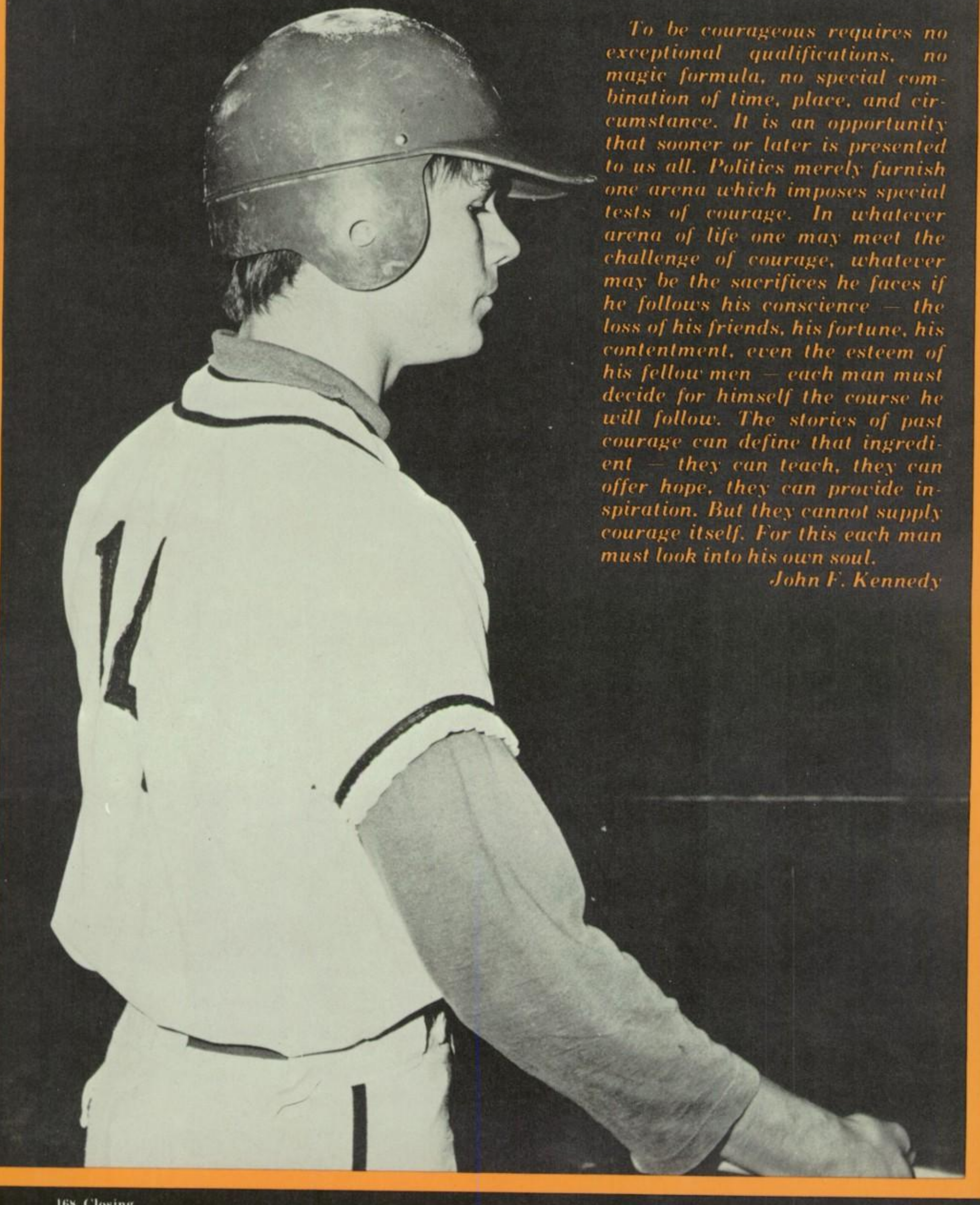


But do not distress yourself with imaginings.

Many fears are born of fatigue and loneliness.



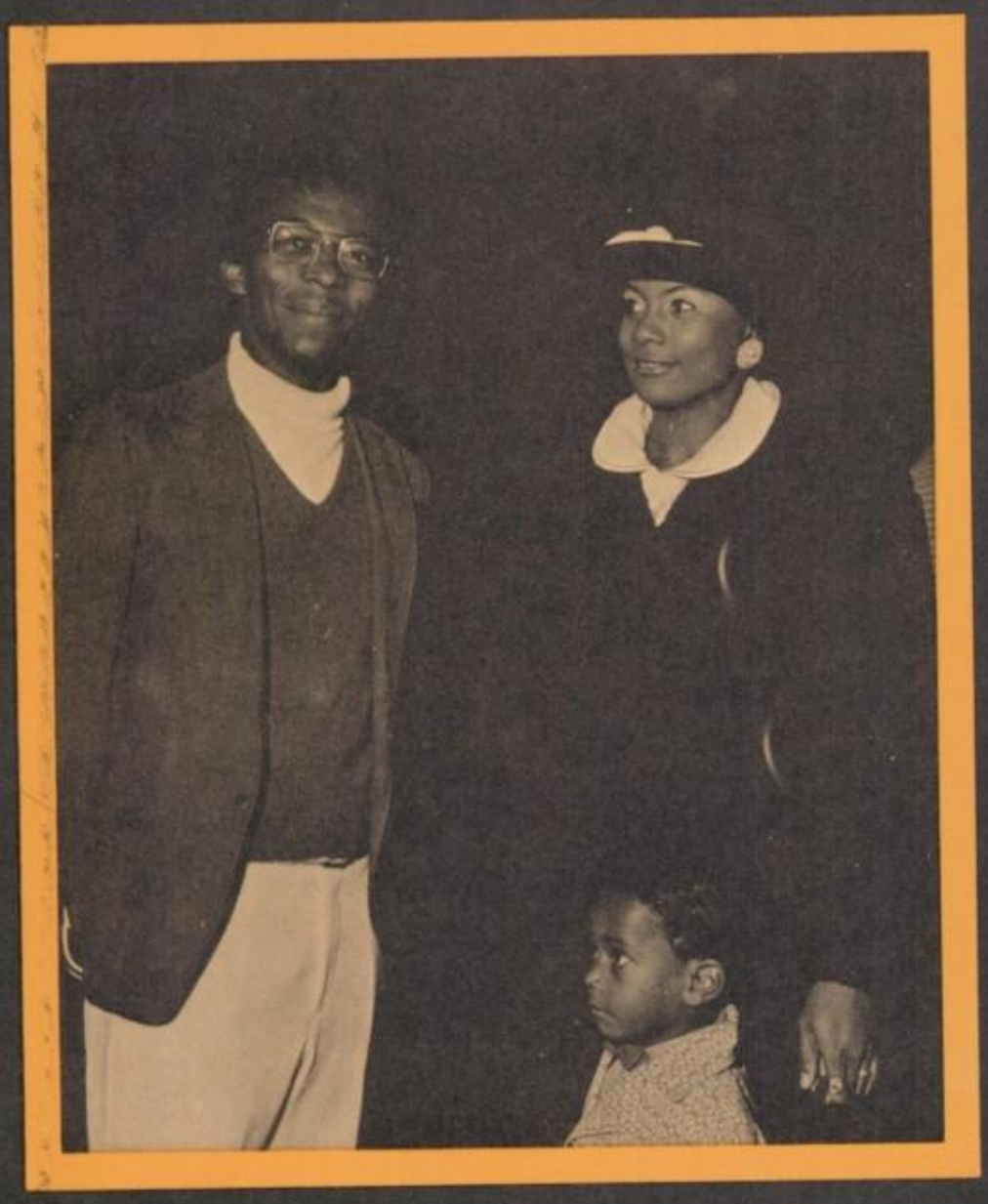
Beyond a wholesome discipline,



To be courageous requires no exceptional qualifications, no magic formula, no special combination of time, place, and circumstance. It is an opportunity that sooner or later is presented to us all. Politics merely furnish one arena which imposes special tests of courage. In whatever arena of life one may meet the challenge of courage, whatever may be the sacrifices he faces if he follows his conscience — the loss of his friends, his fortune, his contentment, even the esteem of his fellow men — each man must decide for himself the course he will follow. The stories of past courage can define that ingredient — they can teach, they can offer hope, they can provide inspiration. But they cannot supply courage itself. For this each man must look into his own soul.

John F. Kennedy

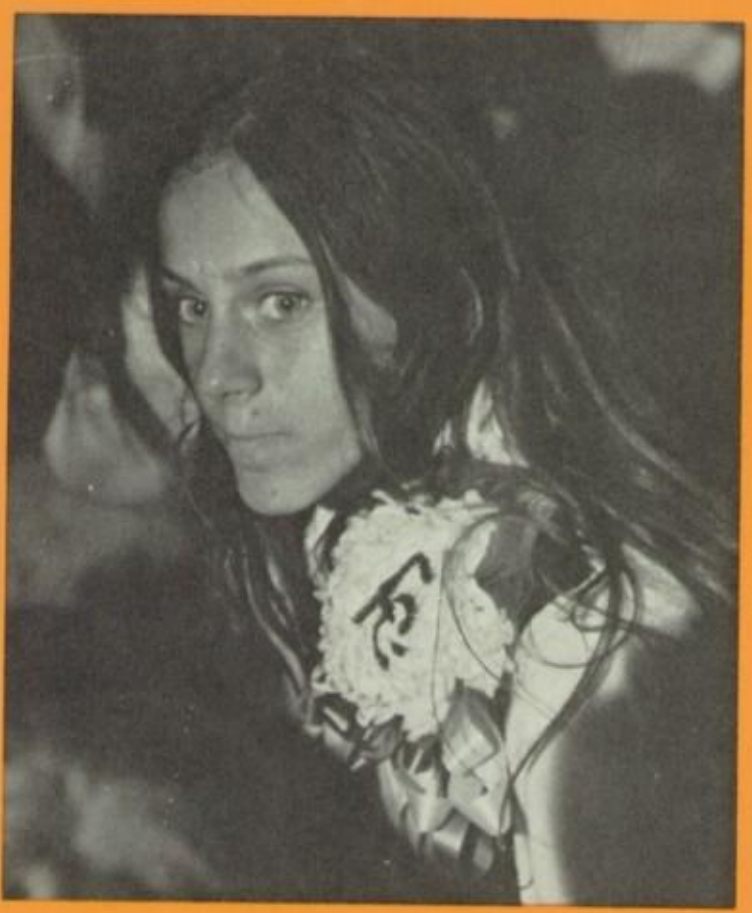
Be gentle with yourself.

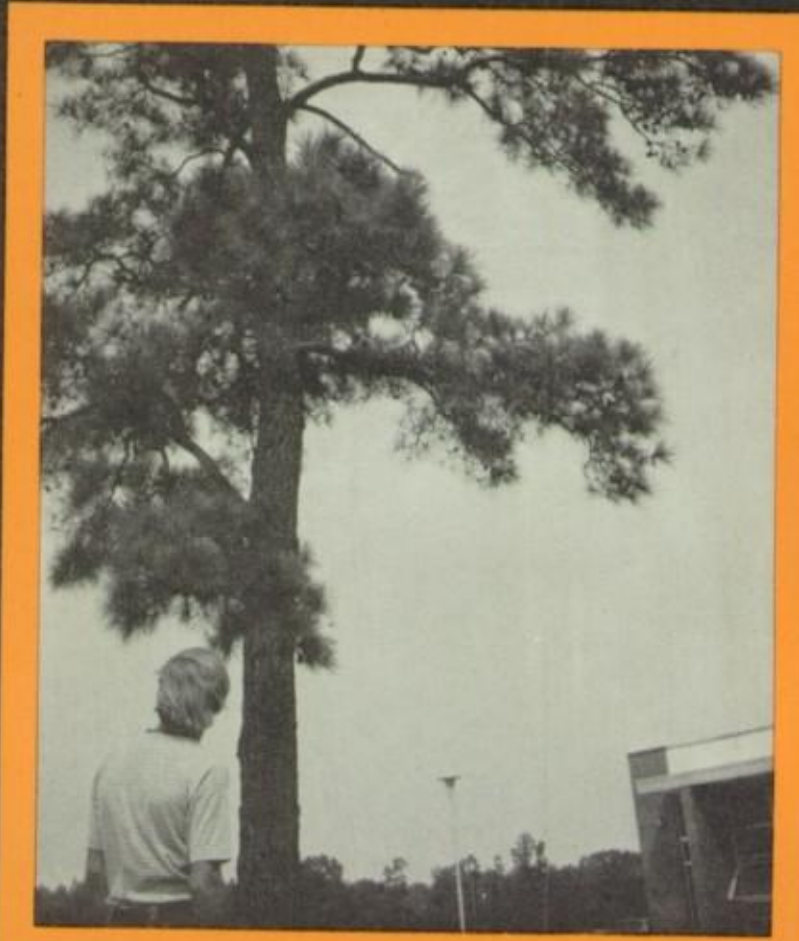


Truth is always in us. There is nothing new under the sun. All we have to do is learn how to handle what we already are . . .

Ruth Given Jacques

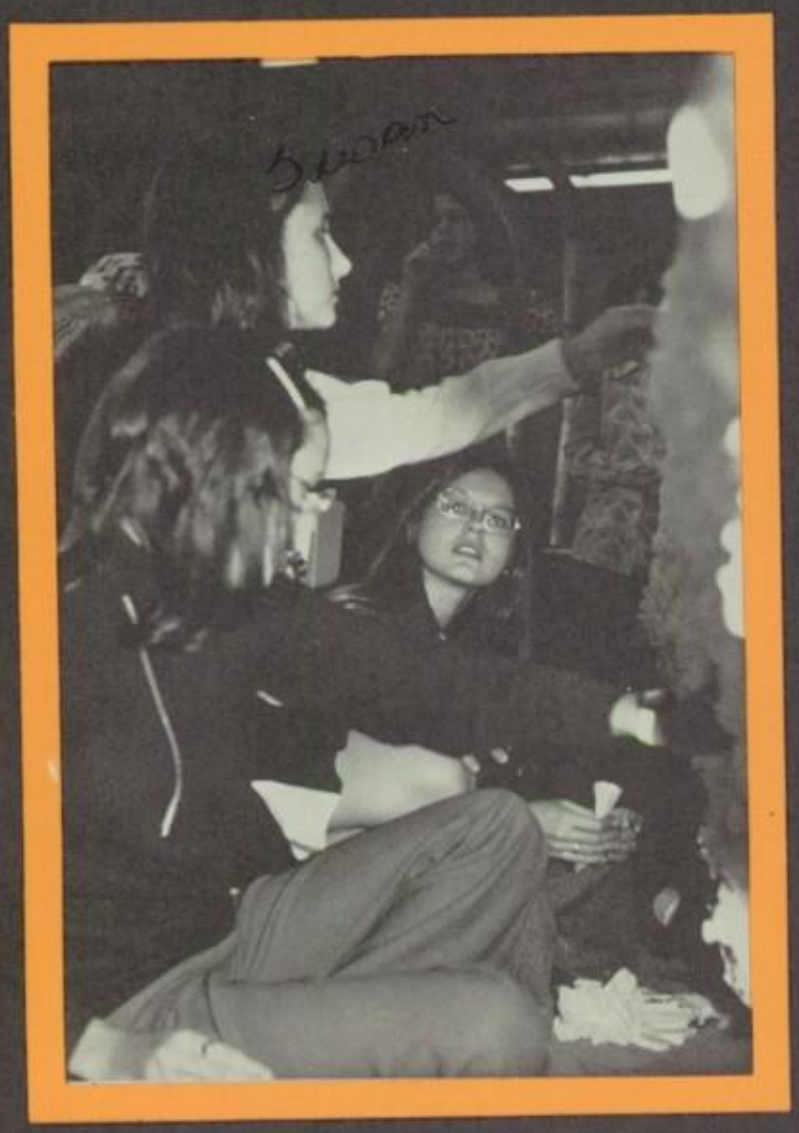
You are a child of the universe, no less than the trees and the stars;





you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should.



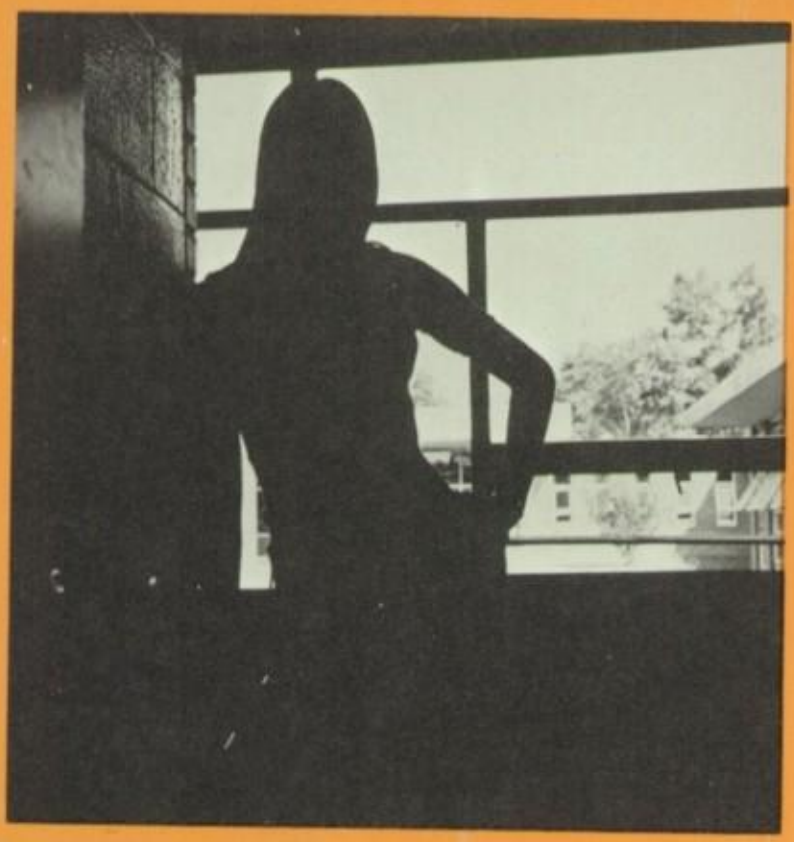
All of life travels on a cycle. We have the tendency to think "a beginning and an end," when it is "an end and a beginning."

When life closes one cycle it begins another. If we can take our attention away from everything that has passed, we can more easily see past the curve in the road ahead.

Life is never lived back there. Life is here. And as it is lived it moves on around the cycle requiring us to keep going — keep face forward — so as not to miss a single step. Only then do we have any understanding of the why of living. Only then, do we start a new and happier cycle.

—Joyce Hifler

Therefore be at peace with God, whatever you conceive Him to be,

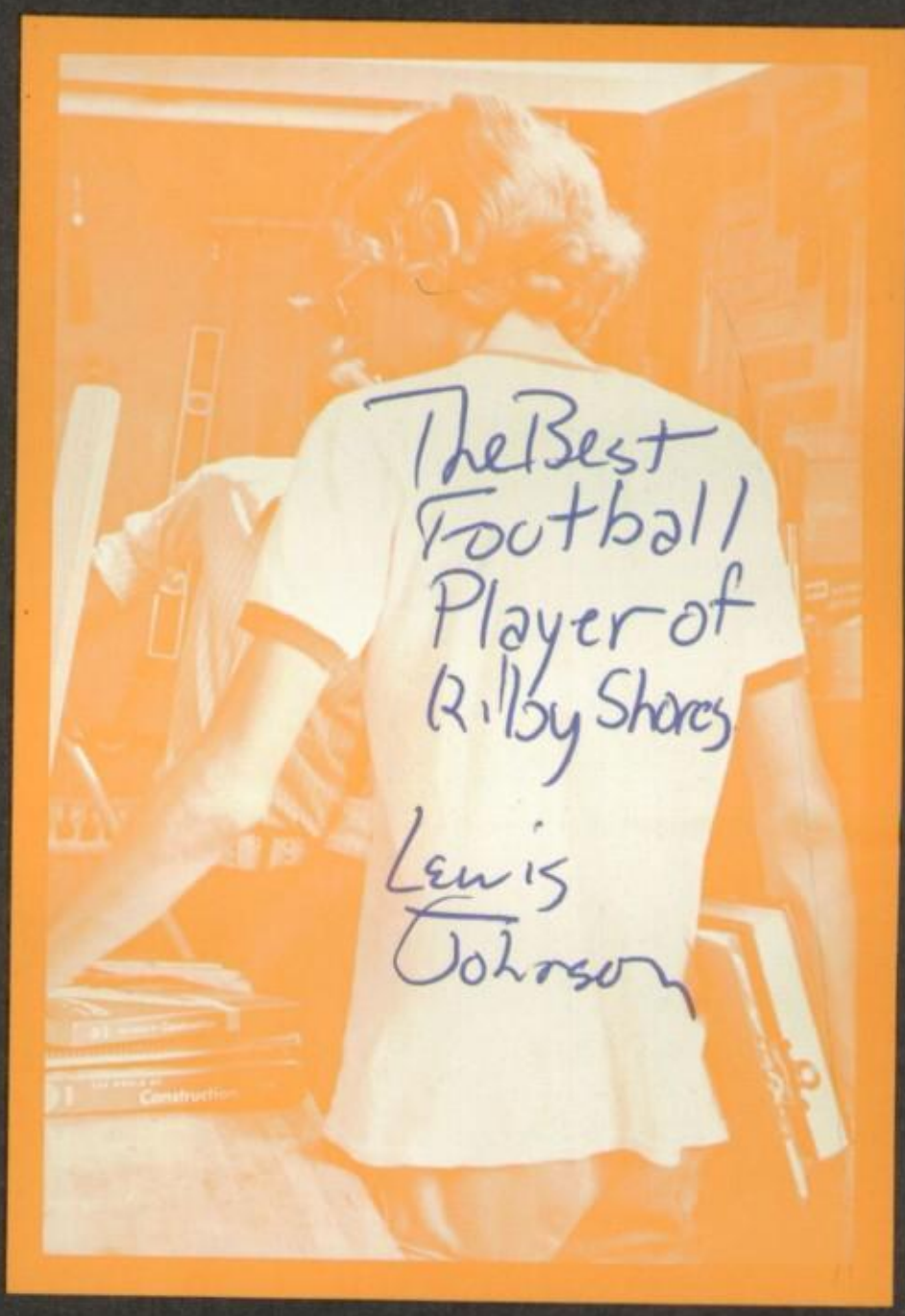


I believe in the sun
even when it is not shining

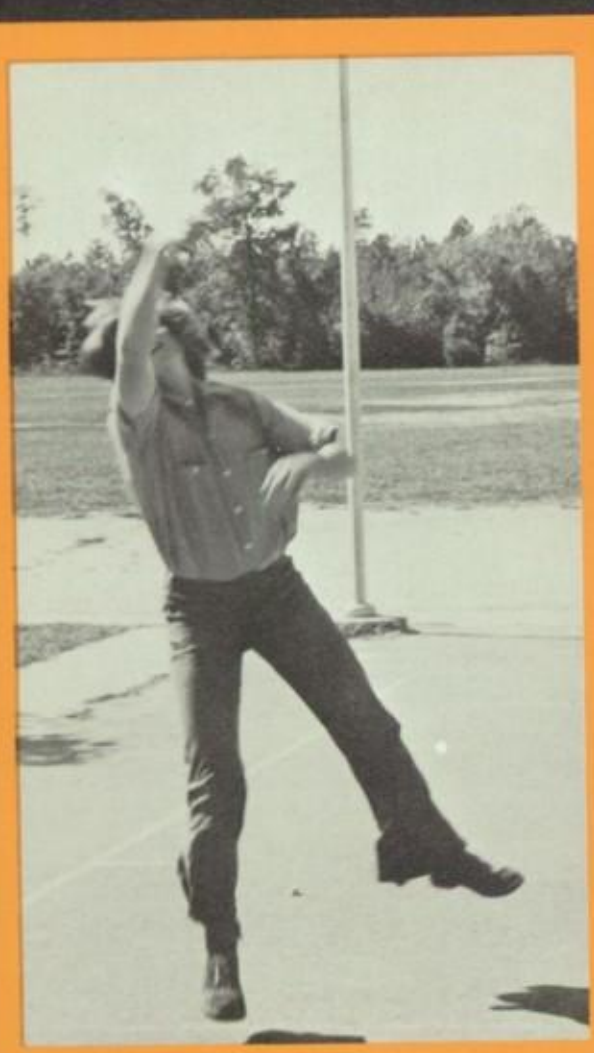
I believe in love
even when not feeling it

I believe in God
even when He is silent

—Unknown



and whatever your labors and aspirations,
in the noisy confusion of life keep peace
with your soul.



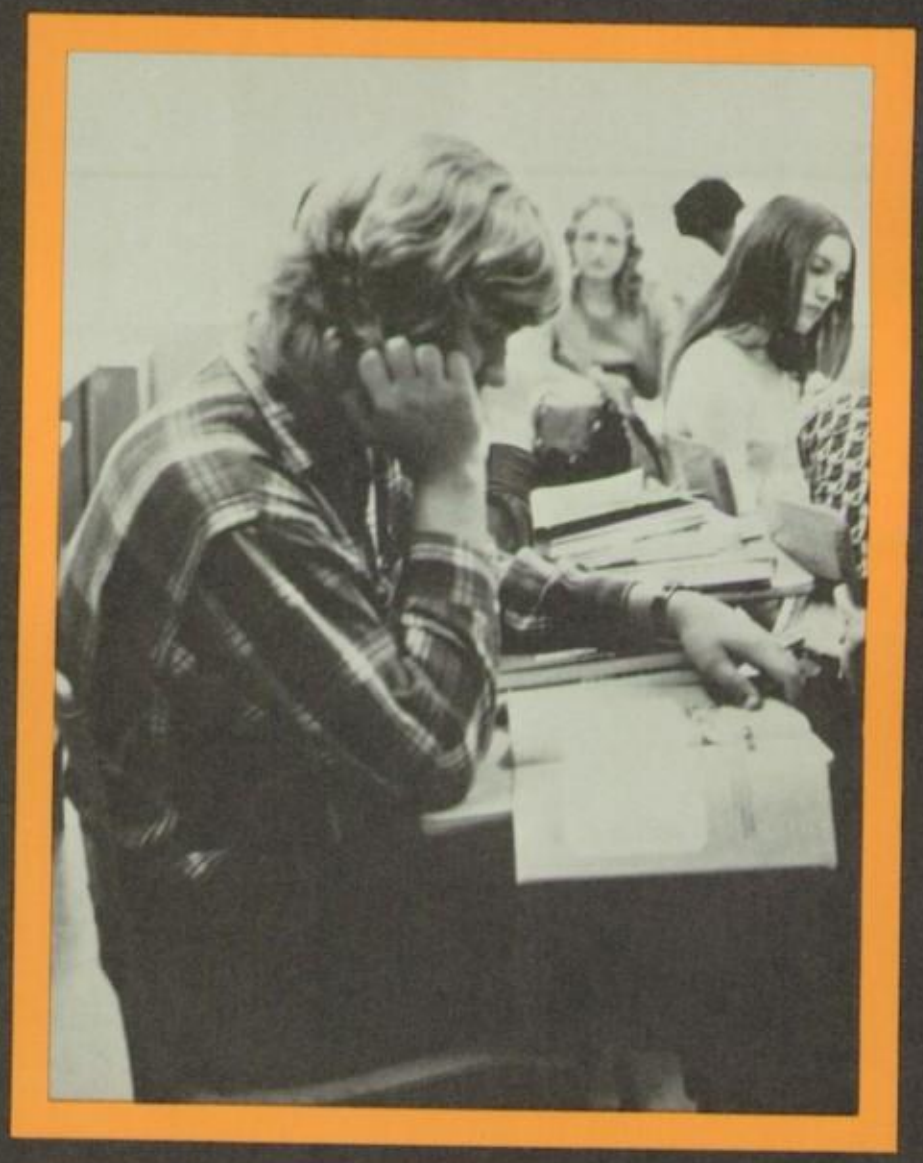
'With all its sham, drudgery, and broken dreams,

No regrets is a hard rule to practice. If something we have done wrong can be helped, we should make the effort. From there the plan should never include anything to regret. The main idea of not regretting is to forget the things about which we can do nothing.

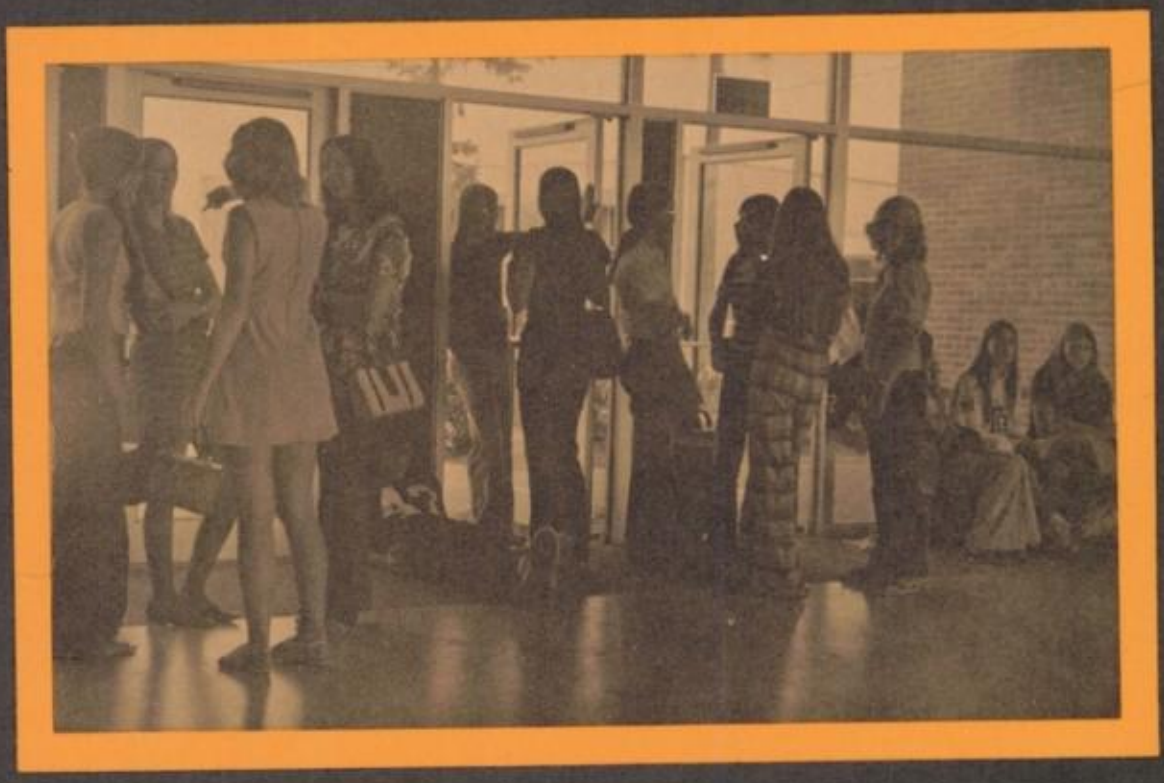
Crying over all that has gone can endure for a time. After that a new cycle begins, and we have to close the old and aim for the new.

Sometimes no regrets means giving up self-pity and prejudice against optimism, but most of all it means getting on with the living.

Joyce Hifler



it is still a beautiful world.



I still find each day too short for all the thoughts I want to think, all the walks I want to take, all the books I want to read, and all the friends I want to see. The longer I live the more my mind dwells upon the beauty and the wonder of the world.

—John Burroughs

Strive to be happy.

Happiness is like any other part of our lives — we must use wisdom in seeking it. We too often rush headlong into something that seems to be instant happiness, all the time telling ourselves we can right the wrong at a later time. But happiness does not remain happiness for very long when it has such strings attached.

In order to be happy we concentrate on getting, but it is giving that we find most necessary to mix into every moment. It may seem elusive, but all the things necessary are there, hidden within man himself.

Joyce Hifler

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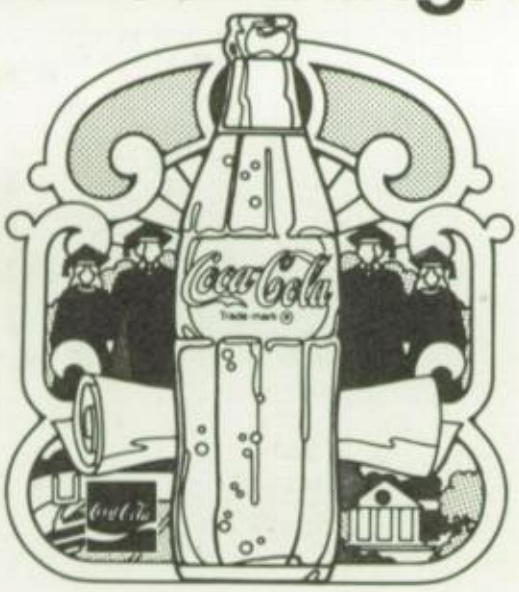

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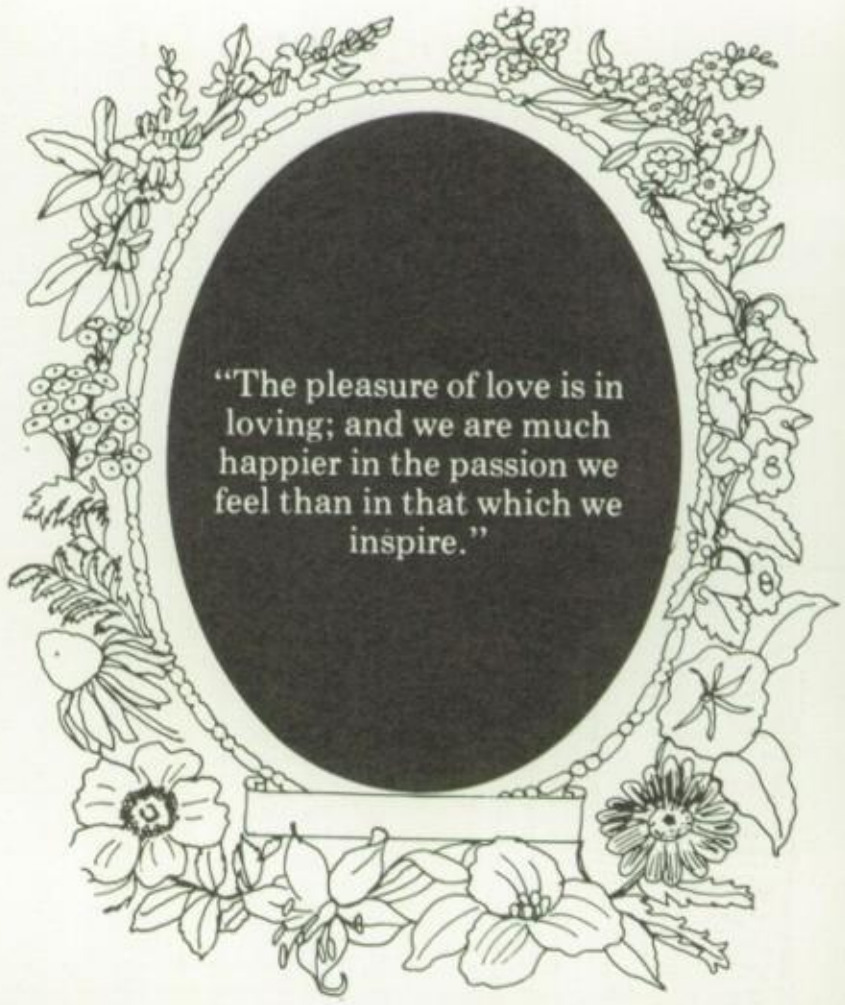

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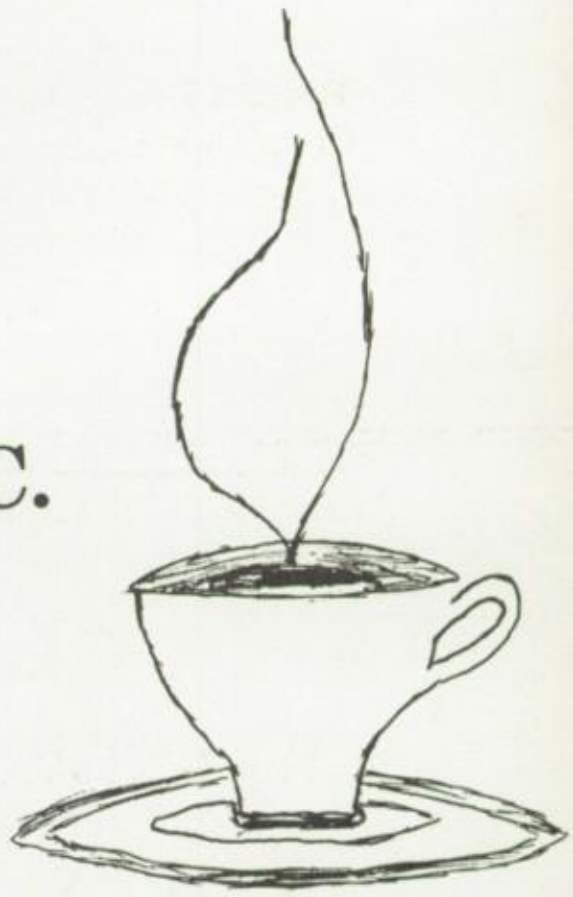

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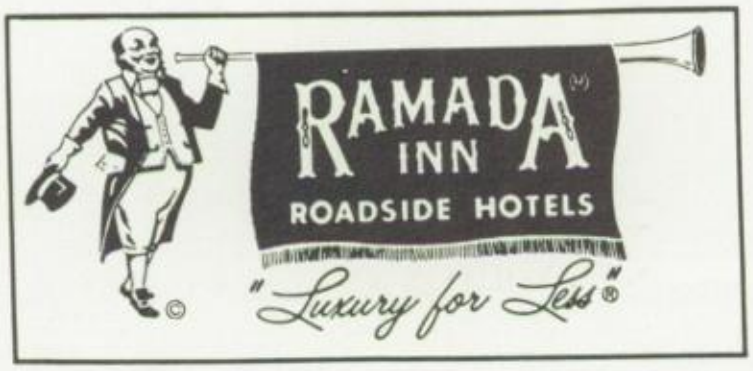

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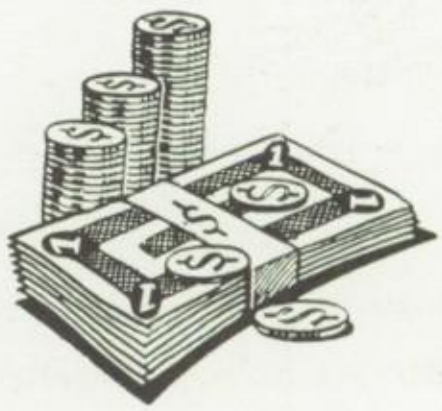

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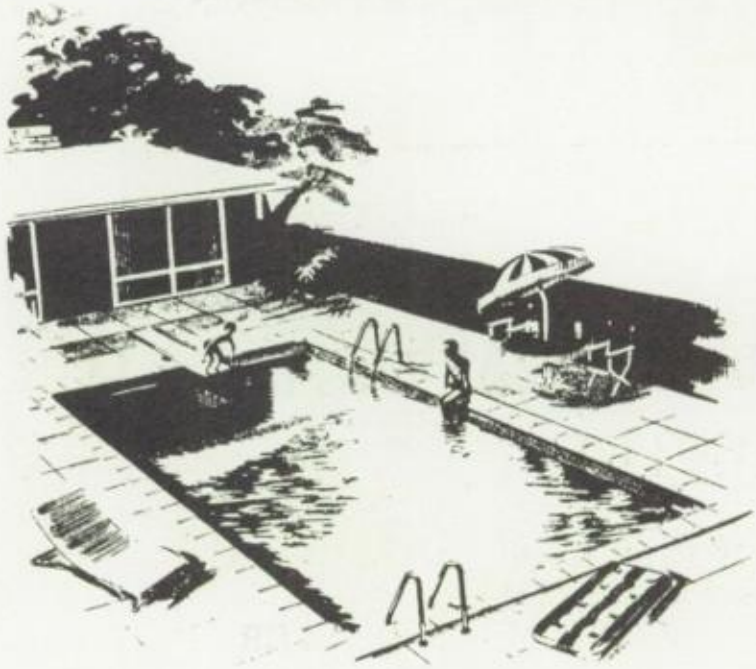

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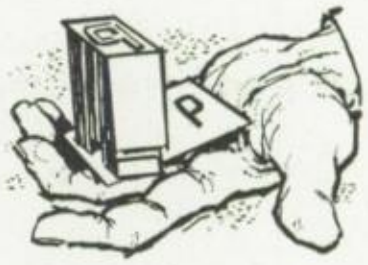

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Tommy,
It's been really great getting to know you this year. Next year we probably won't have any classes together. Still, you are really a swell friend and I wish all the luck in the future, and I wish all your dreams & wishes come true.

Love ya,
"Fish" Debby Dillman

Tommy,
Its been o.k. being in geometry with you. You ain't got much sense but you try. See this summer, take it easy. :)
"Foss" '74

Tommy,
You have been so much fun to know this year. You were the best locker we had. I'm so glad you got everything straighten out over your summer what! Be good and good luck your sons sign. See ya later.
Love
Susan

Tommy,
It's been great getting to know you this past year. You'll never forget our rubber ball trick. Be good and take care of yourself this summer. I hope we have some classes together next year. Come see me in the summer.
Love
Denise

Tommy,

Gosh, I don't know what to say - - - - - - - - - -

Well, I'm glad I got to know you better this year. You're about the craziest, dumbest guy I've ever known. I guess if you weren't crazy I wouldn't think so much of you as I do! Thanks for talking to me about Charles. Try to stay out of trouble this summer and maybe I'll see you around.

Love ya,

Denise

P.S. ~~I'm so much~~ I forgot what I was going to say!

Tommy,
It to been fun
having you in
Chorus this year
We have really given
Mr. Watson a hard time
but it has been fun. Next
year you try to be better. You
be good and stay out of trouble.

A Friend Always
Mickele

To the trouble magnet!

I enjoyed having you in class this year. Things sure were never dull. Now if we can just get all of that energy channelled in the right direction!

Have a good summer - See you next year.

C.J. Watson
Advanced Chorus
'73-'74

Mug,
what's goin' down?
We've had a blast at school
and out of school. Nags Head was
a blast too, or do you remember?
Best of Mug Wishes in the future-
a friend,
Bobby Mug

Tommy,
We've had alot of
fun in Spanish
and in Geometry.
You are a real nice
person. Have fun
this summer, and
try to behave. I'll
see ya next year.
A friend!
Debbie

Tommy,
Even though
me & you
ain't as close
as we use to be,
I still think you are
a swell guy. Maybe
now we have our
different ideas, maybe one day
we can set close again. Can
you remember all of the Hell
we use to raise when we were
little? MAN! Hope to see ya
lats this summer and
be good and please
be careful in
all respects.
a friend Always,
Jay

Tommy,
I really have enjoyed getting to know you better this year. We've really had some good times haven't we? Especially in Geometry with Jack "42". We had many a laugh in that class. I'll never forget that night you, Richard, Laura & I went to the park to swing! I was scared to death!! I'm sorry things didn't work out just right for you & Karen. I tryed to help, honest I did. But I guess Karen's a little mixed up and it's gonna take her awhile to find herself. Tommy, you're really a nice guy with a great personality. I've enjoyed having you as a friend. Hope to see you again next year in algebra II. Be good this summer and try to stay out of trouble! Good Luck.

Love always,
Laurie
Erlyne

Tommy,
Remember that night in October,
when we all had fun and also Dr. Peppers,
Zups, and Pepsis. I ate too many pretzel sticks
and got sick.
Man, we had fun writing and drawing on
those Betty Benson candy boxes in Geometry.
Also, playing football was fun, even if you killed
me! Good Luck and be careful with Karen.
Lewis Johnson

Tom The Dicker
You are a real good
friend that 70's what's
happen

"73-74"

Tommy,

You are such a crazy person. It's been great being in your Geometry class. I sure wish you all would tell me what was so funny. It embarrases(?) me when you all laugh at me. You are a real nice person. (I guess) Be good & behave. Hope we have some classes together next year. Best of luck in future yours in all you do.

Hi!

a friend always,
"76" Arin

Tom!

Tommy,
You are really a stupid & crazy person. I am so glad I got to know you. You are the kind of person who would do anything, even if it was impossible... such as jumping out of the 2nd story window. I can see you now that I'll see you Count on that. I hopefully you'll have a good time (often) where you are going!... or so I really had a Prodably see you again; But this time (Na) you (often) take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Na) often (Na) don't take too many Nags Head. I hope to see you, because we really had a wild summer. I'll be (Naw, naw, naw)

Spider

"Scorpion."

Z.Z. Pickle

I know what Kay means & Kay knows what you don't know Kay means what Kay knows but you don't know what Kay means!

Watch those Pickles!

Allright!
Okay
Corbal!

Z.Z. Pickle

Edyie

Yea!!!

P.S. Next time I'll be around before I decide to get sick!

(Z. Z. TOP) NAW. NAW, NAW!

Tommy,

What a time we had with Lisa and Richard, trying to keep them under control. I had it even worse trying to keep you under control. Not just with the spider (Scorpian) But with other things, too! I should of gone on top of Jockey Ridge with ya, just to see what you would do! But I'll have other chances to test ya! So try to behave T. . . and behaved! Good Luck with All the Girls. See ya this summer!

(I know you don't know what I mean. But I know what I mean and Lisa knows what I mean. So at least somebody knows what I mean!)

A Friend,
Kay

P.S. - Keep your tiny bowl clean!

Watch those Pickles!

O-
O-
O

Or this

(I know you don't know what this means either. But I know and Lisa knows what I mean. So at least somebody knows what I mean!)

Bradshaw,
What is happ-pin-ning? Wow man 11 years in this life of ours and what do we do, spend it in school. (BF.) Really been great knowing you since then, you know what I mean. Remember the time when all of us went back in the woods behind Sammys house? yes we have had some fun times. So as I tel everyone, Take it easy this summer and hold on to what you've got.

Always A
Friend,
Glenn

Tommy:

It has really been great having you in my English class this year. You really know how to brighten up a class. We really had some good times in English this year. Thanks to you that class would not have been the same. Have a great summer and I hope to see you but if I don't see you next year.

"75"
Love ya,
Frances

P.S Don't mess up all your shoes with those fish. (Hai! Hai!) It you do come Russell: Holmes.

Tommy,

There is so much I could write but I won't take up all of your book. You, Karen, David and I have had some good times together as well as bad times (boy, have we had some bad times) Thank you for getting me and Richard together. I'll do you a favor one day: We've really had some long serious talks about two special people: Do ya think we will ever work out our many problems? Keep on seeking and do what you believe is right and you won't have fun this summer and you and Karen come see me. Good luck in all you do.

Love,
Cathy

Class
of
"76"

Okay
Thomas,
Although you are
the most conceited bastard
around you're still a pretty
nice guy. We've had a
couple of mind Blowers together
and we'll hopefully have
a decent
Remember
the
factors for your self. Keep your
head up and stay high all the
time and still survive.
Friends,
Karen Lewis

Maybe now
that we've pretty
well broken the
ice of Cathy and
I Thomas
Karen
will get better. Even and
though I wished more. Try and Keep your
things had worked more. Try and
out with them. lead together, and
back to reality every
come
now then to insure
Take it
FASY

Thomas & his Bradshaw.

You're a real dummy, but I reckon you will make it. Man, Stay with Karen, she a real cool chick. Hope you have enyoyed you stay this past year at F. I am glad to be leaving such a school. Don't get too worky this summer and Behave.

A Friend.
Dennis Harvey

Tommy I had a good time in geometry this year. I hope you have a good time this summer and don't mess around with too many women. I hope we are in some classes together again next year. Dennis Shell

Tom

You is about the stupidest person I know. You always can find a way to get out of Geometry. Don't get drunk to many times this summer so you don't do anything that you ain't suppose to do.

Dennis Buford

Tommy,

Although we may not see eye-to-eye on everything, it has been an experience knowing you, and not a bad one, at that. I hope you find all in life that is good, wholesome, & worthy of you. Don't sell yourself short - Take care of yourself. Fondly,

J. Holland

Thomas O.,

I don't even know where to start. I guess we have really grown close during the past year. My feelings for you are so mixed up too. How do you feel about it? Will we ever be straightened out. Can you believe the way everything has changed?

We have really had some great times together; even when we weren't. Remember all of the times we went to see the Dickies, particularly Halloween? Then we went to that haunted house & you were dazed out on the floor. I don't think I've ever laughed so hard, either — There were times such as in the cemetery with Ricky Thomas, and the night you walked in with Kim & Dori feeling others. But — they were just as good as any others.

Our biggest problem is in the way we express our love. We do it each in our own way. My way is not verbally; it is always being here when you need me and using as such. Yours is verbal and physical.

Tommy I don't want to go on fighting like we do. Before, we never had a fight. I'd have rather

Later,

Karen

FG